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The REGISTER

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Photo by Marcelo Gusmão

This week, the Board of Health held meetings on Jan. 15-16 to discuss contentious town issues involving Tapestry Health and tobacco regulations.

BOH defends partnership after funding withdrawal

By Marcelo Gusmão
 Editor
 mgusmao@turley.com

LUDLOW – Last week, the Board of Health met with a representative from Tapestry Health to discuss the town’s decision to rescind funding for the company’s services.

“Tapestry sent a proposal to the Board of Selectmen for the Opioid Settlement Funds,” said Board of Health Chair Kelly Lamas. “At the Nov. 19 meeting the Selectmen did approve their funding request; at their Dec. 3 meeting, they then rescinded that request.”

Lamas said that the town’s Health Department has partnered with Tapestry since 2023 to provide free services, and that these services align directly with guidelines set forth by the state for the Opioid Settlement Funds, and in terms of the harm reduction framework that the state set for the allocation of these funds.

“In our harm reduction program, we work with people at the highest risk of overdose and at high risk for other things that are related to drug use, and we

Please see **TAPESTRY HEALTH**, Page 8

Board of Health holds hearing for tobacco retail regulations

By Marcelo Gusmão
 Editor
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LUDLOW – Last Thursday, Jan. 16, the Board of Health held a public hearing to review and hear comments to propose amendments to the regulation of retail tobacco sales.

Board of Health Chair Kelly Lamas began the meeting by laying out the process and rules for the meeting.

“This public hearing is to discuss proposed tobacco control regulations for the town,” Lamas said. “The copies of the proposal have been made available at the Board of Health office, online, and at (Town Hall.)”

Lamas explained that the duty of the board is to promote and protect the public health of the town residents.

“With the exception of Title V regulations, it is not legally required for the Board of Health to hold a public hearing on proposed regulations,” Lamas said, “even though all proposed regulations are addressed at meetings to which the public is always invited.”

“However, because of the broad interest in tobacco control, every effort has been made to provide a public forum,” Lamas said. “The board will determine, after the public hearing, if they will be voting on the proposed regulations at the end of this public hearing or at

our next scheduled meeting.”

Lamas explained that the drafted regulations are to align with the requirements put forth by the state. She listed changes specific to the town regulations as:

Changing the maximum number of tobacco sales permits from 20 to 16

Banning smoking bars, which the town does not have

Proposing a limit on oral nicotine pouches to 16 milligrams

Changing the fining structure to align with the state

Changing the suspension and violation period

Adding retail density, which will limit permits for future tobacco retailers

“The town updated our tobacco regulations in 2018; since 2018, the state has updated their tobacco regulations, so a good portion of what we have listed in the draft is to align with the state,” Lamas said.

The board directed the public to send questions to Health Director Paulina Matusik, and invited people to share their comments and concerns. Members of the public expressed confusion, expressing concern about the town taking away existing retailers’ ability to sell tobacco products.

Board Member Antonio

Please see **TOBACCO RETAIL**, Page 7

East Street School Admin presents “Bucket-Filling” programming

By Marcelo Gusmão
 Editor
 mgusmao@turley.com

LUDLOW – At last week’s School Committee meeting, the Principal and School Adjustment Counselor from East Street School shared a presentation about the school’s “Bucket Filling” program to foster community and positive behavior among students.

The Jan. 14 meeting began with a parent sharing concerns about bullying in the district during Public Comments. Superintendent Dr. Frank Tiano introduced Principal Tom Welch of East Street School and Mara Ricardi, East Street’s School Adjustment Counselor, to pres-

ent about SEL programming at their school.

“As we’ve outlined for the school year, we’ll be having members from our schools come and provide presentations for you,” said Tiano, “to share with, not only you, but the public, the good work that’s happening in our schools.”

The administrators prepared a slideshow with information about this practice at the school that seeks to foster a more positive environment for students as they learn to support each other and integrate into the community.

“For East Street School, as you know, we are preschool to first grade, which means we have the youngest students who

“Our continuous theme for the past few years; getting to know our students, where they are, how we can support them academically, emotionally, and socially, and working on that training with our staff.”

Superintendent Frank Tiano

are just starting out in their school career and just learning about what it means to be a student, and for many of them, what it means to be a good friend,” Welch said. “What we like to say around the building is ‘grow the good.’”

Welch said that, for 13 of his 14 years at the school, the

administration has fostered the practice of “bucket-filling,” which he explained as “an imaginary bucket that we carry around with us every day.”

“Bucket filling is actions or words that show you care about someone, like a smile, a compliment, or helping someone when they need help,” Welch said.

“When you do these things, you fill someone else’s bucket.”

Welch said that when a person fills another person’s “bucket,” they also fill their own bucket, “because you are doing good.” Ricardi added that the students at East Street have adopted the language of “bucket filling” and “bucket dipping” as a way to express their feelings and describe interactions with their peers.

“This is why I love East Street and our little nuggets,” Ricardi said. “We are setting this foundation for them to understand what prosocial behavior looks like, what expected

Please see **EAST STREET SCHOOL**, Page 8

LUDLOW

Man arrested after high-speed chase

LUDLOW - Chief Daniel Valadas reports that the Ludlow Police Department arrested and charged a Springfield man with 19 counts including multiple motor vehicle offenses and unlawful possession of a firearm following an incident on Tuesday afternoon.

Dayne Bennett, 30, of Springfield, was arrested and charged with: Reckless Operation of a Motor Vehicle, Failure to Stop for a Stop Sign, Failure to Stop for Police, Unlawful Possession of a Firearm, Possession of Ammunition Without FID Card, Improper Storage of Large Capacity Firearm, Possession of a Large Capacity Feeding Device, Assault on a Police Officer (two counts), Leaving the Scene of Property Damage, Leaving the Scene of Personal Injury

Resisting Arrest, Assault, Open Container of Alcohol in a Motor Vehicle, Speeding Greater than Reasonable, Marked Lanes Violation, Operating a Motor Vehicle with a Suspended License

Disorderly Conduct and Vandalize Property.

On Tuesday, Jan. 14, at about 2:20 p.m., Ludlow Police parked in the police

station parking lot, 612 Chapin St., observed a gray Acura MDX traveling east-bound on Chapin Street crash into a mailbox.

After colliding with the mailbox, police observed the vehicle drive away approximately 15 miles over the area's posted speed limit. Police activated their emergency lights to conduct a motor vehicle stop.

While attempting to pull the vehicle over, officers observed the Acura driving erratically.

The Acura then collided with a Honda Pilot at the intersection of Chapin Street and Sportsman's Road. The Acura attempted to drive away following the collision but lost control before crashing into a cement bridge abutment on the other side of the intersection. At this point, the airbags in the Acura deployed, immobilizing the vehicle.

The Honda Pilot suffered significant damage as a result of the collision, and one of the occupants of the vehicle was transported to a local hospital for treatment of injuries that are believed to be non-life threatening.

While officers were speaking to the operator of the Acura, identified as Bennett, they observed a handgun on the floor of the driver's seat. This is the second firearm Ludlow Police has seized in the last two months.

Bennett was arrested without incident.

An initial investigation determined that the gun was loaded at the time of the incident. Further investigation determined that BENNETT did not have a license to carry a firearm or ammunition and that his driver's license had been suspended. During the booking process, Bennett became aggressive toward officers. While officers were attempting to de-escalate the situation, Bennett caused injury to an officer that required them to be transported to a local hospital for further evaluation of injuries believed to be minor.

Bennett was arraigned in Palmer District Court on Wednesday, where it was determined he would be held on \$20,000 bail.

As a result of this incident, there were significant traffic delays in the area, including school buses and parent pick-up

of students. Chief Valadas would like to thank the community for their patience and cooperation, which allowed the police to properly process and clear the scene.

This is the second incident in one week involving a felonious motor vehicle pursuit. On Monday, Jan. 13, a Ludlow Police Officer made a stop of a stolen 2025 BMW Sedan with two occupants. After initially stopping, the driver fled the scene and headed towards the Massachusetts Turnpike, driving erratically at an extremely high rate of speed. Due to the driver's dangerous speed and the threat to motorists on the turnpike, Officers had to discontinue pursuit of the vehicle. The incident remains under investigation by Ludlow Police.

"These serious criminal acts illustrate the daily risk and danger that law enforcement officers face on a daily basis. I commend my officers involved with these cases and their perseverance in protecting our community," said Valadas.

These are allegations. All suspects are considered innocent until proven guilty in a court of law.

Knights of Columbus Council 3535 Communion Breakfast

LUDLOW - The Knights of Columbus Council 3535 will hold a Communion Breakfast on Sunday, Feb. 23, at 8 a.m.

The Divine Liturgy of Saints Peter and Paul Ukrainian Catholic Church at 46 Newbury St. will hold a 9:30a.m. breakfast in the church hall downstairs.

Join the Knights for Divine Liturgy and for breakfast afterwards, for food and fellowship with the town's Knights of Columbus.

The Knights of Columbus will provide Quiche and Finger Sandwiches. Feel free to bring your favorite potluck dish.



BELLA

This is Bella, a yellow English Labrador who's almost 14 years old. Her birthday is on May 5. Bella loves her human and sitting out in the yard in the fresh air. She lets you know when she wants attention by barking or poking her nose at you.

We feature your pets here. Is your fur friend a dog, cat, chicken, lizard, horse, bird, mouse...you get the point. Is there a pet you're fostering and trying to re-home? All pets are welcome! Email a high-resolution jpg of your pet with a little information to mgusmao@turley.com.

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Host families needed

LUDLOW— ASSE International Student Exchange Programs, a Non-Profit, Public Benefit Organization, is inviting local families to discover the many rewards of hosting a foreign exchange student. ASSE students come from more than 50 countries worldwide: France, Denmark, Spain, Italy, Ukraine, Japan, Australia, to name a few. They are between the ages of 15 and 18 years, and they are enthusiastic and excited to experience American culture, family life, school, sports, etc. They also love to share their own culture and language with their host families, who welcome the students into their home, not as a guest, but as a family member, giving everyone involved a rich cultural experience. Host families may be single parents, couples and single persons.

The exchange students have pocket money for personal expenses and full health, accident and liability insurance.

ASSE students are carefully selected based upon academics and personality, and host families choose their student from a wide variety of backgrounds, countries and personal interests.

ASSE also offers qualified American students the opportunity to learn another language and culture by spending a school year, semester or a summer with a host family in another country.

Those interested in hosting an exchange student or becoming an exchange student abroad, should call Lori at 1-800-677-2773, visit www.asse.com or send an email to asseusaeast@asse.com to request more information or start the application process. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today. The memories and the friendship you create with your exchange student will stay with you forever.

Nomination papers available for March 2025 Annual Town Election

LUDLOW - Nomination papers for the March 24, 2025, Annual Town Election are available through January 31, 2025.

Two openings for Board of Selectmen, three year terms

One opening for Board of Assessors, three year term

One opening for Board of Health, three year term

One opening for Housing Authority, five year term

One opening for Library Trustee, three year term

One opening for Planning Board, five year term

One opening for Planning Board, two year unexpired term

One opening for Recreation Commission, three year term

One opening for Recreation Commission, two year unexpired term

One opening for School Committee, three year terms

one opening for School Committee, one year unexpired term

Town-wide office nomination papers must be signed by at least 50 registered voters in Ludlow. Candidates are advised to collect more than 50 signatures to ensure the requisite

number of certified signatures.

Town meeting member nomination papers must be signed by at least ten registered voters of the precinct in which the candidate resides.

Nomination papers for all the above offices must be filed at the Town Clerk's office by 5 p.m. on Jan. 31, 2025.

Voters in each precinct will elect five town meeting members for three years and elect other members as necessary to fill existing vacancies.

Please call the Town Clerk's office with any questions 413-583-5600 Ext. 1.

Baystate Wing Auxiliary selling Lotto calendars

PALMER—The Baystate Wing Hospital Auxiliary is currently selling their January 2025 Lotto Calendars. The one-month calendar, which costs \$5 each or 3 for \$10. Drawings will begin on Feb. 3.

For over 65 years the Baystate Wing Hospital Auxiliary has been actively supporting local health-care through its sponsorship of special events and sales from the Baystate Wing Hospital Gift Shop located on the first floor of the hospital.

The calendars are on sale at the

Baystate Wing Hospital gift shop. Funds raised by the annual Lotto Calendars support the Auxiliary's scholarship program and their philanthropic efforts that benefit Baystate Wing Hospital.

Whether looking for something special for a patient, a gift for a special occasion, or an item for the home, the Baystate Wing Hospital Gift Shop offers many unique, hand-selected items.

For more information about the Lotto Calendar visit the gift shop located on the first floor of the hospital or call 413-370-8169.

Stay off the ice this winter

WILBRAHAM/HAMPDEN - How thick is safe ice? Ice on moving waters in rivers, streams and brooks is generally not safe.

The thickness of ice on ponds depends on factors such as water currents, depth and natural objects like stumps or rocks. Daily changes in temperature can cause ice to expand and contract, which affects its stability. Because of these factors, no one can declare the ice to be safe. The only safe ice is at a skating rink.

A message from fire and life safety educators of Wilbraham and Hampden.

Make Some Memories on a train at the Railroad Hobby Show

PALMER - The Amherst Railway Society and CTrail are working together to provide train rides as part of the upcoming Railroad Hobby Show weekend, on Saturday, Jan. 25 and Sunday, Jan. 26.

Nicknamed the Railroad Hobby Show Rail-Pass, adults can ride all day on any CTrail trains between Springfield, Massachusetts and New Haven, Connecticut for just \$10 on either Saturday or Sunday. For children 12 and under, the pass is only \$5. Kids 2 and under, ride free.

The Rail-Pass can be purchased at the CTrail exhibit at the Railroad Hobby Show, located in the Bet-

ter Living Center, section 15, or at Customer Service in either New Haven Union Station or Hartford Union Station.

In addition, the Railroad Hobby Show offers a FREE shuttle service between Springfield Union Station and the Eastern States Exposition fairgrounds on Saturday and Sunday, Jan. 25-26.

Please note that Railroad Hobby Show special tickets are not valid on Amtrak trains.

The Amherst Railway Society is a community of people who share a fascination with railroads.

The society sponsors the annual Railroad Hobby Show, a model

railroad club, and a philanthropy program that has donated \$830,000 to railroad preservation and restoration projects all over the country.

The society started in the mid-1950s on the campus of the University of Massachusetts in Amherst and is currently based in Palmer.

The CTrail Hartford Line is a regional rail service operating between New Haven, Connecticut and Springfield, Massachusetts. The Hartford Line connects with the New Haven Line, operated by Metro-North, at New Haven Union Station for travel to southwestern Connecticut and Grand Central Terminal in New York City.

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

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This group will be held in zoom, is educational, confidential, and free.

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- Jumbo California Seedless Navel Oranges 99¢ each
- Tropical Mangos Large Size..... 99¢ each
- Locally Grown Honeycrisp Apples..... \$1.99 lb
- Boar's Head Honey Maple Ham \$9.99 lb
- Boar's Head Wisconsin Cheddar Cheese..... \$8.99 lb

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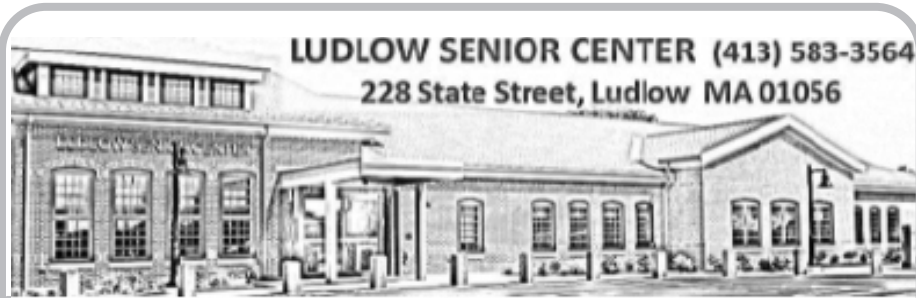
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Welcome to the Ludlow Senior Center

LUDLOW — The calendar is packed with many fitness programs, entertainment, education sessions, and more. Reserve a lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, Jan. 23

- 8:45 a.m. Foot Care by Appointment*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10 a.m. Sunshine Painting Class*
- 10 a.m. SHINE Health Insurance Info Appointments*
- 10:15 a.m. Mindful Meditation*
- 10:30 a.m. Fruit Cake Toss
- 1 p.m. Mahjong
- 2:30 p.m. Active Yoga

Friday, Jan. 24

- 8:45 a.m. Boomer Bootcamp*
- 9 a.m. Fitness Advisor Appointments*
- 9 a.m. Reiki Appointments*
- 10 a.m. Boomer Bootcamp*
- 10 a.m. Blood Pressure Checks
- 10:30 a.m. Trivia
- 1 p.m. Ceramics
- 1 p.m. Healthy Bones & Balance Class*
- 1 p.m. Magic Class
- 1:30 p.m. Forget Me Not Circle*

Monday, Jan. 27

- 9:00 a.m. Knitting
- 9:30 a.m. Boomer Bootcamp*
- 10 a.m. Computer Help*
- 10:30 a.m. Fabulous Fifties Music Appreciation Class*
- 10:30 a.m. Rep. Saunders' Office Hour
- 1 p.m. Scrabble
- 1 p.m. Limitless Legends*
- 1:15 p.m. Pitch
- 1:30 p.m. Watercolor Pencil Class*
- 2:30 p.m. Zumba Gold

Tuesday, Jan. 28

- 9 a.m. Quilting
- 9 a.m. Line Dancing

- 10 a.m. Cribbage
- 10:30 a.m. Gentle Yoga
- 1 p.m. Western Dance Class
- 1 p.m. TED Talk
- 1:30 p.m. Bingo
- 4:30 p.m. Power Pump Exercise Class
- 4:45 p.m. Movie: The Six Triple Eight (2024)

Wednesday, Jan. 29

- 9 a.m. Ceramics
- 9 a.m. Zumba Gold
- 10 a.m. Opera Appreciation
- 10:30 a.m. Healthy Bones & Balance*
- 12:50 p.m. Movie: Movie: The Six Triple Eight (2024)
- 1 p.m. Healthy Bones & Balance*
- 1:30 p.m. Riverside Reptiles*

Thursday, Jan. 30

- 8:45 a.m. Foot Care by Appointment*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10 a.m. SHINE Health Insurance Info Appointments*
- 10:15 a.m. Mindful Meditation*
- 1 p.m. Mahjong
- 2 p.m. Writers Block*
- 2:30 p.m. Active Yoga
- *PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

Daily Events:

1. Café: Monday – Friday 8-11 a.m.
2. Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.
3. Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:

- Thursday, Jan. 23: Ham & Broccoli Casserole/Roll
- Friday, Jan. 24: Pepperoni Pizza/Power Salad
- Monday, Jan. 27: Hamburg Chow Mein/Rice/Vegetable
- Tuesday, Jan. 28: Fish & Chips/3 Bean Salad
- Wednesday, Jan. 29: Stuffed Peppers/Buttered Egg Noodles
- Thursday, Jan. 30: Chef Salad
- Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.
- For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Murder mystery dinner on Feb. 1

BELCHERTOWN— The Belchertown Historical Association is holding its annual murder mystery dinner on Saturday, Feb. 1 at Tony and Penny's Restaurant in Ludlow. The show will begin at 6 p.m., followed by the dinner buffet at 6:30 p.m. Guests can arrive as early as 5:30 p.m.

This year's show, written by Paula Hilton, is entitled Pirates, Lies and Mail-order brides. Look forward to the hilarious antics of the BUCC Players from the Belchertown United Church of Christ, as they portray Red Leg the Dreaded and his trusty side-kick Pillage

Ann Freebooty and others characters in this fun look at pirates who have left the glamorous life of pirating and joined the real world in real world jobs.

Plan a night out of dinner and entertainment while supporting our historical association, the church and a local restaurant business. The tickets are \$47 and include the show, dinner and dessert. There will be a cash bar.

Tickets are available at Cold Spring Discount Liquors (on the Belchertown Common) or by contacting Sally Shattuck 413-230-2022 or sallyshattuck54@gmail.com.

Giant robot animals at the Springfield Museums

SPRINGFIELD— The Springfield Museums is excited to announce the upcoming arrival of The Robot Zoo at the Springfield Science Museum. On view Jan. 18 through May 4, this special exhibition features three enormous robot animals that illustrate fascinating real-life animal characteristics, revealing the magic of nature as a master engineer.

"Natural science and technology are the perfect combination to bring in new kinds of learning and delight visitors of all ages," says Science Museum Director Jenny Powers. "The Robot Zoo will be as fun and popular as it is educational."

The larger-than-life-size animated robots include a chameleon, a platypus, and a house fly with a 3-foot wingspread. Machinery in the robots simulates the body parts of their real-life counterparts. In these robot animals, muscles become pistons, intestines become filtering pipes and brains become computers. By comparing anatomy, environments, and size of the actual creatures to their mechanical counterparts, The Robot Zoo provides fantastic new insights into how animals work.

Hands-on sensory activities include

"Swat the Fly," a test of visitor reaction time (one-twelfth as fast as a house fly's), and "Sticky Feet," where visitors using special hand pads can try to stick like flies to a sloped surface. Triggering the "Tongue Gun" demonstrates how a real chameleon shoots out its long, sticky-tipped tongue to reel in a meal.

At the exhibit opening celebration on Saturday, Jan. 18, visitors can practice beginner coding skills, learn about animal adaptations with museum educators, create animal masks, and see demonstrations by a FIRST Lego League team. Opening day activities are presented free with museum admission.

"We are excited to welcome families and school groups to The Robot Zoo," says Director of Educator Larissa Murray. "The comparisons made between biology and engineering provide many engaging learning opportunities."

The exhibit is based on the book "The Robot Zoo" which was conceived, edited, and designed by Marshall Editions of London, England; and toured by Evergreen Exhibitions. MassMutual is the season supporter of the Springfield Museums.

Wilbraham Hiking Club January Hikes

WILBRAHAM - Here are the January hikes for the Wilbraham Hiking Club and for the Wilbraham Senior Center Hiking Club. All hikes are "weather permitting".

- Sun., Jan. 26 - Easy -Thayer Brook, Wilbraham

- also Sun. Jan. 26 - a tentative high-moderate hike, location TBD

For more info on the hikes above (and possibly additional hikes), use the club's TeamReach App or write to wilbrahamhiking@gmail.com

And... The Wilbraham Senior Center Hiking Club has two January Hikes and

is thinking about planning a multi-day hiking trip:

- Tues., Jan. 28 at 9:15 Avery Loop at Shenipsit SF easy 4 miles, 25 Galbraith Rd Stafford Springs

- The Senior Center is also gathering a list of folks who are interested in a three to 10 day regional/national hiking trip. The location and dates will be determined by those who express interest.

For more information, to register for Senior Center hikes, or to be added to the list for the multi-day hiking trip, contact Jen at 596-8379.

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SLICED IN OUR DELI MUEENSTER CHEESE..... \$5.99 lb	USDA INSP. GROUND FRESH DAILY DIET LEAN GROUND BEEF \$4.99 5 LB BAG	USDA INSP. FROZEN FRENCH TOAST STICKS 2 LB BAG \$5.49 ea
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Retailers and small local businesses put the lion's share of their local advertising in newspapers. They know which media truly moves their products. Besides that, Google's research shows that half of online shoppers are more likely to buy products they've seen in the paper.

Outbreak of viruses and “bugs” spreading through schools, offices and homes

Symptoms to watch out for and tips for prevention of norovirus and flu

SPRINGFIELD – It’s a stomach bug known for moving fast and furiously, and this year norovirus is putting a damper on people’s spirits just as they were hoping to get a fresh start on the new year. It’s also keeping medical providers busy at American Family Care in Massachusetts.

“There are a lot of different illnesses hitting people especially hard this month,” said Dr. Andrew Koslow, associate medical director of AFC. “And holiday gatherings, unfortunately, mean increased exposure to these illnesses.”

Norovirus is a highly contagious gastrointestinal illness known to show up during winter months. This year, the Centers for Disease Control reports the number of outbreaks has jumped significantly. This virus causes inflammation of the stomach and intestines leading to vomiting, diarrhea and stomach cramps.

To make matters worse, influenza is also spreading through New England, along with other respiratory illnesses causing fever, cough, sore throat and other flu-like symptoms.

AFC healthcare providers advise people to seek treatment if they experience symptoms and follow preventative steps:

- Wash hands
- Wash and cook food thoroughly
- Disinfect contaminated surfaces
- Wash laundry in hot water

Stay home for 48 hours after symptoms stop

Stay hydrated
 “Often people don’t realize how contagious they might be, even for a period of time after symptoms end,” said Dr. Koslow. “That’s one reason why these illnesses are spreading so fast. It’s also why it’s so important to stay home when you’re sick.”

The medical providers at AFC Springfield, AFC North Springfield and AFC West Springfield offer convenient, walk-in care seven days a week for patients of all ages, including flu vaccines and testing, diagnostic rapid tests and antigen tests for COVID-19, urgent care, physicals, stitches for cuts and lacerations and on-site x-rays.

Founded in 1982, AFC pioneered the

concept of convenient and effective urgent care services, delivered through a nationwide network of nearly 400 walk-in clinics. Today, AFC is the nation’s largest provider of urgent care, generating more than \$1 billion in system-wide sales annually, with 3,500 highly trained healthcare professionals treating over 4 million patients each year.

AFC continues to be a leader in accessible healthcare, providing treatments for flu, allergies, and everyday injuries, along with a comprehensive range of lab tests, x-rays, and occupational medicine services. Ranked #47 on the Entrepreneur Franchise 500, AFC is one of the most admired brands in urgent care and franchising.

For more information, visit AmericanFamilyCare.com.

THIS WEEK IN HISTORY



Arthur Phillip raised the flag of the United Kingdom in the first European settlement of Australia on Jan. 26, 1788.

REGION – A look back through history at the momentous anniversaries this week.

On Jan. 22, in 1973, the U.S. Supreme Court ruled, in *Roe v. Wade*, that a Texas statute criminalizing abortion violated a woman’s constitutional right of privacy.

On Jan. 23, in 1964, the Twenty-fourth Amendment to the U.S. Constitution was ratified, prohibiting federal and state governments from imposing poll taxes before a citizen can participate in a federal election.

On Jan. 24, in 2004, the six-wheeled robotic rover Opportunity landed on Mars and—like its twin rover, Spirit, which landed on Jan. 3—analyzed rocks and soils and relayed the pictures back to Earth.

On Jan. 25, in 41 C.E., Claudius I

was affirmed as emperor, raised to the post one day after the murder of his nephew, Gaius Caesar (Caligula).

On Jan. 26, in 1788, Arthur Phillip sailed into what is now Sydney Cove with a shipload of convicts to establish the first permanent European settlement on the continent of Australia.

On Jan. 27, in 1973, the Paris Accord that ended the Vietnam War was signed, providing for an exchange of prisoners and the unilateral withdrawal of American forces from South Vietnam.

Finally, on Jan. 28, in 1986, the U.S. Challenger exploded 73 seconds after liftoff from Florida, killing all aboard, including a schoolteacher who had been chosen as the first American civilian to travel in space.

Searching Your Family History with Ancestry Library Edition

WILBRAHAM – Assistant Library Director Mary Bell will give a hands-on demonstration of Ancestry Library Edition at the Wilbraham Public Library on Wednesday, Jan. 29 from 5:30 to 7:30 p.m.

She will give a brief introduction of how to use the online resource in the Brooks Room, followed by time in which participants use library computers or their own laptops to access the database and search for themselves. All participants will be given a starter kit with forms and tips for researching genealogy.

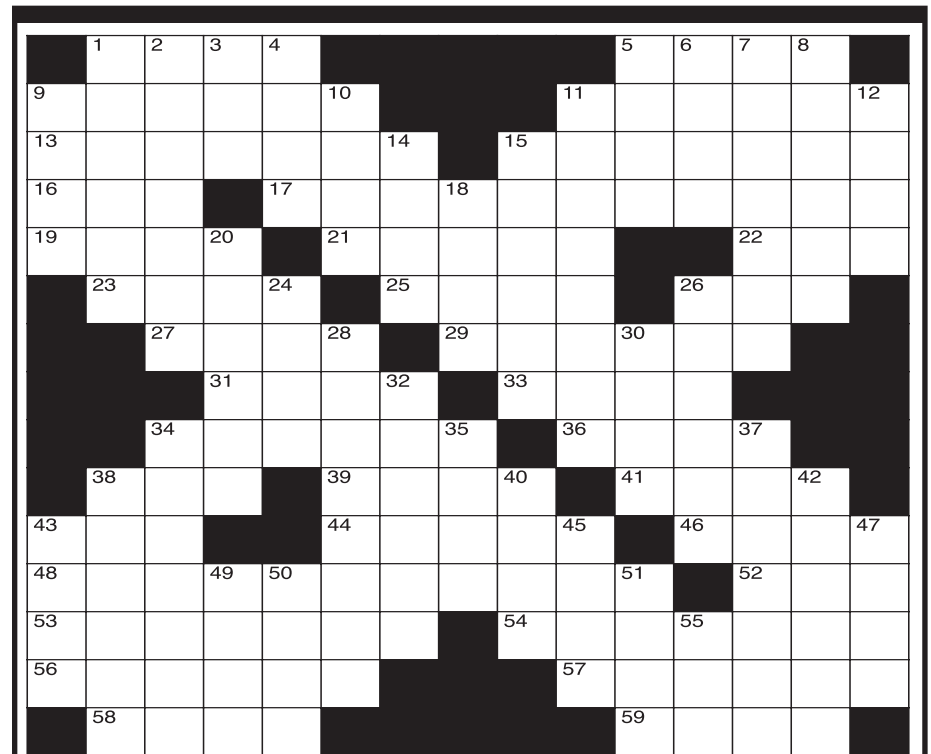
“Ancestry Library Edition includes records of the U.S. Census from 1790 to 1950, military records such as World War I and II draft cards, and other records worldwide. International records avail-

able include particularly good coverage in Canada and the United Kingdom,” said Bell.

Images of original records, including immigration records and town records of births, marriages, and deaths can be saved to a flash drive or sent to your email from Ancestry Library Edition. It is accessible in-library only, but can be used through both library computers or personal devices connected to the library’s Wi-Fi.

This program is free and open to the public. Space is limited, and registration is going on now.

For more information, contact the Wilbraham Library at 413-596-6141 or visit the Event Calendar online at www.wilbrahamlibrary.org.



CLUES ACROSS

1. “Loser” rocker
5. Partner to relaxation
9. Mixing
11. Winged nut
13. Expression of blame
15. Vast ocean
16. Comedienne Gasteyer
17. Multiply
19. Meat from a pig (French)
21. Related
22. Rocker Stewart
23. Surprise completely
25. Loon
26. Canister
27. Large, deep-bodied fish
29. Takes forcefully
31. Oil cartel
33. Palmer and
34. More than one purposefully
38. Pitching statistic
39. Type of sword
41. Witnesses
43. Body part
44. Mixes slowly
46. Satisfy
48. Strong belief
52. One’s physique (slang)
53. More frightening
54. Soup cracker
56. Teaches
57. One who carries something
58. Actor Sean
59. Changes

CLUES DOWN

1. ___ Aires, city
2. Coarse grass

3. Type of gene
4. Door handle
5. Competition
6. Muslim ruler title
7. Hunting expeditions
8. Large mollusk
9. Bind securely
10. Former U.S. presidential candidate
11. 2-point plays in football
12. Breezed through
14. Type setting
15. Felt for
18. Codified rules
20. Small dome
24. Chevrotain
26. Male reproductive gland
28. Controversial beliefs
30. Z Z Z
32. One who confines another
34. Bishop
35. Garlands
37. Bird that flies by the coast
38. Optical device
40. Greek goddess of discord
42. Some are “Rolling”
43. Formerly (archaic)
45. Thrust a knife into
47. German river
49. Atomic #26
50. Make a grotesque face
51. Primordial matter of the universe
55. Chinese philosophical principle

ANSWERS ON PAGE 14

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OPINION

GUEST COLUMN



Supplemental heat and light aid seed starting efforts

Last week we looked at the supplies needed to start seeds indoors. This week we will dive deeper.

If you have never tried indoor seed starting, it is a worthwhile endeavor for sure. You can grow exactly what you want instead of being defendant on what lines the shelves of local nurseries each May.

Furthermore, there is great satisfaction in having a part of the “miracle.” No matter how many times I have witnessed the germination process, it still amazed me that a tiny seed has what it takes within to grow into a plant. All that is needed is heat, moisture and light.

Almost all bedding plants, as well as some vegetables and herbs need warmth to germinate. We provide bottom heat through the use of heating cables or mats set at temperatures between 70-75 degrees.

This poses the question of whether or not seeds will germinate at regular household temperatures of close to seventy degrees. Probably, but not to their fullest potential since ideal temperature is measured not by air temps but by the temperature of the growing medium.

A room set at 70 degrees is likely to have temperatures within the germinating flat five to 10 degrees cooler, due to evaporation at its surface. Invest in a heat mat – if used for a few weeks each season it will likely last a decade or two.

There are many types available to suit your own specific growing needs, even mini mats that are about the size of a standard flat. Perfect if all you are growing indoors are a pack or two of peppers and tomatoes!

Supplemental lighting comes into play at the instant your seeds have sprouted. Bottom heat is not necessary henceforth (it is even discouraged!).

Seedlings are removed from heat and placed within 3-6 inches of the light source. For short-term use, a shop light affixed with two cool fluorescent bulbs has worked fine for me, although one cool and one warm bulb was recommended “back in the day” to better simulate the full spectrum of the sun’s rays.

Now, LEDs are an energy conscious replacement; one I will make when my fluorescent bulbs give out. If you are using fluorescent bulbs, be sure to keep your seedlings away from the ends of the bulb where the lights wanes.

If you plan to use lights for long-term growth a “grow-light” may be a good, albeit more costly investment. Many duplicate the sun quite well, and some are tailored to meet the needs of specific plant types.

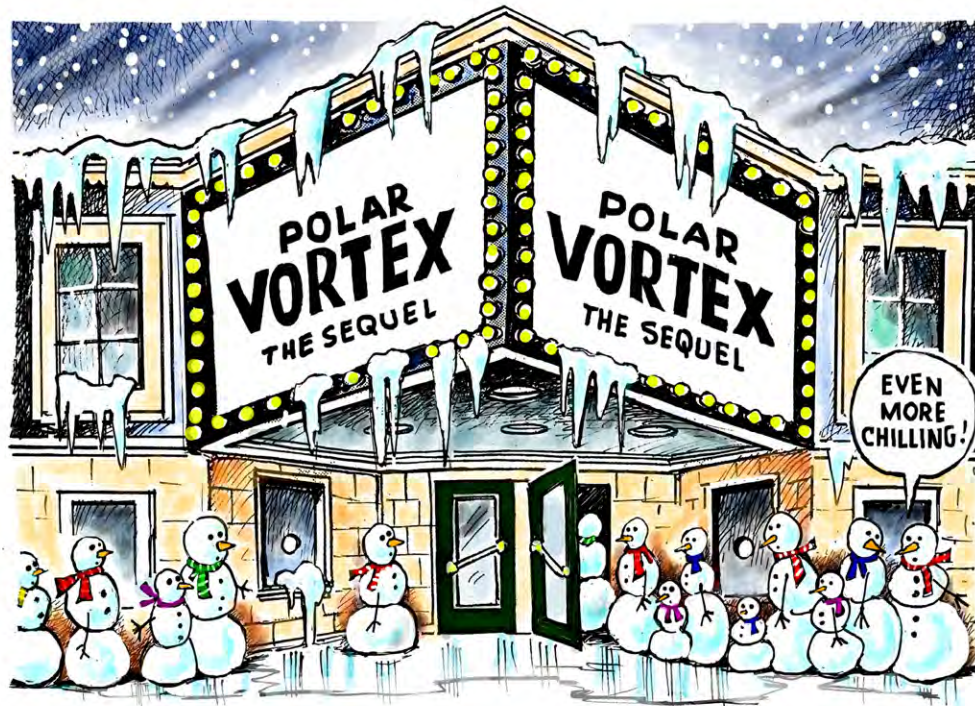
For example, some contain more orange and red hues to promote fruiting and budding. They are priced by life expectancy, output and light spectrum.

Installing the lights of your choice with reflectors or “mirrors” will maximize intensity, and suspending the whole system with chains from the ceiling will make for easy raising as your seedlings grow.

If you plan to grow just a few seedlings and don’t want to invest in lights, try positioning them in front of an unshaded south window. Turn the seedling flats numerous times during the day to promote straight, stocky growth. Plants that are tall and spindly indicate light intensity is too low.

Please give heat mats and supplemental

Please see **GARDEN** Page12



DAVE GRANLUND © www.davegranlund.com

GUEST COLUMN



By Ellenor Downer

Carolina wren



A Brimfield resident sent me a list of birds on Jan. 2 he saw in his yard.

On the list was a Carolina wren. He said in the email, “[The Carolina wren was] foraging in the leaves under shrubs and has been seen at the feeders more frequently recently.”

The Carolina wren is six inches long and has brown feathers above with buff below. It has a distinct white eyebrow and white barring in the tail area. It often holds its tail in an upward position.

The female lays four to eight creamy or pink white eggs with brown marks in a nest of mosses, twigs, rootlets, bark and sometimes snakeskins lined with finer materials. They nest in tree holes and many other locations; they will use birdhouses.

The Carolina wren expanded its range into the northeast especially with the milder winters. There song is a loud, repeated “tea kettle, tea kettle, tea kettle.” They inhabit forest understory, vines and woodlands in rural or suburban areas.

Other Brimfield birds

Other birds seen by the Brimfield resident beside the Carolina wren were four mourning doves, 20 American robins, 12 dark eyed juncos, one white-throated sparrow and two Northern cardinals. He said of the robins, “I first noticed one bird on

the ground in the yard and 3 in a crab apple tree eating fruit. More flew into the tree then four on the ground foraging. More perched in a nearby tree.” He also said, “We have ten crab apple trees in the yard and several of them have small fruit that is held on the tree into the winter.”

Flocks of robins

In my travels last week, I saw flocks of robins on three occasions, twice in Barre and once in Oakham. The Oakham flock flew across the road and landed on the ground and in trees on the opposite side. The Brimfield resident reported his wife saw a flock of robins in the center of Brimfield eating crab apples near the post office twice in recent days. Christmas Bird Count

The Brimfield couple participated in the annual Christmas Bird Count in Ludlow. He said, “We had 31 species in Ludlow, lots fewer birds at the reservoir because there was about 90% ice coverage [Saturday] compared to 10% Friday.”

Suet cakes

I put out my suet feeder last month. I waited long enough because I did not have a bear either break or run off with the feeder. The birds are busy eating suet especially during this cold weather.

New Hampshire Loon Preservation Committee

The New Hampshire Loon Preservation Committee reported in 2024 they surveyed 498 occupied or potential loon territories on 327 lakes to assess presence/absence and breeding success of loons and the success of LPC’s management to help them. They documented the presence of 359 loon pairs and 126 unpaired adult loons. They also floated a record 156 nest rafts to help loon pairs displaced from their traditional nest sites by shoreline development, recreational lake use and water level fluctuations. They also installed signs and rope lines at 135 nesting loon pair locations.

They banded 57 loons and rescued 38 loons in distress and a result of illness or injury. The Loon Preservation Committee continued to expand their lead tackle buy-back program. Ingestion of lost lead tackle by fisherman remained the cause of lead

Please see **BACKYARD**, Page 13

Election letters policy

The Register welcomes readers to participate in this year’s election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to theregister@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered

for that Thursday’s newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

Campaign news

As part of its election coverage, the

newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor’s Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Register.

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email theregister@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit ludlow.cwmars.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Social Services Drop-In, Wednesday, January 15, 11:00 a.m. Come meet with our Social Worker for assistance with getting connected to food pantries and applying for food stamps, health insurance questions, referrals to treatment and support groups, supporting those with mental health concerns, free fentanyl test strips and condoms AND MORE! This program is made possible through the Mill Town Public Health Coalition.

Free Tech Help Call us at 413-583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Friends of the Hubbard Memorial Library, third Thursday of the month, 6:00 p.m. Get involved! Join the Friends of the Library for their monthly meeting and learn how you can help support the library.

FOR ADULTS

Mysterious Massachusetts, Thursday, January 23, 6:00 pm. Every state has its ghost stories, but no other state has the Dover Demon or the Salem Witch Trials. From seaside ghosts to UFO's over the Berkshires, we have a look at some of the most famous Massachusetts paranormal history. Presented by GeekGal. Middle & high schoolers are welcome. Register online.

Mixed Media Art Class, Thursday, February 6, 5:30 pm. Join us for a creative and hands-on art class led by local artist Sergio! Whether you're a beginner or have some experience, this class is designed to help you explore your artistic abilities using pens and paint. Register online.

Criminally Curious- A True Crime Podcast Group, Saturday, February 8, 10:00 am. The True Crime podcast craze has come to the library! Whether you are an avid listener or brand new recruit, you'll want to check this out! Our podcast group works as a book club. At home we'll listen to an episode of a popular true crime podcast (to be decided at our first meeting) and the meet at the library to discuss our thoughts and theories. Register online.

Mass Center for the Book Monthly Reading Challenge Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit massbook.org/readingchallenge.

Chair Volleyball for Seniors, every

Thursday, 1:30 p.m. Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circulation desk at 413-583-3408. Walk-ins are welcome.

Who picked this book? Book Club Meeting, first Thursday of the month, 3:30 p.m. Join us for this month's Who picked this book? Book Club meeting! You can pick up a copy of the book at the circulation desk.

Happy Hour Book Club Meeting, last Thursday of the month, 6:30 p.m. Join us for this month's Happy Hour Book Club meeting! You can pick up a copy of the book at the circulation desk.

FOR TEENS

Blind Date with a Book, starts (February 1) and runs all month. For upper elementary through high school. Choose a wrapped book from our display on the Youth Room based on the little blurb on the cover, or select one online from our website.

Chess Club, every other Monday (January 27 and February 10) 3:30 p.m.- 4:30 p.m. All experience levels are welcome for an hour of chess, some instruction provided. For ages 9-17, please register.

Youth Crochet Club, every other Tuesday (January 28 and February 11) 5:30 p.m.- 6:30 p.m. For ages 10-17. For beginners up to experienced crocheters, supplies provided or bring your own. Please register.

Magic the Gathering Club, Monthly, Thursday (February 6) 5:30 p.m.- 7:00 p.m. For middle and high school. Bring your cards or use our decks. Please register.

"Read Between the Lines" High School Book Group, once a month, Friday (January 24) 3:00 p.m.- 4:00 p.m. Monthly book chat for ages 14-17. For January the group is reading *Fourth Wing* by Rebecca Yarros. Copies are available in the Youth Room. Registration preferred.

Open Sew Saturday (February 22) 10:00 a.m.-12:00 p.m. For tweens, teens, and adults. Extra help for the Sewing Club project or bring your own project, with expert seamstress Janet Foy on hand to provide advice and support. Drop-in.

FOR CHILDREN & TEENS

Drop in Valentine Card Making, from (February 1 through February 14) All ages. Pre-cut designer papers, stickers, doilies, ribbon, glitter and more! Drop in.

Ice Cream Read-A-Thon! Monday (January 27) to Saturday (February 1) For kids. We're making HUGE sundaes of reading! Get a paper scoop of ice cream for every book you check out this week. Write the titles of the books on the scoops and bring them back by Saturday, February 1. Add them to the super-sundaes on the wall. Go home

with a sweet ice cream shaped treat! Drop in.

Family Bingo, Tuesday (February 4) 6:00 p.m. For kids and families. Play this fun game to win prizes! Please register.

Pokemon Club, every other Wednesday (February 5 and February 19) 3:30 p.m.- 4:45 p.m. For 8-14. Trading, dueling, and gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Tween Graphic Novel Book Group, Thursday (January 23) 5:00 p.m.- 5:45 p.m. For ages 9-13. Meet each month with other graphic novel lovers to discuss and share books, play games, make crafts, and eat snacks. For January the group will be reading *The Witch Boy* by Molly Ostertag. Copies of the book are available in the Youth Room. Please register.

Mass. Children's Book Award Book Group, second Thursday of the month (February 13) 6:00 p.m.- 6:45 p.m. For 4th-6th graders. Kids decide who wins this award after reading at least 5 nominated books. Meet each month to share opinions, play games, enjoy free snacks, and talk about what you read and which book you think should be the winner. Please register.

Third Thursday Sewing Club for YAs: Make iPad/Tablet Cases, Thursday (February 20) 5:00 p.m.- 7:30 p.m. For ages 9-17. Learn how to sew a zippered project/treasure bag with a clear window, all materials provided. Please register.

Friday Online Club, previously Roblox Club, every Friday, 3:30 p.m.- 4:45 p.m. Play Roblox, Minecraft or other online group games at the library. Meet new friends or play with old ones. Feel free to use one of the library Minecraft accounts: please sign up for your own Roblox or other accounts. For ages 8-15. Please register.

Ice Cream Scavenger Hunt, Friday (January 31) 9:00 a.m.- 5:00 p.m. All ages. Get ready to celebrate National Ice Cream for Breakfast Day (on 2/1) with a scavenger hunt for pictures of all your favorite flavors of ice cream, win a prize for finding them all! Drop in.

Saturday Online Club, previously Minecraft Club, every Saturday, 11:00 a.m.-12:45 p.m. Play Minecraft, Roblox, or other online group games at the library. Use the library's Minecraft accounts but please register for your own Roblox or other accounts. For grades 3-8. Please register.

FOR CHILDREN

Daily Drop-In Crafts, all ages. DIY crafts available in the Youth Room daily. New craft each week.

Storytime for 3-5s: Time, Time for Storytime, Mondays 10:00 a.m. (through February 24) No storytime February 17. Stories, songs, games and crafts about different times of the day,

with a snack at the end. Please register.

Sing With Me, every Tuesday, 10:30 a.m.-11:00 a.m. For ages 0-5. Join Youth Services Librarian July for 30 minutes of favorite children's songs and movement. Drop-in.

Lego Build Challenge, every Wednesday, 12:00 p.m.-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Storytime for 2-3s: Time, Time for Storytime, Wednesdays 10:00 a.m. (through February 12) Six weeks of stories, songs, games and crafts about different times of the day tailored for 2-3 year olds, with free play at the beginning and craft and snack at the end. Please register.

"True Tales" Storytime for Homeschoolers, Wednesdays 12:30 p.m.- 1:15 p.m. (through February 12) For 5-8 year olds. A fun, gently educational storytime about real people and historical events. Please register.

Grow, Play and Learn for ages 0-2, every Thursday, 9:45 a.m.-10:30 a.m. Stories, songs and skill building, led by Early Childhood Developmental specialist Jane Christian of Pathways for Parents, guiding caregivers in strengthening interactions with their child. Program includes a curriculum, "Ages and Stages" questionnaire, and resources to fit your child's individual needs. Sponsored by Pathways for Parents. Please register.

Grow, Play and Learn for ages 2-5, every Thursday, 10:45 a.m.-11:00 a.m. Stories, songs and skill building, led by Early Childhood Developmental specialist Jane Christian of Pathways for Parents, guiding caregivers in strengthening interactions with their child. Program includes a curriculum, "Ages and Stages" questionnaire, and resources to fit your child's individual needs. Sponsored by Pathways for Parents. Please register.

January PreK Pals, every Friday, 9:30 a.m.-10:30 a.m. This playgroup supports children ages 2-5 and their families. Each week we focus on an area of development and provide fun activities to support your child's learning through play. Areas explored include early literacy, fine motor development, science, math, cognitive and social emotional skills. Sponsored by Pathways for Parents. Please register for the month.

Saturday Morning Sleepover, Saturday (January 25) 10:00 a.m. Craft at 11:30 a.m. Rated G. Wear your pjs and bring your stuffie, pillow and blanket for classic Saturday morning Looney Tunes cartoons and breakfast munchies. Please register.

Pom-Pom Ice Cream Cone Necklaces, Saturday (February 1) 10:00 a.m.- 12:00 p.m. Preschool and up. Celebrate National Eat Ice Cream for Breakfast Day by making a cute, tasty looking necklace! Drop in.

TOBACCO RETAIL from Page 1

Tavares thanked the residents for sharing their concerns.

"As a business owner in this town for the last 32 years, the last thing that I would want is to hurt any business in our town," Tavares said.

Tavares assured the public that the board made efforts to protect local businesses, citing the reduction of retail permits for tobacco.

"We allowed 20 places, and we're cutting it down to 16," Tavares said, "to make sure that you guys all have a license."

Board Secretary Adrienne DeSantis said that the board chose to hold a public hearing in order to allow the public to air its grievances and to understand the pulse of the community.

"This is a very delicate situation, be-

cause it not only involves the finances but also the human aspect of future generations and how we're going to be tailoring nicotine products," DeSantis said. "We did not make these decisions lightly."

"Along from the state, and also our experiences with the pulse of the town, we've made some decisions and some conclusions," DeSantis continued. "Tonight, I think, was very helpful because we need to hear the anecdotes, we need to hear the heartfelt heartbeat of the businesses."

"I truly want to say, thank you for your input, because we need that for these discussions," DeSantis said.

Matusik requested that the board wait to make its decision so that she could receive questions from the residents. The board voted to vote on the regulations at the Feb. 6 meeting.

WE'RE ALL EARS

Questions? Comments? Story Ideas?

Let us know how we're doing.

Your opinion is something we always want to hear.

Contact theregister@turley.com

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Psychic medium night on Feb. 27

STURBRIDGE—Join the Chamber of Central Mass South and guests at The Barn at Wight Farm in Sturbridge for an inspiring night with Gary McKinstry, the Psychic Medium Entertainer, on Feb. 27, from 7 to 9 p.m.

Internationally known Psychic Medium Entertainer, McKinstry, will share his gift to connect with the spirit world and bring intuitive messages to guests of the Chamber's Medium Night. McKinstry's work as a psychic medium for over 30 years not only includes clients in

the USA, but also Brazil, France, Australia, Germany and Canada. Whether one on one or in a large arena, McKinstry is dedicated to helping people in all walks of life and death and will deliver messages with style.

In this gallery reading, Gary randomly selects individuals from the audience to deliver messages, guided by spirits. Messages may be from the afterlife or pertain to the present. While not everyone gets a reading, all are encouraged to listen as the messages hold collective

meaning. A psychic gallery reading elevates the group's consciousness, offering deep and transformative experiences, providing hope and inspiration.

Tickets are \$60 for CMS Chamber members and their employees, or \$65 for non-Members. Cash bar.

This intimate and enlightening evening with Gary is limited to 100 attendees, so get tickets now.

For Medium Night tickets and information give the Chamber a call at 508-347-2761 or email info@cm-chamber.org.

EAST STREET SCHOOL from Page 1

behavior looks like, and we're doing it in a way that's developmentally appropriate, and it's fun for them."

Ricardi said that she has been approached by parents who have observed their children using this language when interacting with their siblings at home, and said that it is "really nice to have that continuity between school and home, and a shared language."

Welch explained how this simple concept is helpful, not only for the students to be able to grasp, but by creating a shared language that the teachers, administration, and students all understand.

"We have the little ones, preschool to first grade," Welch said. "It's a concept that they can easily grasp and understand, that they have an imaginary bucket; if they do good, that bucket fills up for themselves and others, and if they make a poor choice, that bucket may start to empty. It supports the use of a common language throughout our school, of which all staff are familiar and all our students are familiar now."

"We spend a good amount of our first few weeks in preschool, kindergarten, and first grade just learning about how to be a student in that grade level, and we talk a lot about bucket-filling," Welch said.

The school also recognizes classrooms that fill buckets collectively, putting up to 50 pom-poms in a physical bucket as the teacher observes good and thoughtful behavior among the students, and that once a classroom has collected 50 pom-poms, Principal Welch personally visits the class to read a book about bucket-filling, discuss some of the things the students did to support each other, and present a certificate and prizes.

"I look forward to those visits," Welch said, "it's probably the best part of my job to be able to visit and talk about the positive things that they're doing in the classroom, doing with each other, and helping each other out."

The committee members praised the work done by the school's administration, with Committee Member Jeffrey Stratton recalling the use of related language in his house.

"I'd like to think that we've stopped a child or two from becoming a bully," said Welch, adding there is no way to quantify that.

"As a School Adjustment Counselor, I think it's wonderful to have a lot of different tools to be able to teach our young learners what these social skills and this expected behavior looks like," Ricardi said.

Ricardi gave an example on how this program is part of the school's response to reports of bullying.

"I'm going into the classroom and I'm reading a book or doing an activity and explicitly teaching them what is a bully, because that word gets thrown around so often," Ricardi said. "I want to validate how (the student) and how the parent is feeling, but we have to know what that looks, sounds like, and means."

Committee Member Ron Saloio praised the program, and said that the challenge is finding a model that fits as well for older grades.

"You build a foundation at that level, and kids at that age are great, they're like sponges, so they pick it up, but somehow they lose it along the line," Saloio said.

Tiano added that Ricardi has been a contributor to the SEL training across the district. The committee thanked the administrators for their time.

"You've definitely filled a lot of buckets," said Committee Chair Sarah Bowler.

Tiano also announced that there would be an Early Release Day on Jan. 17, so the town can continue its mental health training to meet the district's goal of having every one of the schools' staff members trained in mental health services.

"Our secondary staff, grades six through 12, will be working with a presenter regarding cultivating belonging, fostering inclusion and engagement in classrooms," Tiano said, "and our elementary folks will be working with Dr. Hirshberg regarding demystifying trauma-informed practice."

"Our continuous theme for the past few years; getting to know our students, where they are, how we can support them academically, emotionally, and socially, and working on that training with our staff," Tiano said.

TAPESTRY HEALTH

from Page 1

primarily focus on people who aren't ready to seek treatment," Whynott said. "So we have an expertise in finding, accessing, and building trust with people who are often stigmatized and who have trouble accessing general services due to their use."

Whynott said that Tapestry was "more than happy to start services" in town when they made contact in 2023, saying that the company's work is dedicated to providing better services to people in need.

"Since 2023, we've started to use our van to come here on a regular basis," Whynott said. "We have a cell phone where people can call or text us and we can come and meet them where they're at. We started implementing this during COVID, and it's actually been very successful as a general initiative, so we're doing it all over Western Massachusetts, where we're able to."

Whynott provided the funding proposal she submitted to the town last October, along with the budget, which she described as "a little less than \$20,000 a year," which asks for four hours of staff time per week, money for program supplies, and \$500 for gas and van maintenance.

Health Director Paulina Matusik added that the sharps disposal offered within town is through Tapestry, and is available to everyone.

"Before we were charging and were really only offering it to town residents, but now we can expand beyond the town, and that's thanks to Tapestry," Matusik said. "They are a great partner and they've really let us expand services, not only to Ludlow residents, but beyond as well."


Lamas identified a challenge for the funding request would be the lack of a Request For Proposal process to apply for funding. The board had some criticism for the Select Board's handling of the issue, responding to claims that its

members were contacted regarding the partnership and did not respond.

"At the Dec. 3 meeting, the insinuation was that someone from the Board of Selectman's office or (Town Administrator Marc Strange) reached out to either (Matusik) or the Board of Health and did not receive a response," Lamas said. "That was inaccurate information, because no one contacted the Board of Health, either prior to the Nov. 19 meeting or prior to Dec. 3."

"To insinuate that, and for (Select Board Chair Derek DeBarge) to scoff that we don't respond to any kind of inquiries is unprofessional," Lamas said. "Rescinding funding based on these inaccurate claims really undermines fair governance, and it disserves Ludlow residents."

Lamas added that Whynott was not notified that the funds were rescinded until she reached out to the Town Administrator prior to the Jan. 15 meeting.




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Lions take care of Pioneers

By Tim Peterson
Sports Correspondent

LUDLOW— Because his basketball team has had the tendency to get off to a slow start this season, Ludlow boys' varsity coach C.W. Zimmer held a shootaround prior to last Friday night's game against Pathfinder Tech.

The strategy didn't end up working out very well as Ludlow trailed by as many as six points in the first quarter.

However, the Lions outscored the Pioneers, 49-18, during the final three quarters of the Tri-County crossover game leading to a 58-30 victory before a large crowd at Mullins Gymnasium.

"We held a shootaround for the first time this season hoping that we would get off to a faster start in the first quarter," Zimmer said. "Once again, we fell behind early in the game, but we were able to make a comeback this time. We made a few 3-pointers and played very well defensively."

Overall, the Lions made a total of eleven 3-pointers in their second home victory of the regular season.

Ludlow junior co-captain Jackson Mateus made a total of six 3-pointers leading to his game-high 23 points. Junior Cameron Lyman added three 3-pointers in the second quarter for his nine points.

"We knew that Ludlow had a couple of very good shooters, but our game plan was to stop their fastbreak offense," said first-year Pathfinder head coach Ethan Ortyl. "They did hit some 3-pointers, and we tried to adjust our defense."

A year ago, the Pioneers (1-8) celebrated a 70-48 home win against the Lions.

Zimmer certainly didn't want to see a repeat performance in this year's meeting between the two squads, especially since it was Ludlow's fourth annual Youth Basketball Appreciation Night.



Turley photos by David Henry www.sweetdogphotos.com

Jadiel Rodriguez heads down the court.

ciation Night.

A large group of youth basketball players cheered on the Lions players from the bleachers behind the home bench.

"The youth basketball players were very energetic, and

they really helped us win tonight's game," Zimmer said. "I hope they had a great time watching up play. We're hoping they would like to become

Please see **LIONS**, Page 10



Spencer Huntley dribbles into the offensive end of the court.



Jackson Mateus gets some air while shooting.

Boys swimming defeats Northampton

LUDLOW – Last Friday afternoon, Ludlow High School boys swimming defeated Northampton 93-15. The Lions dominated the competition with winners in all but one event. Joseph Keroack had wins in the 100 breaststroke and 100 flystroke. Adam Riley, Jasper Pacheco, Jack Demperio, Jason Docherty, and Devlin Murphy all scored individual wins for the Lions. Ludlow's relay teams also won their events. The boys are 3-4 on the season.

The girls swimming team fell 89-43 and fell to 0-7 on the season. For the Lions, Aleksa Kochanek had a win in the 50 freestyle and 100 breaststroke. Ari Goncalves was Ludlow's other winner, taking the 100 freestyle. Ludlow's next meet is on Jan. 24 against Easthampton at 4 p.m.

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Lions pick up pair of wins

LUDLOW – The Ludlow High School girls basketball team, which has struggled on offense many times in the last few years, have managed to sprinkle

in some wins in the 2024-2025 season.

The Lions posted wins the past two Fridays, defeating Pioneer 48-31 on Jan. 10 and then

Hampden Charter 50-18. The Lions are actually inching toward .500 at 4-6 and next face McCann Tech on Jan. 23 at 7 p.m.



Reese Carroll goes after a rebound.



Ava Friese attempts a three-pointer.



Maddy Riley takes a free throw.



Ryleigh Remillard dribbles into the offensive end of the court.



Aneysha Donais passes on the run.

Turley photos by Sofia DiGrande

Thompson Speedway to feature 10 events

THOMPSON, Conn. — After weeks of careful planning, the American-Canadian Tour (ACT) and Pro All Star Series (PASS) have finalized and released the 2025 schedule for Thompson Speedway. Beginning in late March through Columbus Day weekend in October, rolling thunder returns to the ‘Quiet Corner of Connecticut’ for ten individual dates in 2025 including the annual Icebreaker and Sunoco World Series weekends along with a return to monthly Wednesday night racing.

Everything begins on Saturday, March 29 with the first of two days celebrating the 51st Icebreaker weekend to kick off the 2025 New England racing season! Saturday is headlined by the return of the Monaco Modified Tri-Track Series for the first of two spectacular showings on the Thompson highbanks in 2025 plus the PASS Super Late Models, Evolve Bank Pro Truck Challenge and R&R Race Parts NH Open Street Stock Series! Saturday’s showcase also kicks off the 2025 track championship season for the Sunoco Modifieds and Mini Stocks plus the introduction of Thompson Speedway’s newest division, the Thunderstock Crown Vic Division!

Sunday, March 30 is headlined by the NASCAR Whelen Modified Tour Icebreaker 150 plus the second Sunoco Modified event of Icebreaker weekend along with the Thompson Late Models, Street Stocks and SK Light Modifieds for a spectacular closer to the season’s rip-roaring start!

The Monaco Modifieds return to headline the first Wednesday night action on May 14, complete with all six Thompson track championship divisions before the fan-favorite Dash for Cash Series returns for the first of three Wednesday Night programs on June 18, complete with the Evolve Bank Pro Truck Challenge and six Thompson divisions. The Dash for Cash 50 lap sprints will also return with the NEMA Lite special on July 9, the Wednesday, September 17 showdown and the Friday of Sunoco World Series weekend.

The NASCAR Whelen Modified Tour is back for their traditional midweek showdown on August 6 headlined alongside the New England Supermodified Series and six Thompson Speedway divisions for a thrilling midweek special that cannot be missed!

The 63rd Sunoco World Series of Speedway Racing begins on Friday, October 10 headlined by the Dash for Cash \$5,000 to win sprint plus the R&R Open Street Stocks and Senior Tour Auto Racers (STAR) alongside track championship finales for the Late Models and Mini Stocks. The Thunderstock Crown Vics will also run on both Friday and Saturday of World Series weekend.

Saturday afternoon is headlined by the incredible 75th annual Race of Champions 150 held for the first time at Thompson Speedway with a \$12,500 prize headed for the winner of the iconic Al Gerber Memorial trophy! Saturday also features the championship finale for the New England Supermodified Series, along with the Evolve Bank Pro Truck Challenge and Harry Kourafas Memorial 22 for the New England Pro-4 Modifieds. The Sunoco Modifieds will compete in their first of two days during the Sunoco World Series and the SK Light Modifieds will crown their 2025 track champion.

Sunday, October 12 will feature the NASCAR Whelen Modified Tour Sunoco World Series 150 with the Sunoco Modifieds and Street Stocks crowning their track champions with the NEMA Lites rounding out the season-closing program.

“We’ve built up a schedule we think works for everyone,” said PASS President Tom Mayberry. “There’s a little bit of everything for each event that we believe works for both fans and racers alike.”

“Both Tom and I have had quite a few conversations with competitors and 2025 looks promising,” said ACT managing partner Cris Michaud. “The return of the Dash for Cash races and expanding the Crown Vic races are something we’re looking forward to seeing grow at Thompson next season.”

Thunderbirds get win at Bridgeport

BRIDGEPORT, Conn. — The Springfield Thunderbirds (17-15-2-1) had six players record multiple points in a 6-4 triumph over the Bridgeport Islanders (8-25-2-2) on Saturday night at Total Mortgage Arena.

The T-Birds and Islanders’ netminders had all the answers in the opening 20 minutes, as Colten Ellis picked up where he left off from his shutout performance on Wednesday with 10 more stops in the opening frame. In the Bridgeport net, Hunter Miska made his first AHL start in nearly three years and was up to every Springfield challenge with 11 first-period stops.

The night marked the much-anticipated debut of Blues’ 2023 first-round pick Otto Stenberg, and the 19-year-old wasted little time in period two making his mark on the game, taking a drop feed from Hugh McGing in the left circle and roofing a wrister short-side on Miska for his first AHL goal on his first shot at 2:43.

Unfortunately, the excitement of Stenberg’s opening tally was quickly tempered when Chris Terry evened the slate with a power play goal at 3:29 for Bridgeport, snapping Ellis’s shutout streak of over 83 minutes.

The T-Birds returned fire at 8:56 when Hunter Skinner leaned into a one-time slapper off a Matthew Peca drop pass, beating Miska over the stick hand to give Springfield a 2-1 advantage.

Once again, however, the Islander power play had a rebuttal. This time,

a Samuel Bolduc point wrister eluded Ellis and got the game back even, 2-2, at 13:50.

Springfield continued to be just a tick faster than the Islanders in the see-saw second frame as Stenberg let a wrister fly from the left side at 15:45, creating a rebound for McGing to bury behind Miska and restore the T-Birds’ lead.

Finally, the Islanders could not get the game back to a stalemate, and Alek Kaskimaki lifted a backhand under the crossbar on a net-crashing play up the left side at 19:20 to send Springfield to the second intermission dressing room ahead 4-2.

Bridgeport still did not keel over, and with the teams skating 4-on-4 in the opening minute of the third, Liam Foudy capitalized on a rebound outside the paint to make it a 4-3 contest.

MacKenzie MacEachern further bolstered the Springfield advantage when he picked the puck off from Bolduc and cruised in on Miska before beating the netminder glove side on a breakaway to make it a 5-3 game at 7:33.

McGing capped off his best night of the season with his second goal of the evening in the dying seconds of a power play at 11:13 of the third to up the lead to 6-3.

Eetu Liukas would get one back for the Islanders with 1:03 to play, but it was too late for the home team as Springfield cashed in its fourth straight win and second in four nights over Bridgeport.

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Turley Publications sports department has recently joined Instagram. You can find our account by searching “turleysports.”

We will regularly feature samples of photos that you will see in our publications on a weekly basis. Please follow

and share with your friends and loved ones.

We will be featuring photos from all 11 of our sports sections, but as always, you can see all the photos that appear by subscribing to your local paper or picking up a copy in your community.

LIONS from Page 9

a part of our basketball program in a few years when they get to high school. There are 180 kids playing basketball in the youth program this year, which is the most that we’ve ever had. We’re very excited and we want to see that program keep growing.”

The 18-point victory evened Ludlow’s overall record at 5-5. Because they’re not currently ranked in the top 32 in the MIAA power rankings, the Lions will need to win at least five more games this season to qualify for the Division 3 state tournament.

Mateus is the only remaining player from the 2022-23 varsity squad, which lost at Norwood in a Division 2 preliminary round game.

“We need to win five of our remaining ten games to qualify for the state tournament,” said Mateus, who reached double digits in scoring for the ninth time this season. “We’re a pretty good basketball team this year and I think we can do that.”

Mateus is one of the nine juniors listed on the Lions varsity basketball roster. They also have three sophomores and no seniors.

Ludlow junior Filipe Fernandes scored seven points off the bench and sophomore co-captain Ethan Love chipped in with six points. The trio of junior Tyler Tatro, sophomore Jadiel Rodriguez, and sophomore Kobe McKay finished the game with three points, while junior Spencer Huntley added two points.

Ortyl is a history teacher at Pathfinder Teach and he’s also been a chemistry teacher on the basketball court so far this winter. He has tried several different starting combinations trying to see which one works the best.

“On the bus ride over here, I was thinking about how many different starting line-ups that we’ve had this season,” Ortyl said. “We’ve tried a lot of different matchups trying to see which one works the best for us.”

The Lions raced out to an early 4-0 lead as Tatro made a pair of free throws and Love followed with a lay-up.

The Pioneers then reeled off the next ten points.

Sophomore Brody Wetnicka (4 points), who made his first start in a varsity game, made a lay-up with seven minutes left in the first quarter which were his first varsity points. Junior co-captain



Ethan Love shoots in traffic.



Filipe Fernandez shoots over the Pathfinder defense.

Aiden Girard (8 points) buried back-to-back 3-pointers before making a put-back hoop giving his team a 10-4 lead with 3:25 left in the opening quarter.

Pathfinder Tech’s other co-captain is senior Matt Vanasse, who didn’t score any points. He’s also the only senior listed on the Pioneers varsity roster.

The visitors from Palmer only scored four more points during the rest of the first half.

The Lions, who were trailing, 12-9, at the end of the opening quarter, retook the lead at 15-12 with 6:42 left after Mateus knocked down two 3-pointers from the left side.

At the end of the first half, Lyman

made his three 3-pointers and Fernandez added two free throws, which sent the home team into the locker room holding a 28-14 lead.

Pathfinder Tech’s only points of the second quarter was a lay-up from freshman Jordan Mbi (2 points).

Ludlow added seven points to its lead in the third quarter, as they outscored Pathfinder Tech, 14-7.

Pathfinder Tech freshman Cassian Kowalik came off the bench and scored his team-leading 10 points, after halftime.

The Lions, who entered the final eight minutes holding a 42-21 advantage, made four more 3-pointers and they continued to pull away.



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52 Sumner Announces Schedule for Early 2025 Performances

SPRINGFIELD – 52 Sumner, by Springfield Performing Arts Ventures, Inc., has become the hottest new venue in Greater Springfield.

Since opening in the historic, but completely renovated, 125-year-old former church they have welcomed Grammy award-winning artist, Christone “Kingfish” Ingram, as well as regional performers and break-out new artists; plus they’ve raised money, toys and food for the community.

Most recently, they’ve announced the first few performances of the new year:

The 413s & The Midnight Riders on Saturday, Jan. 25, doors open at 7 p.m.

Big Yellow Taxi - New England’s premier Joni Mitchell tribute band on Saturday, Feb. 1, doors open at 6:30 p.m.

This is just a sampling of the extensive list of performances, a full list is available at 52Sumner.com/event-listings.

52 Sumner’s mission is to spark the artistic spirit within the urban community, providing a haven for creative expression, cultural enrichment, and personal growth through the arts. The venue opened in late 2023 after a year of renovation work, including installing a new sound and lighting system, and now a 125-year-old Springfield landmark has a new lease on life.

For more information visit their website at 52Sumner.com, or follow them on Facebook or Instagram.

If you’re interested or have questions regarding any event, please contact Jill Monson at 413-219-9692 or Jill@ChikMedia.US.

Springfield Performing Arts Ventures Inc. is a nonprofit organization that uses 52 Sumner as its performance and event venue. This new venue found its home in a portion of Faith United Church, a 125-year-old landmark that had recently come on the market amid declining church membership in Springfield.

Wistariahurst kid art classes.

HOLYOKE— Every first Sunday of the month from 2 to 4 p.m. Wistariahurst will be hosting kid art classes, starting Feb. 2.

This series of art classes is geared towards children in grades K-12 to spark creativity and inspire a love for art history. Joycelin Raho, the talented instructor guiding these classes, will help children explore different mediums and artistic techniques to unlock their imaginations. These engaging activities will help kids create their own masterpieces through a hands-on approach to learning

To make these classes accessible and available for all kids in the community, Wistariahurst offers a sliding scale for admission. Parents and/or guardians can choose admission pricing from \$10, \$15, or \$20, which will help cover the cost of materials and ensure a rewarding experience for everyone who participates. Go to one class or go to all to get the most out of these sessions: Feb. 2: Mixed media collage inspiration by artist Romare Bearden; March 2: Color, Pattern and building a mural using inspiration by artist Yayoi Kusama; April 6: Art with Recycled Materials and found objects (Earth Day inspired); May 4: Exploring Still Life dawning with pastels inspiration by artist Georgia O’Keeffe; June 1: Drawing from Nature Outdoors inspiration by artist Claude Monet.

If a child has an art appreciation, a desire to learn a new skill, or wants to try something new, Wistariahurst Kid’s Art Classes are a fantastic way for them to explore, discover, and engage. Don’t hesitate to join the fun! Visit the Eventbrite to learn more and sign up for these amazing classes.

To learn more, visit: <https://www.eventbrite.com/e/wistariahurst-kids-art-classes-tickets-1104573572289?aff=oddtcreator>

BACKYARD from Page 6

poisoning in the loon population. There were six documented deaths due to lead poisoning, two loon deaths from trauma due to boat strikes and two loon deaths due to entanglement in fishing gear in 2024.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

OBITUARIES

William B. Hatch, Sr., 71

LUDLOW—William B. Hatch Sr., 71, of Ludlow, passed away on Saturday, Jan. 11, 2025. Born in Greenfield, MA on March 26, 1953, he was the son of the late Francis and Dorothy (Bogue) Hatch. A 1972 graduate of Ludlow High School, Bill proudly served his country as a Military Police officer in the U.S. Army during the Vietnam War. He later worked in sales for NAPA Auto Parts for many years. Bill was a member of First Church in Ludlow. He was an avid bowler and loved spending the Thanksgiving and Christmas holidays with family and friends.



Bill leaves his children William Hatch Jr. (Danielle) and Melissa Greene (Jay); his brother Richard Hatch and his sisters Barbara Wisner and Linda Hatch. He also leaves his beloved grandchildren Justin,

Tanya, Ryann, Clay and Travis, as well as many nieces, nephews, in-laws and friends. Bill is reunited in heaven with his wife of 42 years Theresa who predeceased him in 2021.

A memorial service for Bill will be held on Friday, Jan. 24, 2025 at 11 a.m. at First Church in Ludlow, 851 Center St., Ludlow, MA. Visiting hours at the church will precede the service from 9:30 to 11 a.m. Rites of Committal with Military honors will follow at 3 p.m. at the Massachusetts Veteran’s Memorial Cemetery, Main St., Agawam, MA. In lieu of flowers, donations in Bill’s memory may be made to Shriners’ Children’s Hospital, 516 Carew St., Springfield, MA 01104 or www.shrinerschildrens.org or the American Kidney Fund at give.kidneyfund.org.

For more information, please go to www.kapinosmazurfh.com.

Diane St. Amand, 82

LUDLOW—Longtime Ludlow resident Diane St. Amand, who for over three decades owned and operated Diane and Company, one of the most beloved hair salons in the Palmer area, passed away on Tuesday, surrounded by her loving family. She was 82 years old. Born in New Bedford, Massachusetts, on Sept. 18, 1942, Diane was the daughter of the late Pete and Anita Tetrault. She was preceded in death by her husband, J. Roger St. Amand, with whom she shared 38 years of marriage, on Jan. 19, 2023.



Diane was an only child, and while she often expressed a wish for siblings, being an only child helped shape her into a social, outgoing person who genuinely enjoyed the company of others. She loved chatting with friends and family over coffee, traveling the world, and being an active member of both the Palmer and Ludlow Senior Centers.

Elegantly stylish, Diane took after her mother and grandmother. She was known for her impeccable sense of fashion, always accessorizing with shoes and jewelry that perfectly complemented her outfits. A lifelong stylist, Diane’s hair and makeup were always flawless, and she never missed an opportunity to make herself and others look their best.

Diane’s passion for beauty and self-care led her to the hair industry, where she began her career as a stylist in 1977. In 1985, she opened Diane and Company on Bridge Street in Three Rivers, later moving the business in 1995 to a new space on North Main Street in Palmer. The salon became a gathering place for clients and friends, where they could try new hairstyles, prepare for special events, and enjoy friendly conversation over coffee and doughnuts. Her family

often hung out there after work and school, creating a welcoming and homey atmosphere that was beloved by all.

Diane was a devoted mother to her children: Mark Bisnette (Sue), Lorraine Diane Dziedzic (John) of Three Rivers, MA, James Bisnette (Linda) of Wilbraham, MA, and stepmother to Michelle St. Amand Gunschel of Mattapoisett, MA. She cherished her role as a mother, often saying, “It was easy, even during challenging moments,” and that she “loved every minute of it.”

She is also remembered fondly by her grandchildren: Jason Bisnette (Stacey) of Lenox, MI, Erin Dziedzic (David) of Athens, NY, Robin Dziedzic (Bridget) of Bellingham, MA, Stephanie Bisnette of Wilbraham, MA, and Jaymison, Keegan, and Lillian Gunschel of Mattapoisett, MA. Diane adored her grandchildren, and each one has special memories of sleepovers, shopping trips, and the loving time she spent with them.

She also treasured her time with her great-grandchildren: Kaitlyn, Cameron, and Noelle.

Visiting hours will be held on Friday, Jan. 24, 2025, from 4 to 7 p.m. at the Kapinos-Mazur Funeral Home, 64 Sewall St., Ludlow, MA. A Liturgy of Christian Burial will take place on Saturday, Jan. 25, 2025, at 10 a.m. at St. Elizabeth’s Parish, Hubbard St., Ludlow, MA. Please meet directly at the church. Burial will be private.

In lieu of flowers, donations may be made in Diane’s memory to Dakin Humane Society, 171 Union Street, Springfield, MA 01105, or to Shriners Hospitals for Children, 516 Carew St., Springfield, MA 01104. For more information please go to www.kapinosmazurfh.com.

DEATH NOTICES

William B. Hatch, Sr.
Died Jan. 11, 2025
Service
Jan. 24, 2025
Kapinos Mazur
Funeral Home

Diane St. Amand
Services
Jan. 24, 2025
Kapinos-Mazur
Funeral Home

The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

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NEWS & FEATURES

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For more information on news or community features for The Register, please email theregister@turley.com.

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DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to pressreleases@turley.com.

A POLISH FOOD SALE (Golabki, Kapusta, and Cabbage, Potato & Cheese. Sweet Cheese and Blueberry Pierogi) will be sold on Saturday, Feb. 8, from 9 a.m. to 1 p.m. at Immaculate Conception Church Hall, 25 Parker St., all are welcome to come and purchase.

ONGOING

FOOD DRIVE BI-MONTHLY. On the first Saturday of each even month (February, April, June, August, October, December) First Church in Ludlow, 859 Center St, collects non-perishable foods. From 10 a.m. to 1 p.m., drive through the back parking lot. We will take your donations out of your car & bring them to the Community Survival Center to be distributed to those in need. Bring all food items to drop off at our next Food Drive on Feb. 1. Thanks for your generosity.

FREE CLOTHING. Every Tuesday from 9 to 11 a.m., in the school building located behind Crossway Christian Church, 2230 Main St., Three Rivers. Clothing from baby through adult. Current, seasonal clothes in all sizes. Bags are provided for easy shopping. For more information call Donna, (413)478-0768.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Ar-

menian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required

and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

Storytime at the Wilbraham Public Library

WILBRAHAM - Registration is now open for the winter session of Storytime at the Wilbraham Public Library. Join Mrs. B for a fun collection of stories, songs, and fingerplays geared for children ages three to six.

Kids must come in independently and parents/ caretaker must wait in the library. Sessions run for six weeks.

Winter session dates: Thursday January 9, 2025 to February 13, 2025 at 10 a.m.

Call the library at (413) 596-6141 or visit www.wilbrahamlibrary.org to register.

Drop-In Tech Help at the Wilbraham Library

WILBRAHAM- Need help setting up an email account, updating your phone, or figuring out a new device? Volunteer students from Wilbraham & Monson Academy (WMA) will be available for technology assistance at the Wilbraham Public Library on select Fridays from 3:30 – 5:00 p.m. Assistance is available on a first come, first served basis. Please bring any relevant devices and/or log-in and password information. Contact the library at 413-596-6141, or visit www.wilbrahamlibrary.org, for more information about upcoming dates.

Scantic River Artisans hosting Big Art Show of Small Works

HAMPDEN – The Scantic River Artisans will be hosting the Big Art of Small Works on Feb. 8 from 10 a.m. to 4 p.m. and Feb. 9 from 11 a.m. to 3 p.m.

A reception will be held on Feb. 9 from Noon to 2 p.m.

Folks can also clip out a coupon from the Wilbraham-Hampden Times and enter a drawing for an original piece of artwork.

This event will take place at 104 Allen Street, Hampden, MA (The Community Room at the Hampden Senior Center).

For more information, please visit: www.scanticriverartisans.com or email: info@scanticriverartisans.com

Beyond Plastics film viewing Feb. 2

WILBRAHAM - Beyond Plastics: What the continued production of plastic is costing our planet.

With the plastic industry expanding like never before and the crisis of ocean pollution growing, FRONTLINE and NPR investigate the fight over the future of plastics.

Please join us at Christ the King Epiphany Church for the viewing of Plastic Wars on Sunday, Feb. 2 at 11:30 a.m. 758 Main Street, Wilbraham, MA

Feel free to arrive at 11 a.m. for some pre-viewing refreshments.

Church DIRECTORY

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow
413-583-8454

S Sunday services

Sacrament Meeting 10- 11 A.M.

Sunday school for adults, Young single adults (18-30) and teens (11-18) - 1st & 3rd Sunday of the month from 11-12 noon

Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon

Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon

Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon

Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon

Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon

Children's classes: Sunday school & singing time every Sunday (3-10) 11- 12 noon

Nursery provided for ages 18 months- 3 yr

CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow
413-583-2630

Pastor Rev. Raymond A. Soltys

Saturday Vigil Masses – 5 p.m. and 6:30 p.m.

Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.

Sunday Evening Mass – 5:30 p.m.

IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,
413-543-3627

Very Rev. Piotr Calik

Office Hours: Monday, Tuesday, Wednesday,
Thursday, 9 a.m. – 1 p.m.

CLOSED FRIDAY

MASS SCHEDULE

Saturday Vigil Mass: 4:15 p.m.

Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)

Weekday Mass: Monday, Tuesday, Wednesday, Thursday – 7:45 a.m. (English)

First Friday Mass: 5:30 p.m. (Polish/English)

First Saturday Mass: 9 a.m. (Polish/English)

Confessions: Saturday - 3:15-4 p.m.

ST. ELIZABETH PARISH

191 Hubbard St., Ludlow
413-583-3467

Pastor – Rev. Msgr. Homer P. Gosselin

In Residence – Rev. Norman Bolton

Deacons: Normand Grondin, Thomas Rickson,
Keith Davies

Office Hours: Monday – Friday 8 a.m.-4 p.m.

stelizabethludlow.org

Like us on Facebook Follow us on Instagram

Check out our Parish App

Wednesday, January 22, 2025 – Daily Mass – 7:30

a.m. (C), Holy Mother Choir 5:15 p.m. (C), Scouts

6:30 p.m. (JR/FLBH)

Thursday, January 23, - Daily Mass - 7:30 a.m. (C)

Friday, January 24, - Daily Mass - 7:30 a.m.(C)

Saturday, January 25, - Confessions - 2:30 – 3:30 p.m. (C), Saturday Mass - 4 p.m. (C), K of C - Movie Matinee

– "For Greater Glory -1 p.m.-(FLBH)

Sunday January 26,- Sunday Mass - 7:30 a.m. (C),

Sunday Mass - 9:15 a.m. (C),Sunday Mass - 11 a.m. (C),

Sunday Mass - 5 p.m. (C), Take & Eat Program – 8 a.m. (FLBH),- Confirmation Class – 8 a.m.(ZR), Faith

Formation 10:15 a.m.(FLBH-All Rooms), Lifeteen – 6 p.m. (JR)

Monday January 27, - Daily Mass – 7:30 a.m. (C), Faith

Formation-6 p.m. (JR/ZR),- Ladies Bible Study 6:30 p.m. (ER)

Tuesday, January 28, - Mass - 7:30 a.m. (C), - St. Rita's

Choir, 2:30 p.m. (C), Bereavement Support Group 6:30

p.m. (ZR), Boy Scouts Troop Comm. Meeting 7 p.m.(JR)

OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow
413-583-2312

Father Pedro DeOlivera

Office hours: Monday - Thursday 9:00 a.m.

to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.

Sunday Masses – 9 a.m. (Portuguese);

11 a.m. (English)

Monday and Wednesday Morning

Masses – 8:30 a.m. (Portuguese)

Tuesday and Friday Masses – 5:30 p.m. (Portuguese)

Saturday Vigil Mass – 4 p.m. (English)

First Saturday of the Month – 8:30 a.m.

For more information, visit

ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW

859 Center St. Ludlow
413-583-3339

Reverend Darcy Borden, Pastor

Office hours Monday & Wednesday 10 am to 2 pm

Available by appointment at other times

Sunday worship at 10 am alternating weekly with

Grace Union Church, Wilbraham

Call or check Facebook or the website for the

schedule of worship and events

Service live-streamed at 10 am on Facebook

<https://www.facebook.com/firstchurchludlow>

Website: www.ludlowfirst.com

ORCHARD COVENANT CHURCH

95 Berkshire Street
Indian Orchard, MA 01151
413-543-4204

Revs. Karen and Nick Munn, pastors

Sunday School for all ages, 9:45 a.m.

Worship in person, 11 a.m.

Or watch our livestream.

See our website for more information:

orchardcovenant.org.

FAITH COMMUNITY CHAPEL

A Church of the Nazarene

485 East St., Ludlow, MA 01056 413-583-7875

Email: FCCLudlow@GMail.com

Lead Pastor: Reverend Lisa Morrison

Associate Pastor: Gary Coombs

Discipleship Groups 9:45 a.m. Worship Service 11 a.m.

OTHER PROGRAMS

MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery

Meetings for those with addictions, anxiety, and grief

SMC. Call 413-519-4591

TUESDAYS at 7 p.m. ZOOM Bible Study

RIDAYS Children's After School Club (pre K through

teens) 5-6:30 p.m.

STS. PETER AND PAUL UKRAINIAN

CATHOLIC CHURCH

45 Newbury St.
Ludlow, MA 01056

Phone: 413-583-2140

Pastor: Father Andriy Krip

Liturgy schedule:

Wednesday 9 a.m., Friday 9 a.m.

Rosary for Peace in Ukraine

on Wednesday at 6 p.m.



Cookbook Club at the Wilbraham Library

WILBRAHAM - The Wilbraham Public Library Cookbook Club is meeting on Wednesday, Feb. 5 at 6:30 p.m.

This month's selection is "Barefoot Contessa at Home" by Ina Garten.

Please let the library know what you're bringing when registering so we do not duplicate recipes. Cooking is encouraged but not required for attendance.

Copies of the book are available now at the Service Desk.

The Cookbook Club meets on the first Wednesday of every other month at 6:30 p.m.

This program is free and open to the public, and registration is required. For more information or to register, please call the library at 413-596-6141.

GARDEN from Page 6

lights a try, especially if you haven't been successful with indoor seed sowing in the past. This could turn the page of a new chapter of growing for you!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 33 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

IN THE CLASSROOM

HCC scholarship season opens

HOLYOKE —The Holyoke Community College Foundation will begin accepting scholarship applications for the 2025-2026 academic year on Tuesday, Jan. 21. The application deadline is Friday, March 14.

Last year, the HCC Foundation awarded 388 scholarships worth about \$350,000 to 323 incoming, current, and transferring HCC students. Some students received multiple scholarship awards. The average scholarship award is typically around \$900.

"Awarding scholarships to deserving students has been a cornerstone of the work of the HCC Foundation since its founding," said Amanda Sbriscia, vice president of Institutional Advancement and executive director of the HCC Foundation. "Scholarships established by donors celebrate academic achievement, community service, and civic engagement, and, most importantly, these funds ensure hundreds of students have the resources they need to complete their college degrees."

Students must be currently enrolled at HCC or have been accepted for the upcoming academic year to be eligible for scholarships.

"While the recent launch of MassEducate, the state's free-community-college-for-all program, has made HCC accessible to more individuals, that only means we have a greater responsibility to ensure students make it to the finish line," Sbriscia said. "Tuition and fees represent only a portion of the cost of being a college student today, and, oftentimes, a donor scholarship can truly

change a student's life."

Applicants need only to fill out a single online form to be automatically matched with the scholarships they are most qualified to receive. There are scholarships for new students, current students and students transferring to other institutions, scholarships based on financial need, scholarships for students in specific majors, scholarships for residents of certain communities, and scholarships that recognize academic achievement.

To view scholarship opportunities and begin the application process, please go to www.hcc.edu/scholarships.

Last January, HCC opened a dedicated Scholarship Resource Center to help current and incoming students navigate the process of applying for scholarships and filling out the FAFSA (Free Application for Federal Student Aid). The office, located on the first floor of the Donahue Building (Room 158) is open Monday through Friday, 9 a.m. to 5 p.m.

The HCC Foundation is a 501(c)(3) that works to advance the college's mission, vision, and values. Founded in 1968 as the Friends of Holyoke Community College, in response to a devastating fire that forced the college to rebuild on a new campus, the Foundation now manages assets of more than \$20 million, the largest community college foundation endowment in Massachusetts.

Questions should be directed to the HCC Foundation office at 413-552-2182, or by email to scholarships@hcc.edu.

WNEU Fall 2024 President's List

SPRINGFIELD—Western New England University (WNE) takes immense pride in recognizing the outstanding academic achievements of over 640 students who have been named to the President's List for the Fall 2024 semester. Students are named to the President's List for achieving a semester grade point average of 3.80 or higher. The following local students were named to the President's List:

Ludlow

Alexina Laporte, Anthony Saloio, Catarina Pires, Emma Forcum, Emma Ellis, Hallie Dones, Hannah Perlak, Jessica Morgado, Julie Mason, Karina Dias, Kyle Almeida, Michael Ferrara, Rayna Ferris, Samuel Riley, Stephen Goodreau, Tarik Hodzic, Theryn Pelletier

Indian Orchard

Nyah Rodriguez

Springfield

Blanca Amaya, Jadie Garcia, Yaxiel Lopez

ECU fall 2024 dean's list

WILLIMANTIC, CT — Eastern Connecticut State University recently released its dean's list for the fall 2024 semester, in which more than 1,300 students were recognized for maintaining high GPAs.

Among them is Hannah Johnson of Holland, a sophomore who majors in Physical Education.

SMALL BUSINESS SPOTLIGHT

RASPBERRIES RECORDS



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Steven A. Crespo
Financial Advisor

Edward Jones 658 Center Street, Ludlow, MA 01056
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PUBLIC NOTICES

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
Docket No. HD25P0103GD**

**In the interests of
Jonathan Javier Baez
of Indian Orchard, MA
Minor
NOTICE AND ORDER:
Petition for Appointment
of Guardian of a Minor
NOTICE TO ALL
INTERESTED PARTIES**

1. Hearing Date/Time:
A hearing on a Petition for Appointment of Guardian of a Minor filed on 01/17/2025 by

**Jose J Baez Torres of South Hadley, MA
Evelyn Torres Cruz of Indian Orchard, MA**
will be held 04/28/2025 02:40 PM Guardianship of Minor Hearing. Located: Zoom.us or call 646-828-7666, I.D. 1604949047.

2. Response to Petition:
You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents:
If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.
Date: January 17, 2025

Rosemary A. Saccomani
Register of Probate
01/22/2025

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103**

**(413)748-7758
Docket No. HD25P0021EA
Estate of:
John Joseph Dryjowicz
Also known as:
John J Dryjowicz
Date of Death: 11/01/2024
CITATION ON PETITION
FOR FORMAL
ADJUDICATION**

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Edward F Kozlowski, Jr. of Chicopee, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Edward F Kozlowski, Jr. of Chicopee, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/04/2025.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: January 07, 2025

Rosemary A Saccomani,
Register of Probate
01/22/2025

**Town of Ludlow
LEGAL NOTICE**
You are hereby notified that a **PUBLIC HEARING** will be held at the Town Hall, Selectmen's Conference

Room, 488 Chapin Street, Ludlow, MA 01056 on **Tuesday, February 4, 2025, at 5:45 p.m.**

Upon petition of: **EVERSOURCE ENERGY** requests permission to locate a line of poles, wires, cables and fixtures, including the necessary sustaining and protecting fixtures along and across the following public way:

Bruni Ave: Install one (1) 36*36 Round Hand Hole Labeled 267/3-ID. The purpose for this work is to repair a current faulted underground primary wire with new wire. The hand hole is to be located 3' from the road on the property line between 85 and 101 Bruni Ave.

Derek DeBarge, Chairman
Manuel D. Silva
James Gennette
William Rosenblum
Antonio Goncalves
Ludlow Board of Selectmen
01/22, 01/29/2025

**Ludlow Public Schools
Legal Notice**

Pursuant to MGL Chapter 71, Section 38N, the Ludlow School Committee will hold a Public Hearing on the Ludlow Public Schools proposed budget for July 1, 2025 through June 30, 2026 on **Tuesday, February 11, 2025 at 6:00 p.m.**, in the **Harris Brook E.S. Library, 209 Fuller St., Ludlow, MA 01056.**
01/22/2025

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield MA, 01103
Docket No. HD19P2070PM
In the matter of:
Judith A. Mills
of Amesbury, MA
Protected Person/Disabled Person/Respondent
CITATION GIVING
NOTICE OF
CONSERVATOR'S
ACCOUNT**

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the **second to the fifth** account(s) of **Alison M. Bartlett-O'Donald of Holyoke, MA** as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of **02/20/2025.** This day is NOT a hearing

date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court.

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

Witness, Hon. **Barbara M. Hyland**, First Justice of this Court.
Date: January 14, 2025

Rosemary A. Saccomani
Register of Probate
01/22/2025

**COMMONWEALTH OF MASSACHUSETTS
The Trial Court
Probate & Family Court
Dept.**

**HAMPDEN, Division
To Sonia Pereira, of Ludlow, in the County of Hampden, and to all other persons interested**

A petition has been presented to said Court by **Gil E. Gomes** of Ludlow, in the County of Hampden, representing that they held as tenants in common an undivided part or share of land lying in Ludlow in the County of Hampden, setting forth that they desire that all of said land may be sold at private sale or public auction for not less than Two Hundred Fifty-Two Thousand (\$252,000.00) Dollars, and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided either at

private sale or public auction, and be ordered to distribute the net proceeds thereof after full adjudication of the equitable claims contained in said petition and supplemental memorandum filed with the Court.

If you desire to object thereto, you or your attorney, should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the **tenth day of February 2025**, the return day of this citation. .

Witness, **BARBARA M. HYLAND**, Esquire, First Justice of said Court this 13th day of January, 2025.

Rosemary A. Saccomani
Register
01/22, 01/29, 02/05/2025

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Division
Docket No. HD24P2681EA
Estate of:**

**ROBERT A RODRIGUES
Date of Death: 8/2/2024
INFORMAL PROBATE
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **PAULA A. KILLOUGH of HOLLAND, MA**

a Will has been admitted to informal probate.

PAULA A. KILLOUGH of HOLLAND, MA has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
01/22/2025

**Ludlow
Special Town Meeting of
October 7, 2024
Case #11577
Warrant Articles 2, 7, 8 and 11 were approved by the Attorney General's office accordingly.**

**see full context of text in Town Clerk's office.
Posted in all 6 polling locations and at the Ludlow Town Hall.

Precinct 1: Harris Brook Elementary School

Precinct 2: Paul R. Baird Middle School

Precinct 3: Ludlow High School

Precinct 4: East Street School

Precinct 5: First Church in Ludlow

Precinct 6: Paul R. Baird Middle School

01/08, 01/15, 01/22/2025

**Town of Ludlow
LEGAL NOTICE**

The Board of Selectmen opened the Warrant on January 7, 2025, for the May 12, 2025, Annual Town Meeting to be held at 7:30 p.m. at Ludlow High School. All Articles should be submitted to the Board of Selectmen's Office, 488 Chapin Street, Ludlow, MA no later than Tuesday, March 4, 2025, at 5:30 p.m. The Board of Selectmen will close the Warrant on Tuesday, April 15, 2025, at their regular meeting.

Derek DeBarge, Chairperson
Board of Selectmen
01/22/2025

**Town of Ludlow
LEGAL NOTICE**

You are hereby notified that a **PUBLIC HEARING** will be held at the Town Hall, Selectmen's Conference Room, 488 Chapin Street, Ludlow, MA 01056 on **Tuesday, February 4, 2025, at 5:55 p.m.**

Upon petition of: **VERIZON** requests permission to locate a line of poles, wires, cables and fixtures, including other such sustaining and protecting fixtures to be owned and used in common by your petitioners, along the following public way:

Harding Ave: Place one (1) jointly owned pole numbered pole T. 1 S/E. 1 S on the south side of Harding Avenue at a point approximately fifty-four (54) feet westerly from the centerline of Swan Avenue. The new pole will also be located thirty-three (33) feet southerly from existing pole T.1/E.1. The request is to support existing pole T. 1/E. 1 and thereby strengthen the existing pole line to upgrade services, and to provide for the distribution of intelligence and telecommunications and the transmission of high and low voltage electric current.

Derek DeBarge, Chairman
Manuel D. Silva
James Gennette
William Rosenblum
Antonio Goncalves
Ludlow Board of Selectmen
01/22, 01/29/2025

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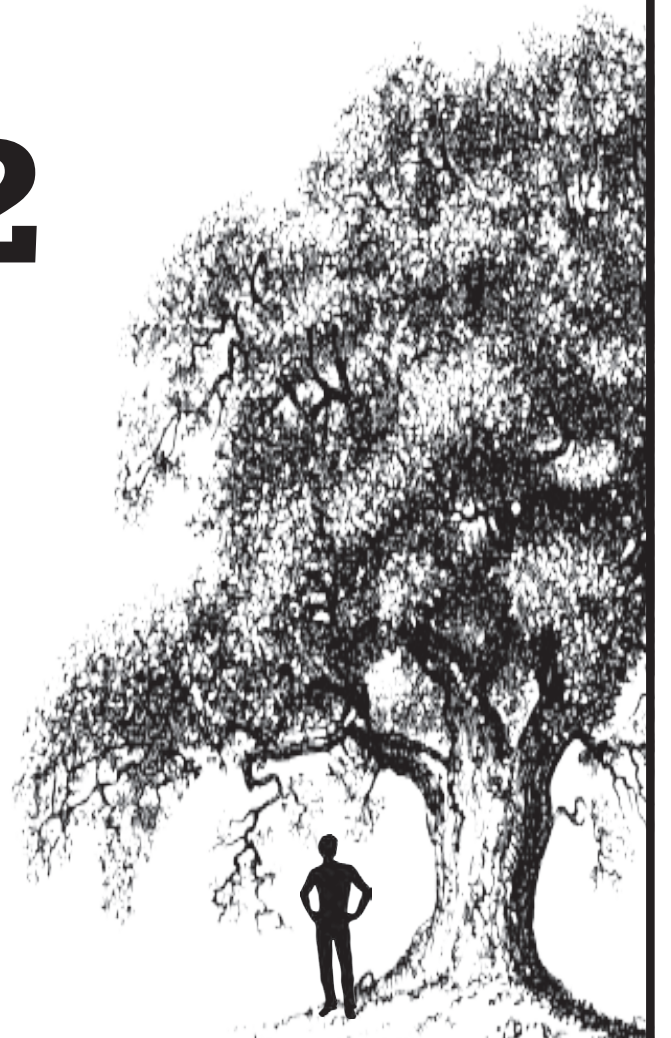
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