



# The REGISTER

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**ELECTION RESULTS:**

## Rosenblum wins new term

By Marcelo Gusmão  
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LUDLOW – Last week, the town held its municipal elections, which saw numerous residents stepping up to join key committees and boards in town.

For the Select Board, Anthony Alves was elected with 2,001 votes, while Bill Rosenblum won his re-election with 1,210 votes. Alex Montagna earned 973 votes.

“It was an honor to have earned such overwhelming support,” Alves said. “I am eager to get to work making prudent decisions for the betterment of every resident, family, and business in town.”

For the three-year seats on the School Committee, Chris Manfredi joined the committee with 1,625 votes, and Jeffrey Stratton was re-elected with 1,402 votes. Ron Saloio earned 1,167 votes.

“I’ve always kept this race about students, that’s what this has always been about,” Manfredi said of his win in a post on social media. “To my students in Ludlow, who will always be my students, thank you. The real work now begins.”

For the one-year term on the School Committee, Amanda Coddling won with 1,700 votes, beating Bella Soares, who earned 963 votes.

A three-year term on the Recreation Commission was awarded to Sean McBride, with 1,778 votes, and a two-year term went to Shawn LeBeau, with 1,663 votes.

Joshua Carpenter was re-elected to the Planning Board for five years with 1,724 votes, and Kathleen Houle was elected to a two-year term with 1,726 votes.

There were several uncontested races for positions in town. These included Antonio Tavares, who was elected to the Board of Health with 1,969 votes, Antonia Golinski-Foisy, who was elected to the Library Board of Trustees with 1,777 votes, and John Urban, who was elected to the Board of Assessors with 1,738 votes.

By Marcelo Gusmão  
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LUDLOW – At last week’s Planning Board meeting, the board received updates on the Housing Production Plan.

The March 27 meeting began with a discussion of reorganizing the board. Chair Ray Phoenix congratulated Josh Carpenter and Kathy Houle on their election, and the board voted to wait for the next meeting to vote on

## Holocaust survivor shares harrowing story of resilience

By Abigail McCoy  
Staff Writer  
amccoy@turley.com

LUDLOW — A captivating and emotional evening unfolded at Hubbard Library last Thursday, as Holocaust survivor Abraham Rodstein, facilitated by local writer Tom Slawiak, shared his harrowing life story with an engaged audience of approximately 50 attendees. The event, which featured a detailed account of Rodstein’s experiences in the Kovno Ghetto and Dachau Concentration Camp, served as a sobering reminder of the atrocities of the Holocaust while also highlighting the extraordinary resilience of the human spirit.

Slawiak, who has spent over two years interviewing Rodstein and chronicling his life, introduced the event by recounting how he and the survivor first met. The serendipitous encounter occurred when Slawiak and his wife, while walking their dog at Ludlow’s Riverwalk, crossed paths with Rodstein. In casual conversation, Rodstein revealed his status as a Holocaust survivor, sparking Slawiak’s deep interest in documenting his story.



Abraham Rodstein (left) and Tom Slawiak (right) after their two-hour presentation on Rodstein’s life

Turley Photo by Abigail McCoy

The connection between the two quickly grew. Slawiak’s wife, who works in education, later spoke with a history professor about Rodstein’s incredible life story, which led to the idea of presenting his experiences to a wider audience. The March 27 talk marked the 15th pub-

lic presentation of Rodstein’s testimony, an ongoing effort that seeks to preserve the personal history of a man whose life has been marked by unimaginable tragedy and survival.

Please see **SURVIVOR**, page 8

## Police Chief discusses overtime for Festa

By Marcelo Gusmão  
Correspondent  
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LUDLOW – At a recent meeting, the Police Chief Dan Valadas highlighted the cost of security for the town’s annual celebratory event, Festa.

Valadas approached the board March 4 to discuss police and dispatch training overtime. Then-Chair of the Select Board, Derek DeBarge, clarified that this is part of a project to review department financials.

“This is the culmination of many years of our Town Administrator and Town Accountant and other departments going over every department in town,” DeBarge said.

DeBarge emphasized that this meeting was not “an attack” on the department’s budget, but to “get an understanding of what is going on with some overages, and if we need to adjust that.”

Valadas said that he had requested \$225,000 for regular overtime, and \$125,000 for training for the fiscal year 2026 budget. The three overtime line items amount to \$330,000. It also excludes Special Police, which is budgeted separately.

Valadas said that of the \$348,000 in grants that the department received, well over \$100,000 is for sal-

aries. He mentioned that overtime pay for police coverage during Festa has cost the town \$34,000 in previous years.

“I have to be concerned with public safety,” Valadas said, and described discussions for the annual celebration throughout the year, and said that in planning the event, the town determined that there were too many weapons being brought in.

“In that first year we implemented the screening, we took in a little under 300 weapons that were turned away or were confiscated,” Valadas said. “That’s not all bad, it could be somebody carrying a gun on a license, that just feels they can go in.”

“You don’t go to the Big E, you can’t go to Foxborough, you can’t go to Fenway,” Valadas continued. “Try getting into Fenway, you can’t even be a police officer and carry a gun.”

Valadas gave some details on police coverage for events, ranging from bike patrols, traffic control, detectives, and a lieutenant as the command officer. He specified that these are paid for by the town, and what Festa covers costs for.

“We took the best approach possible,” Valadas said. “I met with staff from the state police, met with staff at the Big E, and the

Please see **OT**, page 9

## Ludlow Boys & Girls Club take to Beacon Hill to advocate for funding

BOSTON— On Wednesday, March 26, members of the Ludlow Community Center/Randall Boys & Girls Club joined with their colleagues from across the state for the Massachusetts Alliance of Boys & Girls Clubs 22nd Annual Legislative Luncheon and Advocacy Day. Club members, staff, boards of directors, and elected officials were in attendance from across the Commonwealth. The event featured remarks from State Representative John Lawn, State Senator Brendan Crighton, State Senator Michael Rodrigues, Boys & Girls Club of America Hall of Famer “Marvelous” Marvin McIntyre, and Haybi Garcia, 2024 Massachusetts Youth of the Year and alumnus of the Waltham Boys & Girls Club.

“Each year we enjoy visiting the legislators at the

State Capital for Advocacy Day. This day is so important because it provides a platform to directly engage with policymakers, share personal stories, and advocate for issues that matter to our community. Without the state funding we receive, we would not be able to provide After School and Out-of-School Time (ASOST) Care, Summer Programs and programming to all the children that attend the Club. I would like to thank Senator Jacob Oliveira, Representative Aaron Saunders, and the Boys & Girls Club Massachusetts Alliance for your continued support” said Josue Irizarry, President/CEO of the Ludlow Community Center/Randall Boys & Girls Club.

The event highlighted and

Please see **BOYS & GIRLS CLUB**, page 6



Submitted photo

## Planning Board receives updates on Housing Production Plan

By Marcelo Gusmão  
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the board’s re-organization. The board was then approached by Karen Sunnar-

**“There’s not much state or federal money for home ownership.”**

– Karen Sunnarborg

borg to provide updates on the Housing Production Plan, who expressed condolences at the recent passing of Town Planner Doug Stefancik.

“I was stunned and sad-

dened by Doug’s passing when I found out, I was really looking forward to working with him again,” Sunnarborg said. “Such a great professional, and a nice guy.”

Sunnarborg then began describing the Housing Needs Assessment, which is the first part of the production plan. She projected that the next phase, the Draft Needs Assessment, would be complet-

ed within the next month.

“We do have a person that’s going to be coming on to assist us with Planning stuff,” Phoenix said. “Ken Comia from PVPC is going to be hopping on board with us. We’ve signed the contract and are going back and forth with Human Resources a little bit, so he’ll be able to, hopefully, help out with some of this.”

Sunnarborg said that the market has changed since the last plan was made in 2018, and so she intended to revisit

what was previously come up with and then determine what to focus on going forward, looking for strategies that would address the needs and strive for housing production.

Sunnarborg then described the federal definition of “affordable housing,” and the requirements for related units, including required subsidies, deed restrictions, and affirmative marketing.

“We’re doing this on Housing Production regulations,” Sunnarborg said. “They’re actually a subset

of the 40B and were meant to give greater local control over housing to communities.”

Sunnarborg highlighted the state’s requirements in terms of housing, noting that a .5% of year-round housing stock had increased from 42 units to 44 due to housing growth. If the town meets that percentage, it allows a year of “safe harbor” from approving units.

“When you have prices

Please see **PLAN**, page 3

# LUDLOW

## First Church in Ludlow Lenten Services

LUDLOW—The First Church in Ludlow, 859 Center St., Ludlow and Grace Union Church, 10 Chapel St, Wilbraham worship together at 10 a.m. on Sundays, alternating sanctuaries each week. All are welcome to join. No matter where you are in your life's journey, you are welcome.

Services are on April 17 at 5:30 p.m. Maundy Thursday & Tenebrae service at First Church in Ludlow. This will include a light meal of soup, bread and fruit, followed by communion and a service of Tenebrae which commemorates the passion of Christ leading to his Crucifixion and burial.

### Upcoming services during April are:

- **April 6** at First Church in Ludlow
- **April 13** Palm Sunday at Grace Union Church, Wilbraham
- **April 20** Easter at First Church in Ludlow
- **April 27** at Grace Union Church

Additional Lenten services are on April 17 at 5:30 p.m. at Grace Union Church, Wilbraham, a self-guided walk along the path of a Labyrinth to meditate on the meaning of Holy Week in your life. You can come anytime between 12 noon and 3 p.m. We will have information for you. You are also welcome to bring your own readings or prayers to use on your path.



## Pasta with a purpose this Saturday

LUDLOW – There's a second chance for lovers of St. Elizabeth Parish's monthly spaghetti dinner who weren't able to make the last one. The same menu is being served on Saturday, April 5 to benefit Scouts in the 180 family of units from 5 to 7 p.m. at the Pastoral Center on Hubbard St.

The Scouts and leaders will be serving and assisting families with their trays as well as bussing the tables during the dinner.

The 34th annual spaghetti dinner is raising money for the Scouts in Combined Troop 180 to use towards summer camp.

Family Scouting chartered by Scouting America to St Elizabeth Parish includes Cub Scout Pack 180 and Scouts BSA Combined Troop 180.

Also benefitting are the needs of Cub Scout Pack 180. Meals are \$7 for adults, children 4-10 years old are \$4, and younger than 4 are free.

All girls and boys from kindergarten to 18 years old are welcome to join year-round. Further information is available at the dinner or by e-mailing info@scouts180.org.

The Friends of St Eliza-

## Polish Junior League awarding scholarships

REGION – The Polish Junior League of Massachusetts has announced that it will be awarding scholarships again this year for college students of Polish Heritage.

Information and forms may be obtained at [www.polishjuniorleaguema.org/applications](http://www.polishjuniorleaguema.org/applications).

Scholarships will be awarded to undergraduate students, and one scholarship will be granted to a graduate or returning student. Application infor-

Deadline for receipt of application materials is May 1, 2025. Selection is based upon financial need and academic achievement.

Applications are available online at [www.polishjuniorleaguema.org/applications](http://www.polishjuniorleaguema.org/applications).

## Kindergarten registration

LUDLOW— Ludlow Public School Kindergarten registration 2025-2026 is currently available online at [www.ludlowps.org](http://www.ludlowps.org). If you are a Ludlow resident and have a child(ren) who will be 5 years old

on or before Sept. 1, 2025, they are eligible to enter Kindergarten in the fall of 2025.

Questions can be directed to Mrs. Foye at [registration@ludlowps.org](mailto:registration@ludlowps.org) or call 413-583-5695 extension. 6.

## Frozen Polish Food sale

INDIAN ORCHARD – A frozen Polish food sale Golabki, Kapusta, Cabbage, Potato and Cheese, Sweet Cheese and Blueberry Pierogi will be held at Immaculate Conception Church Hall, 25 Parker St.

in Indian Orchard on Saturday, April 5 from 9 a.m. to 1 p.m. and

also on Saturday, April 12 from 9 a.m. to 1 p.m.

All are welcome to come and purchase.

## Wilbraham Hiking Club announces April Hikes

WILBRAHAM - Six Hikes for April are already posted for WHC (there may be more) and there are two for the Senior Center! The WHC hikes are:

\* Thurs, April 10 at 10 a.m. - River to Range Trail in South Hadley

\* Tues April 15 at 10 a.m. - Quabbin Gate 11 & 12 in Pelham

\* Mon, April 21 at 10 a.m. - Puffers Pond and Mill River Falls in North Amherst

\* Sun, April 27 at 1 p.m. - Crane Hill in Wilbraham

\* Tues, April 29 at 10 a.m. to Noon - Mile Brook in Wilbraham and Skorups-

ki Woodland Walk in Monson

For more info on these hikes (and possibly additional hikes), use the club's TeamReach App or write to [wilbrahamhiking@gmail.com](mailto:wilbrahamhiking@gmail.com). Members who use the TeamReach App are notified when hikes are canceled or rescheduled.

Wilbraham Senior Center Hikes are:

\* Tues, April 8 at 9:15 a.m. Rice Nature Preserve in Wilbraham and

\* Tues, April 22 at 9:15 a.m. Goat Rock in Hamp-

den !!!! Call Jen at 596-8379 to register for Senior Center hikes.

## Democratic Committee Caucus April 9

LUDLOW—Ludlow Town Democrat Committee Caucus will be held Wednesday, April 9 at 6:30

p.m. at the Harris Brook Middle School Library at 209 Fuller Street, Ludlow.



## Inspiring speaker at St. Elizabeth

LUDLOW—Dr. Dan Baillargeon of Mission Driven Catholic was the mission director at St Elizabeth Parish, Ludlow, March 24-26.

His talk on encountering hope was a lesson to see God's plan for our lives, very inspiring. Thank you to all who joined our parish for these 3 evenings.

## Lenten Penance Service

LUDLOW – A Lenten Penance service will be held at St Elizabeth Parish, 191 Hubbard St, Ludlow at 6:30 p.m. on Thursday, April 3.

Please join us as several priests will be available to celebrate the Sacrament of Reconciliation. Come and receive the gift of God's mercy and love.

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## Valley Press Club Scholarships available to journalism students

REGION—The Valley Press Club, based in Springfield, Mass., will award \$1,000 scholarships to high school seniors in Western Massachusetts and Northern Connecticut who are interested in pursuing a career in journalism.

The Valley Press Club Scholarships, funded by contributions and dues to the Press Club, are for students planning careers in print, on-line or broadcast journalism.

The Republican Scholarship, funded by The Republican, is for students living within the newspaper's circulation area who are planning careers in print journalism.

The 22News Scholarship, funded by WWLP-22News is for students planning careers in broadcast journalism.

The MassLive Scholarship is for a Massachusetts high school senior planning to pursue a career in print, on-line or broadcast journalism/communication. This scholarship is available to a student who is underrepresented in the field of journalism and is planning to attend an institution of higher education in the field.

The Edward J. Malley Jr. Memorial Scholarship, established in memory of a chief photographer for the Springfield Newspapers, is for stu-

dents planning careers in photojournalism.

The Rhonda Swan Memorial Scholarship, established in memory of the award-winning journalist, editor and author, is for students who are underrepresented, in the Springfield, Mass. area, planning careers in journalism.

Primary emphasis is placed on career goals, writing ability, scholastic aptitude and overall achievement as measured by an applicant's high school transcript, class rank, academic awards, SAT scores and extracurricular activities. The deadline for submissions is April 4, 2025.

Scholarship applications

are available at [www.Valley-PressClub.com](http://www.Valley-PressClub.com) or high school guidance offices. Applications may be sent by mail to Norcen Tassinari, Scholarship Chair, Valley Press Club, P.O. Box 5475, Springfield, Mass. 01102 or electronically to [NTassinari77@gmail.com](mailto:NTassinari77@gmail.com)

Over the course of six decades, The Valley Press Club has presented over \$140,000 in scholarships to eligible students. The Valley Press Club consists of active and retired journalists and public relations professionals from corporate and nonprofit organizations.

### PLAN from page 1

going up so much, you have assessments going up, so your property taxes are going up," Sunnarborg said. "For people on limited incomes, that can be a real challenge."

Phoenix expressed concern over the rising costs, but was pleased with the high level of owner occupancy, which was estimated as 74%.

"I like seeing that number high," Phoenix said. "It's somebody that's invested

in their property, somebody that's invested in maintaining it and being part of the town, as opposed to people that are just buying the places as investments and trading them around and jacking prices up on people."

Phoenix then added that there isn't much the town can do to directly affect these numbers, saying "it's just what the economy is doing right now."

Sunnarborg agreed that land prices are what drive a lot of these

costs.

"Most of the resources, like subsidised financing to make these new units work, are rentals," Sunnarborg said. "Most of the communities that are doing home ownership deals are very small in scale and they have a Community Preservation Act."

"There's not much state or federal money for home ownership," Sunnarborg said.

Phoenix offered some insight on strategies that could alleviate these cost-of-living

increases, but said that they would likely come from the state or federal government.

"These things that are happening are not in their own little bubbles and stay neatly there, they end up hitting us," Phoenix said.

Sunnarborg said that she will complete the Housing Needs Assessment and send it to the board, and they will then hold a meeting for any questions and comments.



### BENNY

This is Benny, who lives with his friend Rena in Ludlow. Benny loves people, and, when out for a walk, will run to greet anyone he sees. He loves rolling in the grass, watching soap operas, and eating his favorite cookies.



We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse...you get the point. Is there a pet you're fostering and trying to re-home? All pets are welcome! Email a high-resolution jpg of your pet with a little information to [theregister@turley.com](mailto:theregister@turley.com).

### St. Cecilia Women's Club April Meeting

WILBRAHAM – The St. Cecilia Women's Club will host their next meeting on April 8.

It will be an Evening of Reflection with Fr. Douglas McGonagle.

Liturgy is at 5:30 p.m. followed by soup & sandwiches at 6 p.m.

Fr. McGonagle will be our guest speaker following mass and a light supper. Hope you can make it.

Please bring children's clothing to this meeting for infants and toddlers in need.

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# OPINION



your health

By Teri (Dreher) Frykenberg, RN  
Guest Column

## How to advocate for yourself at the dentist

If you feel like you're seeing a dental office on every street corner, you're not wrong. Corporate dentistry is growing as a delivery model for dental care.

Just two decades ago, more than 90 percent of dentists owned their own practices. Today, that number has dropped to about 75 percent as more younger dentists, women and people of color opt to join a DSO – dental support organization. The thinking is that a DSO takes care of the business side of running a practice so dentists can concentrate on their patients.

One of the unfortunate side effects of this trend is that you may not see the same dentist. This can have an impact on continuity of care when someone new is always peering into your mouth.

That said, there's no clear evidence that dental care delivered by a DSO is any different from that delivered by a solo practitioner. But in a world where it's unlikely that you will see the same dentist over a period of years, I think it is important to practice self-advocacy, just as you would at any other medical appointment.

Dr. Amit Kumar, a dentist with Smile More Today, recommends preparing for dental appointments with some of these key questions and concerns:

Check that the practice accepts your dental insurance. This is particularly important for those with Medicare Advantage plans, which often include dental, or standalone plans as a Medicare supplement.

Be ready to share any pain or sensitivity you may be experiencing. When you call to make the appointment you may be asked if you have any particular concerns; if not, volunteer that information while you're with the dentist.

If you have fears about going to the dentist, share those as well. "Speak up about your pain tolerance and preferences," Kumar says. "Dentists can offer various options, such as local anesthetics, sedation, or numbing gels to make procedures more comfortable."

Also ask about X-rays. Some in the dental field believe X-rays are way overused, exposing patients needlessly to radiation (even if the dosage is very small). Data reveals that the number of dental X-rays performed annually exceeds the number of Americans. The American Dental Association recommends that X-rays be taken only after the dentist has done an examination.

If X-rays are performed, be sure to ask the dentist to look at them with you and explain what they're seeing. "A good dentist will take the time to explain things in terms you understand," Kumar says.

There should be a written treatment plan outlining a schedule, benefits and drawbacks, and your potential costs so you can make an informed decision and not feel pressured into taking action. "Don't hesitate to ask for alternatives or inquire about the necessity of each step in the plan," he says.

The treatment plan should show what your insurance will cover and what you will be expected to pay. These are sometimes eye-opening figures, running into thousands of dollars. (And they wonder why a lot of people want to avoid going to the dentist!) Many practices offer payment plans if you can't cover the costs up front. You might also be able to schedule the procedures over a period of months to spread out the cost.

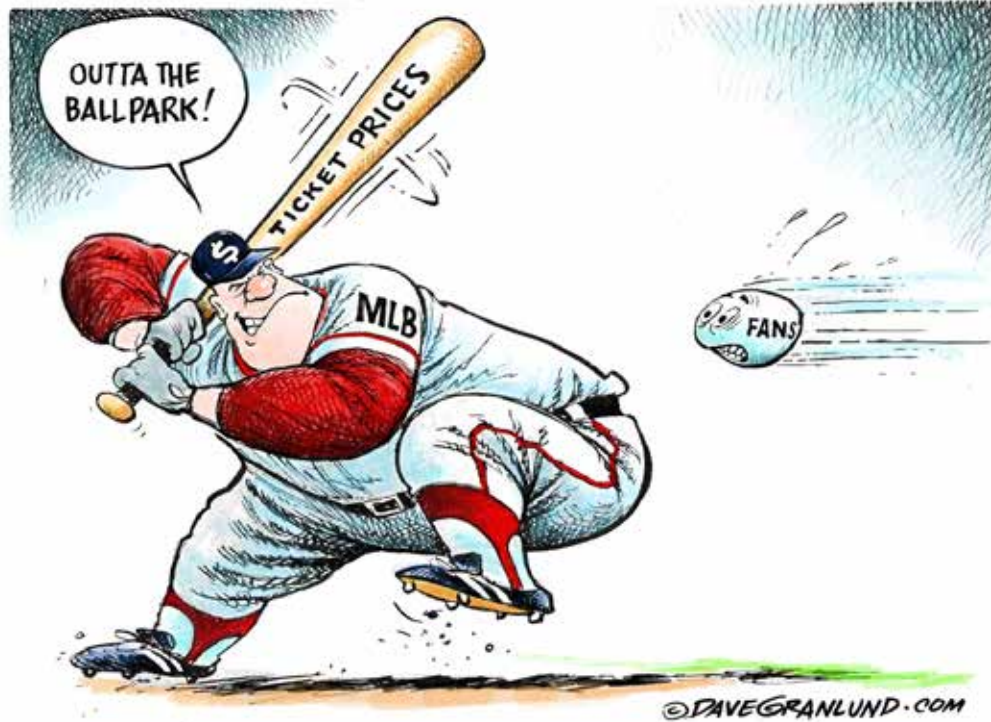
Like you, your dentist would rather prevent problems than fix them later, so ask about at-home care: proper brushing, mouth rinses, flossing, dietary recommendations. Our gums usually recede as we age, so avoiding gum disease, also known as periodontal disease, is critical to oral health. Hate to floss? Too bad. Do it anyway.

Finally, Kumar recommends knowing when to seek a second opinion. "If a recommended treatment seems invasive, costly or unnecessary, consider getting a second opinion from another dentist," he says. "A good dentist will respect your desire to ensure you're getting the right care for your situation."

I recently advocated for myself when I insisted my dentist do some X-rays for new tooth pain. He found an abscess in a lower molar and started talking about tooth extraction, bone graft and implant. Second opinion time! I went to an oral surgeon, who reviewed the X-rays and sent me to an endodontist who said all I needed was a redo of an old root canal. This is why second opinions from experts are so important, especially since dental insurance barely covers anything.

Corporate dentistry is making it harder to build and maintain trust with a long-time dental provider. Protect yourself by practicing advocacy in the dentist's chair.

*Teri (Dreher) Frykenberg, is a registered nurse and board certified patient advocate and founder of [www.NurseAdvocateEntrepreneur.com](http://www.NurseAdvocateEntrepreneur.com), which trains medical professionals to become successful private patient advocates. Teri offers a free phone consultation to Turley Newspaper readers as well as to nurses interested in becoming advocates. Reach her at [Teri@NurseAdvocateEntrepreneur.com](mailto:Teri@NurseAdvocateEntrepreneur.com)*



## Can my wife and I get spouse benefits from each other?

**Dear Rusty:**  
My wife and I are currently collecting Social Security.

We both started receiving SS at 62 years old. That said, we get by on a tight budget. A retired friend told us about an option which allows a spouse to collect half of the other spouse's SS monthly income. My question has two parts: Can we both collect on each other's SS? And Are there any pitfalls?

*Signed: Seeking an Increase*

**Dear Seeking:**  
Well, I'm afraid spousal benefits aren't quite that simple. One spouse may be eligible for additional benefits from the other, but only if that spouse's personal Social Security retirement benefit at their Full Retirement Age is less than half (50%) of the other spouse's FRA entitlement.

ment. Note that for spouse benefits, FRA amounts are used regardless of when you actually claim benefits. Full retirement age for both you and your wife is 66, so that means that if you both claimed at 62 your FRA entitlements were higher about 25% more than you are both currently receiving.

Since you applied for benefits some time ago at about the same age, one way to estimate if one of you may be entitled to an additional amount as a spouse is to evaluate your current monthly amounts. If either of you is getting a benefit which is less than half of the other's amount, it's possible that the one with the lower benefit may be entitled to more as a spouse. And note, only one spouse is eligible for spouse benefits from each other.

Another way to explore this is for the spouse with the lowest monthly Social Security benefit to contact Social Security at 1-800-772-1213 to ask if spouse benefits are available. Noting that contacting SS these days can be a time-consuming process.

Another way is for you to provide us (the AMAC Foundation's SS Advisory Service) with both of your current monthly SS benefit amounts and the exact ages when each of you claimed. Using that information, we can do the math to see if either of you might be entitled to more as a spouse.

But, in the end, only the spouse with the lower benefit may be eligible and then, only if their FRA entitlement (not their actual current amount) is less than 50% of the other spouse's FRA entitlement.

*The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org). Russell Gloor is a Social Security advisor for AMAC.*

## Germination tests give way to garden experiments

Although the temperatures did not cooperate this past week, I have to say that spring vibes are all around me.

I saw my first blooming crocus, and even some early daffodils. The phoebe bird that makes a nest above our porch door is back, and hanging around, much to my husband's dismay!

My pepper plants are almost in need of transplanting from their seed pack, and the tomato seeds I planted last weekend sprouted in under a week. It is all so exciting! I don't think that I will ever not be amazed at the miracle of it all.

The other day I was going through my seed stash and I found two year old seeds of Loofah Gourd, Mini Popcorn, Mouse Melon and a variety of "climbing" Zucchini all of which I never planted. These purchases were "impulse buys" I guess you'd call it. I bought them but when it came time to actually plant them, I decided that my garden square footage was too precious to waste on frivolity.

But here we are and my frugal nature shines through once more. Since I bought them I might as well try and plant them; maybe one will end up being a new favorite.

But alas, does one risk planting two year old seed? What if the seeds don't germinate? Partaking in germination testing gave me a chance to get my hands in the soil, (albeit indoors) and the out-

come will help me determine how much I should "overplant" or if that will even be necessary.

Wasting a few seeds now

these for both decoration and food. I am going to start them ahead of time, indoors in six packs and plant them out around the three week mark.

They will be spaced about a foot apart in rows about two and a half feet apart. Corn likes fertile soil, so I will amend the soil well with aged compost.

This type of corn will dry right on the plant, until the husks are brown. Then the ears will be harvested, shucked and dried some more. I have seen people remove the kernels first by using a blunt instrument such as the back of a spoon to start the kernels moving, then it looks somewhat easy to get the rest to push off.

Another fun thing to try, just to say I did it.

If you are growing sweet corn in your garden be sure to time these apart from one another, so that cross pollination won't taint the taste of your sweet corn.

I was really hoping that the climbing zucchini would sprout in my test pack. It took a bit, but they finally did and therefore they will be added to my garden this spring.

This variety, known as "Incredible Escalator" has a vertical habit. Funny enough, there are all sorts of videos online about training zukes to grow upright, but this variety seems particularly suited to upward mobility.

Zucchini are not true

Please see **GARDEN**, page 8

## The REGISTER

### LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email [theregister@turley.com](mailto:theregister@turley.com). The deadline for submissions is Friday at noon.

### SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to [mharrison@turley.com](mailto:mharrison@turley.com) as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to [mharrison@turley.com](mailto:mharrison@turley.com).

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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## ELECTION LETTERS POLICY

The Register welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to [theregister@turley.com](mailto:theregister@turley.com). Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Thursday's newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

### Campaign news

As part of its election coverage, the newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Register.



# • Datebook •

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to [pressreleases@turley.com](mailto:pressreleases@turley.com).

## APRIL 8 BEREAVEMENT SUPPORT GROUP

The next 6 week session of St. Elizabeth Parish, Ludlow, Bereavement support group will take place from 6:30-7:30 p.m. on Tuesday, April 8 in the Zechariah room of the Pastoral Center.

Our group meets for 6 consecutive Tuesday evenings. For additional information please call Pat at 413-531-6997.

## ONGOING

### SAVE THE DATES

Ludlow High School "Class of 1975" 50th Class Reunion - Sept. 12, 13 and 14, 2025. Our committee is searching for classmates. If you have any info, please call Denise at 413-735-3751 or Celeste at 413-583-6041.

### KINDERGARTEN REGISTRATION

Ludlow Public Schools Kindergarten Registration 2025-2026 is underway. If you are a Ludlow resident and have a child(ren) who will be 5 years old on or before September 1, 2025, they are eligible to enter Kindergarten in the fall of 2025. Registration is currently online at [www.ludlowps.org](http://www.ludlowps.org). Questions can be directed to Mrs. Foye at [registration@ludlowps.org](mailto:registration@ludlowps.org) or call 413-583-5695 ext. 6.

### FOOD DRIVE BI-MONTHLY

On the first Saturday of each EVEN month (February, April, June, August, October, December) First Church in Ludlow, 859 Center St, collects non-perishable foods. From 10 a.m. to 1 p.m., drive through the back parking lot. We will take your donations out of your car & bring them to the Community Survival Center to be distributed to those in need. Bring all food items to drop off at our next Food Drive on April 5, 2025.

Thanks for your generosity.

**FREE CLOTHING.** Every Tuesday from 9 to 11 a.m., in the school building located behind Crossway Christian Church, 2230 Main St., Three Rivers. Clothing from baby through adult. Current, seasonal clothes in all sizes. Bags are provided for easy shopping. For more information call Donna, (413)478-0768.

**SENIOR BINGO:** Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

**THRIFT SHOP:** Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

**CHESS CLUB:** Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413- 209-8240 or [indianorchardcitizenscouncil@gmail.com](mailto:indianorchardcitizenscouncil@gmail.com) or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

**LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE:** At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at [activity@ludlow.ma.us](mailto:activity@ludlow.ma.us) or call 413-583-3564.

**AQUACISE AT THE CLUB:** The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

**SUPPORT FOR FAMILY MEMBERS:** The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

**H.O.P.E. RECOVERY GROUP:** Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413- 519-4591.

**QUABBIN VALLEY TWIRLERS** If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

**BIBLE STUDY:** A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.



LUDLOW SENIOR CENTER (413) 583-3564  
228 State Street, Ludlow MA 01056

## Welcome to the Ludlow Senior Center

Our calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve your lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program, and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

### Activities Calendar:

Please register in advance for items with\*

#### Thursday, April 3

- 8:45 a.m. Foot Care by Appointment\*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10:15 a.m. Mindful Meditation\*
- 1 p.m. Mahjong
- 2:30 p.m. Active Yoga

#### Friday, April 4

- 8:45 a.m. Boomer Bootcamp\*
- 9 a.m. Reiki Appointments\*
- 10 a.m. Boomer Bootcamp\*
- 10 a.m. Blood Pressure Checks
- 10:30 a.m. Opening Day
- 1 p.m. Ceramics
- 1 p.m. Healthy Bones & Balance Class\*
- 1 p.m. Decorating Group

#### Monday, April 7

- 9 a.m. Knitting
- 9:30 a.m. Boomer Bootcamp\*
- 10 a.m. Computer Help\*
- 1 p.m. Scrabble
- 1:15 pm. Pitch
- 1:30 p.m. Watercolor Pencil Class\*
- 2:30 p.m. Zumba Gold

#### Tuesday, April 8

- 9 a.m. Quilting
- 9 a.m. Line Dancing
- 10 a.m. Cribbage
- 10:30 a.m. Gentle Yoga
- 12:30 p.m. Blood Pressure Checks
- 1 p.m. Western Dance Class
- 1:30 p.m. Bingo
- 4:30 p.m. Power Pump Exercise Class
- 4:45 p.m. Movie: Conclave
- 4:45 p.m. Creative Corner w/Tam-

my-Floral Arrangement\*  
• 5:45 p.m. Guidance by Li Grief Support\*

#### Wednesday, April 9

- 9 a.m. Ceramics
- 9 a.m. Zumba Gold
- 9 a.m. Mobile Dental Clinic\*
- 10:30 a.m. Healthy Bones & Balance\*
- 1 p.m. Movie: Conclave
- 1 p.m. Healthy Bones & Balance\*

#### Thursday, April 10

- 8:45 a.m. Foot Care by Appointment\*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10:15 a.m. Mindful Meditation\*
- 10:30 a.m. Friends of Senior Center Mtg.
- 10:30 a.m. Senator Oliveira Office Hour
- 1 p.m. Mahjong
- 1 p.m. Fishing Club
- 2 p.m. Writers' Block\*
- 2:30 p.m. Active Yoga

\*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

### Daily Events:

Café: Monday – Friday 8-11 a.m.  
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.  
Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

### Menu:

**Thursday, April 3:** Mac & Cheese/Stewed Tomatoes  
**Friday, April 4:** Seafood Casserole/White Rice/Caesar Salad  
**Monday, April 7:** Kielbasa/Sauerkraut/Potatoes  
**Tuesday, April 8:** Hamburg Chow Mein/Rice/Veggies  
**Wednesday, April 9:** Chef Salad  
**Thursday, April 10:** Lunch Birthday! Chicken Marsala/Scalloped Pot/Green Beans

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

## Reminder to return your town census form

LUDLOW—Census second notice forms have been sent out by the Town Clerk's office. Please return your signed annual town census form as soon as possible to the Office of

the Town Clerk. Annual Town Census forms can be mailed to the Office of the Town Clerk, 488 Chapin St, Ludlow, MA 01056 or returned in the Town Clerk drop box located behind

Town Hall. Failure to respond to this mailing shall result in removal from the active voting list and may result in removal from the voter registration rolls.



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- Declaration of Homestead

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## Disabled women and climate disasters

REGION— On April 14, Zonta will host an informational talk on the Impact of Climate Change Fueled Disasters on disabled women at the Ludlow Country Club, with guest speaker Melissa Marshall, J.D., the Director of Policy & Programs for The Partnership for Inclusive Disaster Strategies. Melissa has over 30 years' experience managing disability rights programs, projects and organizations. Due to the increasing issue of climate disasters, we all need to pay heed to planning for the possibility of emergency evacuation. But climate disasters disproportionately affect

vulnerable populations, including the elderly, people with disabilities, and those living in low-income communities. Too often, not enough attention is paid to these populations. Tonight we will focus on the specific needs of these groups, including access to transportation, shelter, and other essential resources. The public is invited to join us on April 14th. RSVP by April 7, 2025 at info@ZontaQV.org. 5:30 p.m. reception followed by 6 p.m. dinner then the program will begin. Pay at the door for the buffet (\$30 for table of 8; \$35 individ-

ual) or pay online. For more information on Melissa Marshall and Zonta's connection to Climate Action, visit [www.zontaqv.org/climate](http://www.zontaqv.org/climate). Since 1919, Zonta has been working to create a more equitable future for women and girls. We believe that fostering a diverse and inclusive global community is a powerful platform to bring about the social change needed to make our vision for gender equality a reality. For more information on visit [Zonta.org](http://Zonta.org) or contact [info@zontaqv.org](mailto:info@zontaqv.org). Join us in building a better world for women and girls.

## BOYS & GIRLS CLUB

celebrated the important role Clubs play in their communities: providing afterschool and out-of-school time programming, offering social and emotional support to kids and teens, serving hundreds of thousands of meals to those in need, and providing childcare to working families. The Alliance also took the opportunity to call upon the legislature to support their \$4 million budget request for FY2026, which will help Clubs to continue serving nearly 112,000 youth kids at 64 Club sites across the Commonwealth. Joining the Ludlow Community Center/Randall Boys & Girls Club were members of the local legislative delegation, including Senator Jacob Oliveira, Representative Aaron Saunders, and Club President/CEO Josue Irizarry, Director of Development Cristina Jardine, and Director of Programs Jodie Lambeau. State budget funding for the Alliance and resources such as the Commonwealth Cares for Children (C3) Grants help support [list local Club initiatives] at the Ludlow Boys & Girls Club.

As part of the event, the Alliance bestowed Representative Lawn and Senator Crighton with its 2025 House and Senate Champion of Youth Awards, in recognition of their tireless advocacy on behalf of Boys & Girls Clubs on Beacon Hill. Born and raised in Watertown, Rep. Lawn has represented the 10th Middlesex District—which includes parts of Watertown, Waltham, and Newton—since 2011, and he currently serves as House Chair of the Joint Committee on Health Care Financing. Representative Lawn is a long-time supporter of the Boys & Girls Clubs in his district and is an alumnus of the Watertown Club. "I am truly humbled and honored to be named this year's 'Champion of Youth' by the Massachusetts Alliance of Boys & Girls Clubs," said Representative John J. Lawn, Jr. (D-Watertown). "As someone who spent so much of my own childhood at the Watertown Boys & Girls Club, I know firsthand

how vital these organizations are. They provided me with not just a place to go after school, but the support, guidance, and community that helped shape who I am today. This award means so much to me because it reflects the incredible work being done across the Commonwealth to give every child the same opportunities I had to grow, learn, and succeed. I'm proud to stand with the Boys & Girls Clubs and continue to fight for a future where every young person can reach their fullest potential."

Born and raised in Lynn, Senator Crighton attended Lynn public schools and is long-time supporter of the Boys & Girls Club of Lynn. After college, Senator Crighton joined State Senator Thomas McGee's staff on Beacon Hill as a legislative aide before launching his political career in Lynn, winning a City Council seat in 2009. In 2014, Senator Crighton was elected to represent the 11th Essex District in the House of Representatives, where he served for three years. He was elected to the Massachusetts State Senate in 2018, where he currently serves as the Chair of the Joint Committee on Transportation and the Chair of the Senate Committee on Juvenile and Emerging Adult Justice.

"I am honored to be chosen as this year's Senate Champion of Youth at the Massachusetts Alliance of Boys & Girls Club Legislative Reception," said Senator Brendan Crighton. "Boys & Girls Clubs throughout the state work tirelessly to ensure young people have every opportunity to reach their potential and be successful, and I am proud to play a small part in the impactful difference they make. I am especially grateful for the incredible team at our club in the City of Lynn."

The event also celebrated the Massachusetts Alliance of Boys & Girls Clubs, which was named the 2024 State Alliance of the Year by Boys & Girls Clubs of America. The prestigious award is given annually to a State Alliance that has at least 90% of the non-military Boys & Girls Club organizations in its state participate in the Al-

liance and that demonstrates excellence in many of the following areas: oversight of state funding to assure public trust; promotes and strengthens Clubs' relationships with public and private agencies throughout the state; expands quality youth development; develops and implements a comprehensive legislative strategy and grassroots advocacy campaign; increase and diversify State funding; and active and engaged Alliance Board of Directors and Clubs.

"We are so proud to be named State Alliance of the Year. This award would not have been possible without the dedication of our Clubs and Board of Directors, our partner advocates, lobbyists, and our legislative champions on Beacon Hill. We are truly grateful for all their support," commented Aldworth.

Also speaking during the event was Haybi Garcia, alumnus of the Waltham Boys & Girls Club and the Alliance's 2024 Massachusetts Youth of the Year. A graduate of Waltham High School, and a first-generation college student, Haybi is now a Freshman at Messina/Boston College.

"Advocacy can look different for everyone. However, just one voice often isn't loud enough. A collective group of people is louder and together can change a community while helping and lifting each other up," said Garcia.

### About the Ludlow Community Center/Randall Boys & Girls Club

The Ludlow Community Center/Randall Boys & Girls Club has been serving youth from Ludlow and the surrounding towns in Ludlow, MA for 75 years. While serving a dual role as a community center and a Boys & Girls Club, the Club is a member of the Massachusetts Alliance of Boys & Girls Clubs, which works with state government to secure ongoing public support for Club programs across the Commonwealth. The Alliance includes 40 Clubs across the State — which serve over 112,000 children and teens at 64 Club sites.

## MMWEC offers scholarships to LHS Seniors

LUDLOW—Applications are now open for the 2025 Massachusetts Municipal Wholesale Electric Company (MMWEC) scholarship. MMWEC is offering two \$1,000 scholarships to qualifying seniors from Ludlow High School who are planning to attend either a two- or four-year college. Eligible students must plan to pursue a degree in engineering, environmental sciences, finance, accounting, or a related discipline. Scholarship recipients will be awarded based on several factors including academic achievement, area of study, and need. All se-

niors planning to pursue one of the specified academic areas are encouraged to apply, regardless of their class ranking. To be considered, students must submit all required documents including a letter of recommendation from their school counselor and a letter detailing their educational and professional goals. Application and submission details will be shared with students via their school counselors. The deadline to apply is Friday, May 9. As part of its commitment to the community, MMWEC has awarded \$66,000 in scholarships to

help local students defray the cost of higher education since the inception of the scholarship program in 1998. MMWEC is the joint action agency for public power in Massachusetts, providing a variety of power supply, financial, risk management and other services to the state's consumer-owned, municipal utilities. MMWEC is the operator and principal owner of the Stony Brook Energy Center on Moody Street and has been a corporate resident of Ludlow for nearly 50 years.

## Relay for Life looking for participants

BELCHERTOWN—Quabog Valley Relay for Life is looking for more teams to join our Relay on May 31 on the Belchertown Common from 10 a.m. to 10 p.m. Everyone has been affected by cancer so now is the time to form a few friends and family so you

can fundraise and spread awareness of this dreaded disease. You do not have to have a large team or lots of money collected. A few new teams getting in some donations is a big help to the American Cancer Society. After we are done doing

all our fundraising, the Relay is a way to unwind and celebrate our accomplishments. The teams can be in honor or in memory of a loved one or friend. Any questions please feel free to email [ctellie@juno.com](mailto:ctellie@juno.com)

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Welcome Dr. Baroudi

The doctors and staff of Ludlow Family Dentistry take great pleasure in welcoming Amer Baroudi, D.D.S. to their practice. Dr. Baroudi was born and raised in Fort Lee, New Jersey, where he graduated from Fort Lee High School. He attended Rutgers University with a major in Biology. Following graduation, Dr. Baroudi went on to earn a dental degree from NYU College of Dentistry where he worked with and learned from renowned faculty.

Dr. Baroudi provides excellent and comprehensive dental care focusing on providing personalized and caring treatment to every patient. He is well versed in all aspects of dentistry, including Restorative, Endodontics, Oral Surgery and the latest dental technologies. Dr. Baroudi also feels that patient education is a valuable component that allows him to achieve the goals of a beautiful, healthy stable mouth for his patients of all ages.

He is an active member of the American Dental Association, as well as state and local dental organizations. Dr. Baroudi is accepting new patients. For an appointment please call (413) 583-6574.



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# SPORTS

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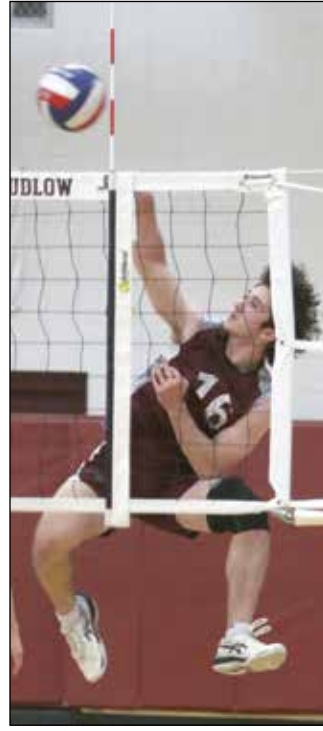
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## Ludlow volleyball shut out in opener



Adam Riley sets the ball up in the middle of the court.



Nicholas Deroin sends the ball back into play.

LUDLOW – Last Thursday evening, the Ludlow High School boys volleyball team opened the regular season with a tough matchup with Longmeadow. The visiting Lancers picked up the win in straight sets, shutting out Ludlow 3-0.

Nicholas Falcetti starts a play with a bump.



Aaron Landers tries to sky the ball over the Lancer blocker.



Damien Martinez gets a low bump.



Turley photos by David Henry www.sweetdogphotos.com  
Cooper Champigny goes for a spike.

## Rivest set to take helm of Ludlow baseball

By Tim Peterson  
Sports Correspondent

LUDLOW— Since graduating from Springfield College in the spring of 2019, Cam Rivest has built a very good coaching resume at the high school level.

In the fall, Rivest is the boys' varsity soccer coach at Holyoke High School. In the winter, he's an assistant varsity coach for the Ludlow hockey team, which is coached by his father, Paul. During the past three years, Rivest had coached the junior varsity baseball team at Holyoke, but he'll be moving up to the varsity ranks this spring.

Rivest, who's a physical education teacher at Dean Tech in Holyoke, was recently named as the new varsity baseball coach at Ludlow High School.

"I'm very excited about taking over as the Ludlow varsity baseball coach," said Rivest, who was also an assistant varsity baseball coach at Southwick several years ago. "The school held a meet the coaches' night, and the baseball players seem like they're good kids. I also spoke with their families about the things that I want to accomplish this year."

Two of the people that Rivest will be working very closely with this spring are Ludlow Athletic Director Tim Brillo and Ashley Mourao, who's the school's athletic trainer.

"I've known Ashley since I was in middle school and she's an outstanding trainer. She's always willing to help you out whenever you call her with a question. She also tries her best to get the injured players healthy as soon as possible," Rivest said. "Mr. Brillo is an outstanding Athletic Director. He always has a good plan for everything that he does. He's also very supportive."

The Lions baseball team has won a total of ten games since the start of the 2021 regular season. Six of those victories came during the 2022 campaign.

"I don't think we're going to go undefeated and win a state championship this year," Rivest said. "I just want my players to have a positive mindset about the

game of baseball. I think the puzzle pieces are there, but we just need to connect them all together."

The Lions will be playing their home games on a brand new field located behind the high school.

"It's going to be cool playing homes games in our own backyard instead of over at Whitney Park," Rivest said. "It's also a much easier field for our fans to get to because there is a lot more parking here. It's a beautiful facility."

Rivest played soccer, hockey, and baseball at Agawam High School.

During Rivest's varsity hockey career, the Brownies won four league titles and a pair of Western Mass. titles. They were also Division 3A state champions when he was a sophomore.

"We beat Grafton, 3-1, in the state finals at Olympia," Rivest said. "The place was packed, and it was the loudest that I've ever heard an arena. It was a cool experience. We never won a championship title in baseball. We lost eleven one run games in my junior year."

One of his AAU baseball coaches was Carl Hanselman, who used to coach the Western Mass. Storm.

"Carl really helped me develop my baseball skills when I was younger," Rivest said. "I learned a lot from him. He taught us all the little things about baseball. We used to practice for two or three hours where we wouldn't even touch a ball. He would just bring us to the different positions on the field. He's a great guy."

Hanselman, who's a pitcher from Florida, was drafted by the San Francisco Giants in the fourth round of the 1988 MLB draft. He played for several different minor league teams.

Another one of Rivest's AAU baseball coaches was Pete Fatse, who's currently the hitting coach for the Boston Red Sox.

Rivest was a four year member of the Springfield College baseball team where he played several different positions. His college baseball coach was Mark Simeone, who recently retired after 33 years.

Please see **RIVEST**, page 8

## Falcons double up on Lions in opener

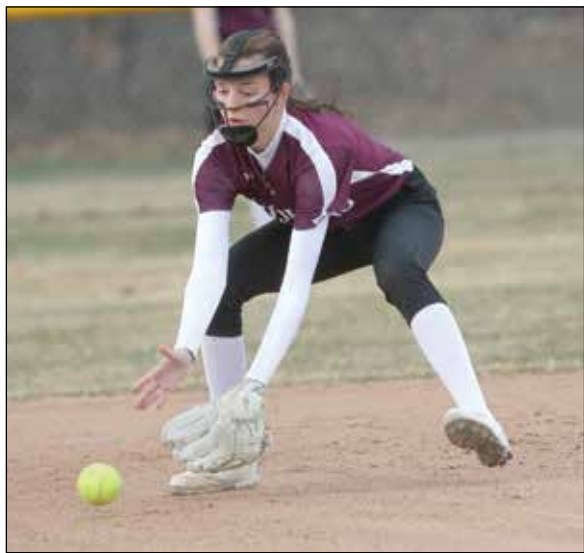


Caitlyn Peczkka delivers a throw back to the infield.

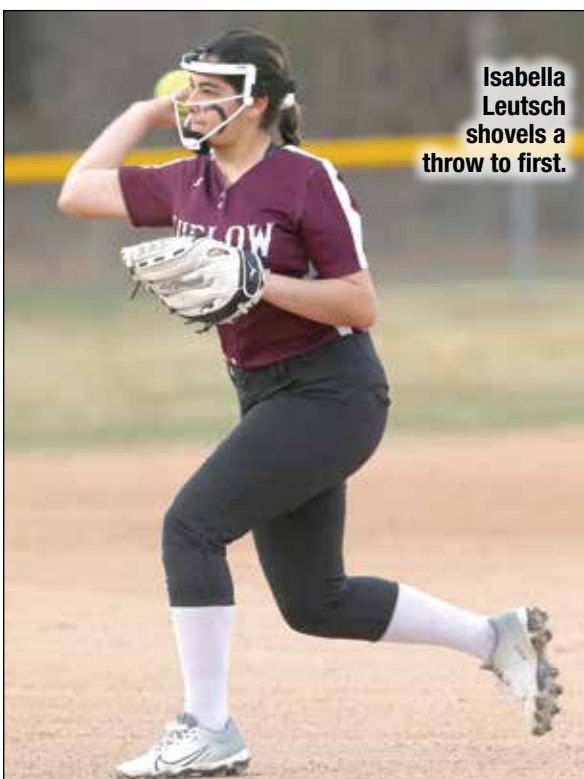


Liberty Carlson makes a close catch in the outfield.

WILBRAMHAM – The Ludlow and Minnechaug Regional softball teams have been making a habit of getting together early in the spring season for the past four years. This year, the two teams faced each other in the season opener last Friday afternoon. Minnechaug's offense was on display as they picked up the 12-6 win.



Turley photos by David Henry www.sweetdogphotos.com  
Kylie Roach fields a grounder to short.



Isabella Leutsch shovels a throw to first.

## Quabbin League holding open practice for new players

The Quabbin Valley Over-28 Baseball League is looking to infuse new talent into its league for the 2025 season.

The league is looking for at least six more players to sign up to play in the league this year.

Coming up this Sunday, April 6, practice will be held at Beachgrounds Park in South Hadley and are weather-permitting. Both practices will begin at 10 a.m. and following the April 6 practice, new players will be drafted to teams in the league as the league works to fill its open roster spots.

Registration for the 2025 season is now open and any interested players can go to www.quabbinvalleybaseball.org to get registered, or to seek more information or make inquiries about the league. The league website will also be updated over

the next month with information about the upcoming season.

There are many open roster spots available in the league for the 2025 season, which is tentatively scheduled to begin on Sunday, April 27. The league plays most Sunday from late April through mid-August with playoffs following that. The league plays a 15-game schedule and typically fields six teams each year. Games are usually played at 10 a.m. with fields in Easthampton and South Hadley normally used.

The Quabbin Valley league is an all-abilities league and all are welcome to join. Eligibility is players who are age 28 and over. You must be 30 to be eligible to pitch in the league. Your age for eligibility is whatever age you will turn in 2025.

**SURVIVOR** from page 1

Abraham Rodstein was born in 1928 in Šiauliai, Lithuania, into a family of considerable means. His father owned two movie theaters, a bakery, and several cafes, and the family enjoyed a comfortable, even luxurious, lifestyle. Rodstein recalls his childhood as “spoiled,” living in a large, modern home with staff and vacationing every summer at the Baltic Sea in Palanga, Lithuania. The family was not particularly religious, yet they valued education and culture. Rodstein was raised in a secular Hebrew school and was trained in music, playing the violin after starting with the viola at age six.

Lithuania, in the years before World War II, was a rapidly modernizing country, and its capital, Vilnius, was seen as one of the most progressive cities in Eastern Europe. Rodstein’s parents worked to provide him with a cultured upbringing. Despite his father’s business success, the looming shadow of political upheaval began to cast a cloud over the family’s future.

In 1940, when Soviet forces occupied Lithuania, the Rodstein family relocated to Kovno (now Kaunas). It was here that they saw their businesses confiscated by the Soviets, and Rodstein’s father, once a thriving businessman, became just another employee in the nationalized system.

Rodstein recalls the uneasy feeling during the early years of Soviet occupation. Despite the difficult circumstances, his family maintained a degree of normalcy. He joined the Soviet Boy Scouts, a program designed to indoctrinate youth with communist ideals, though Rodstein soon found himself disillusioned. This disillusionment, however, would later help save his life. On one camping trip to the same place he summered with his parents, he faked appendicitis to return home early, not liking the accommodations compared to the place his family stays at in Palanga. The doctor recognized he was faking but was a friend of his father’s and arranged transport home for him anyway, letting him narrowly avoid a horrific fate. The other Jewish boys at his camp were later executed by the Nazis during the German takeover of Lithuania, a fact Rodstein learned only years later.

When Nazi Germany invaded the Soviet Union in June 1941, Lithuania found itself under the occupation of the German army. Initially,



**Tom Slawiak and Abraham Rodstein explain that they will be telling the story together with Tom prompting Rodstein with questions.**

some Lithuanians, particularly right-wing nationalists, welcomed the Nazis as liberators from Soviet rule. However, this collaboration soon turned deadly for the Jewish population, as Lithuanians began assisting the Germans in rounding up Jews for execution. This marked the beginning of the Holocaust in Lithuania, where mass shootings and brutal deportations were carried out by both German soldiers and local collaborators.

The Rodstein family quickly recognized the danger and fled to Kovno, where they had relatives. Rodstein’s uncle, a correspondent for a Russian military newspaper, warned them of the coming terror. In Kovno, the family’s worst fears were realized when the Nazis established a ghetto to confine Jews, a decision that marked the beginning of a devastating period in their lives.

Rodstein, who was only 13 years old at the time, watched as the ghetto’s population swelled to over 30,000 people. The living conditions were deplorable, with widespread disease and starvation. Despite the grim surroundings, Rodstein found a way to survive by attending a vocational training school run by the ORT (Organisation for Rehabilitation through Training). It was here that he learned valuable carpentry skills, which would later prove essential to his survival in the concentration camps.

During this time, Rodstein’s father, who had been forced to leave his business behind, worked tirelessly to provide for the family in the ghetto. Though conditions worsened, Rodstein was fortunate to be enrolled in the vocational school, a factor



**Rodstein speaks of his time in Dachau as Tom and everyone listens on.**

that likely kept him from being selected for forced labor or execution during the early “Actions” in the ghetto.

Yet it was during this time that Rodstein’s background in carpentry and his ability to speak several languages would prove to be his lifeline. He built scale models of houses for high-ranking Nazi officials, allowing him to stay in relative safety for longer than many others.

Rodstein also credits a professor trapped in the ghetto with saving his intellectual life. The professor, a refugee from the first firings of Jewish professors in Germany, took the time to teach Rodstein physics, mathematics, and engineering, giving him skills that would later allow him to secure an education after liberation.

In 1943, the Kovno Ghetto was officially turned into a concentration camp. By 1944, the Nazis began the liquidation process, sending Jews to concentration camps across Europe. Among the 6,000 remaining Jews in



**Slawiak explains the important cities being mentioned in the talk by pointing them out on a map of Lithuania**

Kovno, Rodstein was among those selected to be transported to Dachau. The journey was brutal, but it was only the beginning of the horrors Rodstein would face.

Upon arriving at Dachau, one of the most notorious concentration camps, Rod-

stein experienced firsthand the deprivation and cruelty that defined the camp. The harsh conditions, forced labor, and near-daily executions filled the days with unimaginable suffering.

Rodstein’s time in Dachau was marked by mo-

ments of sheer terror, including one near-death experience. During the final days of the war in 1945, Rodstein was subjected to a brutal de-lousing procedure. Left for dead on a pile of corpses after nearly freezing to death, he was miraculously saved by a doctor who recognized him and managed to keep him alive.

On April 29, 1945, American soldiers liberated Dachau. Rodstein, now 17 years old, was freed from the nightmare of the concentration camp. But the relief was bittersweet. His family had been torn apart, and he had no idea whether his mother had survived. After the war, Rodstein and his father embarked on a search for her, eventually reuniting with her in Czechoslovakia. The family would later immigrate to the United States in 1950, where they settled in New York.

During a poignant Q&A session at the Hubbard Library event, Rodstein was asked how he found the strength to continue enduring such suffering. His answer was simple yet profound: “What choice did I have? It was live or die.”

As the event drew to a close, Rodstein shared his deep concerns for the present. He spoke about the current political climate, expressing alarm over the rise of divisive rhetoric and ideologies. “I am afraid the last couple of months are reminiscent of Germany in the 1930s,” he warned. His words were a chilling reminder of the fragile nature of democracy and human rights.

Rodstein also emphasized the importance of memory and education, stating, “I am a survivor, not a victim. Let us hope it does not happen again... I am very worried about that.”

Rodstein’s story of survival, though heartbreaking, is ultimately a testament to the power of the human spirit. His experiences reflect the horrors of the Holocaust but also the capacity for hope and strength in the face of overwhelming odds. As the evening concluded, it was clear that his story, and the lessons it imparts, are more relevant than ever in today’s world.

The talk at the Hubbard Library was not just an opportunity to hear about history, but also a call to action; to remember the past, to honor those who perished, and to prevent such atrocities from ever happening again.

## Bumpy Roads Ahead: Pothole Season Enters its Peak

*AAA warns drivers of heightened risk of potholes as winter gives way to spring*

REGION—It’s the time of year known for dramatic temperature swings and bouts of heavy rainfall. The transition from late winter to early spring is also the time when drivers face the dreaded annual emergence of fresh potholes.

AAA is reminding Massachusetts drivers they should expect potholes to appear over the coming days and weeks as roads crumble under changing temperature conditions. Driving into a pothole is not only jolting, but it can also be costly: a 2023 AAA survey found that the number of drivers who sustained vehicle damage from a pothole requiring a repair soared 57% from the previous year. In 2022, an estimated 44 million U.S. drivers were hit with pothole repair bills, up from 28 mil-

lion in 2021. The average price tag was \$406 per repair.

It’s not just wheels and tires that suffer when roads are pockmarked by potholes. Driving into a large pothole can damage vehicle suspension and steering components as well. In a worst-case-scenario, hitting a pothole - or taking evasive action to avoid one - can lead to a crash.

“Driving into a pothole can be jarring and upsetting, especially when it leads to a blown tire, bent rim or worse,” said Mark Schiel-drop, senior spokesperson for AAA Northeast. “While potholes might seem unavoidable this time of year, you can decrease the odds of hitting one by driving and reacting appropriately.”

**Here’s how to avoid pothole damage:**

Adjust your driving technique by slowing down and increasing the space between your vehicle and the vehicle in front of you. This gives you more time to spot

a pothole and avoid it.

Avoid driving into puddles, which might hide a deep pothole underneath the surface of the water.

Be extra alert on days following heavy rain or when temperatures swing below and above freezing in a short period of time. Rainwater can rush into cracks and grooves and lift away broken segments of pavement. Lingering water expands when frozen, creating new cracks and fissures. This vicious cycle can rapidly deteriorate a road already subjected to the incessant pounding of vehicle traffic.

Make sure your tires are properly inflated. Follow the manufacturer’s recommended inflation pressure, usually indicated on a sticker inside the driver’s side door jamb. Low-profile tires are increasingly popular, but they’re more vulnerable to blowouts and damage.

If you can’t avoid hitting a pothole, try the following:

Lift your foot off the gas and try to keep the wheel as straight as possible to prevent suspension damage.

Slow down as much as possible but avoid braking hard as you go over the pothole as it will compress your suspension and put extra force on the tire.

Pay attention to any new or unusual noises or vibrations after driving through the pothole. If something feels off, it could be a sign of damage. Take your vehicle to a trusted repair facility for a thorough inspection.

Report the pothole to authorities and file a damage claim if applicable. In some jurisdictions, drivers may be entitled to reimbursement for pothole damage repairs, but there may be exceptions. In Massachusetts, potholes can be reported to MassDOT or city/town Departments of Public Works.

*AAA Northeast is a not-for-profit auto club with offices in Rhode Island, Massachusetts, Connecticut, New Jersey, New Hampshire and New York, providing more than 6.5 million local AAA members with travel, insurance, financial and auto-related services.*

**GARDEN** from page 4

“twining” plants, however, so they will need to be tied to a strong trellis or stake to maintain their vertical nature. Because the plant is off the ground, there appears to be improved disease resistance, too.

Stay tuned as to whether this zucchini lives up to the hype in terms of productivity and increased vigor.

Last on my list is Mouse Melon. I saw these for the very first time at the Hardwick Fair in 2022, hence my purchase. Also known as Mexican Sour Gherkin, these fruits grow to about the size of a grape, but taste somewhere between a cucumber and a watermelon, growing more sour as they mature.

The seeds were tiny, not what I expected at all and only half of what I planted

came up, so I will definitely be sowing double the normal rate. The vine grows long – upwards of 10 feet, so be sure to trellis to make the best use of space.

I know little more than you do about this one, but I can’t wait to try it out. Will it remain a curiosity or will Mouse Melon become a regular? Will any of these?

We’ll have to wait to find out!

*Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 33 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with “Gardening Question” in the subject line.*

**RIVEST** from page 7

“Coach Simeone is an old school baseball coach,” Rivest said. “He would have our practice and game day scheduled planned out for us every day. We were a successful team in my last two years there. It was a lot of fun playing college baseball.”

The Ludlow junior varsity baseball coach is Joe Nixon. Paul Rivest will be helping his son’s baseball team as a volunteer coach.

The Lions are scheduled to play their first game on the new diamond against the Monson Mustangs in the season opener on March 31. It’ll be the start of a new era.



# Valley Wheel tryouts set

Players looking to join the Valley Wheel Over-28 Baseball League can attend the tryouts beginning Sunday April 6. The time and location of the tryout is to be determined.

The league, which plays its games in Western Massachusetts and Northern Connecticut, makes sure that everyone gets a fair share of the action. Everyone plays a minimum of 4 innings in the field, and everyone bats. The league follows MLB rules with some modified rules adapted with safety in mind.

The Valley Wheel stands apart from other leagues across the country for this reason:

Their league charter and one of their main goals, is to

work toward having a league with teams of equal strength.

The league is now seeking new players to fill open roster slots. Enjoy the competition and camaraderie with a great group of guys who enjoy the game as much as you do. Stay in shape and make new friends. Be part of something that happens once a year, and with luck, win a championship that might be once in a lifetime. Grab your glove and cleats and join a team for a great adventure. It's not too late don't miss out; opening day is just around the corner. For more information, contact Jim Nason at 413-433-4308 or visit the website [www.ValleyWheelBaseball.org](http://www.ValleyWheelBaseball.org)

OT from page 1

Holyoke Parade, to see how they do it. That's an open event, very dangerous, open air, there's just no way to secure it, but the Big E was different, so we followed a lot of their paths."

Valadas said that the department was able to offset some of the costs for the event, and that

"I'm using the best practices possible. The town did incur, if you look back 10 years ago, that might have been \$12-15,000," Valadas said. "If something happens and we have one violent event there, who are they coming after? They're coming after me, and all these people for not doing our

jobs."

The meeting was packed full of members of the department who attended to show their support for the department and the chief.

"As much as we're all here because we care about the town, we're also here to support this man," said Officer Isaac Santana. "If you want to work in an environment that's toxic, that doesn't support their people, that's not productive, with officers hiding behind buildings and not doing anything, getting rid of this man's going to do that here."

Valadas joked that he would not approve any overtime slips for the officers who attended the meeting.

# NOTICES

MORE LEGALS ON PAGE 11

**NOTICE AND ORDER: Petition for Resignation or Petition for Removal of Guardianship of a Minor**  
**DOCKET NO. HD19P1879GD**  
**COMMONWEALTH OF MASSACHUSETTS**  
 The Trial Court,  
 Probate and Family Court  
 Hampden  
 Probate and Family Court  
 50 State Street  
 Springfield, MA 01103  
 In the interests of  
 Emily E Beyer  
 of Ludlow, MA  
 Minor

NOTICE TO ALL INTERESTED PARTIES

1. **Hearing Date/Time:** A hearing on a Petition to Resign as Guardian of a Minor or Petition for Removal of Guardian of a Minor filed by Department of Children and Families on 03/10/2025 will be held 04/09/2025 08:30 AM Guardianship of Minor Hearing located 50 State Street, 4th Floor, Springfield, MA 01103

2. **Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and Mail a copy to all interested parties at least five (5) business days before the hearing.

3. **Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. **Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

**THIS IS A LEGAL NOTICE:** An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: March 10, 2025  
 Rosemary R. Saccomani,  
 Register of Probate  
 04/02/2025

Commonwealth of Massachusetts  
 The Trial Court  
 Probate and Family Court  
 Hampden Probate and Family Court  
 50 State Street  
 Springfield, MA 01103  
 (413)748-7758  
 Docket No. HD25P0613EA  
 Estate of:  
 Nancy T Laurin  
 Date of Death: 11/16/2024  
**CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:  
 A Petition for Formal Appointment of Personal Representative has been filed by Jeffrey J Laurin of Boston, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Jeffrey J Laurin of Boston, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

**IMPORTANT NOTICE**  
 You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection

at this Court before: 10:00 a.m. on the return day of 04/22/2025. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and

may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Barbara M Hyland, First Justice of this Court.

Date: March 25, 2025  
 Rosemary A Saccomani,  
 Register of Probate  
 04/02/2025

**Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.**

## PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to [notices@turley.com](mailto:notices@turley.com)
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

**Public notice deadlines are Friday at 3 p.m.**

**visit [www.publicnotices.turley.com](http://www.publicnotices.turley.com)**

# PET PAGE

## ATTENTION READERS!

Send in your pet picture for our "Pet of the Month" and receive a free weekend get-away or spa package for your pet courtesy of Porter Road Pet Care.

Email your photos to: [jwalker@turley.com](mailto:jwalker@turley.com).

Please include your name and your pet's name.



### PET OF THE MONTH Meet Ruby!



She is a 3 1/2-year-old miniature Australian Labradoodle. She has fun no matter what the season. Her favorite past time is playing ball. She is an essential part of the Pilon family. They love her very much and believe she is the best dog ever!

### To Kiss or Not To Kiss: Should You Let Your Dog Kiss Your Face?

There is no greater feeling when you get home to get an affectionate, although slobbery, greeting from the four-legged members of your family!

However animal experts are in agreement on one scientifically proven fact: It is highly unsanitary for your dog to lick around your face, eyes, and nose! Dogs have been proven to carry various bacteria in their mouths that can be beneficial or non-effective to their overall health but are not meant to be absorbed by the human body through thin membranes such as our eyes, nose and mouth.

The top five bacteria that could be transferred through the face and/or mouth are outlined in a short summary below:

1. **Capnocytophaga Canimorsus:** An organism carried in the mouths of dogs, and it causes a very bad sepsis infection.
2. **Staphylococcus Aureu (Staph Infection):** The majority of time your dog can safely carry this virus strain without it affecting their overall health, but when transferred to a human it can have life-threatening consequences.
3. **Ringworm or Hookworm:** Can cause either painful itchy infections or inflammation, or even intestinal bleeding depending on the point of entry.
4. **E.Coli:** A potentially fatal bacterial disease with symptoms ranging from diarrhea to nausea to intestinal bleeding.
5. **Salmonella:** A painful bacterial disease that can cause diarrhea, intestinal cramping, nausea and vomiting.

Showing affection with your dog is good for you and your dog. Setting boundaries, however, in how our dogs display that affection can be beneficial for everyone!

### ELDOTC East Longmeadow Dog Obedience Training Club

Classes held at 546 Main Street, Hampden, MA

Classes held every Monday-Thursday evenings



Start Your Puppy or Rescue Off Right With Obedience Training at ELDOTC!

Obedience Training - Beginner to Utility

Facebook.com/eastlongmeadowdogobedience  
 For Information or to Register  
 Call (413) 355-0553  
[eastlongmeadowdogobedience.com](http://eastlongmeadowdogobedience.com)  
**We Teach You How to Train Your Dog!**

### WILBRAHAM Animal Hospital

Andrew R. Hersman, DVM  
 Lynn Dgetluck, DVM  
 William D. Anderson, DVM  
 Hannah Belcher-Timme, DVM  
 Denise Chiminiello, DVM  
 Leah Guidry, DVM  
 Madison Harris, DVM  
 Nicholas Schipper, DVM



Now Accepting New Patients!

**Wilbraham Animal Hospital**  
 2424 Boston Road, Wilbraham, MA  
 413.596.8395  
[wilbrahamanimalhospital.com](http://wilbrahamanimalhospital.com)  
**East Springfield Veterinary Hospital**  
 525 Page Blvd., Springfield, MA  
 413.739.6389 • [esvhospital.com](http://esvhospital.com)  
 (Less than 1 mile from Rt. 291)  
 Open Evenings & Saturdays

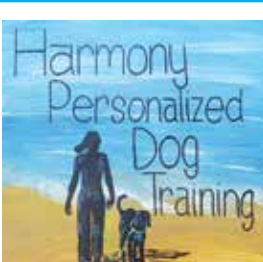
### Porter Road Pet Care

141 Porter Road  
 East Longmeadow MA  
 413-525-3532

[www.porterroadpetcare.com](http://www.porterroadpetcare.com)

- Day Care
  - Boarding
  - SPA Services Available
- Web Cams  
 Heated  
 Large  
 Indoor/Outdoor  
 Accommodations  
 Playtime Available - Fenced in  
 1/4 Acre Lot

**Save \$5 on Daycare, Grooming or Boarding Services**  
 Limit 1 coupon per pet.  
 Expires 4/30/25



### Servicing Wilbraham & the Surrounding Towns

413-246-0859  
 AKC Certified

- "Saturday In the Park!"  
 Every Saturday at Post Office Park, Wilbraham  
 12 noon - Pack Walk  
 1:30 p.m - Basic Obedience & Socialization (Both Weather Permitting)

- Private training in your home
- Intro to your puppy or new rescue training
- Basic obedience, life and manners training
- Behavior modification
- Group "Pack" walks & socialization



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All hardwood.  
Tree length available  
\*Also have seasoned softwood for outdoor boilers (Cheap). Quality & volumes guaranteed!! New England Forest Products (413)477-0083

## MISCELLANEOUS

**CANAMS 1973 MX1, 125**, complete minus frame. Unused factored created engine 175cc. 1975 TNT 250 frame/parts, \$2000. 1947 Crosby Coupe frame off restoration, \$7500. 1999 Mom's Buick Presidential Custom Century, 54,000 miles, one owner, registered, garaged, all scheduled maintenance records, \$5500. Late 50's Toro Reel lawnmower, beautiful restored \$100. Two sheets, 4'x8' 1/2 inch new 3m plexiglas \$100. 165 milk crates, colonial thru 1920 bottle cache. Historic colonial hand-tooled redstones; Benches, Wells, Ballards, Yankee Cobbles, Darby Marble, Italian Travertine, much more. **413-262-4775.**

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**ANTIQUE AND OLD STUFF WANTED.**

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### A Call We Haul FAST REMOVAL

Junk, Appliance, Cleanouts.  
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## SERVICES



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Cellars, attics, garages cleaned, yard debris. Barns & sheds demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. (413)283-6512, cell (413)222-8868.

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## SERVICES

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**(413) 366-1703**  
LICENSED & INSURED

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Residential electrical service, mini splits, EV chargers, smoke detection. Fully insured. Licensed #22882A. Mike **413-210-9140.**

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Decks, porches, repair service, roofing and siding contractor. Tim **413-563-2229.** Licensed/insured. 35 year construction supervisor.

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Interior and exterior - Finish carpentry, framing, window & door replacement, drywall, painting and decks. Competitive pricing. Insured.  
Call Brendan at **413-687-5552.**

## SERVICES

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Shrub, Stump, Tree Removal  
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Storm Clean-up  
Small Demolition/  
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Weekly Mowing  
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Paver Patios, Walkways  
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Insured - Commercial - Residential

**T & S LANDSCAPING** Highest quality, lowest price. Servicing the Pioneer Valley. Weekly, bi-weekly mowing, Spring, Fall and Gutter clean-ups. (413)330-3917

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All brick, block, stone, concrete. Hatchway doors, basement windows, chimneys rebuilt & repaired, foundations repaired, basement waterproofing systems, sump pumps. BBB+ rating. Free estimates. Lic #14790. Call (413)569-1611, (413)374-5377

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Interior only \$199.00 for average 12x16 room. Very neat, references, prompt service call (508)867-2550

## SERVICES

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**H & H TREE SERVICE** All phases of tree care. Call Dave (413)668-6560 day/night.

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**A & M TUNE-UPS**  
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Work done at your home.  
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## STUMP GRINDING

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## SERVICES



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**CANAMS 1973 MX1, 125**, complete minus frame. Unused factored created engine 175cc. 1975 TNT 250 frame/parts, \$2000. 1947 Crosby Coupe frame off restoration, \$7500. 1999 Mom's Buick Presidential Custom Century, 54,000 miles, one owner, registered, garaged, all scheduled maintenance records, \$5500. **413-262-4775.**

## HELP WANTED

**Light Equipment Operator/Laborer**  
The Granby Highway Department has a 40 hour per week position available for a Light Equipment Operator/Laborer. This position requires the ability to operate various types of machinery, hand tools and equipment (examples include lawnmowers, plows, sanders, asphalt paving equipment). The position is Grade 3 classification. Steps within this grade range from \$18.72-\$24.42 per hour. A valid Massachusetts class A or B CDL driver's license is required. Special consideration will be given to candidates who possess the higher license class, or additional experience and or relevant construction experience that would be determined to be beneficial to the operations of the Highway Department. Please contact the Highway Superintendent at **413-467-7575** at the **Highway Garage (15 Crescent St, Granby MA 01033)** for further information, a copy of the job description and/or an application for employment. Applications will be accepted through May 1, 2025.

**The Town of Huntington is seeking a full-time Chief of Police.** \$75,000 - \$90,000 yearly salary based on qualifications. Application and complete job description are available online at **www.huntingtonma.us** or by emailing **admin@huntingtonma.us**. Deadline to apply is 4/28/2025. Town of Huntington is an Equal Opportunity Employer.

## TOWN OF WILBRAHAM

**Human Resources Coordinator**  
The Town of Wilbraham is looking for an HR Coordinator to join our team. For application and more info, visit **www.wilbraham-ma.gov**. Application deadline 4/11/2025

## REAL ESTATE

### FOR RENT



**ALL REAL ESTATE** advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

### HILLSIDE VILLAGE APARTMENTS

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- Heat and hot water included
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228 West St., Ware, MA 01082  
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Call For An Appointment  
The IRS does not endorse any particular individual tax return preparer. For more information on tax preparers go to [irs.gov](http://irs.gov).

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MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069 DEADLINES: FRIDAY AT NOON  
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5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20 Base Price \$26.00
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25 Base Price \$28.50	26 Base Price \$29.00	27 Base Price \$29.50	28 Base Price \$30.00
29 Base Price \$30.50	30 Base Price \$31.00	31 Base Price \$31.50	32 Base Price \$32.00
33 Base Price \$32.50	34 Base Price \$33.00	35 Base Price \$33.50	36 Base Price \$34.00
37 Base Price \$34.50	38 Base Price \$35.00	39 Base Price \$35.50	40 Base Price \$36.00

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Number of Weeks: \_\_\_\_\_ X per week rate = \$ \_\_\_\_\_  
Credit Card:  MasterCard  VISA  Discover  Cash  Check# \_\_\_\_\_  
Card #: \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_  
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**Quabbin Village Hills**  
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All Three ZONES for \$26.00 for 20 words plus 50c for each additional word.

**GREAT VALUE!**  
ALL 3 ZONES NOW FOR THE PRICE OF ONE!

**OUR CLASSIFIEDS REACH 50 COMMUNITIES EVERY WEEK!**

# OBITUARIES

## Rosalie Marie (Cira) Parylak

Rosalie Marie (Cira) Parylak, 71, passed away on March 25, 2025 at home surrounded by her loving family. Born in Ludlow on February 18, 1954 to the late Rudolph and Rose (Skowron) Cira, she was a lifelong Ludlow resident. A devoted member of Christ the King Church, Rosalie was an active participant in the Children of Mary, the Women's Guild, and served as the coordinator for the Perpetual Adoration Chapel. Her 36-year career as a teacher in Ludlow included roles at East Street School and Veterans School, where she made a lasting impact on countless students. Beyond the classroom, she played an integral role in her grandson's education. In her free time, Rosalie loved quilting and sewing. She loved cooking and baking, often preparing meals and treats for her family and friends, no matter the occasion. She took pride in her Polish heritage, cherishing the traditions that were passed down through generations. Celebrating these customs, especially during the holidays, was a meaningful part of her life. She will



be remembered as a kind and compassionate woman who was always there to help others. She leaves her husband of 47 years, Raymond Parylak; her sons, Carl Parylak and his wife Heather of Granby and Mark Parylak of Ludlow; a beloved grandson, Dustin Wyatt Parylak; 2 brothers, Rudolph and John Cira, both of Ludlow, along with several nieces, nephews, other extended family members and many friends. She was predeceased by her parents, a brother Frederick Cira and a sister Henrietta Brigada.

Calling hours were held on Friday, March 28, 2025 from 9 to 11 a.m. at Nowak Funeral & Cremation Service followed by a Mass of Christian Burial at 11:30 a.m. at Christ the King Church with burial at Island Pond Cemetery. Memorial contributions may be made to support the Perpetual Adoration Chapel c/o Christ the King Church, 41 Warsaw Ave., Ludlow MA 01056.

To offer online condolences to the family, please visit [www.nowakfuneral.com](http://www.nowakfuneral.com).

## Alyce M. (White) Richmond

Alyce M. (White) Richmond, 98, entered into eternal rest on March 23, 2025 at Yale New Haven Hospital, St. Raphael Campus, with family by her side. Born in Springfield, MA, Alyce graduated from Ludlow High School and earned her registered nurse's degree from the Boston City Hospital School of Nursing in 1947. She was a member of the school's final U.S. Cadet Nurse Corps class, which trained registered nurses to serve in the U.S. military and public hospitals. While in nursing school, Alyce met the love of her life, Bill Richmond, when he was stationed at the Boston Naval Yard and serving as a submarine corpsman. After they married, Alyce became a loyal military wife, and she and her growing family lived on or near Naval bases in Massachusetts, Virginia, California, Maine, and Connecticut. Upon settling in East Haven, CT, Alyce worked as a night nurse at Olin Mathieson Corporation for one year before her youngest daughter, Susan, was born. Alyce later worked at the West Haven Veterans Administration Hospital's hemodialysis unit for two years. In 1970, St. Raphael's Hospital hired Alyce to establish and manage the hospital's first hemodialysis unit. She created all of the new unit's policies and procedures, and worked there for 20 years until her retirement. Alyce knew kidneys inside and out and cared deeply for her patients and co-workers. In addition to her nursing career,



Alyce enjoyed tending to her vegetable and fruit gardens, and canning her bounty each fall. She was a fantastic cook, and enjoyed watching TV cooking shows and trying new recipes. Alyce was also an avid craftsperson, and sewed many of her daughters' clothes and made beautiful quilts. She also created memorable photo albums and boxes with luxurious fabrics, ribbons, and notions, which she either gifted to family and friends or sold in local consignment shops. A woman of deep faith, Alyce became a Catholic in her 40s and was a devout member of Our Lady of Pompeii Church in East Haven, CT. She faithfully attended morning Mass each day for many years and believed in the power of prayer. She was a Minister of Care for the church, and brought comfort and communion to homebound people. She also helped prepare food for other church members to deliver to a homeless shelter in New Haven. In addition, Alyce used her superb imagination and organizational skills to create beautiful dolls' clothing, Christmas ornaments, vintage Santa Clauses complete with handmade gifts, and other special items to sell at the church's annual holiday bazaar. In 2017, the Archbishop of the Hartford Diocese awarded Alyce the St. Joseph Medal for her outstanding service to the church. Above all, Alyce was a devoted and steadfast wife, mother, grandmother, daughter, sister, aunt, and

friend to all. Alyce will be lovingly remembered by her surviving children and their spouses, Timothy and Maritza Richmond of Oxford, CT, Barbara and Joseph Donato of Bolton, MA, and Susan Richmond and Sharon Cooper of Berlin, CT; 8 adoring grandchildren, Alicia Belinsky (Louis), Alexander Wilde (Daniella), William Richmond, Kristin Sasinowski (Scott), Megan Dabkowski (Thomas), Amy Correa (Michael); Erik Hummel (Angie), and Heather Hummel; 11 great-grandchildren, Jordan, Dominic, Aubrey, Brooke, Meilani, Dylan, Noah, Grace; 1 great, great grandchild, Maverick; her sister, Barbara J. Kahn of Wisconsin; and generations of nieces, nephews, cousins, extended family and friends. She was pre-deceased by her parents, Rutherford F. White and Marion (Meeker) White; her husband, William C. Richmond; her son, William M. Richmond; and her dear friend Alice Calandriello. Her funeral procession departed the Porto Funeral Home, 234 Foxon Rd. (Rte 80) East Haven Friday morning, March 28, at 9:30 a.m. A Mass of Christian Burial was celebrated in the St. Pio of Pietrelcina Parish at Our Lady of Pompeii Church at 10 a.m. Interment followed in St. Agnes Cemetery in Branford. Friends were invited to call Thursday, March 27, from 4-7 p.m. Memorial contributions may be made in memory of Alyce Richmond to the Connecticut Nurses Honor Guard at: <https://www.ct-nurses-honorguard.org/>.

## DEATH NOTICES

**Alyce M. (White) Richmond**  
Died March 23, 2025  
Services  
March 27, 2025  
Porto Funeral Homes

**Rosalie Marie (Cira) Parylak**  
Died March 25, 2025  
Services  
March 28, 2025  
Nowak Funeral Home

## The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph.

### Death Notices & Paid Obituaries

should be submitted through a funeral home to: [obits@turley.com](mailto:obits@turley.com).

*Exceptions will be made only when the family provides a death certificate and must be pre-paid.*

## NOTICES

### MORE LEGALS ON PAGE 9

### TOWN OF LUDLOW LUDLOW, MASSACHUSETTS ADVERTISEMENT FOR BIDS

Sealed Bids for the construction of the "Ludlow Public Safety Complex Building Upgrades Project, will be received by the Town Administrator's Office at the Town Hall, Ludlow, MA 01056, until **3:00 p.m. local time on May 21, 2025** at which time the Bids received will be publicly opened and read. Sealed Bids must have outer envelope marked as "Public Safety Complex Building Upgrades Project".

Sealed Bids from Subcontractors addressed as referenced above will be received by the Town Administrator's Office at the Town Hall, Ludlow, MA 01056, until 3:00 p.m. on May 7, 2025 at which time the Bids received will be publicly opened and read. Sub-Bids with the required Bid deposit will be received for the following items of work:

#### Subtrades

Acoustical Tile	Miscellaneous and Ornamental Iron
Electrical Work	Painting
HVAC	Plumbing
Lathing & Plastering	Roofing and Flashing
Masonry Work	Waterproofing, Damp-proofing, and Caulking

Fire Protection  
Sprinkler Systems

The work consists of HVAC, electrical, fire alarm, architectural, plumbing, structural improvements, and a new fire protection system. Bids shall be on a lump sum basis, with additive alternate bid items as indicated in the Bid Form.

All Bids for this project are subject to the provisions of Massachusetts General Laws Chapter 149, Section 44A - 44J inclusive or Chapter 30, Section 39M as amended.

In accordance with Section 44D of Chapter 149 of the General Laws of Massachusetts as amended, the prospective General Bidders and Filed Sub-Bidders must submit with their Bid, a certificate of eligibility issued by the Division of Capital Asset Management and Maintenance (DCAMM), showing that the Bidder has been approved to bid on projects of the size and nature as advertised herein. Prospective General Bidders and Filed Sub-Bidders must also submit an updated statement summarizing their record for the period between the latest DCAMM certificate and the date of the Bid submittal. The DCAMM certificate of eligibility to be submitted by the General Bidder shall be for the category of work defined as "General Building Construction". The DCAMM certificate of eligibility to be submitted by the Filed Sub-Bidders shall be for the category of work for which they are submitting a Bid.

Bidding Documents may be obtained electronically from the Tighe & Bond website at: [http://www.tighebond.com/Projects\\_Out\\_to\\_Bid.php](http://www.tighebond.com/Projects_Out_to_Bid.php).

Prospective bidders must complete a one-time registration process on the web site in order to receive log-in credentials. Bidders must log in to the web site to download bidding documents for the project. Bidders will be added to the "planholders" or prospective bidders list upon downloading the bidding documents for the project.

A bid deposit of 5% shall be furnished in accordance with the Instructions to Bidders.

A pre-Bid conference will be held at the Ludlow Public Safety Complex, 612 Chapin St., Ludlow, MA, on **April 17, 2025 at 8:30 a.m.** Bidders are highly encouraged to attend.

### TOWN OF LUDLOW, MASSACHUSETTS

Consulting Engineer:  
Tighe & Bond Designer Services, Inc.  
53 Southampton Road  
Westfield, MA 01085  
413-562-1600  
04/02/2025



**Haluch's**  
MEMORIALS  
[haluchsmemorials.com](http://haluchsmemorials.com)

**Cemetery Memorials + Markers**  
**Granite Benches**  
**Religious Statuary + Outdoor Display**

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## Church DIRECTORY

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow  
413-583-8454  
S Sunday services  
Sacrament Meeting 10- 11 A.M.  
Sunday school for adults,  
Young single adults( 18-30) and teens ( 11-18 )  
1st & 3rd Sunday of  
the month from 11-12 noon  
Adult Religious/Marriage and Parenting  
for Women- 2nd & 4th Sunday of the month  
from 11-12 noon  
Adult Religious/Marriage and Parenting  
for Men- 2nd and 4th Sunday of the month  
from 11-12 noon  
Classes for Single Adults(18-30)  
2nd & 4th Sunday  
of the month -11- 12 noon  
Classes for Young Men( 11-18 )  
2nd & 4th Sunday  
of the month 11-12 noon  
Classes for Young Women ( 11-18 )  
2nd & 4th Sunday of the month - 11-12 noon  
Children's classes: Sunday school & singing time  
every Sunday( 3-10 ) 11- 12 noon  
Nursery provided for ages 18 month- 3 yr

### CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow  
413-583-2630  
Pastor Rev. Raymond A. Soltys  
Saturday Vigil Masses - 5 p.m. and 6:30 p.m.  
Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish);  
10 a.m. and 11:15 a.m.  
Sunday Evening Mass - 5:30 p.m.

### IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,  
413-543-3627  
Very Rev. Piotr Calik  
Office Hours: Monday, Tuesday, Wednesday,  
Thursday, 9 a.m. - 1 p.m.  
CLOSED FRIDAY  
MASS SCHEDULE  
Monday 8:00am  
Tuesday 8:00am  
Wednesday No Mass  
Thursday 6:00pm  
Friday 6:00pm  
Saturday 4:00pm  
Sunday 8:30am (English) 10:15am ( Polish )  
Confessions: Saturday - 3:15-4 p.m.

### ST. ELIZABETH PARISH

191 Hubbard St., Ludlow  
413-583-3467  
Pastor - Rev. Msgr. Homer P. Gosselin  
In Residence - Rev. Norman Bolton  
Deacons: Normand Grondin, Thomas Rickson,  
Keith Davies  
Office Hours: Monday - Friday 8 a.m. - 4 p.m.  
Visit our website at [www.stelizabethludlow.org](http://www.stelizabethludlow.org)  
Like us on Facebook Check out our Parish App  
Wed., April 25 - Daily Mass - 7:30 a.m. (C),  
Holy Mother Choir 5:15 p.m. (C),  
Cub Scouts 7:00 p.m. (JR)  
Thurs., April 3 - Daily Mass - 7:30 a.m. (C),  
Knights of Columbus 6:00 p.m. (JR),  
Lenten Penance Service 6:30 p.m. (C)  
Fri., April 4 - Daily Mass - 7:30 a.m. (C),  
First Friday Mass 8:30 a.m. (C)  
Stations of the Cross 12:30 p.m. (C),  
Stations of the Cross 7:00 p.m. (C)  
Saturday, April 5, - Confessions - 2:30-3:30 p.m. (C),  
Saturday Mass - 4 p.m. (C),  
Scout Spaghetti Supper 5:00 p.m. (FLBH)  
Sun., April 6 - Sunday Mass - 7:30 a.m. (C),  
Sunday Mass - 9:15 a.m. (C),  
Sunday Mass - 11 a.m. (C), Sunday Mass - 5 p.m. (C),  
Confirmation Class 8:00 a.m. (ZR),  
Faith Formation - 10:15 a.m. (All Rooms/FLBH),  
Confirmation Class 3:45 p.m. (JR)  
Mon., April 7 - Daily Mass - 7:30 a.m. (C),  
Ladies Auxilliary K of C 1:00 p.m. (JR),  
Ladies Bible Study 6:15 p.m. (ER)  
Tues., April 8 - Mass - 7:30 a.m. (C),  
St. Rita's Choir, 2:30 p.m. (C),  
Middle School Youth Ministry 3:00 p.m. (ER),  
Bereavement Support Group 6:30 p.m. (ZR),  
Finance Council 6:45 p.m. (R)  
Lenten Parish Mission - 6:30 p.m. (C)

### OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow  
413-583-2312  
Father Pedro DeOlivera  
Office hours: Monday - Thursday 9:00 a.m.  
to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.  
Sunday Masses - 9 a.m. (Portuguese);  
11 a.m. (English)  
Monday and Wednesday Morning  
Masses - 8:30 a.m. (Portuguese)  
Tuesday and Friday Masses - 5:30 p.m. (Portuguese)  
Saturday Vigil Mass - 4 p.m. (English)  
First Saturday of the Month - 8:30 a.m.  
For more information, visit  
[ourladyoffatimaparish.org](http://ourladyoffatimaparish.org).

### FIRST CHURCH IN LUDLOW

859 Center St. Ludlow  
413-583-3339  
Reverend Darcy Borden, Pastor  
Office hours Monday & Wednesday 10 am to 2 pm  
Available by appointment at other times  
Sunday worship at 10 am alternating weekly with  
Grace Union Church, Wilbraham  
Call or check Facebook or the website for the  
schedule of worship and events  
Service live-streamed at 10 am on Facebook  
<https://www.facebook.com/firstchurchludlow>  
Website: [www.ludlowfirst.com](http://www.ludlowfirst.com)

### ORCHARD COVENANT CHURCH

95 Berkshire Street  
Indian Orchard, MA 01151  
413-543-4204  
Revs. Karen and Nick Munn, pastors  
Sunday School for all ages, 9:45 a.m.  
Worship in person, 11 a.m.  
Or watch our livestream.  
See our website for more information:  
[orchardcovenant.org](http://orchardcovenant.org).

### FAITH COMMUNITY CHAPEL

A Church of the Nazarene  
485 East St., Ludlow, MA 01056 413-583-7875  
Email: [FCCLudlow@GMail.com](mailto:FCCLudlow@GMail.com)  
Lead Pastor: Reverend Lisa Morrison  
Associate Pastor: Gary Coombs  
Discipleship Groups 9:45 a.m. Worship Service 11 a.m.  
OTHER PROGRAMS  
MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery  
Meetings for those with addictions, anxiety, and grief  
SMC. Call 413-519-4591  
TUESDAYS at 7 p.m. ZOOM Bible Study  
RIDAYS Children's After School Club (pre K through  
teens) 5-6:30 p.m.

### STS. PETER AND PAUL UKRAINIAN

CATHOLIC CHURCH  
45 Newbury St.  
Ludlow, MA 01056  
Phone: 413-583-2140  
Pastor: Father Andriy Krip  
Liturgy schedule:  
Wednesday 9 a.m., Friday 9 a.m.  
Rosary for Peace in Ukraine  
on Wednesday at 6 p.m.

# DL&G TREE

Tree  
Removal



Structural  
Pruning



Crane  
Service



Storm  
Damage



Stump  
Grinding



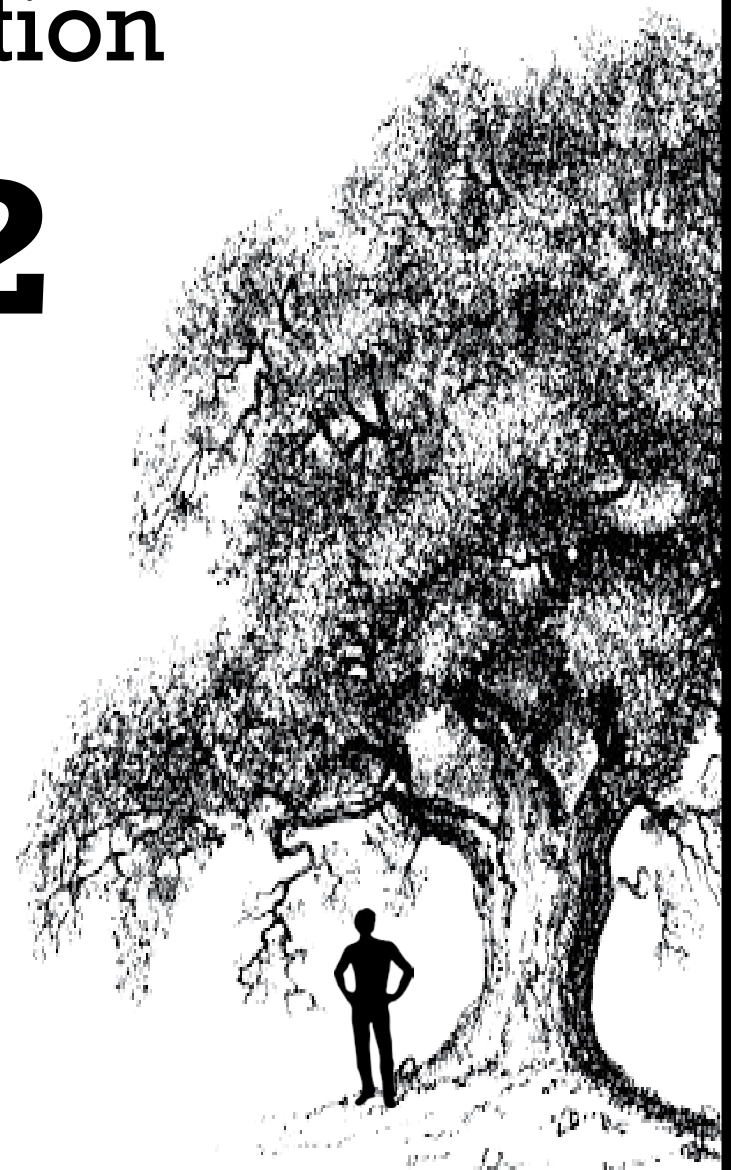
Lot  
Clearing



Give us a call for your free estimate  
and tree evaluation

**413-478-4212**

# DL&G TREE



**INSURED AND CERTIFIED**