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Charter Committee discusses composition of Legislative Branch

By Marcelo Gusmão
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LUDLOW – Last week’s Charter Committee meeting focused on making plans for the structure of the town’s Legislative Branch.

The discussion was to decide on elements of how the Town Council would be formed, including the size of the council, how long the terms would be and what qualifications and prohibitions the town would require of the office.

Composition

The committee discussed between seven and nine members for the Town Council. Through discussions with mayors and town managers, the members agreed that an 11- or 13-member council would be too large.

“If we go higher than seven members, it may give the impression to the voter that we’re becoming this large city,” said committee member George Costa. “If we go nine or higher, they

may say we’re very top-heavy, there’s too much government in town. We’re trying to become more efficient.”

Brian Bylicki said that, after comparing with other towns of similar size, he was in favor of having nine council members.

“We’re going to have more liaisons that have to deal with multiple other things because we’re changing the whole structure of how this goes,” Bylicki said. “I think, especially in the beginning, with that many different liaison committees, we’re going to have to deal with that again at a different level.”

Committee members were divided on whether they would prefer at-large councilors, with some members saying that the demographics in town are varied enough that it requires separate representations, and others concerned that this would deprive opportunities for candidates from the same districts or wards.

At the end of the discussion, the committee agreed to move forward with a proposal featur-



Turley photo by By Marcelo Gusmão

ing seven at-large councilors.

Term of Office

The committee initially dismissed the idea of holding the elections concurrent with presidential elections and expected that it would not be approved if

they included that provision.

There was some discussion on how to stagger the new positions when they were introduced, and members were divided on the number of years for the terms.

“If we go anything beyond two years, I also want a recall in there so we can recall people that we don’t feel should be in

Please see **CHARTER COMMISSION** Page 8

Planning Board continues discussion of Kendall Street property

By Marcelo Gusmão
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LUDLOW – The Planning Board began its meeting by endorsing Miller Gap LLC’s development of a building lot on its Center Street property.

The board also unanimously approved a consent agenda that included filing legal notices from surrounding communities, approving a change of occupancy and signing an extension development agreement on Santana Drive.

The board discussed a request to add Electric Vehicle Charging Stations in the Big Y parking lot.

“What they seem to be looking to do is put in some electric vehicle charging stations, some of which are going to be just normal charging stations, which are going to be the ones along Cherry Street,” Chair Ray Phoenix said.

Phoenix mentioned that the typical standard is to require a full site plan for a property that has had 20 years or two amendments since its previous plan. The Big Y property has had two amendments since its last full site plan in 2009.

“They also want to take those front couple of spaces that are not handicapped spac-

es and make those EV charging stations,” Phoenix said. “For those ones, the devices for charging are going to be able to have changeable advertisements on them that I believe the documentation says they’re going to change every eight seconds.”

The board was concerned about the advertisements and cited bylaws that prohibit signs incorporated or lighted by flashing or blinking lights and designed to attract attention by changing in light intensity or by repeated motion.

“I’m sure it’s easier for them if they can sell eight-second blocks to various companies,” Phoenix said, “But if I’m driving by and I’ve got grandma walking by with a cart and mama walking by with a stroller or a baby, or a kid just trying to run across, and I’ve got a thing that’s changing from blue to white out of the peripheral of my eyes and I’m looking at that, I’m not looking at what I’m doing driving.”

“People are distracted enough already without having us manufacture more distractions for them,” Phoenix concluded.

Phoenix mentioned a need to update the site plan to remove outdated inclusions, such as RedBox and MyPicks, and

concerns were raised over the proximity of the charging stations to the entrance to Big Y.

The Board voted to accept a new site sketch that has been updated to include or remove any amendments that have been made since the full site plan, and that another amendment will require a full site plan.

“They also want to take those front couple of spaces that are not handicapped spaces and make those EV charging stations,”

— Chair Ray Phoenix

A public hearing was held for the estate lot planned for Kendall Street. Craig Authier said that the discussion at the previous meeting centered on the width of the driveway and that he took these concerns to the client.

“We took the driveway width down to 10 feet from 12, to gain us some more sep-

Please see **PLANNING BOARD**, Page 8

Safety Committee debates East Street School pickup

By Harrison Giza
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LUDLOW - The Ludlow Safety Committee came together for its meeting last Thursday at the Town Hall in Hearing Room #1.

Sgt. Brian Shameklis, the committee chair and member of the Ludlow Police Department, turned to Fire Captain, and fellow committee member, Seth Falconer, for his thoughts on pending traffic adjustments regarding student pickups at East Street School.

“We should definitely do a test run on that and see what happens,” Falconer said. “We probably have everything we need... probably some cones just to start... we would obviously have to get rid of the one-way sign and we can have portable no parking signs that we can put up. We can do a mock on it and see what happens.”

Shameklis kept engaging with Falconer, adding his own thoughts after Falconer’s ideas regarding how to test the pending pickup adjustments.

“The one thing we have to really focus on for the schools is that they would have to say that drop off and pick up is the same way,” Shameklis said. “We’ll have to give it a test run then.” The group then agreed to an

April 1st motion of a “temporary setup” in regards to East Street traffic flow, alongside the help of the Department of Public Works, to improve recent concerns of those residents.

A few minutes later, one of those concerned residents spoke up, mentioning the Stevens Terrace neighborhood, elaborating on about the idea of adding speed bumps to slow down drivers as they “cut” through the area.

“Most roads don’t have speed bumps,” Falconer said. “They have speed limit signs, and the Ludlow police do their best to try and enforce that stuff, but you know, it’s like any other sign.”

Afterwards, Ronald Psvenicvny followed up his neighbor’s concerns, adding to the idea of restrictions for 18-wheelers flying down at 45 miles an hour.

“Do you guys ever entertain the fact that there no commercial vehicles allowed through unless they are delivering?” Psvenicvny asked.

“I can tell you this is all human behavior stuff,” said Ludlow Police Officer and Safety Committee volunteer Ryan Churchill. “It’s Stevens today, any other street in Ludlow tomorrow.”

Churchill continued to speak with great passion for

Please see **SAFETY COMMITTEE**, Page 8

LUDLOW

Conservation Committee plans ahead for wetland projects

By Harrison Giza
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LUDLOW – The Ludlow Conservation Committee gathered together this week for its commission meeting, opening the floor to all local parties and town residents interested in sharing their voices.

Tim Houle, the civil engineer and applications representative for CA Real Estate Holdings, was the first guest to speak in front of the committee.

“Our clients own the property at 40 Westover Road,” said Houle. “It contains about a 10,000 square foot facility that is currently vacant, and CA are in the process of examining what their options are on the site.”

Houle then handed out graded illustrations and paperwork of the property as well as detailing the future interest of CA Real Estate Holdings has in it.

“All the grey line work, that is current-

ly in existence today,” said Houle. “There is no demolition or proposed work at this time. We really wanted to take that step of confirming our wetland limits and then that will kind of help guide what the next steps are and what is feasible with this property.”

Conservation Committee member and Natural Resources Specialist Cameron Covill responded to Houle’s opening statements.

“It was a pretty straight forward delineation,” said Covill. “You can see just from the map of the grade that it is a pretty hard top for the boundary.”

Angela Tierney looked around at her fellow board members.

“Sounds like you’re in agreement with the wetland, so I will entertain a motion to approve the ANRAD,” Tierney said. “The only thing I would say on this particular plan right now is that we do have a 25-foot do not disturb zone bylaw, and that would have to be shown on the

plans for any development of the area.”

Houle completely agreed with Tierney, telling the committee that those plans are in his file and will include them moving forward. The committee then approved to move forward with Houle’s request.

Once the clock struck 6:46 p.m., resident Armand Deslauriers came forward to speak about detention basins to the Conservation Committee, explaining details on illustrations he showed the group.

“There’s just one detention basin that we’re working on currently now,” Deslauriers said. “There’s also a house being built right here on this lot that you’re ‘gonna want to see grass seed around that... and the rest of it is pretty much okay, we’re way, way away from this hundred-foot buffer. So, it is basically just this house when the grass heats down. House is up, expect to finish it by July.”

Tierney inquired as to why Deslauriers

was asking the committee for this one extension.

“The first year, we couldn’t get supplies; it held us up a year,” Deslauriers said. “So, by the end of this year, I expect to be finished, but that would get on the Spring Warrant of 2025 to be on the acceptance to be on the Fall of 2025.”

Tierney smiled after reviewing Deslaurier’s prepared documents.

“Well it looks like you’re moving right along,” Tierney said. “Hopefully it will get done. My only suggestion is as soon as you finish, and everything is growing and nice, contact us so can get the certificate of compliance out of the way.”

She then told him that he was all set, thanking Deslauriers for dropping by their meeting.

The Ludlow Conservation Commission meets at 6:30 p.m. every third Wednesday of every month at Ludlow Town Hall, 488 Chapin St., Ludlow.

Ludlow celebrates Incorporation Day

LUDLOW – The town will celebrate its Incorporation Day on Wednesday, Feb. 28 at 6 p.m. in the High School Auditorium.

The evening is to celebrate the day when Royal Governor Thomas Hutchinson declared Ludlow a new town of Massachusetts on Feb. 28, 1774.

Lisa Nemeth, Principal of the High School, will welcome the townspeople for this historic event followed by the High School Chorus singing the National Anthem directed by Kevin McAvoy.

Former High School history teacher

Brian Bylicki will read the Proclamation from Feb. 28, 1774. Speakers will include the Honorable Senator Jacob Oliveira of the Hampden, Hampshire, Worcester District and the Honorable Representative Aaron Saunders of the 7th Hampden District.

Bring your family to attend this historical event and go back in time when Ludlow first became a town. The program will end with a singing of “America the Beautiful”.

Guests are invited to the cafeteria for light refreshments following the event.

Chmura’s Bakery donates “First Night” birthday cake for celebration

LUDLOW — Residents Joe and Yvette Anselmo of Chmura’s Bakery in Indian Orchard are adding to the “First Night” celebration by donating over 10 delicious birthday cakes.

Joe and Yvette are excited to be part of the “First Night” celebration to take place at the High School from 11 a.m. to 6 p.m. on Saturday, Feb. 24. The 250th Committee is honored to have them be a part of this historic town celebration.

Even though Chmura’s is located over the Ludlow Bridge in the Orchard, this is a stop for many Ludlow residents purchasing their delicious breads, donuts, baked goods and their famous birthday cakes.

Chmura’s Bakery was started in 1902 by John Chmura. It was originally a Polish bakery, known for the phenomenal rye bread, and other Polish products.

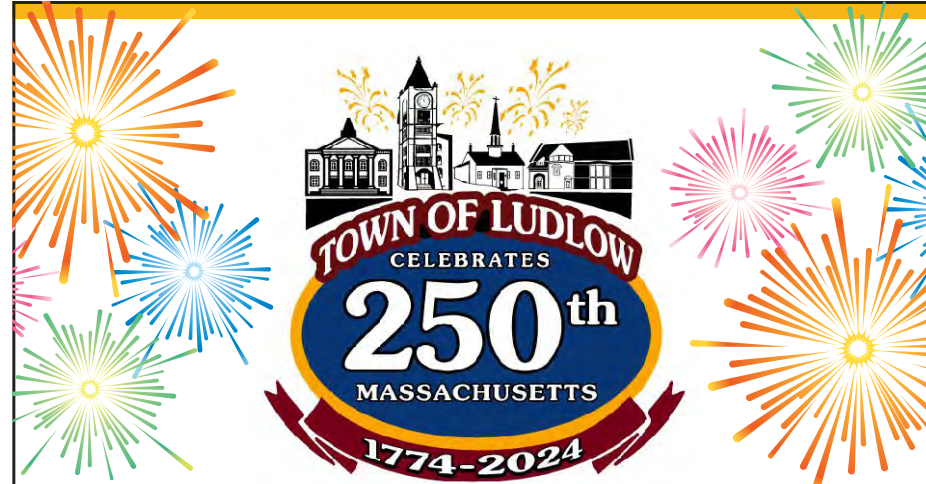
In 1988, when the new owners, Joe and Yvette Anselmo, took over Chmura’s. Since then, Portuguese culture was and has been integrated into the food and bakery itself.

Stop by with the family to “First Night” and enjoy a piece of their scrump-



Submitted photo

tious birthday cake and all the other festivities. There will even be birthday fireworks show at 6 p.m.



You Are Invited to Join Us for our First Night Celebration!

**Saturday, February 24th, 11am-6pm
Ludlow High School, 500 Chapin St.**

THE LUDLOW 250TH BIRTHDAY COMMITTEE WOULD LIKE TO THANK THE FOLLOWING BUSINESSES, ORGANIZATIONS AND PEOPLE FOR THEIR GENEROUS DONATIONS, SPONSORSHIPS AND PARTICIPATION THAT WILL BE A PART OF THE LUDLOW 250TH FIRST NIGHT CELEBRATION!

- Ludlow 250th Birthday Cakes – Chmura’s Bakery
- Elsa & Anna – PlayNow! Toy store
- Kodiak Wood Carving – Pioneer Valley Financial Group
- Small Animal Exhibit 1-3pm – Lupa Zoo

Other sponsors that have made this day possible: Peoples Bank, Randall’s Farm, LUSO Federal Credit Union, The Valley’s Classic Hits 97.7 WARE, Scout Troop 1774, Ludlow Brigham Masonic Lodge, Ludlow Police Dept., Ludlow Fire Dept., Hampden County Sherrif Dept., Ludlow Dept. of Public Works, Scout Troop 180, Friends of the Ludlow 250th, Hubbard Memorial Library, Ludlow Public Schools, and The Register newspaper.

Highlights of the First Night Celebration include:

Train Rides, Ice and Wood Carvings Demonstrations, Free Birthday Cake, Snowman Building Contest (if there is snow), Bon Fire, S’mores, Kid’s Craft Corner, and Kid’s Games.

History of Ludlow presented by Brian Bylicki, Marty Fanning & John Moll, Patriotic Songs performed by the Ludlow Community Band, Sheriff’s Department Mounted Police Patrol, and Dance & Fitness performance by Algeria Dance & Fitness.

There will be over 50 craft vendors, local authors and local civic groups. Food and beer available for purchase include hot dogs, hamburgers, soup, baked potatoes, pancakes, chili, kettle corn, popcorn, sloppy joe sliders, kielbasa sandwiches, pickles, desserts, hot cocoa, coffee, soft drinks, Puerto Rican cuisine food truck and select beers from Vanished Valley Brewing.

This full day of fun and activities will culminate with fireworks at 6:00pm!

Follow us on Facebook [ludlowma250](#)



BRUNO AND CHARLIE

These are Michelle Gray’s friends Bruno, age seven, loving life with Charlee, age two. They love car rides!

Wilbraham Women’s Club meeting

The March meeting of the Wilbraham Women’s Club will be held on March 14, 2024 at noon in the Parish Center at St. Cecilia Church on Main St. Sandwiches and dessert will be served.

The speaker for the day will be Jen, who is the owner of the Flower Shed in Wilbraham’s Post Office Park. Jen will be holding a workshop for us at this meeting. She will teach us how to make a lovely succulent to enjoy in our homes. The cost for this meeting will be \$10 and reservations are needed. Please call Michele Axtmann at 413-596-3325 or Linda Raffa at 413-596-8245.



Hubbard Memorial Library recognized with award

LUDLOW— Hubbard Memorial Library, 24 Center St., will be honored as the first recipient in 2024 of MiraVista Behavioral Health Center's You-Have-Our adMIRation Award on Thursday, Feb. 22, at noon. The ceremony will take place in the library's Program Room.

The public library, housed in a building gifted to the town in 1888 by the Hubbard family in memory of Charles T. Hubbard, founder of the Ludlow Manufacturing Company, is being honored in particular for its programs that serve the town's children under July Siebecker, head of Youth Services at Hubbard Memorial and a 27-year staff member there.

"July has introduced and facilitated innovative programs that go beyond traditional reading activities," said Kimberley Lee, chief of Creative Strategy and Development at MiraVista Behavioral Health Center in Holyoke. "From storytelling sessions that explore themes of empathy and resilience to arts and crafts activities that encourage self-expression, she has curated a diverse range of activities that address the holistic well-being of our young community members."

The psychiatric hospital, which treats mental and behavioral health conditions in adults and children 13 through 17 and has just renovated

its adolescent unit, created its adMIRation Award to honor organizations and individuals that help foster connecting with community in their cities and towns.

Lee added libraries can be where young people discover life-long interests and the possibility of career pursuits.

"This type of engagement is particularly important as addressing the mental health needs of our young people in the wake of their isolation during the COVID-19 pandemic has been a number one priority across the country," said Lee, adding the award ceremony will include brief remarks by library staff, civic leaders, and youth volunteers. "The activities offered at Hubbard Memorial connect young people to each other, their community and learning in a supportive environment."

Hubbard Memorial Library interim Director, Melissa Rickson said she is very pleased for the library to be so honored.

"I think sometimes that people do not realize that libraries are more than books, and this award highlights how the services we provide impact people," Rickson said.

"It is wonderful to see children and teens come into the library," she said. "It goes beyond them finding a book. They get an important social connection to an adult community

member who is outside their household, who often serves as a mentor."

Rickson's words were echoed by Siebecker in her work with the library's young patrons who are offered programs ranging from book clubs to Gaming clubs to a youth volunteer program that allows middle and high schoolers to work one hour a week in the Youth Room.

"I am looking in what we offer for kids to say 'my library, our library, what do we do here,'" said Siebecker who runs upwards of a dozen programs each month that collectively draw several dozen participants. "I want them to feel they own this library and through its programs they are connected to others and this is their library. I feel the award recognizes this value at the library."

Previous recipients of the award include William N. DeBerry Elementary School in Springfield; Sober Chef owner Chris Bland and Western Massachusetts college student and picture book author Isabella "Izy" Hess.

Interested in suggesting an organization or individual for the award? Write up a short description of why they should be recognized, include your phone contact and contact information for the nominee and email the nomination to Kim Lee at klee@miravistabhc.care.

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Wilbraham library to hold Irish Music Concert

WILBRAHAM - Dublin-born folk singer Tom O'Carroll will perform "From Tribe to Nation: A Musical Journey Through the History of Ireland" at the Wilbraham Public Library on Monday, March 4 at 6 p.m.

Drawing on archaeological data and historical records as well as music and song, he will explore the broad social and cultural themes of conflict and identity that occur throughout the island's history.

To register, please contact the library at 413-596-6141 or visit the Events Calendar at www.wilbrahamlibrary.org.

This free program is sponsored by the Wilbraham Friends of the Library.

1987 Democratic Committee Breakfast



Democratic Committee Vice Chair Mike O'Rourke, Sheriff Mike Ashe, State Representative Tom Petrolati, and Committee Chair Brian Connery attended the Ludlow Democrats' annual pre-election breakfast held in 1987.

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Calling artists and more! The Hubbard Memorial Library in Ludlow is seeking local artists, craftspeople and collectors who would like to display their wares in the library's display case. Exhibits remain in place for one month. The display case measures 70 inches long by 42 inches high by 11 inches deep, and has shelves which can be adjusted or removed to fit different sized items. For more information, or to arrange a showing, please contact the library at 583-3408 Ext. 114 during normal library hours.

Free Tech Help Call us at 413-583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

AdMIRation Award Ceremony, Thursday 2/22, 12:00 p.m. The Hubbard Memorial Library & the Youth Services Department will be honored as the first recipient in 2024 of MiraVista Behavioral Health Center's You-Have-Our AdMIRation Award, for facilitating "innovative programs that go beyond traditional reading activities," and curating "a diverse range of activities that address the holistic well-being of our young community members." The ceremony is open to the public and will be attended by local government and community leaders.

FOR ADULTS

Mass Center for the Book Monthly Reading Challenge. Each month, you'll be challenged to read a book based on a chosen theme. January's challenge is a book you read years ago that you may

feel differently about now. Those who participate will be entered to win a free book! For more information and to sign up, please visit massbook.org/reading-challenge.

Chair Volleyball for Seniors, every Thursday starting January 18 until March 28, 1:30 p.m. Have some fun this winter by joining us for chair volleyball! No running or jumping required. There will be no chair volleyball on February 22. Please sign up on our website or by calling the circulation desk at 413-583-3408. Walk-ins are welcome.

Happy Hour Book Club Meeting, last Thursday of the month (2/29), 6:30 p.m. This month's book club pick is "The Nightingale" by Kristin Hannah. You can pick up a copy of the book at the circulation desk.

The Real Score: Unraveling Myths About Trans People in Sports, Tuesday, March 5, 7:00 p.m. Erin Reed, a transgender journalist, will be leading a virtual presentation about the complex and often misunderstood world of transgender athletes in sports. To receive the Zoom link, please sign up on our website or by calling the circulation desk at 413-583-3408.

The Solar Eclipse Experience, Thursday, March 7, 6:30 p.m. Get ready for this year's total eclipse on April 8! Total eclipses of the sun are among nature's most breathtaking events. Richard Sanderson will explain why solar eclipses occur, how they differ from lunar eclipses, and describe the profound and unexpected emotional impact they often have on witnesses. He will also look back at several past eclipses, including the "Great American Eclipse" of 2017. Sanderson will also discuss viewing April's eclipse. All ages are welcome. Please sign up on our website or by calling the circulation desk at 413-583-3408.

Who picked this book? Book Club Meeting, first Thursday of the month (3/7), 3:30 p.m. This month's book club pick is "The Wager" by David Grann. You can pick up a copy of the book at the circulation desk.

FOR TEENS

Nintendo Switch Night, every other Tuesday (2/20/24 & 3/5/24) 6:00-7:45 p.m. Play Mario Kart, Smash Bros, or other Nintendo Switch games. For 6th-12th graders, space is limited to 16 people, please register.

Anime Games Party Tuesday, February 20, 4:00-5:30 p.m. For middle and high school. Play anime-themed board and card games, play trivia for prizes, enjoy snacks, and connect with other anime fans. Beginners welcome. Please register.

Youth Crochet Club, Every other

Tuesday (2/27, 3/12), 5:00-6:00 p.m. For ages 10 & up. For beginners up to experienced crocheters, supplies provided or bring your own. Please register.

The 'Fellowship of the Pages' Book Discussion Group, Every Thursday, 4:30-5:30 p.m. Meet each week to discuss graphic novels & other books, eat snacks, play games, and make friends. Please register.

Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m. This group is for experienced high school players and currently has room for 1 more player. Please register.

"Read Between the Lines" High School Book Group, Last Friday of the month, 3:00-4:00 p.m. Book chat and snacks for ages 14 & up. February's book is "The House on Mango Street" by Sandra Cisneros; copies of the book are available in the Youth Room. Registration preferred.

Bow-Stacking For YA's, Friday, February 23, 11:00 a.m. For teens and tweens. Bow-stacking is a big fashion trend. Craft a bunch of adorable bows so you can "stack" them in your hair. Please register.

FOR CHILDREN & TEENS

Blind Date with a Book, All Month For upper elementary through high school. Choose a wrapped book from our display in the Youth Room from reading a little blurb on the cover or select one online from our website.

Egg Coloring Contest, through March 18th. The annual egg hunt is getting an update & young artists are needed! Pick up a coloring page from the library or download from the website, design & color it, & return it to the library by 3/18. The best & most unique eggs will be laminated & featured in the Eggstravaganza (formally the annual Egg Hunt) on 3/30 from 10 a.m.-12 p.m.

Pokemon Club, Mondays 3:30-5:00 p.m. For 8 & up. Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Movie & Craft - Teenage Mutant Ninja Turtles: Mutant Mayhem, Wednesday, February 21, 10:30 a.m. with craft following Rated PG. Enjoy free popcorn while watching the movie on our big screen, then make a mask of your favorite turtle after the show. Drop in.

Massachusetts Children's Book Award Book Group for 4th-6th Grade, Thursday, March 14, 6:00pm - 6:45pm. 4th-6th graders across the state are the ones to decide who wins this award after reading at least 5 of the nominated books. Meet with Youth Services Librarian July each month for 45 fun

minutes to discuss, decide, play games, and share snacks. Everyone who has read at least 5 of the books by April 11th will cast their vote, celebrate with an ice cream party, and be featured in an article in the Register! Please register.

Roblox Club, Fridays 3:30-4:45 p.m. Meet new friends or play with old ones while playing Roblox. For ages 8+.

Minecraft Club, Saturdays, 11:00 a.m.-12:45 p.m. Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

Rubber Stamp Fun!, Saturday, February 24, 9:00 a.m.-1:00 p.m. All ages. Drop in to make some art with our big collection of rubber stamps and ink pads. Drop in.

FOR CHILDREN

Daily Drop-In Crafts, All ages. DIY crafts available in the Youth Room Daily. New craft each week.

Pipe Cleaner Snowflakes Tuesday, February 20, 1:00-3:00 p.m. Ages 4 & up. Pipe cleaners, beads, and a little twisting and a little sparkle make this cute craft. Drop in.

Sing With Me, Tuesdays 10:30-11:00 a.m. For ages 0-5. Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. No class on Tuesday 2/20. Drop-in.

Lego Build Challenge, Wednesdays 12:00-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Grow, Play and Learn, Thursdays, 10:00-11:00 a.m. through the end of February.

Starting in March: Thursdays, 9:45-10:30 a.m. for babies and toddlers; **Thursdays 10:45-11:30 a.m.** for 2-5 year olds. Stories, songs and skill building, led by Kelly Castor, Early Childhood Developmental specialist, who will guide caregivers in strengthening interactions with their children. Sponsored by Pathways for Parents. Please register.

Storytime: Who Sleeps in Winter?, Thursday, February 22, 2:00 p.m. Pre-school age. Have fun learning about hibernating animals with a craft and snack afterwards. Please register.

Pumpnickel Puppets: "Peter Rabbit", Thursday, February 22, 2:00 p.m. For ages 3 & up. 45 Minute show with colorful puppet characters, live voices and special effects, and fun audience participation. Space is limited, registration is required.

Please see **HUBBARD HAPPENINGS**, Page 11



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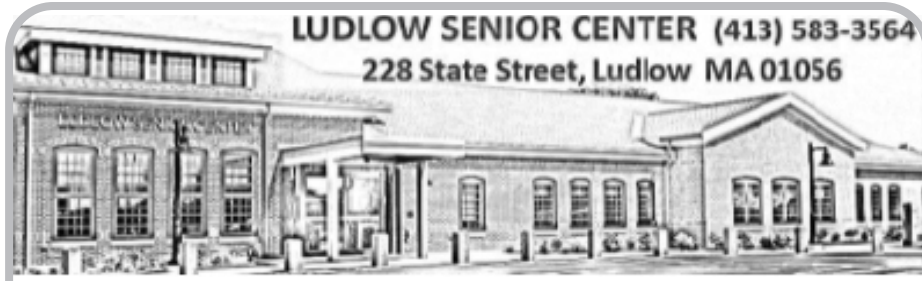
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Local Newspapers are

IMPORTANT

Any Way You Look At It



Welcome to the Ludlow Senior Center

LUDLOW— The Ludlow Senior Center’s calendar is packed with many fitness programs, entertainment, education sessions, and more. Reserve a lunch in the Center’s beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also “like” the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, Feb. 22

8:30 a.m. Foot Care*
 9 a.m. Tai Chi
 9:30 a.m. Dominos
 10 a.m. Sunshine Painting Class*
 1 p.m. Mahjong
 2 p.m. Book Club: The Lost Ravoli Recipe of Hoboken NJ by Laura Sheonone
 2 p.m. Writers Block*
 2:30 p.m. Active Yoga

Friday, Feb. 23

8:45 a.m. Boomer Bootcamp*
 9 a.m. Reiki*
 10 a.m. Boomer Bootcamp*
 10 a.m. Blood Pressure Checks
 11:30 a.m. Lunch Bunch – Tao’s Asian Cuisine*
 1 p.m. Ceramics
 1 p.m. Health Bones & Balance Class*

Monday, Feb. 26

9 a.m. Knitting
 9:30 a.m. Boomer Bootcamp*
 10:30 a.m. Rep. Saunders Office Hour
 1 p.m. Scrabble
 1:15 p.m. Pitch
 1:30 p.m. Watercolor Pencil Class*
 2:30 p.m. Zumba Gold

Tuesday, Feb. 27

9 a.m. Quilting
 9 a.m. Line Dancing
 10 a.m. Cribbage
 10:30 a.m. Gentle Yoga
 12:30 p.m. Blood Pressure Checks
 1 p.m. Western Dance Class

1:30 p.m. Bingo
 5 p.m. Movie: Pure Country (1992)
 5:30 p.m. Power Pump Class
 5:30 p.m. Volleyball at East Street School

Wednesday, Feb. 28

8 a.m. Facials*
 9 a.m. Ceramics
 9 a.m. Zumba Gold
 10 a.m. Excel Home Care Info
 10:30 a.m. Healthy Bones & Balance Class*
 1 p.m. Movie: Pure Country (1992)
 1 p.m. Healthy Bones & Balance Class*
 1 p.m. TED Talk

Thursday, Feb. 29

8:30 a.m. Foot Care*
 9 a.m. Tai Chi
 9 a.m. Air Museum Trip*
 9:30 a.m. Dominos
 1 p.m. Mahjong
 2:30 p.m. Active Yoga

*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, Lunch Bunch, Writer’s Block and other programs as noted by calling 583-3564

Daily Events:

Café: Monday – Friday 8-11 a.m.
 Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.
 Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:

Thursday, Feb. 22: Birthday Lunch! Salisbury Steak/Mashed Pot/Vegetable
 Friday, Feb. 23: Shrimp Scampi/Linguini/Broccoli
 Monday, Feb. 26: White Bean Vegetarian Chili/Roll
 Tuesday, Feb. 27: American Chop Suey
 Wednesday, Feb. 28: Marinated Chicken Thigh/Scalloped Pot/Vegetable
 Thursday, Feb. 29: Swedish Meatballs/Egg Noodles

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Nugget’s second chance

EAST BROOKFIELD— Nugget, formerly known as Natty, faced unimaginable pain and adversity when he arrived at Second Chance Animal Services with a severe leg injury. The dedicated team at Second Chance worked tirelessly to save his leg, but ultimately, the decision to amputate was made to ensure Nugget’s comfort and quality of life.

In a heartwarming twist of fate, Nugget caught the attention of Matt and Nellie Zarif, the generous owners of Timberyard Brewing Company and longtime supporters of Second Chance. The brewery, known for its commitment to the community, had not only donated to Second Chance but also hosted events and provided storage for a large donation.

Nugget’s story resonated with the Timberyard team, who had just started hosting popular puppy yoga classes to benefit Second Chance, led by the talented yoga instructor Audrey Martinez. The classes, held monthly, include a visit from friendly adoptable dogs available at Second Chance, who romp around the taproom while attendees work on their yoga moves.

Nugget, now thriving after his surgery, found his forever home with the Zarifs, joining a loving pack that includes three young boys and another three-legged dog, Lucy. Nugget’s dog-sister wears a prosthetic leg and goes to work with her dog mom, Nellie Zarif, a prosthetist at Hanger Clinic in Worcester, where she helps to inspire people with limb loss.

Nellie considered making a prosthesis for Nugget but quickly realized that he did not need one due to the nature of his amputation and his young age. “He is so fast on three legs that four legged dogs have a hard time keeping up with him,” said Lindsay Doray, chief development officer at Second Chance, who expressed admiration for Nugget’s resilience. “We were in awe of his determination.”

As a proud member of the Timberyard family, Nugget comes to work with Matt Zarif every day and has become a local sensation. The staff from Second Chance, including the veterinarian that



Submitted Photo

Nugget, once known as Natty, came to Second Chance with a severe leg injury and is now the Timberyard Brewery dog.

performed his surgery, stop by the brewery from time to time to visit him. “Nugget is the smartest dog that I have ever met,” said Matt Zarif. “Like-Lassie level smart; when you talk to this dog, he understands you. He’s the perfect brewery dog, so well behaved, sweet, and friendly. He loves being a part of the action.”

Nugget has embraced his role as a dogfluencer, delighting visitors at Timberyard and stealing the spotlight in social media posts. His favorite gig? Greeting attendees on puppy yoga mornings. He’s even been spotted auditioning with Santa for a chance to be a reindeer, sitting patiently next to Santa for hours during his visits to the brewery, posing for photos with happy families, and helping to fundraise for a local charity. Nugget’s journey from pain to fame is a testament to the power of love, resilience, and a community that cares.

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Polish Plate Dinner to be held March 9 at Immaculate Conception Church

INDIAN ORCHARD – A Polish Plate Dinner (Four Pierogi, one Golumbki, Kielbasa, Kapusta, Rye Bread) will be held on Saturday, March 9, from 3 p.m. – 6 p.m. at Immaculate Conception Church Hall 25 Parker St., Indian

Orchard. Eat In or Take Out. \$20. per plate.

For Tickets please call: Maria Kowalski at 413-222-6229, Irena Wurszt at 413-427-5846 and Maryla Bukowski at 413-427-9464.

Stuffed Animal Sleepover to occur Feb. 22-23

WILBRAHAM – Have you ever wondered what happens in the Wilbraham Public Library when it is closed? The WPL Teen Advisory Board announces their annual Stuffed Animal Sleepover on Thursday & Friday, Feb. 22-23 during school vacation week.

Your child’s stuffed animal can spend the whole night in the library having fun. Children bring their stuffed animal to the

library and our teens will help them fill out a “permission slip” for their stuffed animal, listen to a bedtime story and tuck their animal in for the night.

In the morning, join us to make a craft, pick up your “stuffedie” and see a slideshow of all the fun things the animals did overnight! Starting on Feb. 1, sign up at the Children’s desk of the library or call 413-596-6141.

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OPINION

GUEST COLUMN



More questions for the Garden Lady

Eleanor wrote in with this question for the Garden Lady regarding amaryllis bulbs: "I have three bulbs from last year that have been hibernating and now they are in the sun and have produced long green leaves but no buds. I read it somewhere that if you let them dry out, no more water, but keep them in the sun they will send out buds, but I cannot find where I read that. I hope it is true...so I can still get flowers this year before I have to repeat the whole process (by putting them back in dormant condition in August for a few weeks). I do have one more bulb from last year that did give me a flower...but these other three ones are not showing me any prospects. Can you help?"

Without seeing your bulbs and the foliage, my best guess would be that they will likely not flower this year. What leads me to that conclusion is that one other bulb you have already flowered.

If they were on the same timeline, then probably the other bulbs did not have enough strength to send up a flower stalk. I would not let them dry out, but continue to water and fertilize monthly so that the foliage will grow strong, and be able to make enough energy for blooms next year, after a period of dormancy in the fall.

I know this is upsetting after all of your hard work. Re-bloom is often an experiment.

Sadly, sometimes it happens and sometimes it doesn't. It may not be anything you did wrong – it could be that the one bulb that did flower was a bigger bulb to begin with or was from healthier stock initially.

Meredith, who gardens in Wilbraham, posed this question to the Garden Lady: "As I look at all of the seed packets strewn before me, what your best advice would be for starting seeds indoors?"

Ah-hah! I have been itching to talk about this, so your timing is perfect.

Although we are excited to get the season started, the biggest mistake people make is starting seeds too early. Always research the varieties you want to grow in a good seed catalog.

Johnny's Selected Seed and Fedco come to mind as having great advice on how many weeks prior to the last frost seeds should be sown. For example, tomato seeds should be planted indoors the last week of March or first week of April.

Although that seems late (we want to do it now), we don't want root bound transplants come May.

While average household temps will still result in seeds sprouting, bottom heat by use of heat mats will aid in germination because it will keep the seed bed a constant temperature.

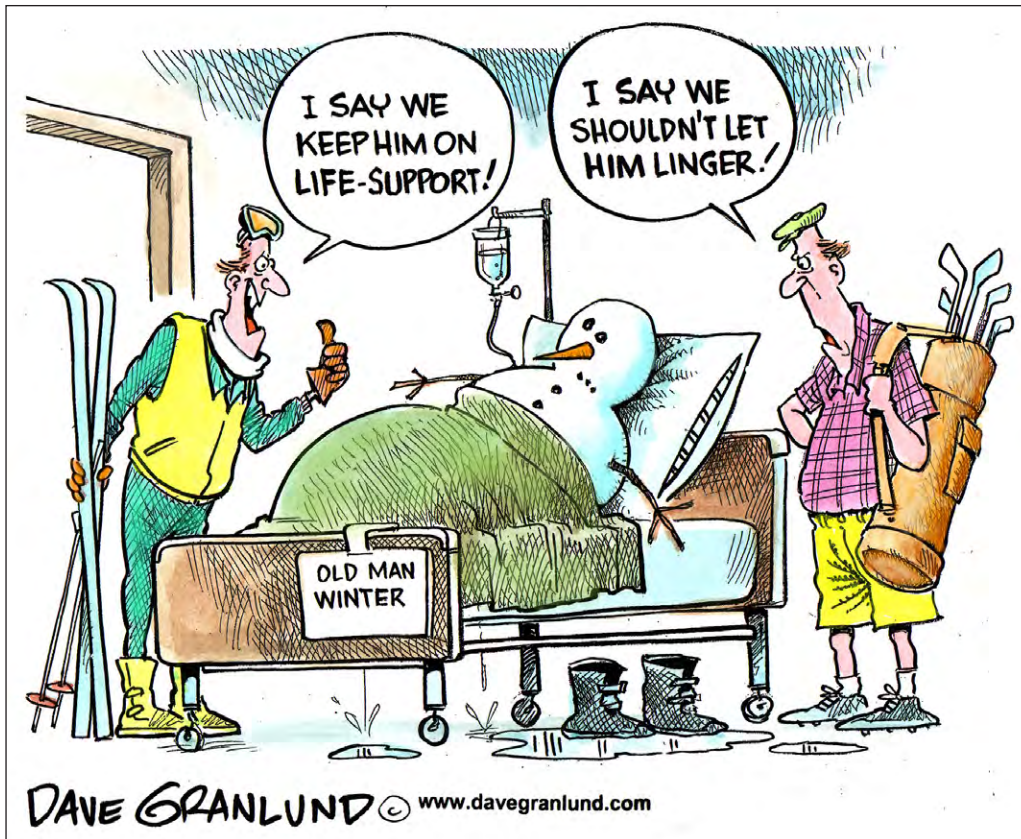
Plants usually suffer without enough light – placing seedlings in the window usually results in seedlings that stretch to the sun. A simple shop light with fluorescent bulbs set a couple of inches above growing plants works out great.

Think about the soil you are using, too.

A soilless mix is far superior to regular potting soil or garden soil. It's milled a little finer, and is made to be well-drained weed and pathogen free.

Moistening it to the consistency of a wrung out sponge before use is perfect. Don't bury small seeds too deep. Tiny seed should simply be pushed into the soil sur-

Please see **GARDEN**, Page 12



GUEST COLUMN

The Christmas Angel

Though the names in this article are fictional because of some circumstances regarding the child, the collaborations and experiences are real. I'll be referring to the Christmas Angel as Angel, the aunt as Mary and the child as Grace.

A chance meeting can often change someone's life for better or worse, but this was certainly for the better! Just think back to the chance meeting when you met your now best friend or perhaps when you met your spouse? But imagine if your chance meeting was a Christmas Angel!

While Angel was having her hair done she noticed a young girl named Grace, who was patiently waiting for who Angel thought was her mother to finish. Angel was so impressed with Grace's polite calm behavior she felt drawn to commend her for her good manners and compliment the mother as well. Hence the dialogue between Angel and Mary began.

During their conversation Mary revealed that Grace was her niece rather than her daughter but currently lived with her instead of her biological parents. Though Mary didn't reveal many details she did tell Angel that Grace had previously been in a group home where her belongings were stolen, so when she came to Mary's she had nothing but the clothes on her back. Mary explained what an amazing young girl Grace was and how her temperament was always like that, just sweetness. She also described how Grace was always ready with a helping hand no matter the task and did things with no prompting. Mary also shared that no matter what she did for Grace she was so appreciative that it was fun doing things for her.

Angel is definitely her mother's daughter, like her mother she has a huge heart and is always wanting to help anyone in need. Angel's life has had its challenges, yet her positive attitude and willingness to help others has never wavered.

After having an insightful conversation with Mary, Angel decided she wanted Grace to know just how special she was and engaged Mary in the plan. Angel told me that when she left the salon she actually went to her car and sobbed thinking about Grace's past. That's when Angel truly became Grace's Christmas Angel. Unbeknownst to Mary or Grace did they realize what this chance meeting would result in. Though it truly doesn't matter, I just think it shows what true Random Acts of Kindness are about as all three, Angel, Mary and Grace are of different cultures.

Angel knew that her plan would also help Mary who so unselfishly was helping during this difficult situation so she

began contacting family and friends asking for their support to create a memorable Christmas for Grace. They knowing her, jumped right in to help as elves to create Angel's vision. Angel was overwhelmed when she received well over twenty responses offering their help valuing hundreds of dollars in gifts and cash donations. Mary was also astonished when Angel showed up bearing all kinds of gifts. Angel included a card with the names of all the donors who had made this Christmas vision become a true miracle. Angel has been in contact with Mary since Christmas and she explained how much she and Grace have enjoyed playing the board games included. How wonderful that they weren't just put on a shelf, but that the true meaning of sharing is that Grace and her aunt share quality time together. Grace made a beautiful thank you card for Angel thanking her and everyone for the incredible Christmas they'd created for her!

Have you ever gone to a place where they display wish lists of children on a Christmas tree and decided to help make a child's wishes become reality? What a feeling it is, just the thought you've done that puts a smile on your own face and melts your heart with the vision it creates. Imagine being able to know the child you're helping and incorporating others to complete this Random Act of Kindness! Mary had no idea that Angel's plan would include a special gift for her as well, a prepaid hair appointment!

Though I'm not able to reveal real names, I thought this was such a heart-warming story I wanted to share it. Many think about generosity during the holidays season yet Random Acts of Kindness happen all during the year. I hope 2024 is a spectacular year for you and I can't wait to hear about your Random Acts of Kindness stories. There are so many truly incredible people amongst us, it's time to hear and recognize the good things happening around us. Be someone who makes a difference by spreading positivity whether it be for someone you know or a stranger, kindness is always welcome! Happy New Year!

If would like to tell me a story about a Random Act of Kindness please contact me at bdt514@aol.com or 413-788-7514. Who knows, you might see your story in this column, 'Just 'Cause' you witnessed, did or received something nice being done.

See you next month with another Random Act of Kindness!
~ Barb

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

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Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

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IN THE CLASSROOM

Paul R Baird Middle School Term 2 Honors

LUDLOW— Paul R. Baird Middle School term two Honors list.

High Honors 2030: Jaxon A. Antaya, Leia S. Begin, Cayden P. Burns, Chloe M. Cavallo, Kristiana M. Chutkowski, Nicholas A. Del Negro, Brigid L. DiVenuto, Ana G. Duarte, Lilliana M. Dube, Cesia E. Estrada Requena, Hirad Falahatian, Viviana R. Goncalves, Skylar G. Gryszowka, Alexander J. Hamilton, Madeline L. Hardick, Benjamin D. Hill, Blake C. Housey, Calvin M. Iwasinski, Hadley V. Kaytra, Aubrey C. Keane, Jacob H. Kowalski, Natalie K. Kowalski, Lucas A. Lage, Alexander M. Linna, Ava J. Martins, Christopher J. Mathisen, Layla R. McDaniel, Carlos Merino Hernandez, Addison E. Murphy, Mariah L. Parent, Xavier C. Pereira, Ryleigh E. Picard, Maria R. Premo, Lorenzo J. Sanches, Lennox C. Schuko, Ella S. Smith, Haylee A. Sullivan, Dilara Turk, Jacoby S. Voyik, and Ryan M. Whiting.

Honors 2030: Natalie P. Alvaro, Landon J. Alves, Mert C. Baytemur, Brennan M. Bishop, Jameson P. Bishop, Cora M. Blackburn, Mark A. Botelho, Haylo A. Braz, Sean X. Buchanan, Omar Y. Cancel Hornedo, Justin A. Canoa, Alex A. Castro, Matthew R. Clappood, Alivia I. Coates, Izabella M. Collazo Serrano, Jake P. Cullison, Ethan J. DaSilva, Marina R. DaSilva, Isabella C. Dias, Kayla J. Dias, Mackenzie P. Dion, Ivan Dong, Alexis R. Dos Reis, Casper N. Drap, Callie L. Duclos, Chloe J. Duclos, Gavin M. Elias, Mason S. Ferrabelo, Lucas P. Fialho, Mason R. Fontaine, Caleb F. Foster, Ava G. Fraga, Ava N. Gallup, Aubriella S. Garcia, Giuliana E. Goncalves, Lily A. Grasseti, Mackenzie L. Gray, Emma M. Harvey, Benny M. Hernandez Baez, Ellie M. Hua, Zachary E. Kielbania, Ella R. Kirchner, Joseph A. Klink, Samuel C. Labrie, Jahnziel Luccas, Mariah Luna, Dylan K. Maina, Aloralynn V. Maravilha, Addyson P. Mayette, Marjories K. Mercado Skerrett, Jayden A. Merceri, Makenzie A. Morin, Sofia N. Perez, Violet L. Perez, Miguel A. Pires, Arrayah S. Plummer, Alex Ramin, Aiden J. Ridolfi, Xzevio D. Rivera, Jaidelys Rodriguez Nieves, Matthew W. Ruiz, Brooke E. Ruzsala, Olivia V. Sanches, Victoria M. Saraiva, Olivia D. Sekowski, Giuliana E. Serrazina, Mason B. Shute, Isabella R. Skura, Kayden J. Smith, Lorelai R. Smith, Andrew J. Surprenant, Peter A. Sweczyk, Jackson D. Teixeira, Felicity R. Tenney, Jason K. Tirado, Gracie-Ann S. Tuck, Mert Turan, Azra A. Turk, Jett C. Whitney, Jason P. Willis, and Ania E. Wojcik

High Honors 2029: Lea B. Avezzie, Lily R. Ayers, Siena F. Bahgat, Emirhan Bolat, Matthew J. Flaherty, Samantha E.

Gianni, Adrienne N. Glanville, Chandler A. Gregory, Mason B. Hartzell, Theodore J. Iwasinski, Muhammed E. Karaarslan, Samson A. Laguerre, Michelle N. Laronde, Braden D. Martins, Zoe E. McCarthy, Jessica L. Opitz, Audrina M. Palatino, Bentley L. Patrone, Nora A. Pedro, Camille R. Pszeniczny, Olivia G. Reilly-Courchesne, Madelyn N. Schoolcraft, Joseph T. Toomey, Gamze S. Turan, Jonathan K. Vermette

Honors 2029: Haley M. Adams, Makeen H. Al Sammarae, Alanna A. Aniolowski, Liam J. Beaulieu, Quentin A. Blake, Kellan M. Boutin, Ava K. Buccacio, Sebastian P. Budzyna, Jakub Bulatewicz, Ayden P. Buttafuoco, Ava N. Carattini, Annabelle C. Davis, Mario V. Ferrero, Cameron R. Friese, Danika P. Gagnon, Chase C. Germain, Kylie A. Gregory, Samantha M. Gregory, Cora B. Hall, Damian B. Kopka, Nathan S. Line, Ava R. MacDonald, Charlotte M. Macirolek, Allie L. Negron, Thomas J. Oakley, Sienna M. Pereira, Nathan J. Ribeiro, Rhett M. Ribeiro, Fabian A. Rodrigues, Abigail M. Rosario, Cayden J. Rubasha, Ethan O. Stephens, Aubriana M. Stupak, Jake M. Tatro, McKenzie M. Tripp, Kaylie J. Voyik, and Elianna C. Williams

High Honors 2028: Isla M. Alvaro, Ella S. Belleville, Gabriel A. Bleau, Jake B. Canoa, Aubrielle G. Chappel, Karina G. Costa, Madelynn A. Dodd, Salma K. Elkhatab, Kutay Gokcek, Madelyn R. Goncalves-Korny, Jade M. Gonzalez, Leigh Anne M. Gregorio, Liam T. Hua, Kara J. Kunz, Ava K. Laing, Kamila N. Lombardi, Elsa M. Merino, Kamryn M. Murphy, Eliany C. Navedo, Brady J. Ouellette, Jasper R. Pacheco, Averie D. Picard, Marianna R. Sanches, Dylan R. Southall, Montana J. Stepanian, Edmund W. Stratton, Miles A. Stratton, Connor M. Sylvestre, Jake E. Tatlock, Morgan R. Vala, and Ellie R. Vital

Honors 2028: Roaah S. Al Jashaam, Yaa T. Amoakohene, Aroush Atif, Karina C. Begin, Brayden M. Bishop, Mackenzie M. Caron, Juliana J. Claudio, Sofia Marie F. Comi, Julianna M. Costa, Olivia R. Costa, Leila K. Cruz, Khloe B. Davis, Holly M. Dennis, Marco S. Dos Santos, Lydia R. Dowling, LeeAnna J. Ferrero, Shelby E. Girard, Milo T. Hnatow, Utku K. Kuruca, Grayson M. Kus, Ella N. Lariviere, Nicholas J. Lavertue, Sadie A. Leatherman, Mia A. Libiszewski, Bryce A. Lipson, Claire E. Maschi, Ella M. Murphy, Shaun A. Musambai, Kylani A. Orbe, Sydney R. Pereira, Angelina C. Quitarro, Alexie R. Reyes, Alia J. Rosenblum, Sergio M. Sa Leandro, Olivia R. Santos, Anthony J. Schuko, Samuel L. Silva, and Elina J. Wright

College Notes

WNEU Doctor of Pharmacy Students Fall President's List

Western New England University (WNE) takes immense pride in recognizing the outstanding academic achievements of 26 students who have been named to the President's List for the Fall 2023 semester.

This prestigious honor is a testament to the commitment and dedication these students have demonstrated in their pursuit of academic excellence. The President's List acknowledges those who have achieved a semester GPA of 3.80 or higher, showcasing their remarkable scholastic accomplishments. They are: Jacob Wadas of Ludlow, MA working toward a Doctor of Pharmacy degree. Jacob Pariseau of Ludlow, MA working toward a Doctor of Pharmacy degree.

WNEU School of Law Students Named to Dean's List

Western New England University takes immense pride in recognizing the outstanding academic achievements of 60 students who have been named to the Western New England University's School of Law Dean's List for the Fall 2023 semester.

This prestigious honor is a testament to the commitment and dedication these students have demonstrated in their pursuit of academic excellence. The Dean's List acknowledges those who have achieved a semester GPA of 3.30 or higher, showcasing their remarkable scholastic accomplishments. They are:

Cordelia Reagan of Indian Orchard, MA working toward a Juris Doctor. Alexandre Pereira of Ludlow, MA working toward a Juris Doctor. Jacinda Da Cruz of Ludlow, MA working toward a Juris Doctor.

University of Hartford President's List

The University of Hartford congratulates the students who have been named to the President's List for Fall 2023.

The President's List is made up of an extremely select group of students who earned a grade point average of 3.75 or higher in the semester.

Jocelyn Dias and Callie Gaffron both of Ludlow.

University of Hartford Dean's Lists

The University of Hartford is pleased to announce the students who have been named to the Dean's List for Fall 2023.

Jocelyn Dias, Madison Rainaud, Callie Gaffron, and Brendan Lafleur of Ludlow.

Emmanuel College Fall 2023 Dean's List

In recognition of their outstanding academic achievement, Emmanuel College in Boston has named more than 900 students to the Dean's List for the Fall 2023 semester. To earn a spot on the Dean's List, Emmanuel students must achieve a grade point average of 3.5 or higher for a 16-credit semester.

Sydney Germain and Loren Skelly of Ludlow were named to the fall list.

Springfield College Dean's List 2023 Fall Semester

Springfield College Recognizes Dean's List Students for the 2023 Fall Semester.

Gizzelle Abanador from Ludlow, MA 01056 is majoring in Biology.

Elma Kolenovic from Ludlow, MA 01056 is majoring in Health Science.

The criteria for selection to the Dean's List are as follows: The student must have completed a minimum of 12 credit hours of graded coursework for the term, exclusive of "P" grades. The student must not have any incompletes or missing grades in the designated term. The student must have a minimum semester grade average of 3.500 for the term.

Regis College's Fall 2023 Dean's List

Regis College proudly announces the university's Fall 2023 Dean's List recognizing their outstanding academic achievements.

To earn a spot on the Dean's List, Regis sophomores, juniors, seniors, and professional studies students must have a GPA of 3.5 or higher; first-year students must have a GPA of 3.25 or higher. Additional criteria can be found in Regis' Academic Catalog.

Julia Dennis of Ludlow (Dental Hygiene); Madelynn Philibotte of Ludlow (Psychology)


Elms College Announces Dean's List Fall 2023

The College of Our Lady of the Elms has named the following students to the Dean's List for the fall 2023 semester. Congratulations to all the students who are named to the list.

Jeylah Branch and Victor Williamson of Indian Orchard.

Stephanie Afonso, Andrew Caron, Agata Cieslak, Justin Costa, Rachel Forcier, Maya Grywalski, Hannah Haley, Meghan Huber, Ava Kochanowicz, Nicole McCarthy, Alyssa Moore, Austin Scott, Savannah Switzer, and Madison Trombley all of Ludlow.

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Construction of the Winsor Dam

DCR explores creation of Quabbin Reservoir's impoundments

By Paula Ouimette
Editor
pouimette@turley.com

BELCHERTOWN – Recently, the Department of Conservation and Recreation's Interpretive Services Supervisor at the Les and Terry Campbell Quabbin Visitor Center, Maria Beiter-Tucker, led the first of this year's Sunday presentations, continuing a long tradition of providing informative and educational programs about the Quabbin Reservoir and its watershed.

With the visitor center located at one end of the 2,640 foot Winsor Dam, the main impoundment structure of the Quabbin Reservoir, this earthen structure and its secondary impoundment structure, the Goodnough Dike, were the focus of Beiter-Tucker's presentation.

The creation of the dam and the dike in the Swift River Valley was an engineering feat accomplished solely by brainpower, paper and pencil, Beiter-Tucker said, at the time construction started in 1927.

"This valley has remarkable topography," Beiter-Tucker said, something that appealed to engineers.

The Swift River Valley had been considered an ideal location to construct a reservoir in order to meet Boston's drinking water needs; dating as far back as 1895 when it was noted in a Board of Health report. But it wasn't until 1926/1927 that legislature passed the Ware River and Swift River acts, and work began to create the 412 billion gallon reservoir.

With the Ware River Watershed and the Wachusett Reservoir, the Quabbin Reservoir provides the drinking water supply for 43% of people in the commonwealth.

Quabbin Reservoir is the largest piece of the water supply system, Beiter-Tucker said.

"It was a massive construction, and an 'earthquake,' you might say for this area," she said, with the disincorporation of four towns; Enfield, Greenfield, Dana



There are 40 caissons buried under this impoundment.

and Prescott.

Beiter-Tucker said it took 11 years to move residents out of the valley, and relocate 7,000 known graves (which are now interred in the Quabbin Park Cemetery).

"It was a long slow process," she said. Structures were also removed, leaving only stone walls, foundations and roads behind. In total, the construction of the Quabbin Reservoir cleared about 80,000 acres.

Creating the impoundments To create the reservoir itself, the engineers wanted to close off where the Swift River exited the valley, Beiter-Tucker said. The plan was to build two large earthen structures, which was done near the end of the project.

Winsor Dam is the main structure, and it impounds the Swift River and the Goodnough Dike is the secondary structure, impounding Beaver Brook. Construction of both took place between 1935-1939. The dam and the dike are located three miles apart from each other.

At 295 feet above bedrock, the dam is named for Frank Winsor, who died before the project was done. At the time of his death, he was being sued by the state of Rhode Island, and during questioning at a hearing he had a heart attack and died.

The core wall of the Winsor Dam was built with 40 caissons, ranging from 30-125 feet tall, with an average height of 100 feet. The caissons were sealed to the bedrock, then sealed with concrete and

hydraulic soil which was gathered from the valley.

"They spent a lot of time investigating the best soil throughout the valley," Beiter-Tucker said. "They apparently found a lot of it."

Hydraulic soil was taken from "borrow pits" and is also known as "rock flour," as it compacts densely together when water is removed.

The soil would be kept in a dry box, brought uphill to a hog box where it was mixed with water, then fed down sluice lines. A pump barge would reuse water, pumping it back up to the hog box.

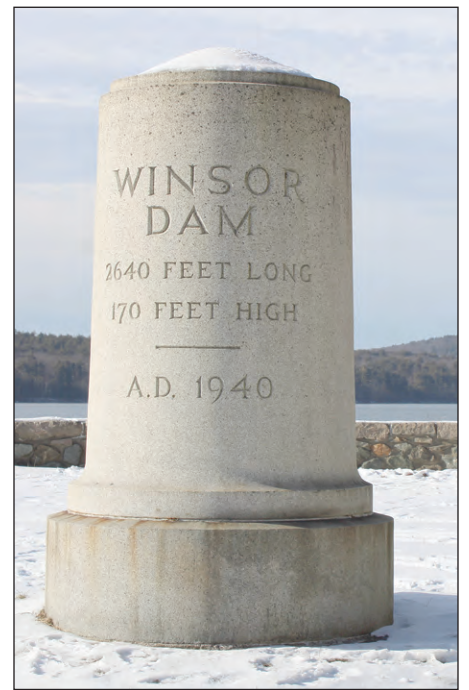
"The sluice lines never worked out really well, they clogged a lot," Beiter-Tucker said, causing engineers to eventually open them fully. Laborers then used batter boards to push the soil and water out to spread it evenly.

Before it went into the dry box, soil was sifted through metal grates known as "grizzlies," which were repurposed from Rabbit Run railroad tracks.

To start the dam's construction, engineers first had to divert the Swift River using a coffer dam. Once that was completed, a 2,700 foot long trench that was 30 feet deep was dug to lay the caissons.

The caissons were built piece by piece, with the first piece placed being a metal shoe. On top of the shoe was the work chamber, which was reinforced with steel.

The weight of the concrete gradually pushed against the shoe's sharp edge and worked the entire structure down until it



Turley Photos by Paula Ouimette

This marker is located at one end of the Winsor Dam, which spans 2,640 feet and is 170 feet high. This dam is the primary impoundment structure for the Quabbin Reservoir.

reached bedrock, where it would eventually be sealed. Workers would remove dirt as the shoe and chamber were forced down through the earth.

Beiter-Tucker said compressed air was pumped into the work chambers to provide oxygen for the workers and they were limited to two, 40-minute shifts a day inside the work chamber.

"The workers were inside those work chambers while it was being forced down," Beiter-Tucker said. "They were lowered down into chamber with bucket." After completing their shift, the workers would go into a decompression chamber before spending the rest of their work day completing other work on the project, above ground.

Beiter-Tucker said it was hard work, and men were paid 50-60 cents an hour (about \$8 in current money). Construction of the Quabbin Reservoir took place almost entirely during The Great Depression, she said, and there were lines of men to get these jobs and work 12-hour shifts.

"It was hard work," Beiter-Tucker said.

In 1937 the construction of the Quab-

Please see **QUABBIN**, Page 13

CHARTER COMMISSION

from Page 1

there. If we're going to extend the terms, I think two years is fine, but if we go beyond two years, I want a recall provision

put in there so that if we go three or four years, we can say this person, John Smith, is not doing the job, we need to get them out. They're not showing up to meetings, they're not going to their liaison things, get the petitions, get it on the ballot and remove John Smith."

Though members agreed with a recall provision, they argued that two years was too short a term for a councilor to set things in motion for the town.

"I would be hard-pressed to find anybody in an elected position that would tell you two years is efficient to get anything done," Selectman Derek DeBarge said. "It takes time to get a lot of things done. You may have an idea to do something as easy as get trash bins for the town and try to reduce the cost; that's not going to happen in one term, it might not even happen in two."

SAFETY COMMITTEE

from Page 1

his community.

"It is very frustrating that we sometimes we can't do enough to help you guys out. When I got into this position, I thought it was going to be a lot easier than it is. I am a volunteer. I do not get paid to do this. So, it is frustrating sometimes to see the hurdles that we have to go through. If you want reach out to me at any point

The majority of the committee voted for staggered three-year terms and to continue to hold town elections in the spring.

Other provisions

The committee discussed qualifications and prohibitions for council positions. The committee agreed on a residency requirement and that council members must be of age and registered voters.

There was some discussion on whether town employees should be ineligible to fill council positions. Though the committee agreed that a town employee on the council would be their own boss, and were against this, there was some confusion as to whether the charter should make town employees ineligible to take papers for a position, or if they should be required to resign from their position in order to assume their seat. This discussion was tabled for a later meeting.

The Charter Committee meets on every first and third Thursday of the month.

in time, I would love to talk to any one of you."

After that, Psvenicvny offered up his address for Churchill to stop by the area and take a look for himself.

The Ludlow Safety Committee strives to review any and all safety concerns submitted by residents, hoping to further any recommendations made to the Ludlow Board of Selectmen.

The next Safety Committee meeting is scheduled for March 14 at the Ludlow Town Hall.

PLANNING BOARD

from Page 1

aration for the abutters," Authier said. "We conform to the zoning on the lower side with 10 feet minimum setback to the driveway, and on the top side we're left with 9 feet, just under the required 10 feet."

The board went over the plan and found between nine and 11 issues that would need to be addressed before the project could move forward. The discussion was continued to April 25, with stormwater management being a particular concern that will be discussed at that time.

Phoenix also read a Notice of Decision from the Zoning Board of Appeals about a property on Center Street.

"Following duly advertised public hearing held on Feb. 1, the Board of Appeals (...) voted five to zero to deny a Special Permit for 696 Center St.," Phoenix read. "The Special Permit is for the construction of a concrete or asphalt pad and the installation of 12 by 20 metal one-car carport, with a location of 2.2 feet from the side property line, which does not

meet the required five-foot setback from the property line."

The letter also mentioned that the proposed carport, along with the other structures on the property, would exceed the maximum percentage of square footage allowed for accessory structures.

The Health Department issued a correction order relating to the Minimum Standards of Fitness for Human Habitation to the owners of a property on Chapin Street.

"An inspection was conducted at your property located at 259 Chapin St., on Feb. 6," Phoenix read. "Be advised that an agent of the Health Department has determined certain portions of this residential property to be in violation of the State Sanitary Code 105 CMR 410.000."

The violations were listed as including miscellaneous wood and building materials on the side of the property that "could result in the harborage of varmints," as the notice read.

Phoenix also read sections that indicated violations relating to overgrown vegetation and accumulated debris, trash or junk for longer than 60 days.

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Lions fall in season finale

By Tim Peterson
Sports Correspondent

WEST SPRINGFIELD—If the Ludlow hockey team had defeated the West Springfield Terriers in the regular season finale, they would've automatically qualified for the Division 3 state tournament for the third consecutive year.

With the score tied, 2-2, at the end of the first period, West Side scored back-to-back goals early in the second period. The Terriers added a short-handed goal late in the third period leading to a 5-3 victory over the Lions at the Olympia Ice Center in West Springfield, last Wednesday afternoon.

"I thought we played very well in the opening period," said longtime Ludlow varsity hockey coach Paul Rivest. "We just got outworked in the second and third periods. Whenever you get outworked, you're going to lose hockey games. This is a very disappointing loss for us."

Ludlow, who finished the regular season with an 8-9-2 record, are scheduled to play in a Western Mass. Class B semifinal game at Olympia on Wednesday night. The Class B finals will also take place at Olympia on Saturday afternoon.

"If we win our first game in the Western Mass. tournament, we'll qualify for the states. We just need to play a lot better than we did in today's game," Rivest said. "Winning the Western Mass tournament probably means a little bit more to the players than playing in the state tournament. If we do qualify for the states, we'll probably be playing against one of the top teams in Division 3."

A year ago, Ludlow defeated Easthampton, 6-1, in the Western Mass.

Please see **HOCKEY**, Page 10



Ryan Kurtz gets set to clear the puck.

Turley photos by David Henry www.sweetdogphotos.com



Luke Martin takes the puck through the center of the ice.



Cody Sanderson collects the puck in the defensive end.

Falcons, Lions crown champions

By Gregory A. Scibelli
gscibelli@turley.com

NORTHBRIDGE – At the Central/Western Massachusetts Division 2 tournament held earlier this month at Northbridge High School, Minnechaug wrestling was a runner up for total points with 232 while Agawam placed third with 202 points.

The Falcons crowned the most individual champions with four while Agawam had two champions

Holyoke and Chicopee also were part of the tournament. Holyoke had 72 points for 10th place and Chicopee placed 11th with 54.5 points.

Kal Ly won the 126-pound weight class, representing Minnechaug. Hunter Gormally took the championship at 157 pounds, Matthew MacPhail won at 175 pounds, and Sam Dean was a champion at 180 pounds.

Agawam had a pair of champions as Max Holloway took the title at 215 pounds and Nicholas Ugolini took a championship home at 132 pounds.

More Falcons had successful experiences at the sectional meet, including Ezekiel Vargas, who was the runner up in the 106-pound weight class. Zayde Facchetti was the runner up in the 165-pound finals. In the consolation finals at 138 pounds, Owen Goldberg scored the win with a quick 28-second pinfall.

Jordin Agosto came in second for Agawam with a great effort in the 120-pound championship match. Ryan Sexton was also a runner-up, falling 6-0 in the championship match at 138 pounds. Keymani Rivera was a winner

Please see **WRESTLING**, Page 11

Lions come up just short against Mohawk

LUDLOW – Last Thursday evening, Ludlow girls basketball had another good offensive showing, but came up short against Mohawk Trail 50-44. In the de-

feat, Ava Friese had a nice game with 17 points while Ryleigh Remillard had 12 points. The Lions are 3-15 with nonplay-off games scheduled for this week.



Ava Friese takes a long jump shot.



Ryleigh Remillard looks to go around an opponent.



Aneysha Donais looks to drive to the hoop.



Karley Roman tries to pick up the loose ball before it goes out of bounds.



Kayliana Moret makes her way across the court.

Turley photos by Sofia DiGrande

Checkers get best of T-Birds

CHARLOTTE, N.C. -- The Springfield Thunderbirds (23-20-3-2) were unable to complete a third-period comeback attempt, as they fell by a final score of 5-3 against the Charlotte Checkers (24-20-5-0) on Sunday inside Bojangles' Coliseum.

The Checkers carried much of the offensive play in the opening 10 minutes, making Malcolm Subban work a lot in the first period. Moments after a Springfield delay-of-game penalty ended, Charlotte maintained offensive pressure and got on the board as Gerry Mayhew found open ice in the low slot and one-touched a pass from Casey Fitzgerald through Subban at 9:22. The Checkers hit two other posts in the period on their way to outshooting Springfield 17-7 in the first frame.

Springfield had its own chance clip iron in the early stages, as Jakub Vrana narrowly missed giving the T-Birds a 1-0 edge when he one-timed a Ryan Suzuki saucer pass off the pipe behind Spencer Knight. Despite the disparity in shot attempts, the T-Birds still found a way to get the game evened up when Zach Dean deflected a Leo Loof shot from the left circle all the way to the crease and through Knight's legs with just 1:09 left in the first, tying the game, 1-1.

The tying marker, however, proved to do little to quell Charlotte's offensive mojo in the second period. Another lengthy defensive zone sequence for the T-Birds ended in a Ryan McAllister one-time goal at 2:13 of the middle frame. Springfield's penalty kill then got dented for the first time in the season series at 10:49 when Zac Dalpe

found a loose puck deep in the blue paint before Subban and the defense could clear it away. The Checker captain's 12th goal of the season upped the lead to 3-1, which would stand through the end of the second. Charlotte outshot Springfield 33-12 through 40 minutes.

Springfield threatened another third period comeback just 41 seconds into the third as Joey Duszak wristed a shot over Knight's blocker to make it a 3-2 game off assists from Matthew Peca and Adam Gaudette. Despite a heavy presence in the Charlotte zone in the opening half of the final frame, the score stayed 3-2 until Justin Sourdif guided a Mayhew centering pass through Subban to restore the two-goal cushion for the Checkers at 12:04.

Still undeterred, Peca and the T-Birds responded in kind just 48 seconds later, as the captain circled the offensive zone before elevating a wrist shot through traffic and over Knight's glove to cut it down to a 4-3 score.

With 2:51 remaining, the Springfield power play was given a grand opportunity following a tripping penalty on Sourdif, but the Charlotte penalty killers answered the call, and another Springfield minor penalty nullified the power play and spoiled any chances of a tying goal. Mayhew finished his three-point night, finding the empty net with just over 30 seconds to play.

It marked Charlotte's first win in four tries this season against the Thunderbirds. Springfield returns home to begin a three-game weekend on Friday as the I-91 rival Hartford Wolf Pack comes to town. Puck drop is set for 7:05 p.m. at the MassMutual Center this Friday night.



Railers fall in shutout to Bears

ORLANDO, FL -- The Worcester Railers HC (21-20-4-2, 48pts) got shut-out by the Orlando Solar Bears (24-16-6-2, 56pts), on Thursday night by the final score of 4-0 in front of 5,684 fans at the Kia Center.

Orlando struck first with two quick goals late in the first period from Mitchell Hoelscher (1-1-2) and Alex Frye (1-0-1). Tanner Schachle (1-0-1) added one more in the second to push Orlando ahead 3-0 going into the third. Jimmy Mazza (1-0-1) ripped a shot down-ice off of the draw in the third period into an empty net to give Orlando the final goal of the game and a 4-0 victory over Worcester.

The Railers started off the first period strong. During the first ten minutes, the Railers utilized a two-man forecheck which led to some great chances down low and keeping both the puck in their offensive zone and the tired Solar Bear players on the ice. Despite their efforts early, the Solar Bears would light the lamp first. A shot from the point by defenseman Zachary Massicotte was initially blocked out in front but found its way to an open Mitchell Hoelscher (22nd) who was sitting on the doorstep. The Solar Bears piled on the goal scoring just two minutes later with a 2-on-1 rush. Hoelscher would drag Railers Defenseman Ryan Dickinson to the far side boards to allow Forward Alex Frye (10th) to capitalize on the doorstep with a backhand shot to beat the outstretched John Muse.

The Solar Bears outshot the Railers, 12-6.

The second period was a quiet one for the Railers. They would lead the period with shots on goal but none would result in a goal. The Railers had some great opportunities on their first power play of the game late in the period and built some strong momentum for them to carry into the third. However, the Solar Bears would continue to deal damage to the Railers with another late-period goal. Solar Bear forward Tyler Bird would enter the Railers defensive zone from the far side and send a quick pass to the high slot. The puck bounced to forward Tanner Schachle (2nd) who picked up the loose puck and backhanded a shot through Muse. The Railers led the period and game with shots on goal 14-5 and 20-17.

The third period provided a mix of chances and physicality from both sides. John Muse did a great job shutting down an odd-man rush and breakaway opportunity just a few minutes into the period. Shortly after, the Railers would get their chances on net during their powerplay chance. Tension throughout the game built up to the point where Railers Forward Jack Quinlivan dropped the gloves against Solar Bear Defenseman Jérémie Biakabutuka. The game was capped off with an empty net goal scored by Solar Bear Defenseman Jimmy Mazza with a final score of 4-0 in favor of Orlando. The Railers outshot the Solar Bears in the third and in the game, 16-8 and 36-25.

HOCKEY from Page 9

Class B semifinals before dispatching Belchertown, 4-3, in the championship game. They then lost in a preliminary round game of the Division 3 state tournament to Bishop Stang.

The Lions lost to West Springfield in the semifinals of the Western Mass. Class A tournament two years ago. It was the last meeting between the two hockey teams prior to last Wednesday's match-up.

The Terriers (10-8) are hoping to win this year's Western Mass Class A championship title.

The Lions, who entered the final game of the regular season riding a three game winning streak, needed just 39 seconds to take a 1-0 lead.

Senior Ryan Kurtz skated down the middle of the ice between a couple of defenders before sliding the puck into the net past West Side junior goalie Troy Cashman (11 saves) for an unassisted goal. It was Kurtz's second goal of the regular season.

Kurtz is a senior captain, along with Brice Pereira, Luke Martin, and Thomas Deroin. The other three Lions seniors are Benji Steele, Cody Sanderson, and Trevor Goff.

"We do have a solid senior class this year," Rivest said. "We're going to miss those seven guys next year. They've been key contributors to our team this season."

A little more than five minutes later, West Side junior Gavin Hall scored back-to-back breakaway goals giving



Ryan Goodwin makes his way up the ice.

his team a 2-1 advantage.

With 4:34 remaining in the first period, Ludlow sophomore Tanner Severyn scored his sixth goal of the season tying the score at 2-2. Steele was credited with the assist.

Hall completed his hat-trick at the 3:30 mark of the second period.

Following a faceoff, Hall, who has scored 15 goals this winter, fired a slapshot from the right circle into the net.

Less than two minutes later, a goal by sophomore Cole Castor gave the Terriers a 4-2 lead.

Neither team scored a goal during the final nine minutes of the second period.

The Lions did cut their deficit in half two minutes into the third period.

That's when a shot attempt taken by freshman Evan Dias deflected off the goalie and Steele was in the right spot to knock home the rebound making the score 4-3.

It remained a one goal game until West Side sophomore Owen Hall netted the short-handed goal, which was unassisted with 4:31 remaining in regulation.

Ludlow freshman goalie Peter LeBorgne, who made 11 saves against West Side, is hoping for a much better performance in his first postseason match.



Thomas Deroin watches the puck after taking possession.

1	2	3	4		5	6	7		8	9	10		
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59					60					61			
62					63						64		

CLUES ACROSS

- 1. Golf scores
- 5. Shock therapy
- 8. Ballplayer's tool
- 11. Quench one's thirst
- 13. Female relatives of American war vets (abbr.)
- 14. Every one of two or more things
- 15. Member of Muslim people
- 16. Play
- 17. Type of cheese
- 18. Type of lounge chair
- 20. ___ King Cole, musician
- 21. Fellows
- 22. North, Central and South
- 25. In an early way
- 30. Foes
- 31. Georgia rockers
- 32. Cryptocurrency
- 33. Narrow path

CLUES DOWN

- 1. Pacific Standard Time
- 2. Protruding ridge on
- 38. Disallow
- 41. Joyousness
- 43. Inaccessible
- 45. Evoke emotions
- 47. Ancient kingdom near Dead Sea
- 49. Boston Celtic punk rockers (abbr.)
- 50. Sword
- 55. Actor Idris
- 56. Affirmative (slang)
- 57. Afflicted
- 59. One point north of northeast
- 60. Born of
- 61. Arabic name
- 62. Traumatic brain injury (abbr.)
- 63. Extremity
- 64. Post

CLUES ACROSS

- 3. Indian king
- 4. Type of milk
- 5. One who brings home the bacon
- 6. More comprehensible
- 7. Connected with sense of touch
- 8. Red mineral
- 9. Breezed through
- 10. Therefore
- 12. Supplement with difficulty
- 14. Early kingdom of Syria
- 19. Satisfy
- 23. They confuse doctors (abbr.)
- 24. Brass instrument
- 25. Domesticated animal
- 26. Ribonucleic acid
- 27. Snake-like fish
- 28. Woman (French)
- 29. Economically-minded aircraft

- 34. When you hope to get somewhere
- 35. Tease
- 36. Actress Gretchen
- 37. Midway between northeast and east
- 39. Inoffensive
- 40. Yellowish cotton cloth
- 41. Consume
- 42. Does not tell the truth
- 44. Improved something
- 45. Spiritual leader
- 46. Abba __, Israeli politician
- 47. Fix
- 48. Evergreen tree genus
- 51. Swiss river
- 52. Prejudice
- 53. Major C. European river
- 54. Long, narrow strap
- 58. Male parent

Miracle League to receive Doyle Award

SPRINGFIELD – The Miracle League of Western Massachusetts, a nonprofit organization dedicated to providing inclusive baseball opportunities for individuals with disabilities, have been selected as the recipient of the Ryan Doyle Courage Award by the Western Mass Baseball Hall of Fame.

The Ryan Doyle Courage Award, named in honor of the late Ryan Doyle, a courageous young athlete who battled cancer, recognizes individuals or organizations that demonstrate exceptional courage, resilience, and dedication to the sport of baseball in Western Massachusetts. The Miracle League of Western Massachusetts was chosen for their unwavering commitment to creating an inclusive environment where all individuals, regardless of ability, can experience the joy of playing baseball.

Founded in 2015, the Miracle League of Western Massachusetts has been providing accessible baseball programs for children and adults with disabilities. Through their adaptive facilities and volunteer support, they ensure that every player has the opportunity to participate in America's favorite pastime. The organization has positively impacted the lives of countless individuals, fostering camaraderie, self-confidence, and a sense of belonging within the community.

The Miracle League of Western Massachusetts will be formally presented with the Ryan Doyle Courage Award at the Western Mass Baseball Hall of Fame induction ceremony on March 7th 6pm at Twin Hills Country Club in Longmeadow. This event brings together Western Mass baseball legends, enthusiasts, community leaders, and former MLB players to celebrate the accomplishments of the inductees.

For more information about the Miracle League of Western Massachusetts, their inclusive baseball programs and to volunteer, please visit <https://miracleleaguewestma.com/> or contact Brian Feeley at brian@miracleleaguewestma.com.

To Learn more about Ryan's story: Please visit the Ryan Doyle Foundation at <https://rd26.org/>.

For tickets to attend the induction dinner on March 7th please go to www.valleybluesox.com or email WMassHOF@valleybluesox.com

WRESTLING from Page 9

in the consolation bracket at 165 pounds, taking third place in the meet.

Steven Santiago brought home a championship for the Knights, winning the 113-pound weight class over runner-up Jordan Dietz from Minnechaug.

Ludlow High School traveled to Ashland High School and the Lions participated in the Central Mass. meet for Division 3. The Lions placed third in the tournament with 168 points. Host Ashland won the meet with Wayland taking second place.

Champions for Ludlow included Ryan Gomes at 126 pounds. He defeated Ethan Anastasia from Holliston by an 8-2 decision. Lucas Alvan was the other champion with the victory at 165 pounds. He scored a third period pinfall for the sectional title.

Samantha Bertini was defeated by technical fall to be the runner-up at 106 pounds while Tristin Stephens won the consolation bracket, taking third place at 215 pounds at the meet.

The top six finishers in each weight class moved on to their respective division state meets and the top placers from that meet head to the All-State meet, also known as the Meet of Champions for the opportunity to head into the New England meet, which takes place next weekend.

HUBBARD HAPPENINGS from Page 4

Girl Scout Presentation and Craft Thursday, February 29, 6:00 p.m. Adi Woods from South Hadley MA is doing a project called Climate Awareness Through Community Education for her Gold Award (the highest and most prestigious award in Girl Scouting). Adi will present her display about climate change in the Pioneer Valley as part of her project about educating families with older elementary-aged children about climate change and actions that we can take to make a difference. After the presentation she will lead children in a paper seed heart craft that will educate families about native plants and animals in the Pioneer Valley. Please register.

Backyard Bird Scavenger Hunt, Friday, February 16, 9:00 a.m.-5:00 p.m. All ages. Search the Youth Room for birds of New England to win a prize, and learn about the Audubon Society's Great Backyard Bird Count happening this weekend. Drop in.

Bird Feeder Making, Saturday, February 17, 9:30-11:30 a.m. Ages 3 & up. Make a pinecone bird feeder and learn how to participate in the Audubon Society's Great Backyard Bird Count. Drop in.

OBITUARIES

Richard Joseph McInerny, 69

LUDLOW - Richard Joseph McInerny, age 69, of Ludlow, passed away with dignity on Feb. 14, 2024 surrounded by his loving family. Rick was the cherished son of the late Henry and Virginia McInerny.

He served as a teacher and special education administrator in Holden, Ludlow, Mohawk Trail, Belchertown, Auburn, and at the Westover Job Corps. Rick loved the ocean and enjoyed fishing at the Cape with family and friends. His greatest joy came from taking his grandchildren fishing on the Captain Kid.

As a kidney-pancreas recipient, Rick was always thankful that someone made the choice to be an organ donor. He was lucky to have been cared for by a multitude of skilled and caring doctors, nurses, and their support staff. His family would like to thank Dr. George Lipkowitz, Dr. Robert Madden, and the

entire staff of Kidney Care. Rick was the devoted husband of 45 years to Gala-Ann (Mariani) McInerny; a proud and loving father to Caitlin-Ann Clemmons and her husband Nicholas, and Jacob Raymond McInerny and his wife Erica; a beloved Papa to Olivia, Natalie, and Colton. He also leaves his siblings Carol McCrohon and husband Robert, Mary Clark, and James McInerny and wife Linda; his sister-in-law Mary-Beth Will and her husband Gary; many nieces and nephews, and dear friends.

Visiting hours are Feb. 23, 2024 from 10-11 a.m. at Ludlow Funeral Home. Services and burial will be held privately by his family. In lieu of flowers, donations to Ludlow Ambulance Service (Gifts & Grants), Team Britt M&M at New England Donor Services, or St. Jude Children's Hospital.

His family hopes you can join us at the CT Blue and Green Walk in April.

DEATH NOTICES

Lawrence F. Kus
Died Feb. 17, 2024
Services to be held in July
Ludlow Funeral Home

Richard Joseph McInerny
Died Feb. 14, 2024
Visiting hours
Feb. 23, 2024
Services are private
Ludlow Funeral Home

Karen M. (Bassette) Petrolati
Died on
Feb. 11, 2024
Services are private
Ludlow Funeral Home

Karen M. (Bassette) Petrolati, 66

LUDLOW - Karen M. (Bassette) Petrolati, of Ludlow, passed away unexpectedly on Feb. 11, 2024 at the age of 66

Karen was the beloved daughter of the late William and Arminda (Varao) Bassette and was a graduate of Ludlow High School Class of 1975. Karen will be remembered for her big heart and always being there for her family and friends, especially for those in need or with hardship. She had an open door policy in her home and always welcomed everyone with warmth and love. She also had a passion for making beautiful works of macrame, but her greatest joy in life was spending time with her family.

Karen leaves her beloved high school sweetheart and husband Da-



vid Petrolati with whom she was together for over 50 years; her loving sons Marc Petrolati and partner Stephanie Burek, and Frank Petrolati and Fiance Kathleen O'Brien; her cherished grandchildren Michael, Frank, Antonio, and Alexis Petrolati; her brother Matthew Bassette and family; sister Kelly Bassette; sister-in-law Adele Vautrain and husband John, their children Lianne Albright and Alan Vautrain and their families; her beloved canine companion Sammy; as well as many loving extended family members and dear friends

Karen's family will celebrate her life in a private service and for those who wish to honor her memory, donations can be made to the charity of one's choice.

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The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph.

Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

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QUABBIN from Page 8

bin Reservoir moved to a 24-hour project. Large lights used during night work cast shadows, which resulted in a lot of injuries and deaths.

"26 men were killed out of thousands on the entire project," Beiter-Tucker said.

Once the caissons were sealed to the bedrock, soil was applied to both sides to build the base of dam, and compacted with a sheep's foot roller.

After the caisson wall was completed, soil was stripped away from either end to seal with concrete blankets to prevent leaking. That was the first stage of construction.

Beiter-Tucker said the Good-nough Dike was constructed in almost completely the same way, just on a small scale. The dike measures 2,140 feet long and is 264 feet above bedrock.

It was named for Henry Goodnough, an engineer who lived in Sudbury and liked to come out to the Swift River Valley to fish.

She said the major difference between the dam and the dike is that the dam has an outlet for water, while the dike blocks only

After construction of the dam and dike was completed, it took seven years to fill the Quabbin Reservoir.

Chicopee Valley Aqueduct

"It was decided the Swift Tiver would not be cut off completely so it could flow to Three Rivers," Beiter-Tucker said, as it's part of Connecticut's water supply as well. The design of the dam included diversion for the Swift Tiver, releasing below the Winsor Dam down to Chicopee and the Connecticut River.

A tunnel was built under the dam and the upper intake structure is the only one in use. The lower intake structure was blocked.

The upper intake structure continues to be in use today, releasing about 20 million gallons of water a day.

The Chicopee Valley Aqueduct outlet building was eventually constructed (known by many as the "power station," as for many years it did create a small amount of hydroelectric power for DCR buildings).

In 1950, towns were invited to join the system, but only Chicopee, Wilbraham and South Hadley Fire District No. 1 joined the system. They have their own

treatment plant located on Route 9.

Spillway

Reservoirs are designed to hold a certain amount of water and the spillway is located at the east end to release water when the reservoir is at capacity or close to capacity.

The spillway was blasted out of rock, and the channel goes under a bridge and creates a waterfall on the other side.

"It's not always active," Beiter-Tucker said, only when the reservoir is at a certain level.

In 76 years, the reservoir has reached its capacity 33 times.

"We are probably going to reach capacity this spring unless weather changes," Beiter-Tucker said.

In June of 1946, the lower spillway was opened for the first time, and a dedication ceremony was held for the waterfall it created.

"A lot of people focus on the history of the lost towns," Beiter-Tucker said. "I'm always fascinated by the actual construction of the reservoir itself. The engineers were able to envision this and transform the valley into this reservoir. It's a pretty fascinating story."



The lower spillway creates a waterfall, and only releases water when the Quabbin Reservoir is at or near capacity.

Upcoming events

For more information about other programs hosted by DCR's Les and Terry Campbell Visitor Center, visit www.mass.gov/locations/quabbin-reservoir.

Programs are held in the visitor center located at 100 Winsor Dam Road, and via Zoom. Registration is required.

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Docket No. HD24P0343EA
Estate of:
Diane Nancy Ledger
Date of Death: 08/09/2023
INFORMAL PROBATE
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Gloria M Mitchell of Indian Orchard, MA**

a Will has been admitted to informal probate

Gloria M Mitchell of Indian Orchard, MA has been informally appointed as the Personal Representative of the estate to serve **without** surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition

the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
02/21/2024

**NOTICE OF PLANNING BOARD HEARING
Relative to PROPOSED ZONING BYLAW AMENDMENTS Pursuant to G.L. c. 40A, § 5
LEGAL NOTICE – ZONING BYLAW**

The Planning Board of the Town of Ludlow will hold a public hearing to discuss proposed amendments to the town's zoning bylaw. The public hearing will be held as follows:

Place: Ludlow Town Hall, Selectmen's Conference Room, 3rd fl.

Date: Thursday, March 14, 2024, *

Time: 7:20 PM

Applicant: Planning Board

Location: 488 Chapin Street, Ludlow, MA

*If for any reason this hearing is cancelled, it will be rescheduled to the Thursday, March 28, 2024 Planning Board meeting, as the last hearing.

The subject matter of the proposed amendments is as indicated below. The complete text relative to the proposed amendments is available for inspection on the Planning Board web site: <https://www.ludlow.ma.us/243/Documents-for-Review> and in the Planning Department Office and Town Clerk's Office during regular business hours. Proposed zoning bylaw revisions are in draft form and are subject to change.

Proposed zoning bylaw revisions to include the following: SECTION III: GENERAL USE REGULATIONS 3.0 GENERAL REGULATIONS delete 3.0.2 Existing Uses Not Affected. Delete 3.0.3 Obstruction at Street Intersection and replace with Visibility at Street Intersections and Driveways Street Entries with new text and Figure 1 Diagram.

Raymond Phoenix
Chairman
02/21, 02/28/2024



MiraVista re-opens renovated 16-bed adolescent unit

Trauma-informed, compassionately delivered care for adolescents in psychiatric crisis

HOLYOKE – Trauma-informed care rooted in cultural competence and compassionately delivered to support recovery of adolescents in psychiatric crisis was enhanced recently at MiraVista Behavioral Health Center with state-of-the-art renovations to its 16-bed adolescent unit which is now accepting new patients.

“We began an extensive upgrade in late summer after discharging the unit’s last patient to better incorporate required safety regulations into a healing care environment that allows for both patient socialization and comfort,” said Kimberley Lee, chief of Creative Strategy and Development. “We are very pleased with the outcome. Having worked with our own mental health professionals, architects, and young people who have experience with psychiatric care, we feel very confident that our adolescent patients will also appreciate the effort that went into ensuring for an environment which aesthetically and effectively meets their specific needs.”

MiraVista Behavioral Health Center offers inpatient services in separate units for adults and adolescents and a range of outpatient substance use programs. It opened under new ownership as MiraVista Behavioral Health Center in April 2021. Renovations to the interior and exterior have been ongoing since the building’s purchase.

Lee noted that studies have shown how an environment designed with healing in mind can support both those who deliver health care as well as ease patient symptoms.

Evidence-based therapies and treatments on the unit include educational programming, exercise and self-care, and a variety of group therapies including music, art, and an array of age-appropriate topics focusing on physical and mental wellness. A team of specialty-trained providers works with each patient to assess and meet their individual requirements. The average stay of patients in the

adolescent unit is between seven and 10 days.

“It is well known that spaces which promote comfort and reduce environmental stressors like noise and harsh lighting can contribute to healing including reducing anxiety and depression and contributing to better patient outcomes,” Lee said. “Our renovated unit well reflects the compassionate and inclusive care provided by our providers to the unit’s adolescent patients. Our treatment teams are eager and excited to once again welcome youth to MiraVista!”

Among them, Khadene Harry-Stoby, MiraVista’s new adolescent nurse manager whose love for working with this population started in New York at The Children’s Village where she worked as a Mental Health Specialist. There, she learned how to look at each child outside of their behavior, understand their trauma and try to provide an engaging, structured, and fun therapeutic environment.

“I am so very much looking forward to overseeing our adolescent treatment team as we continue to develop individualized milieu plans specifically catered to each adolescent in order to provide the best and highest quality therapeutic care. Our programming at MiraVista will include a lot of ‘what’s trending’ for this population which includes arts and crafts, movement groups, and poetry just to name a few”

Harry-Stoby added that while MiraVista’s younger patients are frequently referred by other providers, the hospital is piloting a program for direct admissions to help individuals needing a psychiatric bed avoid an Emergency Room stay.

“Our clinicians are able to provide pharmacological as well as therapeutic treatment for patients challenged by mental illness and who come from a diversity of backgrounds, including sexual orientation and gender identity,” Lee said. “Our social workers are able to support adolescent patients in meeting their educational, emotional and development needs.”

To make a referral or for more information, visit: <https://www.miravistabh.care/wp-content/uploads/2023/07/MiraVista-Adolescent-Brochure-RGB-1.pdf>.

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Our First Big Event of 2024!

Visit us at Ludlowma250.org

First Night

Saturday, February 24, 2024

(SNOW DATE: FEBRUARY 25, 2024)

Ludlow High School, 500 Chapin St.

The Kick-Off Celebration of Ludlow's 250th Year!

Beginning at 11 a.m. A full day of fun & festivities.

- Historical Presentations • Great Food & Beverages
- Ice & Wood Carving Demonstrations • Free Train Rides
- Lots of Craft Vendors! • Kids Craft Corner • Fireworks!

And so much more! Something for all ages!



Incorporation Day

Wednesday, February 28, 2024 • 6pm

Ludlow High School, 500 Chapin St.

Celebrating the 250th Anniversary of the town's incorporation.

Reading of the proclamation and patriotic music by the Ludlow High School Choir.

Cabin Fever Dinner Dance

Saturday, March 9, 2024

Lusitano Club

"Shake Off Those Winter Blues!"



Follow us on Facebook Ludlowma250

Nonmedical home care can provide support to those with Alzheimer's

Certified dementia care professionals share safety, support strategies for Alzheimer's Awareness Month

CHESHIRE, CT -- There are currently more than 6 million Americans living with Alzheimer's Disease with that number expected to increase to 13.8 million by 2060. While some families may opt for care at a facility, Connecticut-based nonmedical home care agency Assisted Living Services, Inc. has developed new solutions in combination with technological devices to ensure the right supportive care at home.

"We know from experience that an Alzheimer's diagnosis and other memory related disorders pose real challenges for the entire family," explains Mario D'Aquila, MBA, Chief Operating Officer of Assisted Living Services, Inc. and Senior VP of Assisted Living Technologies, Inc. "It may seem overwhelming, but we can offer support since more than half of our clients have some degree of dementia or memory impairment.

D'Aquila notes that if families want to keep their loved one living at home, they need to be prepared for the responsibilities, which include managing medications, monitoring every-day activities, ensuring home safety, and addressing loneliness and isolation.

First on the list of priorities is being evaluated by your primary care physician or specialist. Although there is no cure for Alzheimer's, there are new medications that can slow progression and lessen symptoms. Accordingly, Alzheimer's patients in mild to moderate stages of the disease can significantly improve medication compliance with today's technology. Automated medication dispensers provide both a visual and auditory alert and can even send a call to the patient as a reminder, as well as notify caregivers if a regimen is not being followed. ALS has experienced compliance near 95% with clients across Connecticut who use these dispensers that typically cost only \$2 per day.

"Families should partner with a trusted provider who can create a strong plan for day-to-day care management and ensure it is continually implemented," said D'Aquila. "Even better, is an agency like ALS that has management staff who are Certified Dementia Care Practitioners (CDP®)."

Administered through the National Council of Certified Dementia Care Practitioners, the full-day 8-hour CDP® certification represents that the front line management staff have received comprehensive knowledge in the area of dementia care and completed the Alzheimer's Disease and Dementia Care course/semi-

nar. The CDP® commits to ongoing professional development and re-certification every two years. The certification reflects a deep personal commitment to maintaining the dementia patient's quality of life physically, emotionally and socially.

Although the agency provides solely nonmedical care, it has focused on staff development that will ensure appropriate support from its team of Homemakers that assist clients with personal care - to its Live-in Companions that provide around-the-clock support. Caregivers receive approximately two hours of training and education on how to work with individuals experiencing memory difficulties due to Alzheimer's or Dementia related disorders. This includes reading materials, testing, and time for dialog with instructor(s). They also benefit from supervisors that have the CDP training to help with managing care as problems arise.

In addition to quality of care, families also need to compare the cost of a facility versus in-home care. If the client qualifies for Medicaid, they may be eligible for the CT Homecare Program for Elders which pays for in home care. This program can benefit those with cognitive disabilities and memory impairment brought on by Alzheimer's Disease, Parkinson's Disease and other dementia related disorders. ALS is also a credentialed provider of the CT Homecare Program for Elders which also requires specific training for staff.

In conjunction with personal care, the sister company of ALS, Assisted Living Technologies, Inc., offers a wide variety of primarily wireless, sensor-based technologies for a second layer of security. Stovetop fire prevention devices, personal body worn GPS locators, automatic fall detection sensors, video-visit systems and more provide constant monitoring.

"Wandering is one of the most dangerous behaviors of Alzheimer's and may happen earlier in the disease than families expect," said D'Aquila. "Today's technology allows us to set up a virtual safety net inside and outside a home to ensure the wellbeing of a loved one."

D'Aquila explains that discreet wireless sensors placed throughout a home can detect motion, activity from room-to-room, exiting, sleep patterns, and even moisture to help caregivers address an issue before it leads to something more serious.

D'Aquila encourages family caregivers to visit the ALT Technology Arts Gallery in Cheshire to view and experience all of the latest devices that can assist with every aspect of caring for an Alzheimer's patient. All of the products are available online as well.

"Families need to know that they don't have to go it alone when caring for a loved one," concluded D'Aquila. "There are countless resources and support to ease the stress."

BBB warns about scammers posing as friends

If a friend asks for a favor, you do it, no questions asked. Right? Time to rethink that policy.

In this new con, a scammer poses as a friend asking for a simple favor. The email is so convincing that Better Business Bureau staff almost fell for it.

How this scam works

You get an email that appears to be from a friend or family member. The message looks harmless and casual - like something a friend might really write.

For example, one version reads: "Hi, how are things going with you? Are you busy? I need a quick favor." The message even ends with "Sent from my iPhone."

Concerned about your friend, you reply and ask for more details. The "friend" quickly responds that they are trying to buy a gift card for their niece's birthday.

However, they are traveling and having trouble purchasing the card online. "Could you get it from any local grocery store around you?" reads the email. "I'll pay you back as soon as I am back."

The request sounds reasonable. But

if you do buy the gift card, your "friend" will ask you to share the card's PIN and/or send a photo of the back of the card.

Unfortunately, by doing this you are essentially handing money to the scammer. It's nearly impossible to get the money back because gift cards do not have the same protections as credit or debit cards.

How to avoid similar scams

Reach out to your friend directly - If you get an unusual request, call or text your friend to confirm their story. No matter how harmless the story sounds, always double-check before sending someone money.

Use gift cards wisely - Never do business with anyone who insists on payment with gift cards. Remember, providing the numbers from the back of a gift card is just like sending cash.

For more information about this scam and others, visit BBB.org.

If you've spotted a scam (whether or not you've lost money), report it to BBB.org/ScamTracker. Your report can help others avoid falling victim to scams.