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The Boys and Girls Club holds its Annual Rag Shag Parade

By Emilia Alves
 Correspondent

LUDLOW – The Boys and Girls Club, with the help of LUSO Federal Credit Union and the Ludlow 250th Celebration Committee, held its annual Rag Shag parade and Trunk-or-Treat event this past Saturday, attracting families from all over looking for some fall fun.

The parade started at 6 p.m. at the Town Hall and was open for any community members to march in. The Baird Middle School Marching Band led the parade with Boys and Girls Club CEO Josue Irizarry. The fire department followed behind the group with the fire engine, as they do every year.

The parade marched from Town Hall to the Boys and Girls Club and arrived just in time to beat the lines, go through the parking lot of decorated trunks, and get first dibs at candy.

LUSO Federal Credit Union, the police department, the fire department, the Western Massachusetts Roller Derby League, the Ludlow Sea Lions, and



Photo by Emilia Alves

Western Massachusetts Roller Derby League hands out candy on roller skates.

Please see **RAG SHAG**, Page 9

Planning Board seeks public hearing for White Street property

By Marcelo Gusmão
 Staff Writer
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LUDLOW – At its Oct. 24 meeting, the Planning Board held a public hearing for a property on Kendall Street, and agreed to pursue a hearing for the property on White Street.

In between approving an at-home business and a public hearing on Kendall Street, Planning Board Chair Ray Phoenix opened a discussion about the business on White Street that was being monitored by the Zoning Enforcement Officer.

“They’re cease-and-desisted,” said Town Planner Doug Stefancik. “They can’t operate over there.”

Phoenix interjected that business has continued operation at that address, and said that it has been going on “every night.”

“Basically, we have safety violations identified at a building that’s been operating outside of their scope,” summarized Board Member Chris Coelho.

Stefancik said that, against the advisement of the board, the business owners brought cooking equipment into the building that trumped the fire code, and that the building will need a fire

suppression system. “Is there something being done to actually monitor or enforce that cease and desist, or is that something where we need to keep getting the police to do it because it’s strictly after hours?” Phoenix asked. “I don’t want to be a nuisance to Ludlow Police Department, asking the police officers to go and try and document.”

“Basically, we have safety violations identified at a building that’s been operating outside of their scope.”

**Board Member
 Chris Coelho**

Stefancik said that he would have to look into what the enforcement for this case would be and if the police will take notice. He said that the Building Commissioner had met with the owner and tenants the day before, and that they were “all

Please see **PLANNING BOARD**, Page 8

Police and Fire Departments invite community for annual Open House

By Marcelo Gusmão
 Staff Writer
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LUDLOW – This past weekend, the town’s Safety Complex invited the community to meet the personnel and check out the equipment for its annual Open House.

Every year, the Police and Fire Departments open the Safety Complex to the public for its Open House. While the departments were involved in demonstrations of their equipment, they continued to respond to emergency calls with some mutual aid from neighboring districts.

Jan Thorton said that the department scheduled the annual Open House a week later than usual.

“We do this every year in October,” Thorton said. “We usually have probably 200 people come through every time. It gives the public a nice opportunity to look at the equipment and see what we have and actually get the opportunity to talk to us when there is no emergency.”

Police Chief Dan Valadas said he was thankful to have nice weather for the open



Photo by Marcelo Gusmão

Andrea Lebeau, Bella Pagan, Jack Favata, and Mia Bulatewicz worked the table for the Ludlow CARES Coalition at the tail end of Red Ribbon Week.

house. He reminisced on the first open house for the department.

“The first year we did it was probably around 1994, when we did the renovation,” Valadas said. “It’s been pretty consistent every year after that. We consider this to be our way of not only opening up our building but opening up the police department, just so people have an idea.”

As always, a highlight of the event was the fire depart-

ment’s demonstration of how to remove a patient from a vehicle. Lavoie described the process and answered questions from the crowd while firefighters used the department’s equipment to open the vehicle, which was provided by R&S Towing in Wilbraham.

“We always enjoy showing off our equipment and our personnel,” said Deputy Fire Chief

Please see **OPEN HOUSE**, Page 10

LUDLOW

250th Committee holds second annual Halloween Decorating Contest



Carrie and John Burton (right) won 1st Place for their decorations at 202 Woodland Circle, pictured with Cynthia Saleh and The Great Pumpkin.

LUDLOW – Over the last couple weeks, the 250th Committee has been travelling around town to select a winner for the second annual Halloween Decorating Contest.

1st Place was awarded to John and Carrie Burton at 202 Woodland Circle.

2nd Place was awarded to Ross and Michele Dominique at 74 Edison Drive.

3rd Place was awarded to the Codding family at 210 Irla Drive.

There were 24 entrants all over town, and each of the winners was given a prize.

Committee members Alesia Barbaro, Linda Collette, Cindy Saleh, and Mary Beth Silva visited each of the winners, along with photographer David Sady, who took pictures of the decorations.

“I had an even bigger blast this time than I did last year,” said Mary Beth Silva. “It was bigger and better, and we had even more people sign up this year.”

The contest was made possible through the efforts of the committee, particularly Alesia Barbero, Linda Collette, Michael Cortina, Kathy Ouimette, Lucy Palmeira, David Sady, Cindy Saleh, Mary Beth Silva, Christina Yacono, and The Great Pumpkin.

Silva said that the committee is already getting ready for the Christmas Decorating Contest, which is expected to launch in November.

If you’d like to see the decorated houses of the entrants, you can visit the links on the Ludlow Mass 250th page on Facebook.



Ross and Michele Dominique (center) were awarded 2nd Place for the decorations they arranged at 74 Edison Drive, pictured with Linda Collette, The Great Pumpkin, Alesia Barbaro, and Cindy Saleh.



Jason Codding and his family was given the 3rd Place prize for the decorations they put up at 210 Irla Drive, pictured with Linda Collette, The Great Pumpkin, Alesia Barbaro, and Cindy Saleh.



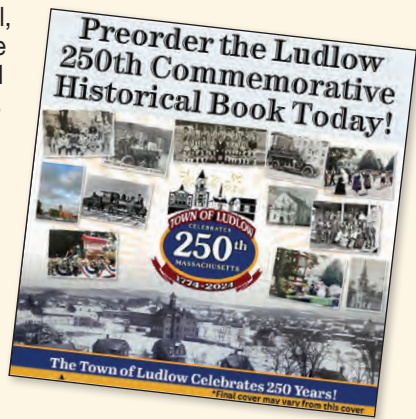
Visit us at Ludlowma250.org

EXCITING NEWS!

The Commemorative Ludlow 250th History Book will be available in November! Preorder your copy today!

As part of the Ludlow Semiquincentennial, a committee was established to produce a book celebrating Ludlow’s history and celebrations. The book committee has produced an exciting 200-page coffee table book showcasing some of the newly discovered glass plate negatives from Ludlow’s Mills. The book also highlights Ludlow’s agriculture history, Hubbard Memorial Library, Westover, Ludlow Hospital, sports, the military, and much more!

Please go online to preorder your copy for \$32.00 at ludlowma250.org as there are limited copies available! Select “History Book” tab and order your book today! The books should be available at the beginning of November. It would make a great gift for the holidays!



Follow us on Facebook [ludlowma250](https://www.facebook.com/ludlowma250)

Talk by Elizabeth G. Dineen on Nov. 11

LUDLOW—Attorney Elizabeth G. Dineen, CEO of the YWCA of Western MA, a strong, passionate advocate for women and children throughout her career, knows all the statistics on gender-based violence and other violations of human rights, large and small, that attempt to crush the female spirit.

She also has insight to share on finding a way forward, working collaboratively, supporting each other and modeling for the next generation of women

leaders how to live a better life.

Please join on Nov. 11 at the Ludlow Country Club, at 5:30 p.m. to be inspired by this woman of impact and learn about a path forward for building strength and resiliency.

The dinner and program will start at 6 p.m., tickets are \$28 at the door and \$30 online pre-booking at zontaqv.square.site/.

Reserve a spot now at info@ZontaQV.org. Space is limited.

Breakfast with the Knights of Columbus

LUDLOW – The Knights of Columbus will be hosting a pancake breakfast on Sunday, Nov. 10, from 8-11 a.m. at St. Elizabeth’s Center.

The menu will include fluffy pancakes, including buttermilk, chocolate chip, and gluten-free, with maple syrup and butter; link sausages; home fries;

scrambled eggs with your choice of veggies and cheese; coffee, tea, and juice.

Tickets for adults cost \$8; for a family of four or more, \$25; and for kids aged 4-12, \$5. Veterans and children aged 3 and under eat free. Tickets are sold at the door. Call Chris Smith at 222-6443 for more information.



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Ludlow Fire Department puts out house fire

LUDLOW — On Wednesday, Oct. 23, at about 9:15 a.m., Ludlow Fire was dispatched to 229 Miller St., lot #G9 for multiple reports of a house fire.

Firefighters arrived on scene to find smoke and flames coming from a mobile home. Firefighters quickly got to work and were able to contain the fire within 10 minutes.

The sole resident of the home had evacuated prior to the department's arrival. There were no reported injuries as a result of the incident.

The home was declared uninhabitable by the Ludlow Building Department's Building Commissioner. The displaced resident is receiving housing assistance from the American Red Cross.

The Ludlow Police Department, Ludlow Building Department, and Eversource Electric assisted on scene. Off-duty members of the Ludlow Fire Department were called in to provide station coverage.

Preliminary investigations suggest that the fire does not appear to be suspicious and that the leaking of a heating appliance within the home may have been involved.

The incident remains under investigation by the Ludlow Fire Department, with assistance from the Massachusetts State Police Fire and Explosion Investigation Unit attached to the State Fire Marshal's Office.

Due to the nature of the incident, Chief Pease would like to encourage residents to have their heating systems checked by a licensed professional each year in order to identify problems before they become emergencies.

The Massachusetts Home Energy Assistance Program may be able



Submitted photo

The Ludlow Fire Department extinguished a fire at a mobile home on Wednesday, Oct. 23.

to help residents pay winter heating bills or maintain heating systems so they run safely and efficiently, no matter what type of heating equipment residents use. Chief Pease encourages residents to explore eligibility for the free program and apply for assistance.

"Home heating equipment con-

tributed to more than 1,200 residential fires last year, and it's the leading source of carbon monoxide at home," said Chief Pease. "Taking initiative in applying for programs and ensuring heating equipment is up to date is extremely important. It will save you money - and it could save your life."

Annual Armenian fall festival set for Nov. 2

INDIAN ORCHARD— St. Gregory Armenian Apostolic Church is excited to announce the 47th annual Armenian fall festival, Saturday Nov. 2, from noon to 5 p.m., at 135 Goodwin St. A vibrant celebration of Armenian culture, featuring an immersive experience of food, music, dance, and community engagement, the festival is free and open to the public with free parking.

"We are thrilled to have the opportunity to share our rich history, culture, and heritage through food, music, and dance," Tanya Garibian, chair of the Board of Trustees,

said. "Through these festivals, we celebrate our survival and growth since the Armenian Genocide over 100 years ago. Join us as we share that growth, celebration, resilience, and hope."

Indulge in homemade Armenian meals (dine-in or take-out). Options for purchase include shish kebab, losh kebab, chicken kebab, spinach boereg, and more. These authentic dishes, prepared fresh and grilled on site, showcase our rich culinary tradition. Explore a delightful assortment of homemade pastries, such as choreg, kourabia, paklava, kadayif, bour-

ma, and jars of tourshi (pickled vegetables), among other treats, all available for purchase.

A live Armenian band will serenade attendees while traditional Armenian dancing takes place, offering a firsthand experience of the cultural traditions. This event is a testament to the unity, resilience, and hope that the Armenian community embodies, please join in.

For more information, please visit www.saintgregoryarmenian-church.org or contact Claudia Muradian-Brubach at 413-209-1439 or e-mail claudiamb39@yahoo.com.

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Rick's Place staff to present Grief Support Workshop at Massachusetts Statewide Conference

WILBRAHAM - Rick's Place is pleased to announce that members of our staff will be presenting at the upcoming A View from All Sides Conference, hosted by the Massachusetts Children's Trust Foundation on November 6, 2024. This annual conference gathers professionals from across Massachusetts and New England who are dedicated to supporting children and families. The event focuses on driving systemic change to address the root causes of abuse and neglect, with the goal of ensuring that all children grow up in safe, nurturing, and thriving families across the state.

Rick's Place staff will lead a workshop titled "Empowering Youth and Families After a Death: Strategies for Communication, Remembrance, and

Support." This workshop aims to equip participants with the knowledge and skills needed to provide effective grief support to children, teens, and their families.

During this impactful session, attendees will:

- Understand the importance of grief support for children and teens, recognizing how such support plays a crucial role in their emotional and psychological well-being.

- Learn effective communication skills for discussing death with young people, including what to say and what not to say, and how to approach conversations both pre- and post-loss.

- Explore remembrance activities that honor loved ones and help young people

integrate loss.

Access a comprehensive resource toolkit designed to assist families and professionals in supporting children and teens as they navigate the grieving process.

By the end of the workshop, participants will be better prepared to engage in meaningful conversations about grief and provide valuable support to young individuals facing loss.

"We're honored to be a part of this important event," said Therese Ross, Executive Director of Rick's Place. "Grief can be an overwhelming experience for children and teens, and we believe that by educating those who work closely with youth, we can create a network of support that helps these young people

feel understood, respected, and connected. Our goal is to empower professionals with practical strategies and tools to offer meaningful support during such a vulnerable time."

The A View from All Sides Conference is a premier event hosted by the Massachusetts Children's Trust Foundation, bringing together a range of professionals, including social workers, counselors, educators, and healthcare providers. It serves as a vital platform for sharing best practices, resources, and innovative approaches to supporting families and children in Massachusetts.

For more information about Rick's Place and its mission to support youth and families after a death, visit www.ricksplacema.org.

The Wilbraham Friends of the Library Annual Art Exhibit Oct. 3

WILBRAHAM - The Wilbraham Friends of the Library (WFOL) will present their Annual Art Exhibit, taking place at the Brooks Room of the Wilbraham Public Library from Oct. 3 to Oct. 30 with a reception for artists, Friends and the public, Saturday, Oct. 5 from 11 a.m. to 1 p.m. Artists will be able to sell additional unframed pieces at the reception. The library is located at 25 Crane Park Drive, Wilbraham.

The event is free and open to the public. This show is always popular and

many of the artists will have pieces for sale.

The show is sponsored by the Wilbraham Friends of the Library which was established in 1973. The Friends of the Library fund programs for children, teens, and adults, as well as the library's popular Museum Pass program, furnishings, and other library equipment.

For more information, contact the Friends at friends@wilbrahamlibrary.org.

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These are Mumble and Lola, two handsome pit bulls from Ludlow.

We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse...you get the point. Is there a pet you're fostering and trying to re-home? All pets are welcome! Email a high-resolution jpg of your pet with a little information to mgusmao@turley.com.



Senator Oliveira nominates Juan Latorre II for 2024 Latino Excellence Award

SPRINGFIELD - Senator Jake Oliveira welcomed Springfield's Juan "Jay" Latorre III to Beacon Hill to award him with The Massachusetts Black and Latino Legislative Caucus's 2024 Latino Excellence Award. Every year, the 40 Senators serving in the Legislature nominate a recipient from their district to receive the award to be celebrated at a ceremony at the State House.

"Throughout his life, Jay has consistently demonstrated an unwavering dedication to his community, a commitment to making a difference in the lives of others, and a desire to advance professionally," said Senator Oliveira. "It was my honor to nominate him for the award for 2024."

Jay's commitment to the community began early as an Eagle Scout and has continued throughout his life. He has served in numerous leadership roles, including as an Executive Board Member of the Western Massachusetts Council for the Boy Scouts of America, Vice President of the Sixteen Acres Civic Association, Chair of the Springfield Restaurant Week Committee, and Committee Chair of the City of Springfield's Young Professionals Sub-Committee. Recently, Jay also joined the boards of the Springfield

Library Foundation and Revitalize CDC.

"I am beyond grateful to be honored in such a meaningful way. I have striven my entire life to work in the service of others for the benefit of our entire community. I thank Senator Oliveira and the entire Massachusetts State Senate for their unwavering commitment to highlight ordinary citizens who are pursuing extraordinary work to move our Commonwealth forward," said Latorre.

"Jay leaves every professional and volunteer effort better than he found it," said Oliveira. "I am proud to celebrate his leadership and dedication as this year's Latino Excellence Awardee for the Hampden, Hampshire & Worcester District and couldn't think of a more deserving candidate."

Jay was born and raised in Springfield and is a proud graduate of the University of Massachusetts, where he earned a degree in Computer Systems Engineering. He then received a Master of Science in Engineering with a focus on Electrical and Management Engineering from Western New England University. Professionally, Jay has excelled as a Principal Engineer with Verizon, where he has enjoyed a successful 15-year career.

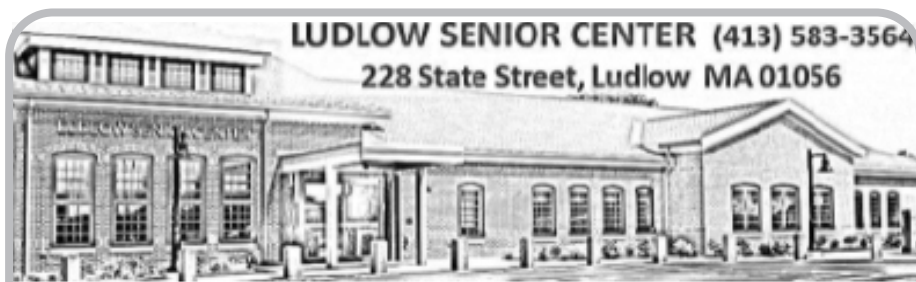
Wilbraham Women's Club Wreaths with a Reason

WILBRAHAM - Please come and join the Wilbraham Women's Club on Thursday November 14, 2024 Mary Ann Dietschler will speak about the growing problem of sex trafficking and what she is doing to help bring this to the attention to all. We are located at St. Cecilia's Parish Hall, on Main Street in Wilbraham.. Lunch served at 12 o'clock noon. Our soup and sandwich luncheon will be ca-

tered by the Village Store in Wilbraham.

Cost is \$12.00
For reservations please call Natalie 413-596 8794. Deadline is November 8, 2024 .Our presentation, will begin at approximately 1:15. Mary Ann will have wreaths available for sale.

We will also be collecting miscellaneous items and cash donations for our Veterans at this meeting.



Welcome to the Ludlow Senior Center

LUDLOW— The calendar is packed with many fitness programs, entertainment, education sessions, and more. Reserve a lunch in the Center’s beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also “like” the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, Oct. 31

8:45 a.m. Foot Care by Appt.*
9 a.m. Tai Chi
9:30 a.m. Dominos
10 a.m. SHINE Benefits Counseling*
10:15 a.m. Mindful Meditation*
1 p.m. Mahjong
2:30 p.m. Active Yoga

Friday, Nov. 1

8:45 a.m. Boomer Bootcamp*
9 a.m. Fitness Advisor Appointments*
9 a.m. Reiki Appointments*
10 a.m. Boomer Bootcamp*
10 a.m. Blood Pressure Checks
1 p.m. Ceramics
1 p.m. Healthy Bones & Balance*
1 p.m. Magic Class
1:30 p.m. Forget-Me-Not Circle*

Monday, Nov. 4

9 a.m. Knitting
9:30 a.m. Boomer Bootcamp
10 a.m. Computer Help
1 p.m. Scrabble
1 p.m. Better Together*
1:15 p.m. Pitch
1:30 p.m. Surviving Caregiving*
1:30 p.m. Watercolor Pencil*
2:30 p.m. Zumba Gold

Tuesday, Nov. 5

9 a.m. Quilting
9 a.m. Line Dancing
10 a.m. Cribbage
10:30 a.m. Gentle Yoga
12:30 p.m. Blood Pressure Checks
1 p.m. Western Dance Class
1 p.m. Decorating Committee
1:30 p.m. Bingo

4:30 p.m. Power Pump Exercise Class
5 p.m. Movie: My Sailor My Love

Wednesday, Nov. 6

9 a.m. Ceramics
9 a.m. Zumba Gold
9 a.m. Jewelry
10 a.m. Tea with the TA
10 a.m. Opera
10:30 a.m. Healthy Bones & Balance Class*
12 p.m. Lunch & Learn
1 p.m. Movie: My Sailor My Love
1 p.m. Healthy Bones & Balance Class*

Thursday, Nov. 7

8:45 a.m. Foot Care by Appt.*
9 a.m. Tai Chi
9:30 a.m. Dominos
10 a.m. SHINE Benefits Counseling*
10 a.m. Sunshine Painting Class*
10:15 a.m. Mindful Meditation*
1 p.m. Mahjong
2 p.m. Writers Block*
2:30 p.m. Active Yoga

*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

Daily Events:

Café: Monday – Friday 8-11 a.m.
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.
Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:

Thursday, Oct. 31: Halloween Lunch, Spook-etti w/Zombie Eyes/ Bread of Death
Friday, Nov. 1: Chicken Pot Pie
Monday, Nov. 4: Cowboy Burger/ Steak Fries
Tuesday, Nov. 5: Asian Chicken Salad (contains nuts)
Wednesday, Nov. 6: Lunch & Learn Potato Crunch Fish/Pot/Veggies
Thursday, Nov. 7: Hot Dog/Beans/ Cole Slaw

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Rev. Jonathan Tetherly releases book reflecting on jail chaplaincy

By Kristin Rivers
krivers@turley.com

CHICOPEE - Rev. Jonathan Tetherly recently released a book reflecting on his 30 years as a jail chaplain called “What’s Going On in There? A Jail Chaplain’s Story.”

Tetherly also held a book signing and discussion on Oct. 16 in the fellowship wing at First Congregational Church of Chicopee and hopes to do more book signings and author talks in the future.

Tetherly’s book looks back on his 30 years of chaplaincy, beginning at the Hampden County Jail and House of Correction in Springfield to the transition into the ultra-modern Hampden County Correctional “village” in Ludlow. The book’s highlights include the Dennis Bateman case, the role of spirituality and chaplaincy in jails, stories about inmates and staff and a closer look at the culture and relationships within a prison’s walls.

The book is available on Amazon, at Odyssey Bookshop in South Hadley and through Levellers Press.

The book was published through Off the Common Books.

Reflecting on the book release, Tetherly explained he first went to the jail in 1988, followed by the “village” in 1992, staying there until his retirement in 2018. He now spends his time as a volunteer criminal justice reform advocate.

Tetherly said the book took him a long time to put together as he had a lot of notes written over the years, crediting his editor, Johanna Ehrmann, for her help in putting everything together.

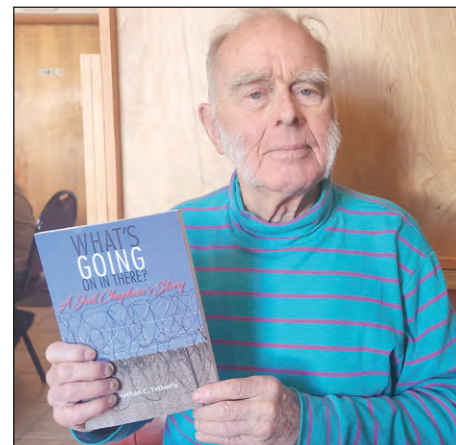
“I talk about the staff, I talk about the people who are incarcerated there, I talk about the building itself, the buildings themselves and how they were housing people. I talk about mass incarceration,” Tetherly said.

At the time, Tetherly was hired to do a Sunday morning service and invited his parishioners to come, adding he was also a volunteer five years earlier in 1983.

“When the job opened up, I applied at the last minute because I was working full-time at my church and now I was on the Chicopee School Committee. Do I need another job? But, I finally applied at the last minute and they hired me,” Tetherly said. “I loved the job. I began with social issues programs and the people loved it. They just loved it and I loved the fact that they loved it.”

On the title, Tetherly shared it “just came to me.”

“No matter how much you think you know about a jail, I tell you a lot of stuff



Turley photo by Kristin Rivers

Rev. Jonathan Tetherly poses for a photo with his book, “What’s Going on In There? A Jail Chaplain’s Story.” The book looks back on Tetherly’s 30 years as a jail chaplain.

that you don’t know. So, what’s going on in there,” Tetherly said.

Tetherly credits Rev. Donald Wells, former executive director of the Massachusetts Bible Society, for the book becoming a reality.

“He came up to me and said, ‘John, there’s a book in you.’ And I said, ‘Well, I have had an interesting life’ and he said, ‘No, they don’t want to know about your life. Your work at the jail.’ So, that was a challenge,” Tetherly said.

For his writing process, he’d write an hour at a time every morning, adding he also likes writing, including when he wrote sermons.

“That would allow me to be, I think, more interesting and precise in my writing than I would any other way,” Tetherly said. “I’d take an hour, I’d write a few paragraphs. Maybe I write a paragraph—something about the staff—another paragraph about the inmates, maybe another paragraph about something that happened at Bible Study.”

Tetherly hopes readers take a moment to reflect on the prison system after they read the book.

“Somebody said to me, ‘You’re very explanatory but you’re not preaching’ And I said, ‘That’s right. I’m more of a documentarian.’ For whatever reason, people may want to know about what’s going on in the jail. I’m writing and telling them,” Tetherly said.

Tetherly hopes residents enjoy the book and thanks them for their support, sharing he is considering working on other books down the road on other topics, so stay tuned.

“I don’t have a special goal for the people of Chicopee. This is for everybody who wants to know,” Tetherly said.

HAVE SOMETHING TO SHARE?

Send your stories and photos to migusmao@turley.com

St. Cecilia’s Women’s Club sponsoring Calendar Raffle Fundraiser

WILBRAHAM - Feeling lucky?? The Saint Cecilia Women’s Club is sponsoring a Calendar Raffle Fundraiser for the month of November. Each day a winner will be drawn for a cash prize.

\$3,500 has been donated by generous businesses in our area each sponsoring an amount for a particular day from \$50 to \$250. The profit is used for the club’s scholarships and donations to various charitable and needy organizations.

Raffle tickets may be found in the rotunda of St. Cecilia Church, on the Saint Cecilia website under downloadable forms, or call Sue Agnew, 413-596-9480, for information or tickets.

Thank you for your support!!

Polish Dinner at Immaculate Conception Church

INDIAN ORCHARD— A Polish Plate Dinner (4 pierogi, Golabek, Kielbasa, Kapusta and Rye Bread)

will be held on Saturday, Nov. 16, from 2 to 6 p.m. at Immaculate Conception Church Hall 25 Parker St. Eat in or take out, tickets are \$20 per plate. are available by calling: Maria Kowalski-(413) 222-6229, Irena Wurszt-(413) 427-5846 or Maryla Bukowski-(413) 427-9464.

Also available is Frozen Polish Food (Golabki, Kapusta, Pierogi) Cabbage, Potato & Cheese, Sweet Cheese and Blueberry Pierogi.

www.turley.com



THANKSGIVING REVIEW

“Hi Paul, she was great! Lots of plump meat and just enough fat to help prevent her from drying out. We will be having leftovers for a very long time.”
— Beth from Belchertown

HAND FED, PASTURE RAISED

On a Ludlow farm, turkeys run freely, hand fed on healthful grains and extra vegetables. Minimally processed, they have more meat, less water, and extra taste found only in tradition. No antibiotics, animal by-products, hormones, or additives are used.
— Jeanette & Paul Johnson
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OPINION

GUEST COLUMN



White-throated sparrow, white and tan striped morphs

A Brimfield resident reported white-throated sparrows in his yard. He said, "Adult white-throated sparrows are polymorphic, occurring in two plumage types or forms: white striped (bright) or tan striped (dull). Almost all of the white-throated sparrows I see are the tan striped morph." I also saw white-throated sparrows, but they are mostly the white striped morph.

I put a small amount of bird seed and shelled peanuts in my feeders in the morning. I do not fill them as there are many black bears in my area. With this wonderful Indian summer weather, I have been working outside since I use a laptop computer. Besides working on the two papers I edit, Barre Gazette and Country Journal, I enjoy the weather, and get to see birds coming and going at the feeders.

The white-throated sparrow is 6 1/2 inches long with a dark crown with a buff or tan central stripe and white throat. Depending on which morph, they have either white or tan eyebrows with a yellow mark before the eye. Their breast is gray with a few, faint streaks.

The female has a less bold pattern on the head, duller yellow by eye, more streaking on the breast and grayer. The immature of either sex looks like the female. Immature plumage is kept through their first winter. Breeding pair usually contains one bird from each morph, either a tan female and white male or white female and tan male.

The female lays four to six light blue-green eggs with dark marks in a nest of grasses lined with hairs and rootlets. It is placed on the ground or under a small tree or shrub.

For many years, my family and I had horses. Their hair was a popular nesting material for the birds in our yard. Nests often had horse hair woven into them. After grooming the horses, birds would often come and fly away with strands of horse hair especially from the horses' mane or tail.

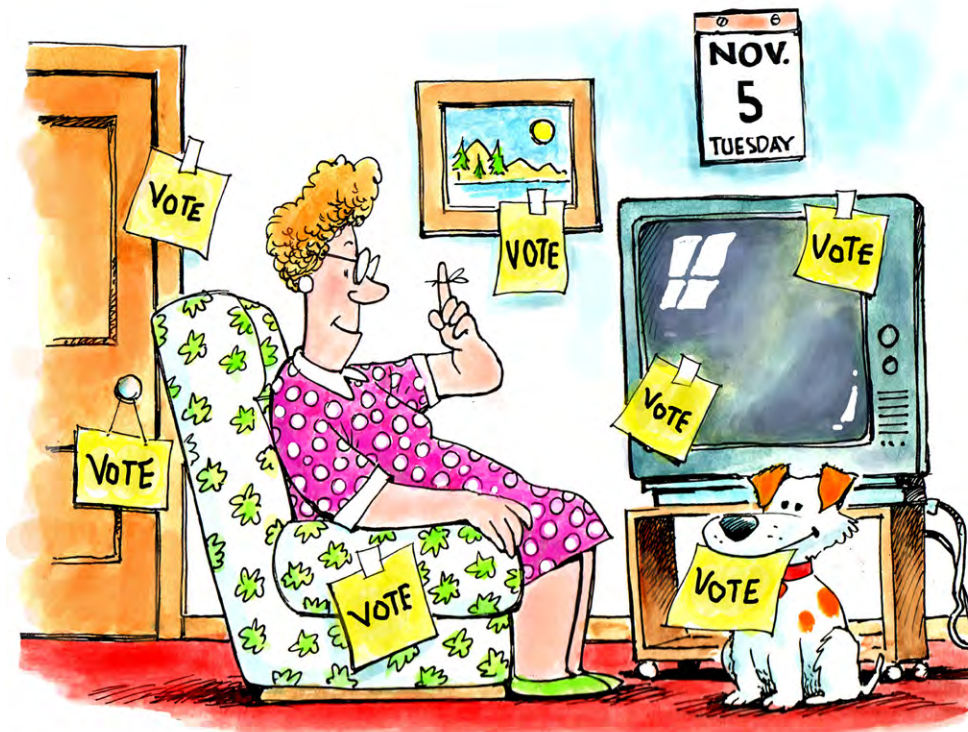
White throated sparrows summer in Canada and winter in the northeastern and part of the southern United States. They feed on the ground eating weed seeds, grain, fruit and insects. They come to tray type feeders or scattered on the ground. They like cracked corn, sunflower seeds and millet.

Their song is two long whistled notes followed by three or four higher, quivering notes. It sounds like "sweet sweet Canada Canada Canada." Calls are "tseet" when birds are in flocks and "pink" in alarm. They inhabit coniferous and mixed woods and brushy areas.

Brimfield birds

The Brimfield resident reported not much happening at the Warren ponds. In his yard, he saw a male eastern towhee, a couple of ruby-crowned kinglets, five goldfinch-

Please see **BACKYARD**, Page 8



DAVE GRANLUND © www.davegranlund.com

GUEST COLUMN



Worried has question about Taxation of Social Security benefits

Dear Rusty

I am past my Social Security full retirement age, and I am still working. I am married and we file our income tax jointly. My husband is 64 and is not working now, but he may or may not, be able to work in the next year or so. At what point will my Social Security benefits be taxed, if I decide to take them now?

Signed Worried About Taxes

Dear Worried

Many Social Security recipients are surprised to find that their benefits may be considered taxable by the IRS, so I welcome the opportunity to clarify this topic for you.

Whether or not your Social Security benefits are taxable depends on your overall combined taxable income for your IRS tax filing status. Taxation of Social Security benefits for a married couple (filing jointly) depends on your combined income as a couple, which is called your "Modified Adjusted Gross Income" by the IRS. Your MAGI consists of your normal Adjusted Gross Income on your IRS tax return, plus 50% of the SS benefits you received during the tax year, plus any non-taxable interest you may have had.

If your MAGI, filing jointly, exceeds \$32,000, then 50% of the SS benefits you received during the tax year becomes taxable, but if your MAGI as a couple

exceeds \$44,000 then up to 85% of your received SS benefits becomes taxable (at your standard IRS tax rate). Note that these tax thresholds are less for those who file their taxes as a single – e.g., for someone whose IRS filing status is "single," half of their Social Security benefits become part of their taxable income if their personal MAGI is over \$25,000 and up to 85% of their SS benefits are taxable if their individual MAGI is over \$34,000.

Another factor often misunderstood is that only a portion of SS benefits are added to your income amount taxed by the IRS. The amount added, somewhere between 50% and 85% of the SS benefits received during the tax year depending on your MAGI, becomes taxable income at your normal IRS tax rate.

So, in your case, if you claim your SS benefits now and your combined income your MAGI exceeds the above levels for a married couple, then a portion either 50% or up to 85% of your SS benefits received during the tax year will be included in your income taxable by the IRS. Note, too, that it is possible to have income tax withheld from your Social Security benefits by submitting IRS form W-4V to your local Social Security office. You can download this IRS form at www.irs.gov/pub/irs-pdf/fw4v.pdf.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.

Election letters policy

The Register welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to mharrison@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered

for that Thursday's newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

Campaign news

As part of its election coverage, the

newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in *The Register*.

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email theregister@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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RANDOM ACT OF KINDNESS

I'm beginning this article with a reminder ~ **GET YOUR COLONOSCOPY!!** Problems detected early can save your life, I believe it did mine!

If you've followed my Random Acts of Kindness articles over the last three years then you've probably noticed a gap for the last three months. With a discovery of cancer after my procedure I've been dealing with chemotherapy, radiation treatments and healing, but now with that mostly in my rear view mirror I'm back to tell you more stories about people in our local communities who unselfishly give of themselves with no expectations of anything in return.

This story truly is about Random Acts of Kindness from both people I know and many others. These types of acts don't always have to be from strangers. When I received the news I wasn't sure I wanted to share the information, for some reason I felt embarrassed I had cancer but after much thought I decided differently. When asked how they could help I humbly reached out to them. It was overwhelming and uncomfortable but found their offers weren't empty words but instead they truly wanted to help me with their support as I traveled this road.

The gentleness and empathy of my doctors at the D'Amour Center for Cancer Care was amazing and always felt they took their time to thoroughly answer my questions with patience. The receptionist as I entered on a daily basis for six weeks, greeted me by my name as though I wasn't "just another person". To me that was a true Random Act of Kindness, making me not feel invisible and the valet employees always greeted me with a smile. During the treatments the radiation technicians always treated me with respect and made it as least embarrassing as possible. On my last day I brought them bouquets of flowers as my Random Acts of Kindness in appreciation for their compassion.

As if dealing with all this wasn't enough I had a plumbing issue and only having one bathroom it obviously had to be rectified immediately. I was so impressed with the young man from Fletcher Sewer & Drain that came to unclog the toilet, (*you'll be reading more about him in a future article*) he was so thoughtful and allowed me dignity in an embarrassing situation. Just another Random Act of Kindness from one human being to another.

In life I've tried to find humor because it's gotten me through some rough patches. I still smirk remembering how I embarrassed the young radiation oncologist when I asked him why all the doctors now a days looked like "hot country singers"? (*LOL-I'm older so I felt I could get away with it*) He and the technician chuckled and he turned a shade of

pink! Made my day!

Here's just a sampling of some of my tribe's humor with candles they gifted me: "Well at least you don't have to wear a cone" (*with a picture of a dog wearing a cone*); "Smells better than the S#!% life is putting you through"; "A true friend is one who makes you laugh so hard you pee a little"; "I wish I could take your pain & give it to someone we both really hate" (*but I couldn't think of anyone I dislike that much to pass this along to*) and "This woman can candle anything!". Each made me laugh and gave me comfort. The amount of support I received was truly humbling.

Lucky me, this sort of cancer is rare and only affects about 1 in 500 people. Now the strange part is, I have a friend who is an eight-year survivor and she has a friend who is also a survivor from the same form of cancer, so about 1,500 of you are safe from this type because that's three of us! But you still need to get your colonoscopy!!

I've never taken friendships for granted and cherish each of them, but must say I was overwhelmed by the outpouring of love, support and encouragement I received. I truly feel I'm a very blessed person in spite of this bump in the road. Plus, my son & daughter-in-law who live in CA came home for the duration of my treatments, how can I feel anything but blessed!

I have to share one last full circle moment. Knowing I do Random Acts of Kindness, I was donated a large amount of yarn and asked to distribute it to others. A friend's neighbor who belongs to a church group that makes prayer shawls was given some. I wound up becoming the recipient of one of the prayer shawls made from that donated yarn when they learned of my diagnosis and I've never met any of these people! Another reason I've been overwhelmed by the outpouring of kindness!

GET YOUR COLONOSCOPY PLEASE!! My journey has inspired a friend to have hers after postponing it. I'd love to do an update on the number of people who were also inspired and include that in one of my future stories. It would feel like you were supporting me as well. Thank you for reading my Random Acts of Kindness articles, we truly live among some pretty amazing folks and I can't wait to share more of their stories with you.

If would like to share a Random Act of Kindness story please contact me at bdt514@aol.com or 413-575-9385. Who knows, you might see your story in this column, 'Just 'Cause' you witnessed, did or received something nice being done.

See you soon with another Random Act of Kindness! ~ Barb

Town of Wilbraham Veteran Services Veteran's Day Ceremony

WILBRAHAM – The Town of Wilbraham Veteran Services Veteran's Day Ceremony takes place on Monday, Nov. 11, starting at 11 a.m. at

Crane Park Veteran Memorial.

Join the Wilbraham Veteran Services in honoring and celebrating our Veterans.

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THIS WEEK IN HISTORY

REGION – A look back through history at the momentous anniversaries this week.

On Oct. 30, in 2018, American crime boss Whitey Bulger, head of the Boston-based Winter Hill Gang, was beaten to death in jail.



Howard Carter, a British archaeologist, and an unidentified companion uncovered the tomb of Tutankhamun on Nov. 4, 1922

On Oct. 31, in 1517, Martin Luther posted his 95 Theses on a church door in Wittenberg, Germany, that would lead to the Protestant Reformation.

On Nov. 1, in 1765, the Stamp Act, Britain's first parliamentary attempt to raise revenue through taxes on American commercial and legal papers, went into effect.

On Nov. 2, in 2000, the first resident crew, which included one American and two Russians, arrived at the International Space Station.

On Nov. 3, in 1793, Olympe de Gouges, a French social reformer and feminist known for challenging conventional views on a number of matters, such as the role of women as citizens, was executed by guillotine.

On Nov. 4, in 1922, a British archaeologist named Howard Carter discovered the tomb of the Egyptian pharaoh Tutankhamen.

Finally, on Nov. 5, in 1605, Roman Catholics led by Robert Catesby tried to blow up Parliament and the king as part of the Gunpowder Plot.

Baystate Wing Audiology Program offers free hearing screenings

PALMER – October is National Audiology Awareness Month a time to be aware of the importance of good hearing health.

Hearing loss is one of the most common conditions affecting older adults. The National Institutes of Health's National Institute on Deafness and Other Communication Disorders states that approximately 28.8 million Americans could benefit from using hearing aids. While age is often cited as a factor, there are growing numbers of younger people reporting hearing difficulties.

"Hearing is one of the most important aspects of our health—it connects us to people, keeps us vital in the workplace as we age, and when left untreated it is often associated with other health issues," said Jeanne Coburn, Au.D., CCC-A/SLP, Audiologist at Baystate Rehabilitation Care at Baystate Wing Hospital in Palmer. "In recognition of Audiology Awareness Month, we are offering free hearing screenings to our communi-

ty members through November.

"Even with the obvious signs, it still can be difficult to admit a change in one's hearing," said Coburn. "When seniors experience hearing loss, they sometimes feel embarrassed, afraid, and left out. When you have trouble hearing, it can impact nearly every aspect of your daily life. Those with hearing impairment face troubles with work, personal relationships, and even their favorite pastimes."

For patients of all ages, Baystate Wing Hospital's Audiology and Hearing Services and team are located in the Griswold Center, 42 Wright Street in Palmer, and offer routine hearing tests, specialized audiological testing, and a comprehensive hearing-aid program providing hearing-aid evaluations, demonstrations, purchases, fittings, adjustments, and cleanings.

For more information or to book an appointment call 413-370-5254.

Town of Ludlow, MA Town Clerk GENERAL ELECTION NOVEMBER 5, 2024

November Election In-Person Early Voting Period: October 19 – November 1

Location: Town Hall, 1st Floor Hearing Room, 488 Chapin Street, Ludlow.

In-person early voting takes place during a designated early voting period, set by state law. For statewide elections, early voting periods include guaranteed weekend voting hours for every community. The Town Clerk's office is pleased to announce the dates and times of early in-person voting for all registered voters.

First Week:

- October 19: 9 am to 3 pm
- October 21, 23, and 24: 8 am to 4:30 pm
- October 22: 8 am to 5:30 pm
- October 25: 8 am to 12 pm

Second Week:

- October 26: 9 am to 3 pm
- October 28, 30, and 31: 8 am to 4:30 pm
- October 29: 8 am to 5:30 pm
- November 1: 8 am to 12 pm

Last Day to Register to Vote and/or Change Party Enrollment:
October 26, 2024 (In-person 9 am to 5 pm)

Last Day to Request an Early and Absentee Ballot by Mail:
October 29, 2024, by 5 pm

Any questions should be directed to
the Town Clerk's office at (413) 583-5600 Ex #1

Enrollment now open for Massachusetts Home Energy Assistance Program

Eligible Massachusetts households can now apply for financial assistance for the 2024-2025 heating season

BOSTON - The Massachusetts Executive Office of Housing and Livable Communities today announced that the Home Energy Assistance Program (HEAP) enrollment period for the 2024-2025 winter heating season will open on Oct. 1. This critical program provides financial relief to eligible households to help them pay their winter heating bills, ensuring they can keep their homes safe and warm during the colder months.

HEAP is a free, statewide resource that assists eligible renters and homeowners by paying a portion of their winter heating bills directly to their heating companies. Starting Oct. 1, homeowners and renters can apply online or through local administering agencies across the state. The assistance period runs from Nov. 1, 2024, to April 30, 2025. HEAP offers grants that do not need to be repaid; however, households must meet

specific eligibility requirements to qualify.

"No resident should have to worry about heating their home during the winter," said Secretary of Housing and Livable Communities Ed Augustus. "With high costs continuing to strain household finances, the Home Energy Assistance Program is more critical than ever. We urge anyone in need of heating assistance to explore their eligibility by applying online or visiting the nearest administering agency. Please share this valuable information with loved ones or neighbors who could benefit from this support during the colder months."

Eligibility is determined by several factors, including household size and the combined gross annual income of residents 18 and older. Qualifying households, including those with the cost of heat included in the rent, can receive assistance for all heating sources, including oil, electricity, natural gas, propane, kerosene, wood and coal. Households do not need to be on public assistance or have unpaid heating bills to qualify.

For more information find your local HEAP agency at <https://hedfuel.azurewebsites.net/>

Birds of prey presentation Nov. 3

MONSON—Tom Ricardi of the Birds of Prey Rehabilitation Center in Conway is often called when an injured bird is found. Ricardi cares for dozens of falcons, owls, eagles, and other raptors that have been injured in some way.

Ricardi does a lot of work with local animal control and the Division of Fisheries and Wildlife. He rescues an average of 125 to 150 birds a year. A bird that is rehabilitated, recovers, and is able to fly is released back into the wild. Those that are permanently

disabled remain at the Center for the rest of their life. Ricardi uses some of these birds as part of his traveling educational programs.

Come meet Ricardi and some of his birds on Sunday, Nov. 3, at 1:30 p.m. at the Keep Homestead Museum on 35 Ely Road. All are welcome to this free program, but donations are accepted.

The museum will be open from 1 to 3:30 p.m. to view displays and have light refreshments. New note cards featuring buttons will be available in the gift shop. Visit www.KeepHome-

Artist fall exhibition Nov. 2 and 3

MONSON—The Monson Arts Council is pleased to present its fourth annual Artist's Fall Exhibition. This show features a variety of art works in multiple genres by MAC artist members. This year's presentation brings together more than thirty-five artists showing a multitude of original works of art. The two-day show is open to the public at the House of Art at 200 Main

St., on Saturday, Nov. 2 and Sunday, Nov. 3 from 11 a.m. to 4 p.m. both days.

A reception featuring food and beverages will be available to all friends, family, patrons, artists and art lovers on both days. Look us up at MonsonArtsCouncil.org. Enjoy all of the beauty this tremendous organization has to offer.

PLANNING BOARD from Page 1

on the same page" that nothing was supposed to operate at the site.

"They might be saying they're all on the same page, but there were cars there as recently as 11 p.m. last night when I went by there," Phoenix said.

Phoenix suggested revoking the plan approval for the businesses on that site, but was hesitant as it would affect all the businesses in that building, and not just the unit in violation.

"If it were just a stand-alone business, I'd say we could look at doing a flat out revocation of approval," Phoenix said.

Coelho advocated for speaking with the attorneys about the next steps to pursue a fine from the property owner. Board Member Josh Carpenter said that he agreed, but added that the board is in a "tough spot."

"That revocation would affect at least one business that's open there," Carpenter said.

Phoenix added that the property own-

er would be able to confront the tenant in order to save the site's approval, and suggested that the board schedule a public hearing in the hopes that it would inspire the property owner to solve the issue.

Stefancik asked if the board wanted to wait until the Building Commissioner issues a zoning or violation letter to the business, but Phoenix said that he wanted to start the process of scheduling a public hearing.

"If they don't want that to go forward, they need to get the tenant to either comply or not be there anymore," Phoenix said.

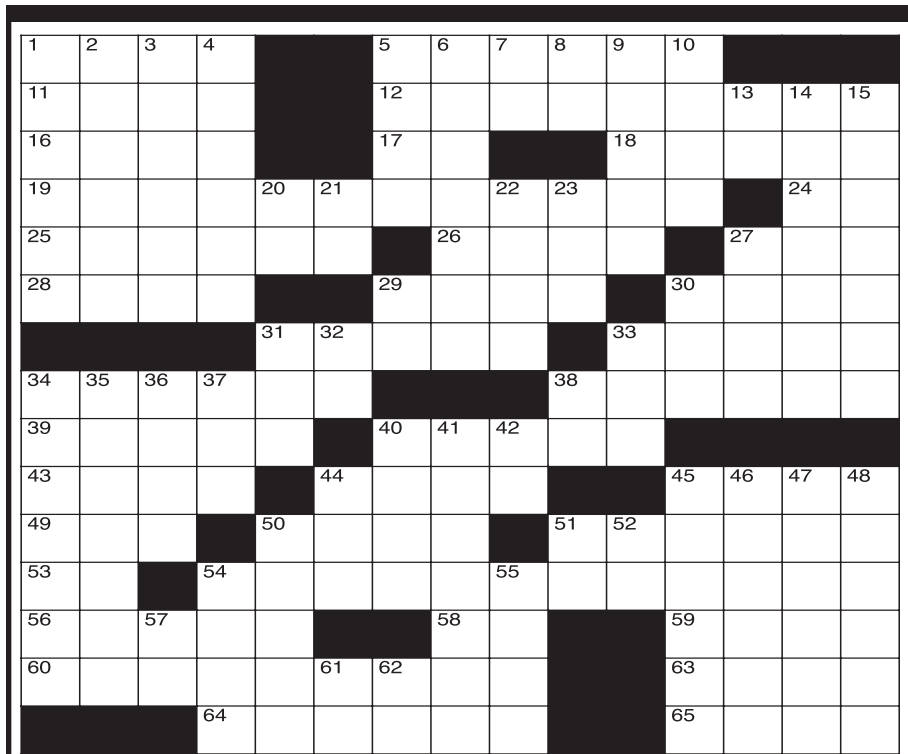
During the discussion of the Kendall Street property, members of the public with abutting properties asked questions about trees near the property line, potential adverse affects from water management, and whether the plans could be altered by the developer after approval, which the board said would require

a hearing and could lead to fines. The board answered each of these questions from a policy perspective, indicating specifics where the site plan illustrated it.

At the end of the meeting, Phoenix took a moment to clarify a comment he made during Town Meeting about the maintenance of the streets since the dissolution of the Board of Public Works.

"There was a concern that that's not being super kind to the folks that are doing that work for the Department of Public Works," Phoenix said. "I personally believe that accountability goes uphill, not downhill."

Phoenix said that the problems he was referring to were not things that would be the responsibility of a single laborer, and described the idea that his comments were directed to the people putting in the "sweat equity" to make the town a better place is "silly."



CLUES ACROSS

- 1. ___ Spumante (Italian wine)
- 5. Highly impressed
- 11. Pronoun to identify something specific
- 12. Uttered in an impassioned way
- 16. Outfits
- 17. "Westworld" actor Harris
- 18. Stewed game casserole
- 19. Indignities inflicted on others
- 24. Blood type
- 25. Says beneath one's breath
- 26. Taxis
- 27. Transmits genetic information from DNA to the cytoplasm
- 28. NFL great Randy
- 29. Where college students live
- 30. Brief Yankees sensation Kevin

CLUES DOWN

- 31. Condiment
- 33. -frutti
- 34. Polish city
- 38. Astronomy unit of distance
- 39. Romanian village
- 40. Bears first overall pick Williams
- 43. Irritated
- 44. Clothing for sale has them
- 45. One-time world power
- 49. When you anticipate arriving
- 50. Farm building
- 51. Organize thoughtfully
- 53. Detective
- 54. One who reduces
- 56. Nursemaids
- 58. Partner to "Pa"
- 59. World's longest river
- 60. Commemorates
- 63. Compound
- 64. The Lannisters and Starks fought for one
- 65. Email function

CLUES DOWN

- 1. Open-roofed entrance
- 2. Japanese religion
- 3. Dancer's garments
- 4. Distributes
- 5. Yemeni port
- 6. Spanish doctors
- 7. It cools your house
- 8. Engine variant
- 9. Makes more manageable
- 10. Days (Spanish)
- 13. Milliliter
- 14. Spread out from
- 15. With two replaceable hydrogen atoms
- 20. Respectful title for a man
- 21. Equally
- 22. Scarlett's home
- 23. Big Blue
- 27. Subway dwellers
- 29. One-tenth of a liter
- 30. Central European river
- 31. Distress signal
- 32. Expression of sympathy

CLUES DOWN

- 33. Bar bill
- 34. Football equipment
- 35. Dance music
- 36. Russian river
- 37. Mary __, cosmetics
- 38. Gym class
- 40. Autos
- 41. Fourth and honorable name in ancient Rome
- 42. Defeats (abbr.)
- 44. A way to color
- 45. Planet
- 46. Form of humor
- 47. Taken without permission
- 48. Go over again
- 50. Auto parts manufacturer
- 51. Detective's source
- 52. Home of the Flyers
- 54. Short official note
- 55. Emit coherent radiation
- 57. In the year of Our Lord
- 61. Atomic #18
- 62. Not from, but...

ANSWERS ON PAGE 16

GARDEN from Page 6

es, a chipping sparrow, song sparrow and white-throated sparrows.

Black swallow tail caterpillars

The Brimfield resident also said in an email, "Over a week ago we found a couple of black swallowtail caterpillars on a volunteer 12" tall fennel plant growing out of the space between pavers in our walkway. I collected the caterpillars and put them in the house in a small aquarium with fennel leaves. Last year we found three black swallowtail caterpillars chrysalises in the garden, kept them

inside a shed over the winter and in the spring tied the chrysalises to tree branches. All three hatched and flew away."

Fun facts about Canada geese

The Brimfield resident also offered some facts about Canada geese he got from MassWildlife. Human intervention radically altered the status of this species within the Bay State. Before the 1930s, these geese rarely nested here, today many Canada geese are in this state year round.

Their migratory population still pass through in the spring and fall and stop to rest during migration. Resident population are descendants of captive geese used by

waterfowl hunters; live decoys were outlawed in the 1930s and captive birds were released. With no pattern of migration, these geese began nesting in Massachusetts. In the 1960s and early 1970s, MassWildlife moved geese from the coast into central and western Massachusetts to the applause of both hunters and non-hunters. A population explosion followed.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

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Annual Rag Shag Parade



The Trunk or Treat attracted many community members to the Randall's Community Center.

Photos by Emilia Alves

Officers from the Ludlow Police Department handed out candy.

RAG SHAG from Page 1

many other community organizations decorated trunks and handed out candy.

The 250th Celebration Committee collected candy donations and, in honor of the town's birthday, asked for 250 bags from community members. They surpassed this goal, collecting over 300 bags. They handed out candy goodie bags to kids, adding to their already past-full trick-or-treating baskets.

Parents and kids gathered in long lines, adorned in various different Halloween costumes, waiting to enter the parking lot and go through the trunks. This line only grew as the event continued, proving the event continues to be a town favorite.

Other than the trunks in the parking lot, there were many fun attractions inside. There were monster puppet-mak-

ing workshops, Jack-o'-Lantern Basketball, Halloween music, pin the eye on the zombie, and much more. Along with these activities, the Hubbard Memorial Library youth room staff held read-alongs featuring spooky Halloween stories.

The building was decorated with fake spider webs, creepy animatronics, inflatable ghosts and pumpkins, and many other Halloween decorations, that only added to the festive atmosphere. The gym was also decorated it featured many blow-ups and other decorations, and had activities and candy for kids.

This event was a great success, lots of fun, and full of candy and treats. It was the perfect precursor to Halloween, and a great event for the town's youth. It is a town staple and will be returning again next year for those who missed it this year.



Two members of the Ludlow Sea Lions swim team hand out candy.



Siblings Lexie and Keon Moran showed Halloween Spirit.



Kids and parents gathered in the gym to participate in fun games.

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The Boys and Girls' Club had festive decorations set up all over the Community Center.

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Police and Fire Departments held annual Open House



Ludlow firefighters demonstrated the Jaws of Life equipment by opening up a car, donated by R&S Towing.



Jason Coddling, Nick Chisholm, and Andrew Blake showed off the car they had opened up for the Jaws of Life demonstration.



Photo by Marcelo Gusmão

Chatham, age 11, and Nash, age 3, came to the Safety Complex.



Enjoying the blustery sunny day at the Ludlow Safety Complex, (from left)



Kids and residents had an opportunity to use the fire hose on a cardboard fire.



Deputy Fire Chief Jeff Lavoie (left) and Jason Coddling participated in the Jaws of Life demonstration on Sunday.



Layne, age 11, stood next to a police vehicle during the police department's Open



Health Director Paulina Matusik and Public Health Nurse Angela Kramer worked the Health Department table to provide resources to Lulama, Shaunelle, and Fezile Mbusi.

OPEN HOUSE from Page 1

Jeffrey Lavoie.

Inside the Police Department, the Ludlow CARES Coalition had a table with information about the organization and activities for kids.

"We're here to show off what we're doing and welcome kids over with different coloring pages, apples, and any free things they want to have," said Jack Favata.

Favata said that CARES has a lot of information for parents as well, particularly focusing on youth mental health, such as how to identify early signs of mental disorders or how to help a youth suffering from suicidal thoughts. The Open House happened right at the end of Red Ribbon Week, which Favata said was observed through Spirit Weeks at the schools.

"We're just trying to spread the message of being a drug-free community and having a drug-free life," Favata said.

There was also a table for the Health Department set up inside the fire station, where Smokey the Bear joined Angela Kramer and Paulina Matusik to pass out educational materials.

"It's always a fun time to come here and see so many people, I think it lets them know what we have to offer and how we can help the community," Kramer said.

The Health Department table had seasonal information and resources, including Halloween safety kits, as well as books and COVID kits.

Valadas said that the Open House, which has been happening for approximately 30 years, is a tradition likely to continue.


"You see these little kids and it brings you a lot of hope," Valadas said.




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Grace Stebbins and Joanne Scagliarini sat on a fire truck to watch the demonstrations.



Mike, John, and Kim took a picture with Smokey the Bear at the fire station.



Margaret, Karina, and Kira came to the Open House to enjoy ice cream and get to know the emergency responders in town.



Zac Ellison and Paulina Matusik blinked in the sunlight during the Open House.



Officers Mike Brennan and Mike Whitney stood by a police vehicle with Police Chief Dan Valadas (right).



Colette Trembley, Sam Jordan, and Oguzhan Karaaslan stood by the police department's dispatch center.



Jan Thorton provided resources and candy from a table in the fire station.



Officer Brandon Martins had a friendly conversation with Melissa Barnett, Natalie, age 6, Sullivan, age 4, and Layne, age 11.



Matt Cieslak, Andrew Roxo, and Geovanny DaCosta posed together in front of the police department.



Ryan Churchill from the Hampden County Special Response Team showed off the equipment of his department.

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Ashlyn Mortimer goes straight up for a set.

Girls volleyball makes semifinals

LUDLOW – Last week, Ludlow High School girls volleyball took part in the Western Mass. Class A tournament. The Lions faced off last Tuesday with Westfield, scoring a 3-0 straight set victory. They followed that with a 3-0 loss to Longmeadow in the semifinals on the road. The Lions are now 15-6 and await their seeding in the Division 2 state tournament.

Turley photos by David Henry www.sweetdogphotos.com



Peyton Brennan reaches out for a hit.



Peyton Brennan looks for a spike.



Michele Winslow squares up a bump.



Ashley Moquin attempts to get a spike through the defense.



Andrew Ray makes a block for the Ludlow offense.

Lions prevail over Pacers

LUDLOW – The Ludlow High School football team defeated Chicopee at home last Friday evening. The game went back and forth throughout, with the Lions emerging later in the game. Chicopee came within one score, but was not able to tie it. The Pacers fell to 4-3 after starting out the season 4-0. The Lions are just 2-5. Both finish up their conference schedules this week, then will be in non-playoff action for Weeks 9 and 10.



Turley photos by David Henry www.sweetdogphotos.com

Anthony Grimm tries to get by a tackler.



Kyle Rodrigues goes for a tackle.



Mason Morace scrambles around with the ball.

Lions teetering on playoff line

LUDLOW – In the final week of the regular season, Ludlow High School girls soccer scored a pair of huge wins, beating South Hadley and Monson, both very strong opponents.

The Lions would end up with a 6-8-2 record and their power ranking qualified them for the Western Mass. Class A Tournament. The Lions were scheduled to face Westfield in the quarterfinals earlier this week.

If Ludlow wins, they head for the semifinals. If they lose, they would play one more game, a non-playoff match. Losses in either game or both would put Ludlow below .500 for the season.

Two wins will get Ludlow in the state tournament automatically. The Lions are also ranked No. 33 in Division 2, and could squeeze in the top 32 regardless of their finish. Ashland, Sharon, Billerica, and North Quincy are the four teams ranked ahead of Ludlow currently.

SPORTS

T-Birds scored bounce-back win over Hartford

HARTFORD – The Springfield Thunderbirds (3-5-0-0) bounced back from a pair of defeats to finish the three-game weekend with a 5-2 win over the Hartford Wolf Pack (3-2-0-1) on Sunday at the XL Center.

The T-Birds faced challenges before the game even began, as seven lineup regulars were unavailable due to injury. Despite their shorthanded lineup, Steve Konowalchuk's T-Birds came out with a purpose, generating a pair of power plays in the opening half of the opening period, and forcing Louis Domingue to make many great saves in tight. Domingue's best work was when he reached back the paddle of his stick and pulled a loose puck dangerously close to the goal line.

The Wolf Pack, though, still managed to get on the board first, as top-line centerman Bo Groulx pounced on a loose puck in center, roared in on the right wing, and snapped a perfect wrist shot

off the inside of the post behind Colten Ellis to make it a 1-0 game at 8:16.

That precise shot would be the only blemish on Ellis's record in an opening period that saw the young T-Birds back-stop deny 11 Hartford chances, including several on a pair of Wolf Pack power plays.

At the other end, the T-Birds' third line evened the slate less than three minutes after Groulx's opening marker as Drew Callin swooped in front from behind Domingue's net and surprised the veteran with a wraparound through the legs to make it a 1-1 tie at 11:12.

The gutsy effort continued in the middle stanza, and Dalibor Dvorsky was rewarded at 8:52 with his third goal of the campaign. After skating the puck out of danger and entering the offensive zone, the 19-year-old pulled up on the left-wing boards and created a shooting lane. The rookie's flip shot into traffic found a home through Domingue's legs and gave



Springfield its first lead of the day, 2-1, at 8:52.

Not even three minutes later, Tanner Dickinson entered the scoring realm as he took a beautiful setup from Michael Buchinger and lifted a forehand over Domingue's stick at 11:08. Dickinson's first AHL goal of the season also marked Buchinger's first career point as a pro, and it gave Springfield a 3-1 lead into the third.

Just nine seconds into the final period, Springfield added to the lead as Hugh

McGing spotted a wide-open Marcus Sylvegard at the net front for a tap-in. It tied for the fastest goal in any period in team history and propelled the T-Birds to a 4-1 advantage.

Ex-Hartford defenseman Hunter Skinner exacted some payback against his old team at 3:28, taking a drop from Dylan Peterson and rifling a wrister under the crossbar to build the lead up to 5-1.

Hartford mustered only one goal in response when Dylan Roobroeck stuffed a rebound through Ellis at 10:32. The Springfield goaltender put up his fourth consecutive start with just two goals allowed, stopping 27 shots for the game.

The T-Birds look to build upon the win on Friday night when they welcome the Bridgeport Islanders to the MassMutual Center for the first time this season. Puck drop is set for 7:05 p.m.

Hall of Fame Series heads for Vegas

PHOENIX – Position Sports, in partnership with the Naismith Basketball Hall of Fame and the Las Vegas Convention and Visitors Authority (LVCVA), announced that the 2027 Hall of Fame Series Las Vegas will take place at the iconic Allegiant Stadium on November 12, 2027, marking the first-ever basketball game at the renowned stadium.

The historic event will feature two marquee matchups between elite men's basketball programs: Arizona vs. Duke and Indiana vs. Kansas. Both games will once again be showcased on TNT Sports' networks and platforms, with additional programming information to be announced at a later date.

These four teams represent some of the most storied traditions in college basketball, with a combined 15 national championships, over 35 Hall of Famers, and a legion of passionate fans. The rivalry between Duke and Arizona, which will be on display in Tucson, Ariz., on November 22, as well as the timeless Kansas vs. Indiana matchup, is set to

provide fans an unforgettable experience and signal a significant milestone in Las Vegas' sports history.

Allegiant Stadium, home of the NFL's Las Vegas Raiders and Super Bowl LVIII, will be hosting its first college basketball games, showcasing the versatility of the venue. The stadium will also serve as the site for the 2028 NCAA Men's Final Four, further solidifying its position as a premier destination for top-tier sporting events.

The Hall of Fame Series, owned and operated by Position Sports, is a collection of multi-game, singular events that showcase several of the top collegiate basketball teams in exciting non-conference matchups played both domestically and abroad. The inaugural Hall of Fame Series took place in 2023 in Las Vegas, Charlotte, San Antonio, Toronto, and Phoenix, and the series continues its successful run in 2024 with upcoming stops in Las Vegas (November 4), Phoenix (November 14), Baltimore (November 15), and New York (December 14).

Railers score shutout of Maine Mariners

PORTLAND, MAINE – The Worcester Railers HC (2-2-0-0 4pts) beat the Maine Mariners (1-4-0-0, 2pts), on Sunday afternoon by the final score of 4-0 in front of a crowd of 2,947 at Cross Insurance Arena. The Railers are back on the ice next at Norfolk Scope taking on the Norfolk Admirals on Wednesday, October 30th at 7:05 p.m. EST.

Worcester got the scoring started tonight with Justin Gill (1-2-3) breakaway goal 6:22 into the period. Seven minutes later at 13:33 Matthew Kopperud (1-0-1) finished backside to give the Railers a 2-0 lead at the end of the first. The Railers continued their scoring late in the second when Riley Piercey (1-0-1) got his first goal of the season. Piercey scored with two minutes remaining in the period extending Worcester's lead to 3-0. Worcester finished the scoring off on the player play with a power play goal from Mason Klee 8:41 into the third, cementing the Railers 4-0 win.

Worcester found the back of the net first tonight, as Justin Gill (1st) forced a turnover and took it down the ice

all alone scoring with his backhanded shot just 6:22 into the first. Matthew Kopperud (2nd) took an intercepted pass down the ice and scored off passes from Justin Gill and Jack Randl out in front 13:33 into the period. Neither team scored after Kopperud, ending the period with Worcester leading 2-0. Maine outshot Worcester 16-9.

The second period seemed as if it would come without a score from either team until the Railers extended their lead to 3-0 thanks to Riley Piercey (1st). Piercey broke the scoreless period 18 minutes in when he got one by Brad Arvanitis on the crossing dish from his teammate Justin Gill. Shots favored Worcester 12-11 in the second.

The Railers kept their great scoring night going in the third. Mason Klee (2nd) found the back of the net on the power play at 8:41 to make the Railers lead 4-0. The Mariners had a late power play opportunity, but the Railers penalty kill held strong on their perfect night. Shots favored Worcester 10-4 in the third and were even on the game 31-31.

Owls fall to Plymouth State

WESTFIELD – Plymouth State took advantage of three short fields in the first half to build a big lead, as the Panthers topped Westfield State 35-7 in a Massachusetts State Collegiate Athletic Conference game at Panther Field in Plymouth, N.H. on Saturday.

The Panthers capitalized on drives of 41, 39, and 40 yards, capped by two 2-yard TD runs from Willie Lombard sandwiched around a 3-yard plunge from Greg Walker to build a 21-0 halftime lead.

Westfield drops to 2-5, 2-4 in the MASCAC with the loss, while Plymouth evens its record at 3-3 overall and 3-3 in the league. The Panthers tacked on a punt return TD and recovered a scoop-and-score fumble recovery on a 70 yard TD return by Nick Marcinowski to put the finishing touches on the win.

Westfield got a late 4-yard rushing touchdown from Matt Varteresian for the Owls lone score of the day.

Defensive linemen Cade Nelson and Anthony Messoro led the Owls with five tackles each. Plymouth got 12 tackles from Evan Wilson.

Westfield was limited to just 79 yards rushing on the day, led by 46 from Dylan Disabella. Conor Schlittler led the Owls receivers with two catches for 36 yards. Westfield QB's combined to go 14-24 passing for 172 yards, led by Ryan Scott, who completed 10 of 17 for 125 yards.

Plymouth's offense was led by an efficient performance from Braden Lynn, who completed 13 of 17 passes for 144 yards. Mitchell Cripps was his top target with six catches for 47 yards. Walker finished with 27 yards on the ground.

Westfield actually outgained the Panthers, 251-197 yards on the day, and had 15 first downs to Plymouth's 10.

Westfield will have a quick turnaround for their next game, as the Owls travel to conference foe Mass Maritime for a rare Thursday night kickoff.

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Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to pressreleases@turley.com.

ONGOING

FREE CLOTHING. Every Tuesday from 9 to 11 a.m., in the school building located behind Crossway Christian Church, 2230 Main St., Three Rivers. Clothing from baby through adult. Current, seasonal clothes in all sizes. Bags are provided for easy shopping. For more information call Donna, (413)478-0768.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during

operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved

ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

Granby craft fair

GRANBY— Please join in at Immaculate Heart of Mary on Sunday, Nov. 2, from 9 a.m. to 5 p.m. for the annual Craft Fair/Holiday Bazaar. Many vendors, basket raffles, lottery raffles, food and more.

Comedy show to benefit Harmony House

CHICOPEE— Harmony House of Western Massachusetts, a home for the terminally ill located in Chicopee, will be the beneficiary of a "Funny-Raising Comedy Show," presented by Jess Miller Comedy Shows. The event is scheduled for Saturday, Nov. 9, and will be held at the Moose Club Family Center located at 244 Fuller Road. Doors will open 6:30 p.m. with the show beginning at 8 p.m. Tickets are \$25 per person and can only be obtained at www.funnyraising.com. This show is rated R for adult content and language and people must be aged 21 or older to attend.

It will be a great evening of fun while supporting the mission of Harmony House. The FunnyRaising Comedy Shows are "Built on Laughter and Sustained by Kindness." The headlining comics in this show will be Jess Miller, who has performed at Caroline's on Broadway, Peaches Rodriguez who has performed at the Apollo Theatre in New York City, and Linda Belt, who has performed on Royal Caribbean Cruises. Get ready to laugh.

There will be a raffle with great prizes along with a 50/50 raffle. All proceeds go directly to Harmony House of Western Massachusetts. A cash bar will be available, and patrons can bring their own dinner and snacks. Tables of 8 are available to reserve with pre-payment.

Harmony House is a local organization whose mission is to provide a loving home providing compassionate care for the terminally ill. Harmony House is primarily staffed by trained volunteers including licensed nurses, caregivers, companions, and others. If interested in learning more or becoming a volunteer, please contact Harmony House at 413-315-9784 or by email at harmonyhousewma@gmail.com.

Drop-In Tech Help at the Wilbraham Library

WILBRAHAM— Need help setting up an email account, updating your phone, or figuring out a new device? Starting September 6, students from Wilbraham & Monson Academy (WMA) will be at the Wilbraham Public Library on Fridays from 3:30 to 5 p.m. Technology assistance will be available on a first come, first served basis. Please bring any relevant devices and/or log-in and password information. Contact the library at 413-596-6141 with any questions.

VFW Post 9397 Turkey Shoots

HAMPDEN — The VFW Post 9397 kicked off Turkey Shoots on Sept. 8 and they will continue to run through Nov. 24.

They take place every Sunday from 1 to 4 p.m., with presale tickets at 12:30 p.m.

Prizes include cash, quality meats and a 50/50 raffle.

The kitchen will also be open for the shoot.

The VFW Post 9397 is located at 190 Main St. in Hampden.

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S Sunday services
Sacrament Meeting 10-11 A.M.
Sunday school for adults, Young single adults (18-30) and teens (11-18) - 1st & 3rd Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon
Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon
Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon
Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon
Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon
Nursery providedfor ages 18 month- 3 yr

CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow
413-583-2630
Pastor Rev. Raymond A. Soltys
Saturday Vigil Masses – 5 p.m. and 6:30 p.m.
Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.
Sunday Evening Mass – 5:30 p.m.

IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,
413-543-3627
Very Rev. Piotr Calik
Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. —1 p.m.
CLOSED FRIDAY
MASS SCHEDULE
Saturday Vigil Mass: 4:15 p.m.
Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday – 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15–4 p.m.

ST. ELIZABETH PARISH

191 Hubbard St., Ludlow
413-583-3467
Pastor – Rev. Msgr. Homer P. Gosselin
In Residence – Rev. Norman Bolton
Deacons: Normand Grondin, Thomas Rickson, Keith Davies
Office Hours: Monday – Friday 8 a.m.-4 p.m.
stelizabethludlow.org
Like us on Facebook Follow us on Instagram
Check out our Parish App
Wednesday, Oct. 30, - Daily Mass - 7:30 a.m. (C), Meat Pie Project (FLBH/K/JR/ZR) Holy Mother Choir - 5:15p.m. (C),
Thursday, Oct. 31, - Daily Mass - 7:30 a.m. (C), Meat Pie Project (FLBH/K/JR/ZR) Vigil Mass-All Souls Day 5:30 p.m.
Friday, Nov. 1, - Mass 8:30 a.m.(C), Mass-All Souls 7 p.m.
Saturday, Nov. 2, Adoration 2 p.m.(C) Confessions - 2:30 p.m. (C), Saturday Mass - 4 p.m. (C) Diocesan Youth Event 4 p.m. (FLBH/K)
Sunday Nov. 3, - Sunday Mass - 7:30 a.m. (C), Sunday Mass - 9:15 a.m. (C), Sunday Mass - 11 a.m. (C), Sunday Mass - 5 p.m. (C), Confirmation Class-8 a.m. (ER) Faith Formation (All Rooms) -10:15a.m., Sisters of Strength 3:30 (ZR), Youth Ministry/Lifeteen 6 p.m.(ER)
Monday Nov. 4, - Daily Mass - 7:30 a.m. (C), Faith Formation 6 p.m.(JR/ZR) Ladies Bible Study (ER) 6:15 p.m.
Tuesday, Nov. 5, - Daily Mass - 7:30 a.m. (C), St. Rita Choir – 2:30 p.m.
(C), Middle School Youth Ministry 3:30 p.m.(ER), Eucharist Revival 6:30 p.m. (FLBH)

OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow
413-583-2312
Father Pedro DeOliveira
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.
Sunday Masses – 9 a.m. (Portuguese); 11 a.m. (English)
Monday and Wednesday Morning Masses – 8:30 a.m. (Portuguese)
Tuesday and Friday Masses – 5:30 p.m. (Portuguese)
Saturday Vigil Mass – 4 p.m. (English)
First Saturday of the Month – 8:30 a.m.
For more information, visit ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW

859 Center St. Ludlow
413-583-3339
Reverend Darcy Borden, Pastor
Office hours Monday & Wednesday 10 am to 2 pm
Available by appointment at other times
Sunday worship at 10 am alternating weekly with Grace Union Church, Wilbraham
Call or check Facebook or the website for the schedule of worship and events
Service live-streamed at 10 am on Facebook
<https://www.facebook.com/firstchurchludlow>
Website: www.ludlowfirst.com

ORCHARD COVENANT CHURCH

95 Berkshire Street
Indian Orchard, MA 01151
413-543-4204
Revs. Karen and Nick Munn, pastors
Sunday School for all ages, 9:45 a.m.
Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information:
orchardcovenant.org.

FAITH COMMUNITY CHAPEL

A Church of the Nazarene
485 East St., Ludlow, MA 01056 413-583-7875
Email: FCCLudlow@GMail.com
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs
Discipleship Groups 9:45 a.m. Worship Service 11 a.m.
OTHER PROGRAMS
MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery Meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591
TUESDAYS at 7 p.m. ZOOM Bible Study
RIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m.

STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH

45 Newbury St.
Ludlow, MA 01056
Phone: 413-583-2140
Pastor: Father Andriy Krip
Liturgy schedule:
Wednesday 9 a.m., Friday 9 a.m.
Rosary for Peace in Ukraine on Wednesday at 6 p.m.

BBB Tip: Fall home maintenance - get ready for the winter

Paula Fleming

*CMO & Chief Spokesperson
pffleming@boston.bbb.org*

The air is getting more relaxed, and the leaves and cornfields are turning yellow. Fall is here. With the change in weather comes a list of home maintenance that all homeowners should tackle before the icy stuff sets in.

BBB offers these tips when preparing your home for the colder weather:

Clean those gutters.

A build-up of leaves and other debris can cause your gutters and downspouts not to drain correctly. Improper draining can make water spill over your gutters, leading to foundation/basement damage and damage to your fascia boards. In the winter, ice dams can form that can let snow melt underneath your shingles. Get a listing of gutter contractors near you.

Inspect your roof and gutters.

Inspect your roof for loose or damaged shingles and make any necessary repairs. Damaged or loose shingles can let in water and ice during the winter, creating interior damage. Clean out gutters to prevent ice dams and water buildup. Visit BBB.org to get a listing of roofing contractors near you.

Test your smoke and carbon monoxide detectors.

Making sure these essential safety tools are in proper working condition

is manageable and vital to ensuring the safety of those in your home. The National Fire Protection Association offers excellent information on installing and maintaining smoke alarms. The U.S. Consumer Product Safety Commission has information on carbon monoxide detectors.

Check your window and doors for air leakage.

Adding caulk and weather stripping helps prevent cold air leakage into your home and prevents spiders and insects from entering. Also, check where pipes and wires enter your home.

Organize your garage.

You will undoubtedly use your garage a lot more in the colder months. Get rid of trash and clutter, and make sure your snow shovel and other winter-use items are easily accessible. Fill/repair any cracks or holes you see to prevent bugs and rodents from entering that will be seeking refuge from the cold. Find garage organizers near you.

Inspect your driveway.

The frequent freezing and thawing conditions in many areas, along with tree roots and ground shifting, can cause driveways to develop areas of needed repair. Fall is a great time to fill cracks and seal coats to prevent winter-time water/ice damage. Find driveway repair contractors near you.

Schedule HVAC maintenance.

According to the U.S. Department

of Energy, preventive care can help save you up to 25% in energy costs. Heating contractors near you can help you professionally service your heating unit. Having your heating system serviced and filters replaced will ensure your system works efficiently.

Tend to the outside water supply.

Cover up your outdoor water fixture (s). Spigot covers are reasonably priced at your local hardware store and help keep the exterior pipes from freezing. Empty hoses of any water and move them indoors.

Protect pipes. Insulate pipes in unheated areas, like attics, basements, and crawl spaces. Running a slow drip of water from faucets during extremely cold weather can also help prevent pipes from freezing.

Prepare the garden and yard.

Trim trees and bushes away from your home to prevent heavy snow or ice damage. Clean up leaves and debris to prevent pests from finding shelter. Find BBB Accredited pest control if needed.

Store patio furniture and other outdoor items.

Put away or cover outdoor furniture, grills, and other summer items to protect them from winter weather.

Stock up on winter supplies.

Have salt or ice melt, shovels, and other winter supplies for snow and ice removal. Find BBB Accredited snow

removal companies near you. Learn more about weatherizing your winter life.

Sweep your chimney. If you have a fireplace, clean and inspect the chimney before using it. Ensure the damper works properly to prevent drafts when the fireplace is not used. Having the soot and possible blockages or creosote build-up helps reduce the risk of a chimney fire and can improve the efficiency of your fireplace. BBB.org is a great place to find a chimney sweep near you.

Reverse ceiling fans.

In the colder months, you want your fan to move the warm air down, which means having your blades turn clockwise.

Test backup generators.

If you have a backup generator, test it to ensure it's in working condition in case of power outages.

Review your emergency plan.

Review your family's emergency plan, including how to stay warm, communication, and evacuation procedures.

Check for BBB Accreditation for any professionals you may hire. Go to BBB.org to check the trustworthiness of a business. Do a general online search on a company to see what reviews and other information may be available.

Eclectic vintage shop, artist studio celebrates 1 year anniversary

PALMER – An eclectic, vintage shop and artists gallery celebrates its one year anniversary

The "Eclectic Shop and Artist's Studio", known as the Victorian, will celebrate its one year anniversary on Friday, November 1, 2024 at 1500 North Main Street, Palmer, MA. Please join us for an open house and enjoy refreshments as you tour throughout the building.

"The Victorian" provides locals a convenient shop close to home, offering quality painter's products, painted furniture, unique gifts, candles home decor, local Artisan's wares and more.

The shop features a wide variety of Fusion Mineral Paint products, including materials to re-purpose, refurbish and re-imagine furniture.

"Fusion Mineral Paint is primarily a furniture paint," said owner Julia Dias. However, she said the paint works well on a variety of materials, such as wood, metal, glass and fabrics.

In addition to the mineral paint, The Victorian offers milk paint, stains, antiquing glazes, a variety of decorating waxes and both natural and synthetic paint brushes.

The shop caters to artists seeking to add a splash of color to their homes and get creative with refinishing their furniture.

"It's been quite an experience creating this shop and sharing it with the many people that have come through this door. Many people are just curious to know what this old house looks like on the inside. They're either from the area and have driven by many times or they were customers of the Moulton Insurance Agency, which used to be here for many years," said Dias.

She holds a bachelor's degree in fine arts with a focus on interior design from UMASS Amherst and has a great passion for historical homes. "Ebenezer and Mary Brown built this house in 1868. It's obvious they had great taste in architecture and design, as there are many fine details throughout the home that lend to its stateliness." Considering how many times the trains roll by



Submitted Photos

The Victorian is located at 1500 Main St., in Palmer, in the former Moulton Insurance building.

out back and being 156 years old, this grand Queen Anne stands strong.

Dias' experience allows her to provide guests with expertise and a wealth of knowledge in design as well as the Fusion Mineral Paint product line.

"I truly enjoy recreating old pieces," said Dias "especially little tales you find on the side of the road."

She added the Victorian age has always been her favorite period in time, prompting her to scout out the perfect location for her shop.

"It has always been a dream of mine to have a Victorian. This Queen Anne home was built in 1868 with all the traditional mouldings.

Shoppers will not only have access to a Fusion Mineral Paint

carrier locally, but they will also have access to the full line of colors and seasonal releases.

The shop features an array of colors, furnishings and art; some Victorian style, others more abstract and various handmade products by local Artisans.

Vintage style "sassy talkin' towels," are on display, adding style and humor to the main shopping area. For those interested in purchasing, duplicates are for sale.

Additionally, vintage-style match boxes are available for purchase, delicately wrapped in wax paper and sealed with a postage stamp.

The Superior Dry Good Vintage Stick matches are a perfect complement to those interested in



Shown is the shopping area in the building, with items in display cases, which are for sale.



The building is a Queen Anne Victorian, decorated to accentuate the charm and authenticity of the building's architecture.

gifting a locally sourced, 100% soy, 1803 candle.

Dias said the shop is Victorian themed to add an element of creativity and charm to the guests' experience.

Fusion Mineral Paint Workshops will begin this month of October. You can follow her on Facebook and Instagram at theVictorian1868. Her website, theVictorian1868.com, is under development and will be ready soon. Workshops and other events will be posted there along with a shop calendar, news and information.

Services and products have expanded over the past year which included the introduction of "The Downtown Abbey Dining Room" for private small event rentals and the "Newport Room" for Fusion Mineral Paint Workshops, as well as small event rentals. More information will be available on the website or you can call Julie at 603-714-0513.

Both rooms are Victorian-themed spaces equipped with working Victrolas, velvet drapes, vintage lace covered tables for dining and tea, various antique art pieces and full wall collage of the cast of Downtown Abbey and more!

Guests interested in adding a Victorian touch to their home also have the option of purchasing from a collection of vintage glassware come Spring 2025.

"I've always wanted to open my own shop and wouldn't have done it with anyone else but my husband, John. We make a great team" said Dias. "I thank him often for all he has done to make my dream come true."

The shop is open Wednesday, Thursday and Friday 11 a.m. to 5 p.m. and Saturdays 11 a.m. to 2 p.m.

What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit ludlow.cwmars.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Social Services Drop-In, first Wednesday of the month, 11 a.m. Come Meet with our Social Worker for assistance with getting connected to food pantries and applying for food stamps, health insurance questions, referrals to treatment and support groups, supporting those with mental health concerns, free fentanyl test strips and condoms AND MORE! This program is made possible through the Mill Town Public Health Coalition.

Free Tech Help Call us at 413-583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card? We can help you get started. Call 413-583-3408 x114 to make an appointment.

FOR ADULTS

Mass Center for the Book Monthly Reading Challenge Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit massbook.org/readingchallenge.

Chair Volleyball for Seniors, every Thursday, 1:30 p.m. Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circula-

tion desk at 413-583-3408. Walk-ins are welcome.

Who picked this book? Book Club Meeting, first Thursday of the month, 3:30 p.m. Join us for this month's Who picked this book? Book Club meeting! You can pick up a copy of the book at the circulation desk.

Happy Hour Book Club Meeting, last Thursday of the month, 6:30 p.m. Join us for this month's Happy Hour Book Club meeting! You can pick up a copy of the book at the circulation desk.

Virtual 50+ Job Seekers Networking Group, 1st & 3rd Wednesdays through December on Zoom, 9:30 a.m. The Massachusetts Library Collaborative's 50+ Job Seekers Group is for unemployed and actively looking, underemployed, seeking a new career direction, re-entering the job market, or recently retired and looking for your "Encore Career". Meetings are facilitated by Deborah Hope, MBA PCIC, an experienced executive career coach. Register on our website.

Food Drive for the Ludlow Veterans Food Pantry, October 21- November 22

The adult department is accepting donations of non-perishable food items. Help us come together as a community to make a positive impact on the lives of those facing food insecurity! All donations benefit the Ludlow Veterans Food Pantry, bring to the Circulation Desk.

Holiday Card Making, Saturday, November 2, 11:00 a.m. Join us with local artist MaryBeth as we prepare for the holiday season with holiday card making! Register on our website.

Ukulele for Adults, Thursday, November 7, 6:30 p.m. Want to try an instrument that is fun and easy to play? Learn the fundamentals of ukulele playing with Julie! Jam out with us! Absolutely no experience needed. Register on our website.

FOR TEENS

Chess Club, Every other Monday, November 4 & 18, 3:30-4:30 p.m. All experience levels are welcome for an hour of chess, some instruction provided. Club meets every other Monday. For ages 9-17, please register.

Youth Crochet Club, Every other Tuesday, November 5 & 19, 5:30-6:30 p.m. For ages 10-17. For beginners up to experienced crocheters, supplies provided or bring your own. Please register.

Tabletop RPG Club, Every Tues-

day, 3:30-5:30 p.m. For ages 14-17. The group has room for 2 more players, and is playing D&D this fall. Please register.

"Read Between the Lines" High School Book Group, November 22, 3:00-4:00 p.m. Monthly book chat for ages 14-17. For November, the group is reading "The Great Gatsby" by F. Scott Fitzgerald; copies of the book are available in the Youth Room. Registration preferred.

Open Sew Saturday, Saturday, November 23, 10:00 a.m.-12:00 p.m. Drop into the library's program room for sewing space and support at our monthly Open Sew! The library will have 2 sewing machines (or bring your own), tables for laying out projects, and seasoned sewer Janet Foy on hand to provide advice and support. Not recommended for beginners. Open to adults, tweens, & teens.

FOR CHILDREN & TEENS

Food Drive for the Indian Orchard Survival Center, October 28- November 22 The Youth Room is accepting donations of non-perishable Thanksgiving dinner food for the Indian Orchard Survival Center. Every child who donates will get a sweet treat! Please bring to the Youth Room.

Youth Room Election Primaries, Monday October 28 - Monday November 4, all day. Which children's book character would make the best president? Come to the Youth Room the week before Election Day to vote in our primaries. Then come in on Tuesday November 5 as the two most popular suggestions will go head to head, and vote for which book character would make the best president! All ages. Drop in.

Pokemon Club, Every other Wednesday, November 13 & 27, 3:30-4:45 p.m. For 8-14. Trading, dueling, & gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Trick or Treat Scavenger Hunt, Wednesday, October 30, 9:00 a.m.-5:00 p.m. & Thursday, October 31, 9:00 a.m. - 8:00 p.m. All ages. Come to the Youth Room in costume to trick or treat and do a fun scavenger hunt for candy. Drop in.

Mass. Children's Book Award Book Group, second Thursday of the month November 14, 6:00-6:45 p.m. For 4th-6th graders. Kids decide who wins this award after reading at

least 5 nominated books. Meet each month to share opinions, play games, enjoy free snacks, and talk about what you read and which book you think should be the winner. Please register.

Tween Graphic Novel Book Group, fourth Thursday of the month November 21, 5:00-5:45 p.m. For ages 9-13. Meet on the fourth Thursday of each month with other graphic novel lovers to discuss and share books, play games, make crafts, and eat snacks. For November, the group is reading "Cardboard Kingdom" by Chad Sell; copies are available in the Youth Room. Please register.

Roblox Club, Every Friday, 3:30-4:45 p.m. Meet new friends or play with old ones while playing Roblox. For ages 8-15.

Minecraft Club, Every Saturday, 11:00 a.m. -12:45 p.m. Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For grades 3-8. Drop-in.

FOR CHILDREN

Daily Drop-In Crafts, All ages. DIY crafts available in the Youth Room daily. New craft each week.

Storytime Session for 3-5s: Sea Stories, Mondays 10am, 9/30-11/18 (no storytime 11/11). 6 weeks of stories, songs, & games about ocean animals & activities for 3-5 year olds, with a craft & snack at the end. Please register.

Relaxing Preschool Yoga, Tuesday, November 5, 1:30-2:30 p.m. Children aged 2 & up and their caregivers and invited to learn simple calming and mindfulness skills through yoga. Learn how to use large muscles to support self regulation, while bending, breathing and stretching, with stories and music mixed in! Please register. Sponsored by Pathways for Parents CFCE.

Sing With Me, Tuesdays 10:30-11:00 a.m. For ages 0-5. Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. No group on 11/26. Drop-in.

Storytime Session for 2-3s: Sea Stories, Wednesdays 10 a.m., 10/2-11/13. 6 weeks of stories, songs, & games about ocean animals & activities tailored for 2-3 year olds, with free play at the beginning & a craft & snack at the

Please see **HUBBARD**, Page 17

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PUBLIC NOTICES

**Town of Ludlow
LEGAL NOTICE**

In accordance with Chapter 138 of the General Laws, the Board of Selectmen has called a Public Hearing on **Tuesday, November 12, 2024, at 5:45 p.m.** in the Selectmen's Conference Room, 488 Chapin Street, Ludlow, MA on the application of Harmit Raval for Keshavah Corporation dba Pop-N-Kork located at 12 Cady Street, Ludlow, MA 01056 for a Transfer of an off-premise all alcohol liquor license from Idalina Rodrigues, Pop-N-Kork, Inc. located at 12 Cady Street, Ludlow, MA on the following described premises: One story building with four (4) rooms. A total of 9,000 square feet with two exits and one entrance.

Derek DeBarge, Chairman
Ludlow Board of Selectmen
10/23, 10/30/2024

**LUDLOW
CONSERVATION
COMMISSION
LEGAL NOTICE**

The Ludlow Conservation Commission has scheduled a Public Meeting under W.P.A. (M.G.L. Ch. 131, § 40) in Ludlow Town Hall, 3rd floor, Selectmen's Conference Room, for **Wednesday, November 6, 2024, at 7:15 p.m.** for the Request for Determination of Applicability application of Joseph Hagopian, for the property located at 31 Batista Circle (Assessors' Map 29, Parcel 26). The subject of the meeting is: replace/repair roof as needed.

Angela Tierney
Chair
10/30/2024

**Town of Ludlow
LEGAL NOTICE**

In accordance with Chapter 138 of the General Laws, the Board of Selectmen has called a Public Hearing on **Tuesday, November 12, 2024, at 5:35 p.m.** in the Selectmen's Conference Room, 488 Chapin Street, Ludlow, MA on the application of the Ludlow Tennis Club, 40 Carmelina's Circle, Ludlow, MA 01056 Annual Wine & Malt Liquor License for Change of Manager to Christopher McGrath and Change of Directors for the

following described premises: 3.58 acres, 52,000 sq. ft. butler bldg., operating as a tennis club.

Derek DeBarge, Chairman
Ludlow Board of Selectmen
10/23, 10/30/2024

**Town of Ludlow
LEGAL NOTICE**

In accordance with Chapter 138 of the General Laws, the Board of Selectmen has called a Public Hearing on **Tuesday, November 12, 2024, at 5:55 p.m.** in the Selectmen's Conference Room, 488 Chapin Street, Ludlow, MA on the application of Selenia Cruz for TCO Party Occasions, LLC located at 40 East Street, Ludlow, MA 01056 for a new wine and malt beverage License. Premises described as follows: Open floor space, which includes (1) bridal suite, (1) one kitchen, (1) bar, restrooms and a storage room for a total of 3,600 square feet, featuring two entrances and two exits with seating capacity of 150.

Derek DeBarge, Chairman
Ludlow Board of Selectmen
10/23, 10/30/2024

**LUDLOW
PLANNING BOARD
LEGAL NOTICE
SPECIAL PERMIT HOME
OCCUPATION**

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, November 14, 2024, at 7:00 p.m.** on the application of Jessica Leonczyk of **97 Allison Lane** Ludlow, MA (Assessors' Map 11A, Parcel 72K) for: **baking sourdough goods.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, December 12, 2024.

Raymond Phoenix
Chairman
10/30, 11/06/2024

**Town of Ludlow
LEGAL NOTICE**

You are hereby notified that a **PUBLIC HEARING** will be held at the Town Hall, Selectmen's Conference Room, 488 Chapin Street, Ludlow, MA 01056 on **Tuesday, November 19, 2024, at 5:35 p.m.**

Upon petition of:

WESTERN MASS ELECTRIC COMPANY DBA EVERSOURCE ENERGY requests permission to install and maintain below the surface of the ground in the public way hereinafter named, a line or lines for the transmission of electricity consisting of conduits located as shown upon the plan hereinafter referred to, together with the necessary wires, cables, transformers, switches, protective devices and other appurtenances, and likewise the manhole and vault construction connected with said lines as requested in petition of said Company dated the 3rd day of October, 2024. Also, that permission be granted to lay and maintain underground laterals, cables, and wires in the above or intersecting public ways for the purpose of making connections with such poles and buildings as it may desire for distributing purposes, in the following public way or ways:

Rood Street: Install one (1) fully owned pole along Rood Street. This pole is to be labeled 194/B15M-1. The purpose of this work is to provide service to new home at 82 Rood Street. Pole is to be located approx. 60' NE from pole 194/B15M across the street. Approx 22' from the center line. Pole is marked in the field.

Derek DeBarge, Chairman
Manuel D. Silva
James Gennette
William Rosenblum
Antonio Goncalves
Ludlow Board of Selectmen
10/30, 11/06/2024

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Division Docket No. HD24P2166EA Estate of: Evelyn K Hiorns Date of Death: 07/25/2024 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Steven W Hiorns of Naples, FL**

a Will has been admitted to informal probate. **Steven W Hiorns of Naples, FL** has been informally appointed as the

Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
10/30/2024

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD24P2217EA Estate of: William Herman Leab, Jr. Date of Death: 09/07/2024 CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons: A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Jeannine Bourdeau of Belchertown, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Jeannine Bourdeau of Belchertown, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE
You have the right to ob-

tain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 11/21/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A **Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.**

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: October 23, 2024

Rosemary A Saccomani
Register of Probate
10/30/2024

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 Docket No. HD15P2432GD In the interests of Jahniyah H Rees of Indian Orchard, MA Minor NOTICE AND ORDER: Petition for Resignation or Petition for Removal of Guardianship of a Minor NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition to Resign as Guardian of a Minor or Petition for Removal of Guardian of a Minor filed by **Denese Rees** on **08/14/2024** will be held **12/02/2024 08:30 AM Review Hearing.** Located **50 State St, 4th Floor, Springfield, MA 01103**

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: September 16, 2024

Rosemary A. Saccomani
Register of Probate
10/30/2024

LUDLOW CONSERVATION COMMISSION 488 CHAPIN STREET LUDLOW, MA 01056 (413) 583-5600 Ext. 1282 LEGAL NOTICE

The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV, in Ludlow Town Hall, 3rd floor, Selectmen's Conference Room, on **Wednesday, November 6, 2024, at 6:45 p.m.** on the **Notice of Intent** application of **Ralph Capua, Sodi, Inc.,** for the property located at **Santina Drive (Assessors' Map 11D, Parcels 115M, 115N, 115P, 115Q, 115R, 115S, 115T, 115U, 115V).** The subject of the hearing is: construction of eight (8) single-family homes and a stormwater parcel within the buffer zone.

Angela Tierney
Chair
10/30/2024

HUBBARD from Page 16
end. Please register.

"True Tales" Storytime for Homeschoolers, Wednesdays 12:15 p.m., 10/2-11/13. For 5-8 year olds. A fun, gently educational storytime about real people & historical events, including a related activity and a snack. Please register.

Lego Build Challenge, Every Wednesday, 12:00-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Grow, Play and Learn for ages 0-2, Thursdays, 9:45-10:30 a.m. Stories, songs and skill building, led by Early Childhood Developmental specialist Jane Christian of Pathways for Parents, guiding caregivers in strengthening interactions with their child. Program includes curriculum, "Ages and Stages" Questionnaire, and resources to fit your child's individual needs. Sponsored by Pathways for Parents. Please register.

Grow, Play and Learn for ages 2-5, Thursdays, 10:45-11:00 a.m. Stories, songs and skill building, led by Early Childhood Developmental specialist Jane

Christian of Pathways for Parents, guiding caregivers in strengthening interactions with their child. Program includes curriculum, "Ages and Stages" Questionnaire, and resources to fit your child's individual needs. Sponsored by Pathways for Parents. Please register.

November PreK Pals, Fridays 9:30-10:30 a.m. This playgroup supports children ages 2-5 and their families. Each week we focus on an area of development and provide fun activities to support your child learn through play. Areas explored include early lit-

eracy, fine motor development, science, math, cognitive and social emotional skills. Sponsored by Pathways for Parents. Please register for the month.

Sand Art, Saturday, November 9, 9:30 a.m. For ages 5 & up. Local artist Mary Beth Silva will teach children how to make cute sand art pictures! Please register.

PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to notices@turley.com
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

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The Register

NEWS & FEATURES

As a paper of record, we attempt to cover all general news, personality profiles, and community features that we know about. This includes all selectmen and school committee meetings as well as spot planning board, board of health, finance, and other town meetings determined by the issue's relevance to our readers. There are the annual major community event features that we should always cover, but we are more than open to suggestions of other features to celebrate the fabric of our communities and their many interesting occupants. Our loyal advertisers provide funding for this paid staff coverage.

For more information on news or community features for The Register, please email register@turley.com.

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PART TIME SNOW PLOW DRIVERS NEEDED
 Part time snow plow drivers are needed for the Town of New Braintree for the 2024-2025 season. Positions available for both CDL (\$30/hr) and non-CDL License (\$25/hr). If you are interested, please contact Highway Superintendent Richard Ayer at **(508) 867-2451** or email hwyssecretary@newbraintree.org.

PART-TIME CUSTODIAL position at St. Mary's Parish in Hampden. \$20/hours, 12 hours a week/flexible. Call **413-566-8843** or email stmary-hampden@gmail.com.


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Healing from the inside out

Holistic nursing becoming a way of life for nurses at Baystate Health

SPRINGFIELD – Holistic nursing is becoming a way of life for many nurses providing care at Baystate Health, where some patients have been benefiting from a holistic approach to nursing practice.

“The nurses of Baystate Health are dedicated to the co-creation of a caring and healing environment for the health and well-being, care, and comfort of our patients, team members, families, and community,” said Cidalia Vital, RN, program director, Nursing Research and Holistic Nursing at Baystate Health.

“With the challenging and difficult times healthcare has seen over the past three years, nurses are looking to get back to the basics of nursing that includes healing the whole person,” she added.

Yet it is not everyone who is familiar with the term “holistic nursing.”

Holistic nursing is defined as “all nursing practice that has healing the whole person as its goal,” according to the American Holistic Nurses’ Association. Florence Nightingale, who is considered to be the founder of holistic nursing, taught nurses to focus on the principles of holism: unity, wellness and the interrelationship of human beings and their environment.

“Holistic nursing is not merely something we do. It is also an attitude, a philosophy and a way of being that requires nurses to integrate self-care, self-responsibility, spirituality, and reflection in their lives. This often leads the nurse to greater awareness of the interconnectedness of

self, others, nature, spirit and relationship with the global community,” said Vital.

“Baystate Health has spent the last six years on a holistic journey to improve holistic care at the bedside as well as improve staff resilience and promote self-care,” she added.

And their efforts are being recognized.

Baystate Medical Center holistic nurses attending the recent American Holistic Nurses Conference in Orlando, Florida, accepted the Institution Excellence in Holistic Nursing Practice Award. The award recognizes an organization for incorporating holistic nursing practice and demonstrating the core values of holistic nursing.

“Holistic nursing is the artful blend of the art and science of nursing. Thanks to the extraordinary support from the Baystate Health Foundation and our generous donors, Baystate Health now has a total of 1,170 team members trained in holistic modalities. I am proud of our extraordinary nurses and caregivers for their commitment to lifelong learning, nursing excellence and for creating a healing environment for themselves, each other, and for our patients and their loved ones,” said Joanne Miller, DNP, RN, NEA-BC, Chief Nurse Executive, Baystate Health and Chief Nursing Officer, Baystate Medical Center.

The Baystate Medical Center Nursing Model of Care, founded on Swanson’s Caring Theory, utilizes a holistic approach to promote quality care to nurture the body, mind, and spirit. The journey to incorporating holistic nursing into practice started in 2017 with the training of staff on M technique®. M technique® is a form of gentle touch performed on the hands and feet of recipients using a set

sequence of varying pressure and completed in three to five minutes. The “M” in M technique® stands for “mindful” and is appropriate for the most fragile patients, including terminally ill cancer patients, the elderly, critically ill, and surgical patients.

“One of our nurses, Magdalena “Leny” Barranda, RN, has performed M technique® on many of her coworkers. The nurses who received M technique® from Leny reported feeling relaxed, a release of tension, and overall reduction in stress. Additionally, Leny kept a log of patients with whom she provided M technique®, and overwhelmingly, patients reported a decrease in anxiety, a sense of relaxation, and the ability to sleep. Both our patients and our caregivers, nurses, patient care technicians and operations associates, receive the therapeutic benefits of M technique®,” said Vital.

She noted as an organization, Baystate is striving for all nurses to understand how holistic nursing is a foundational element of their profession. The holistic approach draws on nursing practice, knowledge, and expertise to facilitate healing. Baystate has trained nurses in its holistic model of care, including training on M technique®, aromatherapy, and foundational elements of holistic nursing through the Integrative Healing Arts Academy by the BirchTree Center, and Reiki.

“Holistic nursing is a way of being and many nurses at Baystate may be practicing holistic nursing without even realizing it. We have a dedicated committee of holistic nurses who have further defined for Baystate what it means to be a holistic nurse,” said Vital.

Examples of what defines a holistic

nurse include in their words:

“Compassionate presence including authentic presence that describes a staff member who is consciously being in the moment while creating a trusting relationship. Through listening and viewing the patient as a human being instead of an object, we honor the patient’s belief system and enable them to expand their own sense of faith/hope.”

“From authentic presence, one can provide a caring presence which is caring for another person and it is the essence of our clinical practice. It begins with being fully present in compassion, gentleness and kindness with ourselves, our colleagues and the patients we serve. This method potentiates states of wholeness and aligns mind, body and spirit to promote a healing environment.”

For those interested in learning more about holistic nursing, Baystate Health holistic nurse Caitlyn Waddell, RN, BSN, HN-BC developed a podcast called Elemental Healing (Baystate) on Spotify. The podcast focuses on holistic and self-care practices and ways to incorporate them into work and personal life. Listeners will learn about the many initiatives Baystate is making toward the shift to holistic practice and opportunities to get involved and learn from the holistic community.

Baystate Medical Center’s high quality nursing care has earned it prestigious status for an unprecedented fourth consecutive time achieving Magnet® recognition from the American Nurses Credentialing Center, a distinction that places the hospital’s nursing staff among the finest in the nation.

For more information on Baystate Health, visit baystatehealth.org.

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The Town of Huntington is seeking a part-time **Water and Sewer Administrative Coordinator** for 18 hours per week. Applicants must be proficient in Microsoft Word, Excel, and Outlook and well organized. Hours are flexible but must be worked during the regular Water and Sewer department hours of Monday through Thursday, 9:00 a.m. to 3:00 p.m. to assist the Water and Sewer Department as needed. Application and complete job description are available online at www.huntingtonma.us or by emailing WaterandSewer@huntingtonma.us. Position is open until filled.

Town of Huntington is an Equal Opportunity Employer.

WARREN WATER DISTRICT is hiring for part-time office help. Please apply in person at **988 Main St., Warren. 413-436-9819.** EOE.

TOWN OF WILBRAHAM

DIRECTOR OF VETERANS SERVICES

The Town of Wilbraham is looking for a Director of Veterans Services. For application and more information please visit www.wilbraham-ma.gov. EOE

HELP WANTED

TOWN OF WORTHINGTON

HIGHWAY POSITION OPENING

The Town of Worthington is soliciting letters of interest from qualified candidates to fill **two full-time Equipment Operator/General Laborer** positions in the Town Highway Department.

Valid MA CDL operator, Hydraulic Hoister’s licenses and OSHA-10 certification is preferred.

- Highway maintenance laborer salary rate range: \$18.16 - \$26.46
- Highway maintenance laborer with CDL and Hoister’s license salary rate range: \$25.00 - \$36.41

Further information can be found on the Town’s website:

www.worthington-ma.us

Questions will be answered by the Highway Superintendent at 64 Huntington Road, Monday–Friday, 7 AM to 3 PM; 413-238-5830 or send letter of interest, resume and three (3) references with relevant contact information to: worthingtonhighway@gmail.com or to Worthington Highway Department, P.O. Box 643, Worthington, MA, 01098. This posting will remain pertinent until the two positions are filled.

The Town of Worthington is an Equal Opportunity Employer.



HELP WANTED

TOWN OF WORTHINGTON

HIGHWAY SUPERINTENDENT OPENING

Highway Department

The Town of Worthington is soliciting letters of interest and resumes from qualified candidates to fill the position of Highway Superintendent.

Nature of work: The Highway Superintendent is responsible for administering and overseeing the daily activities of the Highway Department including the maintenance and repair of town roads, parks, bridges, equipment maintenance and snow/ice removal operations.

This is a benefited position which requires a thorough knowledge of the principles, practices and techniques of highway department maintenance, construction and procurement.

Salary rate range: \$62,941.00 – \$91,707.00, with potential for winter overtime.

More information can be found on the Town of Worthington website:

www.worthington-ma.us

Please send letter of interest, resume and three (3) references with relevant contact information to: selectboard@worthington-ma.us. This posting will remain pertinent until the positions are filled.

The Town of Worthington is an Equal Opportunity Employer.

HELP WANTED

Worthington Police Department 51 Huntington Road, Worthington, MA 01098

FULL-TIME POLICE OFFICER

The Worthington Police Department is seeking qualified candidates for Full-time Police Officer.

Applicants must be a minimum of 21 years of age or older, a U.S. Citizen and possess a valid driver’s license.

They should also have a high school diploma/GED, license to carry and be certified by Massachusetts Municipal Police Training Committee and be POST certified.

This is a benefited position with a salary range of: \$52,000.00 - \$75,733.00. The successful candidate shall be highly motivated, self-disciplined and possess a community policing philosophy and live in, or near Worthington.

Previous candidates must reapply. Send letter of interest, resume and three references with relevant contact information to:

**Worthington Police Department
P.O. Box 246
Worthington, MA 01098**

Or via email to: chief@worthingtonpd.org

Subject line: Employment

Responses will be accepted and reviewed until the position is filled.

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REAL ESTATE

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All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development “HUD” toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

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