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## 250th Committee announces winners of **Music Awards from Parade**



The Ludlow Community Band was recognized with the award for Best Float Music.



The Ancient Mariners of Connecticut Fife and Drum Corps. were awarded for their participation in the 250th Parade.

LUDLOW - The 250th Committee continues to give out awards for participation in its parade and block party on June 15.

Bruce Durand, Chair of the 250th Parade Committee has announced the winners of the event's Music Awards.

Best Float Music went to the Ludlow Community Band.

The Polish American String Band was recognized as Best String Band.

The awards for Best Musical Unit and Best Color Guard went to the Connecticut Hurricanes Drug and Bugle Corps.

Ancient Mariners of Connecticut Fife and Drum Corps. were honored with the Best Fife and Drum Corps. award.

The Best High School Marching Band award went to the Ludlow High School band.

The Holyoke Caledonian Pipe Band was honored with the award for Best Pipe Band.



The Connecticut Hurricanes Drum and Bugle Corp was presented awards for Best Musical Unit and **Best Color Guard.** 



The Holyoke Caledonian Pipe Band was named the Best Pipe Band by the 250th Parade Committee.

## **Demetrius** bids farewell in final school committee meeting

By Marcelo Gusmão Staff Writer mgusmao@turlev.com

LUDLOW - The School Committee met this week to update the budget, and to say goodbye to the long-time Director of Operations.

The schools' Director of

Operations, Kathy Demetrius, provided an update to the budget for the committee, which included her farewell, as she works with Mickey Buell, who will take over the position in the

"With this being my last School Committee report for Ludlow and last meeting," Demetrius said, "I want to thank you all for the opportunity I was given the last four years with the district. I have thoroughly enjoyed my job, I'll miss both the people and the work."

Demetrius then went over an updated version of the budget report, as of June 20. She explained that the budget is often updated right up until when the town's budget for the year closes. She estimated that the final number going back to the town could be as much as \$300,000-500,000.

"Our office is continuing

Please see **SCHOOL COMMITTEE**, Page 8



Speakers at the Friday morning ground-breaking tossed dirt on the pile as part of Greenstead Grove's ceremony.



Megan Pete and Emily Simpson stood in front of the structure that is currently being developed as the Greenstead Grove affordable housing project.



George Rosa, Jim Broderick, and Harry Montalvo admired the plans for the housing development, projected to be completed in 2025.

## Greenstead Grove project

Photos by Marcelo Gusmão

Senator Jake Oliveira talked about the need for affordable housing projects in a time of unprecedented inflation.



## LUDLOW

## Rock 102 hosts Summer Kickoff Party for Rick's Place

The event took place at Vanished Valley **Brewing** 

> **By Kristin Rivers** krivers@turley.com

LUDLOW - The community gathered outside Vanished Valley Brewing from Noon to 3 p.m. on June 22 for Rock 102's Summer Kickoff Party to support Rick's Place.

The event was organized by the Springfield Radio Rocks Group and had musical performances by Jon O'Neil, family-friendly activities, food and beverages available for purchase from Vanished Valley Brewing and numerous raffle prizes including concert tickets, cornhole or axe-throwing games and more.

Rick's Place, located in Wilbraham, is a nonprofit organization providing free grief support services to children, teens and families through facilitated peer activities, school-based programs and community outreach.

Rick's Place, established in 2007, is named in memory of Rick Thorpe, a Wilbraham native who died in Tower Two on September 11, 2001.

Therese Walsh, executive director at Rick's Place, explained the event came together through Steve Nagle, a morning show co-host of Bax and Nagle on Rock 102 WAQY, who was a member of Rick's Place after losing his wife, bringing his young children with him to the organization.

"He really wanted to do something in the wider community for Rick's Place and so, he organized this Rock 102 event so that our families and the larger community could come here and help people recognize what it is to be a family after loss but, also, know that you can still have a good time," Walsh said.

Walsh was happy with the turnout along with the opportunity to get the word out about Rick's Place.

'It's really exciting for us because we know that pretty much everybody knows a family who's had a death and for them to know that our programming is available is really important," Walsh said. "We help make a difference in people's lives after



Allie Knachel, Steve Nagle, morning show co-host of Bax and Nagle on Rock 102 WAQY, Therese Walsh, executive director at Rick's Place, and Felina Knachel smile for a group photo during the Rock 102 Summer Kickoff Party at Vanished Valley Brewing.

A white board where attendees could write the names of loved ones they miss during the Rock 102 Summer Kickoff Party on June 22.

loss."

Nagle, who lost his wife, Jennifer, to esophageal cancer seven years ago. shared he "cannot say enough good things about Rick's Place" for the support they provided him and his family, moved to give back and support them.

He hopes to make the event an annual one moving forward.

"I'm very happy with the results and really just happy with the generosity of the people of Western Mass. When somebody needs help, the people come together and I'm really proud to be part of this community," Nagle said.

Nagle said events like the kickoff help bring more awareness to small, local organizations like Rick's Place and the services they offer.

"When my wife passed away, I had no idea that this building even existed. It wasn't until somebody else who knew somebody that went through this--about this program--and that's when I kind of started to do a lot of promotion for it once I realized what a great organization it was," Nagle said. "So, it's nice to see the small organizations get the recognition they deserve."

Shannen O'Brien has volunteered at Rick's Place since her internship while getting her undergraduate at Westfield State University, staying on after the internship ended and organizing groups for grief support in the community.



A shot of attendees enjoying the Rock 102 Summer Kickoff Party at Vanished Valley Brewing in Ludlow.



A collection of children's books on grief on display during the Rock 102 Summer Kickoff Party to support Rick's Place on June 22.

"I think what I've enjoyed most is just working with the kids and the families. When I was in high school, I lost my mother to brain cancer, so I really connect with the families and the kids over that. It kind of informs the way that I facilitate

first-hand experience of that," O'Brien said. "I think it's just the connections

that you make and being able to be there for people in some of the hardest times of their life."

O'Brien encourages the community to be aware that an organization like Rick's Place is here "right in your backyard."

"I think just word of mouth the groups just is huge and if you know someone who's struggling right now with a loss, share our name with them, link us up somehow. Get them the help that they need," O'Brien said.

Nagle expressed gratitude



Steve Nagle, morning show cohost of Bax and Nagle on Rock 102 WAQY, provides remarks during the Rock 102 Summer Kickoff Party on June 22.

for the community coming out for the kickoff, encouraging everyone to continue helping each other.

"Thank you, thank you and thank you," Nagle said.

Walsh also expressed her gratitude.

"A huge shout of appreciation. I've met some incredibly wonderful people here who really understand what it's like for our families and people who are new to our mission and are saying, 'Why didn't I know about this?" Walsh said. "We're really incredibly appreciative of everybody who showed up today and all the support."

To learn more, visit ricksplace.org.





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## Committee hears concerns over proposed changes to charter

By Marcelo Gusmão Staff Writer mgusmao@turley.com

LUDLOW - At its regular meeting last week, the Charter Committee responded to some of the concerns raised during the informational meeting with the public.

The committee met on Thursday, June 20, to address emails it had received from community members with concerns over the upcoming charter change. The Collins Center sent out a memo addressing some of these concerns, which gave the committee some direction on how to respond to these concerns. Mel Kleckner responded to an email that raised concerns over who would appoint police and fire employees under the new charter.

"What the change is, is going from the appointing authority of the Select Board, which it currently is, to the Town Manager under the new charter proposal," said Kleckner. "That is because the committee has been trying to consolidate appointing authority, executive authority, rather than have independent appointing authorities separately."

Kleckner addressed some of the suggestions raised to mitigate this problem, which included creating a separate elected committee to oversee appointments.

"In the case of one of the recommendations of the author was that there be a separate elected charter or a commission," Kleckner said. "My feeling was that sort of opposed to the philosophy that the committee has developed."

Kleckner mentioned that though employees covered by civil service has little to no effect on the charter, he did note that it raised an important question over civil service protection.

"It's something we might want to create some additional language in the transition section for," Kleckner said, though he added that the transition section is intended to create those protections for all employees,

including police and fire and other departments.

'One of the feelings that I got from Monday's forum was most people feel a need for change, but most people are a little apprehensive, also, about the change, because it feels like you're giving one person so much power," said Committee member Michele Manganaro-Thompson said, "whether it was a mayor or a town manager or whatever."

Manganaro-Thompson asked the Collins Center representatives about giving the appointing authority to the Town Council, but Kleckner told her this would not be typical.

"I think there's a provision in most charters that expressly prohibits the Town Council from interfering in personnel administrative decisions of municipal departments," Kleckner said, "so it's possible, but not typi-

Manganaro-Thompson said that department heads "should have way more say" on these appointments.

Selectman Derek DeBarge shared his experience in appointing employees as a Selectman, saying that the fire and police panels are "impressive," and that he sees the Select Board's interview process as a formality for public transparency.

"I was an advocate for giving it to police and fire and letting them do it, because they are so thorough with the process," DeBarge said.

Committee member Chris Pelletier pushed back against the perception that appointments will happen "in a bubble," and said that the Town Manager would presumably be working with input from the department heads to make these decisions. George Costa noted that members of the public expressed that they felt "powerless" during the informational center.

"If the Town Manager, in his hiring, starts to choose people who are perhaps less qualified than what the public believes," Costa asked, "what would happen in that case? If it's a recurring pattern where people are dissatisfied with the way the Town

Manager is performing, would the public go to the Council members and voice their concerns?"

Jen Aldworth mentioned that the town has a grievance policy through the Human Resources Department, and Selectman Bill Rosenblum added that there are provisions for recall and petitions that could call for a meeting and bring it to the attention of the Town Council.

"The charter shouldn't be read as saying that the Town Manager is going to personally be the sole interviewer of every town employee and make the decision on their own," said Committee Chair Marissa Ribeiro Dahan. "It's just that that's the person who's going to sign that paperwork that says you've been appointed."

Kathy Green mentioned that the committee should put out a statement clarifying these questions.

Another issue that was discussed during the meeting was the intent to put a member of the Town Council on the School Committee.

"There's been such contention for the last couple years about things on the School Committee, there's been some contention between budgetary things with the Selectmen and School Committee," Manganaro-Thompson said. "You have to think about what we're talking about here in terms of change."

Manganaro-Thompson about how demoralizing it can be for members of the public to go up to elected committees and say their peace, only for no discussion to be had as a result.

"I do think that it's important that when we're following up with forums or emails, that we are taking it seriously," Manganaro-Thompson said. "If it affects the rates of conversation and potentially something could be shifted or at least thought of, or explained in a better way, then I think that that helps people feel that they have more of a voice, and then that's going to spread more positivity about what we're trying to do here."

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## **Ludlow Cultural Council 2024 Concerts**

Upcoming concerts are all located at the Mack Donnelly Gazebo at 11 East St., Ludlow, beginning at 6 p.m. All are welcome.

Sunday, June 30, 2024, Lisa Martin Band Band Description: Folk, rock, country and

Sunday, July 7, 2024, Lobsterz from Mars Band Description: Grateful Dead cover band

Sunday, July 14, 2024 - Blues Brothers

Band Description: Blues Brothers Inspired Rhythm & Blues

Sunday, July 21, 2024 - Oakland Stroke Band Description: San Francisco Bay/Tower of Power Tribute

Sunday, July 28, 2024 - Kingdom of Jones Band Description: Rock, alternative country

Sunday, August 4, 2024 - FrankManzi Band Description: Americana, folk and rock

Sunday, August 11, 2024 -- Bad Signs Band Description: High powered jazzy funk jam oddity

Sunday, August 18, 2024 - Acousticca Band Description: Original Americana Sunday, August 25, 2024 - Billy Eagen

Description: Irish Music

Sunday, September 8, 2024 - Union Jack Band Description: British Invasion Band





#### **SUMMER**

Summer is a six-year-old Golden Retriever. She loves to watch and chase the cars going by all while staying in the yard. Summer lives in Ludlow with Mario and Fatima Santos.

We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse... you get the point. Is there a pet you're fostering and trying to re-home? All pets are welcome! Email a high-resolution jpg of your pet with a little information to mgusmao@turley.com.

## Parade Winners correction



This picture ran last week with the wrong caption. Pictured is Tony Curto presenting an award to the Randall's Farm float, with Elsie and Karen Randall and Anna Arciszewski.

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# LUDLOW SENIOR CENTER (413) 583-3564 228 State Street, Ludlow MA 01056

#### **Welcome to the Ludlow Senior Center**

Our calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve your lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

#### **Activities Calendar:**

Please register in advance for items with\*

#### Wednesday, June 26

8:30 a.m. Facials by Appt. \* 9 a.m. Zumba Gold

9 a.m. Ceramics

10:30 a.m. Healthy Bones & Balance Class\*

10:30 a.m. Strawberry Shortcake 1 p.m. Movie: *Wonka* (2023)

1 p.m. Healthy Bones & Balance Class\*

1 p.m. TED Talk

#### Thursday, June 27

8:45 a.m. Foot Care by Appt.\* 9 a.m. Tai Chi 9:30 a.m. Dominos

10 a.m. SHINE Medicare Counseling by appt.\*

10 a.m. Sunshine Painting Class\*

1 p.m. Mahjong

2 p.m. Writers Block

2 p.m. Book Club: Findlay Donovan is Killing It

2:30 p.m. Active Yoga

\*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

#### **Daily Events:**

Café: Monday – Friday 8-11 a.m. Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.

Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

#### Menu:

Wednesday, June 26: Turkey Waldorf Salad Plate/Roll

Thursday, June 27: Tuna Noodle Casserole/Veggie

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

## THIS WEEK IN HISTORY - JULY 5

REGION – A look back through history at the momentous anniversaries this week.

On June 30, in 1934, Adolf Hitler ordered the "Night of the Long Knives," during which elite Nazi guards executed leading officials of the SA, a Nazi paramilitary group

On June 31, nothing happened, because that date doesn't exist.

On July 1, in 2020, the 1994 North American Free Trade Agreement was replaced by the United States–Mexico–Canada Agreement.

On July 2, in 1964, U.S. President Lyndon B. Johnson signed the Civil Rights Act, which prohibits discrimination on the basis of race, color, religion, sex, or national origin.

On July 3, in 1969, Brian Jones was found dead in his pool just weeks after being fired from the Rolling Stones.

On July 4, in 1826, two U.S. presidents and major figures of the American Revolution, Thomas Jefferson and John Adams, died—50 years to the day after the adoption of the Declara-



Elvis Presley, pictured with Bill Black, recorded his first hit, "That's All Right," on July 5.

tion of Independence.

On July 5, in 1954, Elvis Presley recorded his first hit, "That's All Right"

Finally, on July 6, in 1535, English statesman Thomas More was beheaded for refusing to accept King Henry VIII as head of the Church of England.



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EBT In Store

# Local business owner finds new opportunities after closing family business

Ric and Ken Tereso had to sell Ludlow Auto Sales earlier this year.

> By Marcelo Gusmão Staff Writer mgusmao@turley.com

CHICOPEE – A local businessman has found himself back on his feet at a nearby dealership.

"My brother and I, and my family, ran Ludlow Auto Sales on Center Street," said Ric Tereso. "It was a staple in Ludlow for 38 years. We built a great customer base and great loyalty over the years."

Tereso's family business built its market off buying low mileage cars off lease, often as new as three years old. He explained that after the COVID-19 pandemic, he found that market changes meant the business model didn't work anymore.

"We found ourselves losing our niche, we had to reinvent ourselves," Tereso said. "Which we did, buying and selling older cars with higher mileage. We went from two- to three-year-old cars to six to eight, which presented its own host of problems."

Tereso said that when his family made the "heart-breaking" decision to close in February, he was happy to report that the business maintained a good relationship with its customer base.

"I always prided myself in the fact that we treated our customers like family," Tereso said. "I try to make the process as easy as possible, from choosing something out of the inventory, to getting financed, to getting registered. We used to make the process easy for customers, and I'm happy to say most people came away with the impression that we made the car-buying experience a positive one."

This relationship with his customer base has paid off for Tereso. As he and his brother are too young to retire, they made the jump to other car dealerships, with Ken ending up at Steve Lewis Subaru, and Ric landing at Bob Pion Buick and GMC.

"He started about three months ago, in early April," said Tom Pion. "It's an unfortunate circumstance for him, I would never want to see any dealer going out, but a friend of a friend said he's looking for a place to land."

Pion, along with his brother Rob, works hands-on in the showroom at the business owned by their father, Don, and named for their grandfather, Bob. Pion said that Tereso regularly has customers asking for him.

"He has that trait where the customer comes before anyone else," Pion said. "Cars are cars, money is money, but if a customer is happy, it really makes a difference. That sounds simple to do, but it doesn't happen all the time."

Outside of being a car salesman, Tereso is also in a band, Emotion, with whom he performs hits from the '60s to today. Pion described him as "unbelievable" in the band, and a "big musician," who sometimes draws in customers who saw him perform.

"It's, if not once a day, probably every other day that somebody will come in asking for Ric," Pion said. "Every couple





Submitted photos

Ric Tereso has been able to reconnect with old customers at Bob Pion in Chicopee.





days, somebody else is coming in and telling a different story of how they know

Pion said that Tereso's commitment to working for the customer as hard as he works for the business is very important, in this day and age, and is representative of how he and his family want their business to operate.

Tereso described being happy to jump from his own family business to another single-store family-owned business with over 50 years of history in the community. According to Pion, much of his customer base are loyal customers from Ludlow Auto.

"I think it's a huge opportunity for Ric," Pion said. "He wasn't planning on selling the dealership and he has to work for a few more years, so I want him to be successful for as long as he wants to be a part of our business."

Tereso admitted that having to sell the business was a hard decision for his family to make, but that he came to embrace the change as a new opportunity.

"It emotionally wrecked me for a little while," Tereso said. "But I came to terms with the fact that it's change, there's nothing we can do about it, and me and my brother found great spots for ourselves. I've had a good amount of return customers following me to Bob Pion, and it's been very gratifying."

If you'd like to visit Ric Tereso, stop by Bob Pion Buick GMC at 333 Memorial Drive in Chicopee, or contact Emotion by calling 413-244-0856.

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For more information on business coverage for The Register, please email register@turley.com.

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## **OPINION**

#### **GUEST COLUMN**



## Grieving husband asks about his survivor benefits

Dear Rusty:

My wife died May 4, 2024. I notified Social Security, and they have removed the direct deposit made to my joint checking account on May 8, 2024. What are my options now for obtaining any benefits from my wife's Social Security account?

Signed: Grieving Husband

Dear Grieving Husband:

Please accept our sincere condolences for the loss of your wife. Rest assured that we're here to assist with any Social Security questions you may have at this difficult time.

FYI, a person must live the entire month to be eligible for SS benefits for that month. Social Security benefits aren't paid for the month a person dies. For this reason and as a matter of standard protocol, Social Security instructed the bank to return any payments received for your wife after her death. This is often referred to as the "claw back" rule.

In some circumstances, however, Social Security "claws back" money, which rightfully belongs to the deceased, as they did in this case. Your wife's Social Security payment received on May 8 was her payment for the month of April, and she was fully entitled to that payment because she lived for the entire month of April. I suggest that you download, fill out, and submit Form SSA-1724 to your local Social Security office to recover that May 8 payment, which rightfully belongs to your wife's estate. Note that the bank will automatically return any future SS payments received for your wife.

As your wife's surviving spouse, you are also entitled to a one-time lump sum "death benefit" of \$255, which you can request by calling your local SS field office (get the number at www.ssa.gov/locator), or by calling 1.800.772.1213. During that call you can also explore whether you are entitled to any additional SS benefit as a surviving spouse.

If your wife's monthly SS retirement benefit was more than your current monthly SS benefit, you will be entitled to receive her higher monthly amount instead of your own smaller amount (FYI, if you haven't yet reached your own full retirement age your survivor benefit will be reduced). And if you are not yet collecting your own SS benefit, you have the option to claim your survivor benefit from your wife first while allowing your personal SS retirement benefit to continue to grow, up to maximum at age 70 if you like.

Just be aware that if you haven't yet reached your Full Retirement Age and you are still working, any SS benefit you take before your FRA will be subject to Social Security's "earnings test," which limits how much can be earned before they take away some of your SS benefits. The 2024 annual earnings limit is \$22,320 (changes annually) for those who claim prior to the year they attain full retirement age, and SS will take away \$1 of benefits for every \$2 over the annual limit. The "earnings test" no longer applies after you reach your full retirement age.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.



#### **GUEST COLUMN**



Hello, readers!

Having spent my growing-up years and graduating from nursing school here in western Mass, I am delighted to be able to share my perspective on today's health care with you in this new weekly column.

Health care has changed in a million ways since I earned my RN at Memorial Hospital School of Nursing in Worcester in 1976. I went on to become a critical care nurse and worked for decades in hospitals. I am now a board-certified patient advocate, owner of NShore Patient Advocates, and considered a national authority in the field of patient advocacy.

My columns and two Amazon best-selling books arise from my philosophy of health care: That knowledge is power and that we are empowered to take charge of our health.

As a private patient advocate, I help people do just that: Take charge. I leverage my knowledge of the health care system to help them navigate complex issues, whether it's caring for a loved one with dementia or getting a second opinion.

While I believe everyone needs a health-care advocate, I also believe that we can learn to advocate for ourselves and our loved ones. It just takes a bit of common sense and preparation.

Here are a few of the basics:

Be a good patient.

You are a good patient if you are on time for your appointments, have your questions written down in advance, are succinct in your questions and comments, take your medications as prescribed and follow all health-care instructions. Sometimes, it's also helpful to bring someone with you – spouse, partner, child, friend – who can listen, fill in information gaps and help you remember what the doctor said.

Good patients are also respectful. You want to be the patient who doctors, nurses and health-care providers enjoy serving.

Be prepared.

A medical emergency can happen at any time, and when it does, our minds seem to go blank because of fear and worry. Here's where a little bit of preparation comes in handy.

Compile the following and keep it where you or first responders can find it:

Health conditions (i.e. heart disease, hypertension, cancer, diabetes, etc.)

Copies of insurance cards

All surgeries

All medications, with dosages and when they're taken

Allergies

Name and contact information for the primary care doctor

Name and contact information for the patient's representative, if that person isn't on hand

A signed HIPAA release form

Be knowledgeable.

In this era of internet scams, bogus information and deep-fake videos, we must take care to get our health-care information from reputable sources – and it's not some random Facebook account or website.

When you're searching for information about healthy lifestyles or medical conditions, stick with tried-and-true resources such as the Centers for Disease Control and Prevention (cdc.gov), WebMD (webmd. com) or Harvard Health (health.harvard. edu).

Know your rights.

Who owns your health-care information? You do! Not the doctor or the hospital. You have the right to see and review your medical records, doctor's notes after an appointment and what medications you

Please see **YOUR HEALTH**, Page 13

## REGISTER

**LETTERS TO THE EDITOR** 

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

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We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

language.
All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.
Send letters to: The Register,

24 Water Street, Palmer, MA 01069 or email theregister@turley.com.
The deadline for submissions is Friday at noon.

#### SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@ turley.com as an attachment AND pasted directly into the email message

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.



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#### **Election letters policy**

The Hegister Welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to mharrison@ turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered

for that Thursday's newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

Campaign news
As part of its election coverage, the

contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

newspaper plans to print stories about

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in *The Register*.

## What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary. org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the pro-

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and

#### FOR ALL AGES

Free Tech Help Call us at 413-583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

#### FOR ADULTS

Mass Center for the Book Monthly Reading Challenge Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit massbook.org/readingc-

Chair Volleyball for Seniors, every Thursday until June 27, 1:30 p.m. Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circulation desk at 413-583-3408. Walk-ins are

Who picked this book? Book Club Meeting, first Thursday of the month (June 6), 3:30 p.m. Join us for this month's Who picked this book? Book Club meeting! You can pick up a copy of the book at the circulation

Happy Hour Book Club Meeting, last Thursday of the month (June 27), 6:30 p.m. Join us for this month's Happy Hour Book Club meeting! You can

pick up a copy of the book at the circu-

lation desk.

Monday Craft: Suncatchers, Monday, July 1, 10:00 a.m. Make your very own suncatcher for those perfect sunny summer days! You'll also learn about our different streaming services and online resources.

#### **FOR TEENS**

Apply to be a Summer Volunteer The Library needs volunteers aged 11 & up (or going into 6th grade in the fall) during the summer help. They will put away books, help prepare arts & crafts projects, help set up and break down outdoor programs, & assist with the younger kids' programs. Volunteers generally work one hour a week. See website for application or email hubbardyouthroom@gmail.com.

Chess Club, Every other Monday **starting June 24, 3:00-4:00p.m.** For ages 9 & up. All experience levels welcome, some instruction provided. No matter what level you start at in June, you'll be a better player by the end of August! Please register.

Nintendo Switch Night, Tuesday July 9, 6:00-7:45 p.m. Play Mario Kart, Smash Bros, or other Nintendo Switch games. For 6th-12th graders, space is limited to 16 people, please

Anime Club, Tuesdays 2:30-4:00 **p.m.** Meet each week to watch & talk about anime, eat snacks, play anime-themed games & try out your cosplay. The group decides what to watch each week. Please register.

Youth Crochet Club, every other Tuesday June 18, 4:00-5:00 p.m. For ages 10 & up. For beginners up to experienced crocheters, supplies provided or bring your own. Please register.

Tabletop RPG Club, Every Thursday starting June 20, 3:30-5:30 **p.m**. An introduction to tabletop role playing games, including Dungeons & Dragons, Call of Cthulhu, Vampire the Masquerade and Mutants and Masterminds. After trying out a different game for the first 4 weeks, participants will vote for which game to continue with for the rest of the summer & into the fall. For ages 14 & up.Please reg-

"Read Between the Lines" High School Book Group, June 25, 6:00-**7:00 p.m.** Monthly book chat for ages 14 & up. This month's book is "The Naturals" by Jennifer Lynne Barnes; copies of the book are available in the Youth Room. Registration preferred.

#### FOR CHILDREN & TEENS

The Summer Reading Program Has Begun! All ages. Sign up on the Beanstack app or website. Anyone can participate. Read and do activities for raffle tickets for a chance to win a grand prize basket. Everyone who completes the program gets a beanie baby.

Pokemon Club, every other Monday starting June 17, 2:00-3:00 p.m. For 8 & up. Trading, dueling, & gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

A Visit from the Ludlow Fire Department, Monday July 8, 11:30 a.m. All ages. Meet real firefighters, learn about fire safety, take a tour of the fire truck, and even spray the hose. Drop in.

Minecraft Club, Wednesdays starting June 26, 3:00-4:45 p.m. Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

Roblox Club, Fridays, 12:00-**1:30 p.m.** starting June 21. Meet new friends or play with old ones while playing Roblox. For ages 8+.

Retro Games Night, Thursday, **July 11, 4:30-7:45 p.m.,** All ages. Visit a mini classic-style arcade right in the library to play OG video games including all the Nintendo Systems from NES to Switch, Xbox & Xbox 360, PacMan, Sonic the Hedgehog and more.

Dog Days of Summer Scavenger Hunt, Friday, July 4 & 5, 9:00 a.m.-**5:00 p.m.** All ages. Search the Library Lawn for dogs from your favorite books and win a prize if you find all of them. Drop in.

#### FOR CHILDREN

Daily Drop-In Crafts, All ages. DIY crafts available in the Youth Room daily. New craft each week.

Sing With Me, Tuesdays 10:30-**11:00 a.m.** For ages 0-5. Does not meet June 25. Join Youth Services Librarian July on the lawn (in good weather) for 30 minutes of favorite children's songs & movement. Drop-

The Poop Museum Returns!, Wednesday July 3, 1:30 p.m. Ages 5-10. Learn more fantastic, fabulous and fun facts about human, animal, and insect poop in this program that blends solid science and hilarity! Please regis-

Movie & Craft: "Sing 2", Wednesday, July 10, 1:00-3:00 p.m. Enjoy the movie on the big screen, then stay after to make a craft inspired by the movie. Rated PG. Drop in.

Lego Build Challenge, Wednesdays 12:00-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Grow, Play and Learn, Thursdays, 9:45-10:30 a.m. for babies and toddlers; and Thursdays 10:45- 11:30 a.m. for 2-5 year olds. Stories, songs and skill building, led by Kelly Castor, Early Childhood Developmental specialist, who will guide caregivers in strengthening interactions with their children. Sponsored by Pathways for Parents. Please register.

Toe Jam Puppet Band, Friday, July 12, 10:00 a.m. All ages. Join us for a toe-tapping, finger snapping good time, with lots of singing, dance, audience participation and laughter! Sponsored by Ludlow Cultural Council. Drop in.

## **Baystate Wing Hospital recognized** for outstanding performance by **Lown Institute Hospital Index**

PALMER -- Baystate Wing Hospi- tal. "Our high ranking by the Lown Instital has earned national recognition by the Lown Institute as one of the most socially responsible hospitals in America, ranking first in Massachusetts.

The recent Lown Hospital Index is a report that evaluates over 2,700 acute care hospitals and 800 critical access hospitals nationwide.

Overall, 154 hospitals earned "A" grades for equity, quality of care and outcomes. The evaluation analyzed up to 54 metrics related to health equity, value of care and patient outcomes, with equity receiving a higher overall weight this year compared to previous rankings.

Lown used publicly available data from CMS and the IRS, among other sources, for its analysis.

"Baystate Wing Hospital is among only 5% of hospitals nationwide to earn Honor Roll status from Lown this year, with 'A' grades across all top categories: Social Responsibility, Health Equity, Value of Care, and Patient Outcomes," said Karli Barrett, MS, RN, NE-BC, Vice President, Patient Care Services and Chief Nursing Officer for Baystate Wing Hospitute demonstrates our unwavering commitment to community health throughout the many communities we serve in the region and is a testimony to our commitment to serve as a leader in providing high-quality, equitable care."

The Lown Institute Hospitals Index is the first ranking to define clear, measurable standards for hospital social responsibility. They examine performance across three primary metrics: Outcomes, Value, and Equity.

The Index analyzed 54 metrics to provide a unique and holistic ranking of hospital performance:

Equity grades reflect Baystate Wing Hospital's commitment to equity, inclusion, and community health The equity assessment measures the extent of hospital investment in community health.

Value grades indicate the avoidance of inappropriate tests/procedures and cost efficiency.

Outcome grades represent Baystate Wing Hospital's excellent performance related to patient safety and a patient's experience of care.

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#### **SCHOOL COMMITTEE** from Page 1

to pay invoices from FY24 and close out purchase orders, really just trying to wrap up the year, it kind of takes a little while," Demetrius explained. "We still have funds that are not encumbered related to payroll that will lower the available amount shown on the year-to-date budget report, some time slips and other expenses that just kind of all come at the end that aren't encumbered."

Demetrius said that the purchase order system for the next fiscal year is opening within the week, and so the school's various departments will be putting in their orders for Fiscal Year

"What makes it hard to pinpoint is, last year I thought I was giving back \$150,000, and by the time the town closed the books it was closer to \$300,000," Demetrius explained. "There was a little bit of an issue with the year-to-date budget report and the available budget number was including some items that shouldn't have been showing up on it."

Demetrius said the town had not gotten back to her that this issue had been fixed, but that this works better for the school's projections than if the system's error went in the opposite di-

"The other thing is, we have invoices from FY24 that won't get paid until July," Demetrius said.

She explained how the school often budgets for purchases beyond what it's actually charged, and gave an example.

'Say there's a purchase order for \$20,000 and the invoice comes in for \$18,000," Demetrius said. "That \$2,000 is going to go back to the town."

The committee expressed appreciation for this information.

"That's good to know, because it appears to make some people nervous when we give money back to the town," said Committee member Jeff Stratton. "It's good to lay out why we have extra money."

Demetrius also added that some of the funds going back to the town come from unfilled positions among the staff.

"I think the most important statement I can say is we still need these positions," Demetrius said. "We didn't fill all the needed positions last year, or maybe we filled them halfway through the year, so that rolls into some extra funds that were available."

She mentioned that the cost of substitutes also fluctuates based on availability. In a year like this one, where the school needed substitutes and couldn't hire them, "there were quite a bit of funds left over in the substitute line."

Demetrius added that she has seen hiring representatives come through in the last few weeks for people to start in the fall, and was optimistic for next

#### **Surplus materials**

The committee was presented with a list of books that have been marked as surplus inventory for being outdated materials.

"We have a short list of four books that are from the Special Education department at Ludlow High School," Bowler said. "14 copies of the Reader's Anthology, nine copies of World Anthology, and eight copies of the Cornerstone Anthology.'

Bowler said that these books have been removed from the program for being outdated, and will be disposed of via donation, if possible.

'We always try to repurpose them to a variety of different outlets," said Superintendent Dr. Frank Tiano. "As they were purchased with public money before we dispose of them, we would like a vote from this committee."

Committee member Amanda Codding noted that the copyright date for the books were very outdated, based on educational standards.

"This is a solid cleaning of a closet," Codding said.

Bowler asked Tiano how the books are normally disposed of, and Tiano provided some details.

'Typically, private schools and either local or donations or there are companies that distribute books for free to other school districts," Tiano said

Committee member Ron Saloio asked if parents had been notified that the books were being rehoused, and mentioned that the Hubbard Memorial Library had recently suffered losses to its non-fiction section.

"Even at Tasty Tuesdays, if you leave a box out, people take them," Saloio suggested. "Whatever's left behind you toss or whatever. Maybe there are some parents that wouldn't mind having them, seeing as they helped pay for them."

Tiano thanked the committee for the direction, and agreed to look into ways to recycle the books before they were recycled.

#### Other business

A trip request for 2024 for the yearbook club was initially on the agenda, but ended up being removed from the agenda, as the trip would be taken virtually, for which it did not require committee approval.

"It's my understanding that a yearbook advisor has gone a few years back and just to re-up her game, if you will, and bring students along," Tiano said. "To do that virtually cuts down on the driving and all that good stuff, so it was a good choice on their part."

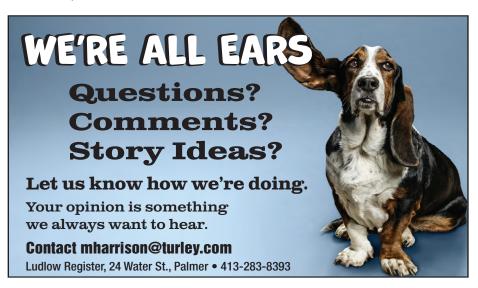
'We are asking to pull this field trip off the agenda for this evening, simply because the participants have chosen to do it virtually," Tiano said. "The details of the conferences are still here, but nothing that requires the committee's approval."

Bowler said that the virtual meeting "sounds like a great opportunity for them to attend.'

The committee also approved meeting dates for next year.

Committee Chair Sarah Bowler started the meeting with an announcement that the district received a donation of \$500 in memory of James Lonczak, a former teacher at the school who passed away this year.

We'll send out a thank you note to (...) whoever donated it," Bowler said. "Thank you very much for supporting the math department."



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# **James Dias chases** down a loose ball.



## **Lions edge Colts**

LUDLOW - Last Wednesday evening at Baird Middle School, Ludlow Ideal A boys soccer defeated visiting Chicopee Comp 2-1. Ludlow improved to 3-2 on the regular season heading into the holiday week. The Lions resume action next week.



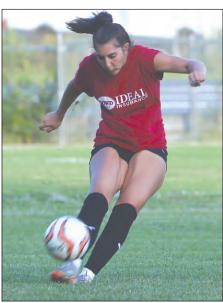
Turley photos by David Henry www.sweetdogphotos.com

Owen Wurszt advances up the field.



Jayden Premo tries to head the ball away.

## Ludlow girls tie two straight



Ludlow Ideal A girls summer soccer team picked up a pair of 2-2 ties in the final week before the Fourth of July holiday week. The Lions would tie Northampton 2-2 on Tuesday, then followed that with a draw against East Longmeadow. Heading into the break, Ludlow girls A is 3-0-2.

LUDLOW - The

Turley photos by David Henry

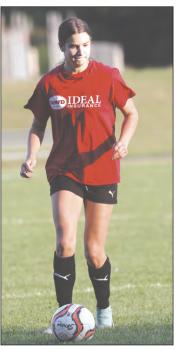
**Calleigh Foley heads** up the field with the





Ava Friese fights to keep the ball.





**Madison Pereira dribbles and** gets ready to clear the ball.

## Mutiny racks up another home win



Turley photos by David Henry www.sweetdogphotos.com

Hope Santaniello gets past an opponent.

By Tim Peterson Sports Correspondent

LUDLOW-A parade, a block party, and fireworks were held June 16 as part of Ludlow's yearlong 250th anniversary celebration.

The New England Mutiny joined in the fun by celebrating a 4-0 shutout victory in their first ever meeting against the Hudson Valley Crusaders before a large gathering at Lusitano Stadium.

"This is a very good win for the ladies," said Mutiny assistant coach Ciro Viviane. "I thought we played very well in tonight's match, especially during the second half."

Viviane and Joe Ferrara,

Please see **MUTINY**, Page 11



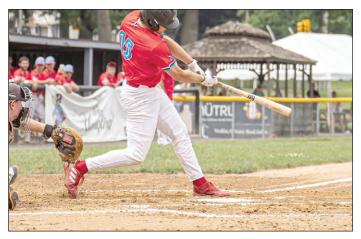
**Avery Klingensmith follows** through on a pass.

## Blue Sox continue season into July

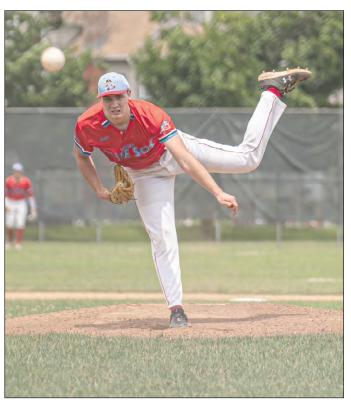


Michael O'Connor enters the field.

HOLYOKE – The Valley Blue Sox are the local attraction for college baseball. The Blue Sox have played about half its schedule and continue their 42-game slate into July. Home games are played at Mackenzie Stadium in Holyoke. There are numerous promotions and fun deals for individuals and families. The Blue Sox have several home games throughout July and hopefully beyond with the New England Collegiate Baseball League playoffs.



Jonathan Hogart swings and connects.



Turley photos by Sofia DiGrande

John Kwaitkowski delivers a pitch for the Blue Sox.

## New matchup announced for showcase

SPRINGFIELD – The Naismith Basketball Hall of Fame announced the updated lineup for the 2024 Basketball Hall of Fame Showcase. The event will now take place on Dec. 14 at Mohegan Sun Arena in Uncasville, Connecticut.

Revised Hall of Fame Showcase matchups:

Saturday, Dec. 14

Providence vs. St. Bonaventure Bryant vs. Fordham

Tickets for the 2024 Basketball Hall of Fame Showcase will go on sale Friday, September 6, via Ticketmaster and on sale at the Mohegan Sun Arena Box Office starting Saturday, September 7.

Details surrounding the game time, broadcast information, and credentials will be provided at a later date. For more information, please visit hoophall.com.

Coaches participating in the event

commented.

"We are always looking for unique situations in scheduling where we can put our program on a big stage. We are very thankful for the Basketball Hall of Fame continuing to allow us these opportunities." said Phil Martelli Jr., Bryant.

"We are excited to be invited to play in the Basketball Hall of Fame Men's Showcase. The Basketball Hall of Fame does a fantastic job at hosting these events and Mohegan Sun is a great venue for basketball. It will be a tremendous experience and test for our program as we compete against some strong early season competition. I'm sure that Fordham fans are just as excited and will come out to support their Rams." said Keith Urgo, Fordham.

"We are looking forward to the opportunity to participate in the 2024 Basketball Hall of Fame Showcase at Mohegan Sun. Providence College has a proud tradition of participating in past Hall of Fame events at Mohegan Sun. This is a great event for our team and our fans in a first-class facility. It also will be a good chance for our team to compete against one of the top programs in the Atlantic 10." said Kim English, Providence.

"We are excited to participate in this season's Basketball Hall of Fame Showcase at Mohegan Sun. These are exactly the types of games we strive to play every year. Providence is a storied program with good players who are very well-coached. This will be a great challenge, but one we are looking forward to. I anticipate a large contingent of Bona Nation in the building that day. Thanks to the BHOF for another great opportunity." said Mark Schmidt, St. Bonaventure.

## Quabbin League wants to fill remaining roster spots

Rosters spots are dwindling, but there are still some spots available as the Quabbin Valley Over-28 Baseball has begun it season. There are still several open spots to get filled despite the season being underway.

While the fee for the full season is \$190, the league will prorate the fee as the season goes on. Teams are still looking to fill their last couple of roster spots and plenty of season remains.

Registration for the 2024 season is now open and any interested players can go to www.quabbinvalleybaseball.org to get registered, or to seek more information or make inquiries about the league.

The league plays most Sunday from late April through late August with playoffs following that. The league plays a 15-game schedule and typically fields six teams each year. Games are usually played at 10 a.m. with fields in Easthampton and South Hadley used as well some expansion to the surrounding area this season. The league does not play on Mother's Day or Memorial Day weekends.

The Quabbin Valley league is an

all-abilities league and all are welcome to join. Eligibility is players who are age 28 and over. You must be 30 to be eligible to pitch in the league. Your age for eligibility is whatever age you will turn in 2024. The league is also able to entertaining taking in an entire group as a team to add to the league. Please email the league board for to inquire about entering a team. The league can also pro-rate registration at this point. Simply contact a league board member. Contact information is located at the registration link.

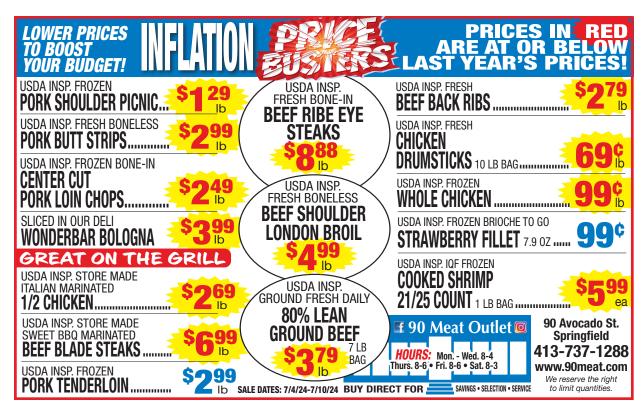
## T-Birds announce coaches and promotions for upcoming season

SPRINGFIELD – The Springfield Thunderbirds today announced the promotion of James Woodward and Katherine Ferri to Account Executives, as well as the hiring of Joe Manning as an Inside Sales Representative.

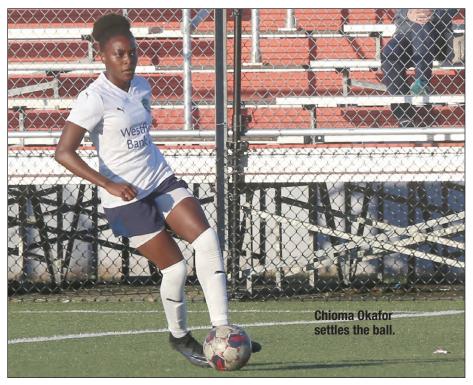
Originally from Hartford, Conn., Woodward joined the Thunderbirds as a Game Operations and Merchandise intern before joining the sales department as an Inside Sales Representative for the 2023-24 season. He graduated with a degree in Sport Management from Western New England University.

A Springfield native, Ferri is a graduate of Westfield State University, where she competed on the swimming and diving team while completing her degree in communication with a concentration in Media Arts and Analysis. She joined the Thunderbirds during the 2022-23 season as an intern in the ticket sales department before serving as an Inside Sales Representative during the 2023-24 season.

A recent graduate of Springfield College, Manning joins the Thunderbirds as an Inside Sales Representative after interning in the ticket sales and media relations departments during the 2023-24 season. The native of Wilbraham, Mass., was also a member of Springfield College's club ice hockey team during his time in school.







#### **MUTINY** from Page 9

who's the Mutiny's Owner and General Manager, shared the coaching duties during last Saturday's home match.

Federico Molinari, who's the Mutiny's first-year head coach, is also the longtime head coach of the Western Mass. Pioneers. He coached the Pioneers match at Vermont Green, which ended in a scoreless draw, last Saturday night.

The Mutiny remained in first place in the United Women Soccer East conference standings with a perfect 5-0-0 overall record.

"It feels really good to be 5-0," said Mutiny defender Rachel Marchini, who

scored her first goal wearing a Mutiny uniform. "We're just looking forward to continuing playing well in each game."

Because only the top four teams in the East standings Conference will qualify for the league playoffs, the Mutiny can't afford a loss in their final three regular season matches.

They're scheduled to play a road match against the Connecticut Rush on Saturday night.

The same two teams

will face each other again seven days later at Lusitano Stadium, which will be the Mutiny final regular season home

The Mutiny will then close out the regular season with a road clash against the Worcester Fuel on June 30.

"We're looking forward to finishing the regular season on a positive note," said Viviane, who's also the Pioneers goalie's coach. "I think our next two matches against the Connecticut Rush will be hard fought battles. Worcester might be struggling, but you can't overlook any team in this league.'

The Mutiny won't have the services of forward Cat Berry, who's one of the team's leading scorers, during the final three regular season matches. She went back to the University of South Carolina last weekend to take summer classes and prepare for her final collegiate season as a member of the Gamecocks women's soccer team.

Berry has been a member of the Mutiny for the past three seasons and is a fan favorite. She'll most likely be drafted by a National Women's Soccer League (N.W.S.L.) team next year.

'Cat will definitely be drafted by a N.W.S.L. team next year," Ferrara said. "It was awesome having her play for our soccer team during the past couple of years. Not only is she a very talented soccer player, but she's also a great

The Mutiny, who outscored their first five opponents of this season, 19-3, have compiled a an 18-5-2 overall record since the start of the 2022 regular

The Crusaders (3-1-1), who joined

the U.W.S. this season, entered last Saturday's contest with a 3-0-1 mark. They had only given up two goals in the first four matches. The Mutiny doubled that total in a span of 90 minutes.

The home side took a 1-0 lead during the 11th minute of the opening half following a corner kick goal.

Mutiny midfielder Abbey Jones, who's a member of the UConn women's soccer team, booted the ball into the box from the left corner. Marchini. who also played soccer at UConn a couple of years ago, sent a volley shot into the back of the net past Hudson Valley goalie Natalie Kelchner.

"I've been playing for the Mutiny



Maddy Theriault advances up the field.

for two years now and I scored my first goal in tonight's game," said Marchini, who also scored only one goal during her collegiate career. "I was just in the right spot at the right time. My goal gave us a lot more confidence because they were also an unbeaten team."

Marchini was also a member of the Connecticut Fusion before joining the Mutiny.

"I used to play for the Fusion, but when they folded, I decided to come play here," Marchini said. "It has been a lot of fun playing soccer at this stadium during the past couple of years.

Marchini anchors the Mutiny defensive unit along with Logan Jacobs, Laci Lewis, and Sam Breton.

Goalkeeper Natalie Mutschler only had to make a couple of saves in recording her second consecutive shutout.

The Mutiny second goal was scored by forward Chioma Okafor during the 29th minute. Forward Maddy Theriault, who graduated from Palmer High School a couple of years ago, was credited with the assist.

Another local player listed on the Mutiny roster is Hope Santaniello, who was an All-American soccer player at Agawam High School.

Santaniello, who'll be a member of the UMass-Lowell women's soccer team in the fall, scored her team's second corner kick goal, which was assisted by Okafor, during the 71st minute.

She also converted a penalty kick during the final minute of regulation, which kept the Mutiny undefeated heading into the home stretch of the regular season.

## **OBITUARIES**

### Paul E. Surprenant, 71



LUDLOW - Paul E. Surprenant, 71, of Ludlow passed away peacefully with his family by his side on Sunday, June 23, 2024.

Born in Ludlow to the late Ernest and Cecilia (Polys) Surprenant he was a lifelong Ludlow resident and served honorably in the United States Army during the Vietnam War.

Paul worked for Pratt and Whitney and the UMass Maintenance Department and enjoyed his Alfa Romeo and golfing with his friends.

He leaves his wife Kathleen Young of Ludlow; daughter Jody Surprenant and Step-daughter Heather; his sisters Joanne Teixeira and husband Louis of Florida and Karen Belanger of Granby; 4 grandchildren and 2 great-grandchildren and also leaves Brenda McClain who was like a sister to him.

Services for Paul will be held on Tuesday July 9, 2024. Visiting hours are from 5 -7 p.m. at the Ludlow Funeral Home.

In lieu of flowers it was the wish of Paul's family that donations be made in his memory to: The Town of Ludlow, Veterans Assistance Fund. 487 Holyoke Street, Ludlow, Ma. 01056.

For additional information please visit ludlowfuneralhome.com

## Sales Tax holiday approved for Aug. 10 and 11

BOSTON- The Massachusetts Legislature approved Aug. 10 and Aug. 11 as a sales tax holiday weekend for the commonwealth.

On those days, the state sales tax of 6.25% will be suspended for most items that retail for less than

The holiday welcomes state residents to visit retailers and small businesses around the state. A spike in consumer activity routinely boosts indirect tax

According to the Department of Revenue, during the 2023 sales tax holiday, indirect tax revenues due to increased economic activity were approximately

"I am glad to see the sales tax holiday be approved in the legislature today, giving our residents a great chance to get outside and embrace their local businesses and community at a little bit of a discount," said Senator Adam Gomez. "This annual holiday gives a boost to our small business owners and consumers, and I am proud to support this measure annually."

#### **DEATH NOTICES**

Paul E. Surprenant, 71 Died June 23, 2024 Services July 9, 2024 Ludlow Funeral Home

#### The Ludlow Register OBITUARY POLICY

**Turley Publications** offers two types of obituaries.

One is a free, brief Death Notice listing the name of deceased. date of death and funeral date and place.

The other is a Paid Obituary, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph.

#### **Death Notices & Paid Obituaries**

should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

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## DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to pressreleases@turley.com.

#### **ONGOING**

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently- used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413- 209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino,

activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small

group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

CRAFTERS WANTED: Christ The King Parish, 41 Warsaw Ave., on Nov. 9 at Parish Hall from 9 a.m. to 3 p.m. Send a non-refundable \$40 check per eight-foot table, as provided by the parish. To reserve a table, call Debbie Martell at 413-547-8739 or Cheryl Orszulak at 413-583-

#### Senator Oliveira honors the Life of Helen Garrow in Senate Adjournment

BOSTON—On Thursday, June 27, Senator Jake Oliveira moved to adjourn the Senate's formal session in a heartfelt tribute to Helen Garrow, a remarkable woman whose dedication to public service and community has left an indelible mark on Ludlow and beyond. Helen passed

away peacefully on May 13, 2024, at the age of 93, surrounded by her loving family.

In his speech, Senator Oliveira highlighted Helen's extraordinary life, emphasizing her unwavering commitment to her community and her groundbreaking achievements in public service. Born in Irvington, New York, Helen broke barriers throughout her distinguished

career, serving as Treasurer for the Town of Ludlow for twelve years, Executive Director of the Ludlow Housing Authority, and in various other significant roles, including Secretary of the Safety and Finance Committees and Chairperson of the Board of Selectmen.

"Helen's dedication to public service and commitment to improving her community was unparalleled," said Senator Oliveira. "Her contributions to Ludlow and beyond will be cherished and remembered by all who knew her."

Helen was an active member of the Ludlow Democratic Town Committee, President and Board Member of Western Mass Elder Care for nearly two decades and a participant in numerous non-profit boards and committees. A devout communicant, she was deeply involved in

her parishes and community organizations, including the Ludlow Mother's Club and the Ludlow Red Hat Society.

"Helen cherished her family and loved being surrounded by them," added Senator Oliveira. "Her legacy of service, love, and community spirit will be remembered and celebrated forever."

In closing, Senator Oliveira requested a moment of silence in honor of Helen, and that when the Senate adjourned, it did so in her honor. The motion passed unanimously.

## Church DIRECTORY

FAITH COMMUNITY CHAPEL
A Church of the Nazarene
485 East St. Ludlow, MA 01056 413-583-7875
Email: faithcommunitychapel8@gmail.com
faith- communitychapel.org
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs

Sunday Services:
Discipline Groups 9:45 a.m. WorshipService11 a.m.
and Facebook Live Stream
OTHER PROGRAMS

MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591

TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487

SMC and Facebook Live Stream Iudlowfellowship.org FRIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m. Church Fellowship Hall SATURDAYS at 10 a.m. Ecumenical Prayer Meeting

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Sacrament Meeting 10- 11 A.M.
Sunday school for adults, Young single adults( 18-30)
and teens (11-18)- 1st & 3rd Sunday of
the month from 11-12 noon

Adult Religious/Marriage and Parenting for Women-2nd & 4th Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon

of the month -11- 12 noon
Classes for Young Men( 11-18)- 2nd & 4th Sunday
of the month 11-12 noon
Classes for Young Women ( 11-18)- 2nd & 4th Sunday

of the month - 11-12 noon
Children's classes: Sunday school & singing time
every Sunday(3-10) 11- 12 noon
Nursery providedfor ages 18 month- 3 yr

CHRIST THE KING CHURCH 41 Warsaw Ave., Ludlow 413-583-2630

Pastor Rev. Raymond A. Soltys

Saturday Vigil Masses – 5 p.m. and 6:30 p.m. Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m. Sunday Evening Mass – 5:30 p.m. ST. ELIZABETH PARISH 191 Hubbard St., Ludlow 413-583-3467

Pastor – Rev. Msgr. Homer P. Gosselin In Residence – Rev. Norman Bolton Deacons: Normand Grondin, Thomas Rickson,

Keith Davies

Office Hours: Monday – Friday 8 a.m.-4 p.m.

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Wednesday, July 3, - Daily Mass - 7:30 a.m. (C), Holy Mother Choir - 5:15 p.m. (C), Thursday, July 4, - Daily Mass - 7:30 a.m. (C), Friday, July 5, - Daily Mass - 7:30 a.m. (C), Saturday, July 6, - Confessions - 2:30 p.m. (C), Satur-

day Mass - 4 p.m. (C), Sunday, July 7, - Sunday Mass - 7:30 a.m. (C), Sunday Mass - 9:15 a.m. (C), Sunday Mass - 11 a.m. (C),

Sunday Mass - 5 p.m. (C) Monday July 8, - Daily Mass - 7:30 a.m. (C), VBS Meeting - 6:30 p.m. (ZR)

Tuesday, July 9, - Daily Mass - 7:30 a.m. (C), St. Rita Choir - 2:30 p.m. (C), Spaghetti Dinner Set-Up – 6:00 p.m. (FLBH/JR)

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MASS SCHEDULE

Saturday Vigil Mass: 4:15 p.m.
Sunday Mass; 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday – 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15–4 p.m.

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Wednesday 9 a.m., Friday 9 a.m.
Rosary for Peace in Ukraine

on Wednesday at 6 p.m.

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Father Pedro DeOlivera
Office hours: Monday - Thursday 9:00 a.m.
to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.
Sunday Masses - 9 a.m. (Portuguese);

11 a.m. (English)

Monday and Wednesday Morning
Masses – 8:30 a.m. (Portuguese)

Tuesday and Friday Masses – 5:30 p.m. (Portuguese)

Saturday Vigil Mass – 4 p.m. (English)

First Saturday of the Month – 8:30 a.m.

For more information, visit
ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW 859 Center St. Ludlow 413-583-3339 Reverend Darcy Borden, Pastor

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413-543-4204 Revs. Karen and Nick Munn, pastors Sunday School for all ages, 9:45 a.m.

Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information:
orchardcovenant.org.

## Free concert to be held at Keep Homestead Museum

MONSON – The Keep Homestead Museum at 35 Ely Road in Monson is excited to present The Peter J. Newland Trio on Sunday, July 7, at 1:30 p.m.

This free concert will be held on the side lawn weather permitting, please bring a chair or blanket.

Although singer/songwriter and multi-instrumentalist Peter still performs with FAT and his quintet RadioX, he is seen most regularly with his sophisticated Peter J. Newland Trio. Peter is joined in the trio with Mark Pappas, guitar journeyman and Ralph Whittle on keyboards.

An afternoon with the energetic Trio combines Peter's original compositions along with their unique interpretations of rock, pop, and blues standards from the 50's to present and a sampling of the American Songbook in the Sinatra style.

The concert is open to the public free of charge, though donations are always welcome. This performance is generously sponsored by Monson Savings Bank.

Free popcorn (while supplies last) will be compliments of Squier Lumber and Hardware.

## Paint Sip Fun for all ages at the Wilbraham Public Library

WILBRAHAM- Three paint and sip classes will be held at the Wilbraham Public Library on Monday, July 8 and Tuesday, July 9. Erin Boughamer of Paint Sip Fun will instruct children in grades 3-5, teens in grades 6-12, and adults ages 18+ in painting three unique designs on canvas. No experience is necessary, all supplies will be provided, and each participant will take their completed artwork home. Visit the library website to view images of the selected designs for each age group.

Registration for each class is required and space is limited. Registration for children and teens begins June 15, and registration for adults begins June 24.

To sign up, please contact the library at 413-596-6141, or visit the Event Calendar at www.wilbrahamlibrary.org. All three programs are sponsored in full by a grant from the Wilbraham Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

#### **YOUR HEALTH** from Page 6

might be receiving in the hospital.

You also have the right to appoint a patient representative, also known as an advocate. This is someone who is authorized to communicate on your behalf with health-care providers they are your stand-in. In most states, the default patient representative is a spouse or a parent, if a child is under 18.

But if you can designate anyone by completing a HIPAA (Health Insurance Portability and Accountability Act) release form, which is available on the Massachusetts Department of Public Health website. Make sure it's on file with your doctor and the hospi-

My first experience advocating for a patient was during a family cruise in the Caribbean when my then-father-inlaw developed a life-threatening health emergency. I stayed with him in order to communicate with doctors and make

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sure he was well-attended.

Back at work in the hospital ICU, I advocated for a patient who was experiencing complications from surgery. The doctor didn't like my questioning the patient's treatment, so I was placed on leave - and during my downtime, I realized the good I could do by helping other patients in similar situations. A patient advocate was born.

I hope you'll join me every week as I discuss current issues in health care and provide the tips you need to advocate for yourself and loved ones.

Teri (Dreher) Frykenberg, RN, is a board-certified patient advocate and Monson resident. A critical care nurse for 30+ years, she is founder of NShore Patient Advocates, (www. NorthshoreRN.com). Her book, "How to Be a Healthcare Advocate for Yourself & Your Loved Ones is available on Amazon. She is offering a free phone consultation to Turley Newspaper readers. Contact her at Teri@northshorern.com to set it up.

#### **Town of Ludlow** LEGAL NOTICE

The Ludlow Board of Selectmen has scheduled a Public Hearing on Tuesday, July 9, 2024 at 5:50 p.m. in the Selectmen's Conference Room, Town Hall, 488 Chapin Street Ludlow, MA on the application of Francis Federico for a new Class II Motor Vehicle License for Sewall Street Auto Center to be located at 330 Sewall Street, Ludlow, MA 01056.

Derek DeBarge, Chairman Ludlow Board of Selectmen 06/26, 07/3/2024

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Hampden Probate and Family Court** 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD24C0190CA In the matter of: Careen Joy Pettinger CITATION ON PETITION TO CHANGE NAME

A Petition to Change

Name of Adult has been filed by Careen Joy Pettinger of Ludlow, MA requesting that the court enter a Decree changing their name to:

#### **Carene Joy Pettinger** IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Hampden Probate and Family Court before 10:00 a.m. on the return day of 07/23/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Barbara M Hyland, First Justice of this Court.

Date: June 25, 2024

Rosemary A Saccomani Register of Probate 07/03/2024

#### **Town of Ludlow** LEGAL NOTICE

The Ludlow Board of Selectmen has scheduled a Public Hearing on Tuesday, July 9, 2024 at 5:35 p.m. in the Selectmen's Conference

Room, Town Hall, 488 Chapin Street Ludlow, MA on the application of William Collins for a new Beer & Wine Permit for Barburrito, 313-319 East Street, Ludlow, MA 01056.

Derek DeBarge, Chairman Ludlow Board of Selectmen 06/26, 07/3/2024

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.

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#### **CLUES ACROSS**

- 1. Six (Spanish) 5. Invests in little
- enterprises 9. Large dung beetle 11. Gored
- 13. Partially paralyzed 15. Still a little wet
- media company 17. Not working 19. 500 sheets of

16. Legal field

- paper 21. Church
- structure 22. Sheep disease
- 23. Small drink of whiskey
- 25. Weaving tradition 26. Pestilence
- 27. Body part 29. Nabs

Be sure to include

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photograph for printing.

- 31. Places to stay 33. Witnesses

- 34. Looked for
- 36. Arranges 38. Political action committee
- 39. Middle eastern nation (alt. sp.) 41. Hair-like
- structure 43. Parts producer 44. Greek city 46. Subway
- dwellers 48. Norm from "Cheers"
- 52. Clean a floor 53. Vied for 54. Canned fish
- 56. Inspire with love 57. Sent down
- moisture 58. Wrest 59. Partner to carrots
- **CLUES DOWN** 1. Mounted

- 2. Assign 3. Wrath
- 4. Self-immolation by fire ritual
- 5. Parts of an organism
- 6. Person from England 7. Tropical plants
- of the pea family 8. Body part
- 9. Practice boxing 10. Containers 11. Contrary beliefs
- 12. Bleached 14. Pre-Islamic
- Egyptian 15. A group of similar things ordered one
- after another 18. Innermost spinal cord
- membranes 20. Cassava
- 24. A restaurant's list of offerings

- 26. Annoy constantly
- 28. Orchestrate 30. Z Z Z 32. Astute
- 34. Highly decorated tea urn
- 35. Teach to behave 37. Endurance
- 38. Urinating 40. Barbie friend
- dolls 42. Repents
- 43. Man-eating giant
- 45. Jewish calendar month 47. Accelerated
- 49. Husband of Sita in Hindu
- 50. Lump of semiliquid substance
- 51. Lying in wait
- 55. Cease to exist

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#### **TAG SALE**

PINE VALLEY ANNUAL TAG SALE: SATURDAY, July 13, 8-3. 281 Chauncey Walker St., Belchertown.- Dozens of tag sales throughout our community. Welcome station with maps, burgers/dogs/ snacks/cold drinks. Restrooms. Huge variety of items!

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MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069 or call: 413-283-8393

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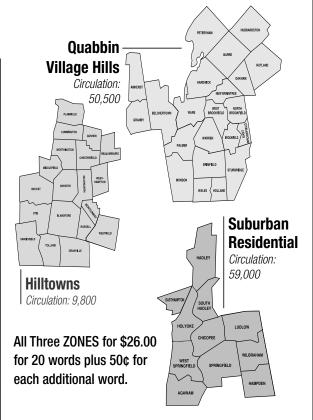
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## Summer Eats feeds kids and teens

BOSTON — Summer Eats, the Massachusetts Summer Food Service Program, is kicking off across the state, providing free meals to all kids and teens, ages 18 and under. In July 2023, over 2.1 million meals were served across over 1,400 sites statewide through the Summer Eats program.

Throughout the school year, children in Massachusetts rely on free school meals to meet most of their daily nutrition needs. Summer Eats closes the gap when the school year ends, helping to ensure children and teens continue to grow, learn and thrive over school vacation.

Participating meal providers operate and staff meal sites, often in con-

junction with activities and educational programming at schools, libraries, local park and recreation areas, and more. This year, summer meal sites are operating a communal model of feeding kids onsite. Grab & Go meals are available in select rural communities. All are welcome. No registration or ID is required. Summer Eats can be accessed in conjunction with Summer EBT, additional funding for groceries while kids are out of school.

For more than 20 years, the Massachusetts Department of Elementary and Secondary Education and statewide food security nonprofit Project Bread have partnered to support meal providers in offering Summer Eats meals to children in Massachusetts. Throughout the school year, the nonprofit and DESE also partner to expand access to and participation in school meal programs. This year, Project Bread has granted a total of \$226,000 to 51 Summer Eats sponsors for their program outreach and capacity-building. During Summer Eats Awareness Week, Project Bread is encouraging community members to help spread the news about this free program statewide.

"Last week a mom of two called Project Bread worried about how she'd feed her kids when school lets out," says Erin McAleer, Project Bread CEO. "She's not alone. In the summer, many families are forced to stretch exhausted grocery budgets even further. Summer Eats is such an important program because it helps close that gap. Summer Eats meal providers bring the community together and take some of the pressure off of families' budgets. These local providers go above and beyond to make healthy meals accessible for all kids and teens. Children should spend their summer playing, growing, and enjoying time with family and friends, not worrying about their next meal."

For more information about Summer Eats, including meal site locations, visit www.projectbread.org/summer-eats, text FOOD or COMIDA to 304-304, or call 1-800-645-8333 for help in any language.

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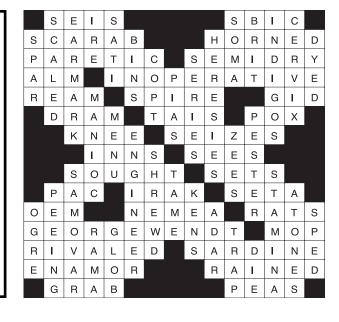


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